



## CCiST Intrasquad Meet

September 26<sup>th</sup> (Saturday), 2009  
 Bloomington High School South  
 Bloomington, Indiana

**Location:** Bloomington High School South Natatorium  
 Address: 1965 S Walnut St Bloomington, IN 47401

**Course:** 8 lanes, 25-yard course indoor pool, with electronic timing system.  
 Diving well is available for warm-up and warm-down.

**Events:** Swimmers in each group are swimming the following events:  
 Stroke School ---- ① 25-yd Freestyle, ② & ③ 25-yd strokes  
 BCP & CP ---- ① 50-yd Freestyle, ② & ③ 50-yd strokes  
 ACP ---- ① 100-yd IM, ② 50-yd Freestyle, and ③ 50-yd prime  
 AG ---- ① 100-yd IM, ② 50- or 100-yd Freestyle, and ③ 50- or 100-yd prime  
 HS ---- ① 100-yd Fly, ② 100-yd Ba, ③ 100-yd Br, and ④ 100-yd Fr

**Rules:** Current USA swimming and Indiana Swimming rules will govern this unsanctioned meet. USA Swimming Rules 202.3.2 - At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

Coaches MUST constantly display their current USA swimming coach credential to gain deck access. The meet referee reserves the right to ask for coach credential display and/or deny access if coach does not comply or card is no longer valid/current.

**Schedule:** Warm-up 7:30-8:30 am  
 Lanes 1-4 (Team Panda), Lanes 5-8 (Team Dragon)  
 Competition begins 8:45 am  
 Awards Ceremony & Banquet at 12:30 pm at Upper Cascades Shelter

Event #	Dist. (yds)	Strokes
1	100	Open IM
2	25-100	Open Backstroke
3	25-100	Open Butterfly
4	25-100	Open Breaststroke
5	25-100	Open Freestyle



### [Pandas]

**Stroke School:** KD D, Zach M, Katie T

**BCP:** Katie H, Brooks H, Riley H, Cecelia K, Amelia M, Roxanna R, Melina R, Grace S

**CP:** Naomi B, Rachel D, Graham FS, Ben M, Zoe N

**ACP:** Emmy B, Peter C, Ian K, Samantha M, Alan N, Grace O, Nathan W, Mari WB

**AG:** Brooke C, Abigail CA, Celina G, Jimmy H, Emily K, Josie K, Corrine K, Andrew N, Josse S, Jackson W

**HS:** Benjamin CA, Masataka I, Brendan M, Devin O

## Teams



### [Dragons]

**Stroke School:** Joy B, Ayra D, Evan H, Alexi R

**BCP:** Emily D, Jack M, Ella N, Arianna R, Ben R, Harrison S, Molly W

**CP:** Brock B, Hannah K, Cassie M, Brennan S

**ACP:** Griffin H, Creighton K, Nick M, Hikari N, Nikhil S, Colin S, Nadia S, Lexi T

**AG:** Dave B, Bailey C, Ema C, Coup C, Anna H, Delaney H, Lauren H, Matthew J, Katie K, Allie T, Drew S

**HS:** Charley G, Scott H, Kyle R, Jason S, Matt W

*We need your help for Intrasquad meet!!*

*We need **SWIMMERS**, timers, announcer, officials, etc.... Please see the team website and sign up now!!*

### [Food assignments for CCST Banquet]

If your last name begins with

A-D: Main dish

E-H: Side dish

I-M: Desserts

N-S: Plates, napkins, and utensils

T-Z: Beverages and cups

◆ RSVP on the CCiST website: <http://www.teamunify.com/iscst/>

◆ Contact: Kosuke Kojima <[kokojima@indiana.edu](mailto:kokojima@indiana.edu): 812-856-7164> or Maria Maxwell <[mtmaxwel@indiana.edu](mailto:mtmaxwel@indiana.edu): 812-856-7160>