

2010 Summer Season Registration Process

Stroke Clinic

- Parents must register swimmers through the front desk at the YMCA.
- Registration is currently open.
- More information regarding the clinic is listed later in this letter.

Registration for 2010 Summer Season

- Registration will be done via our website, www.dcst.org.
- Registration will open on Monday, April 5.
- Families' summer registrations will not be approved until any prior season outstanding balances are paid.
- Families will not be able to sign-up for meets until they have registered on-line for the summer season.
- If your family does not have internet access, then you can contact DCST at (815) 756 – 9577 ext 28. Registration forms will be mailed to your family. If no one is in the swim team office, please leave your name and address on the answering machine.
- At the end of this report is a detailed description of how to sign up on-line.
- DCST Summer 2010 Registration Requirements:
 1. All swimmers must be a registered member of the Kishwaukee Family YMCA. For more information on YMCA membership rates contact the YMCA at 815-756-9577 or visit their web site at www.kishymca.org.
 2. DCST's program fees are based on each swimmer's practice group. More information about DCST's practice groups is located in DCST's Parent Handbook. If you are unsure of which practice group your swimmer belongs to, contact Senior Coach Brian Bickner or Head Age Group Coach Beth Marchewka at 815-756-9577 ext 28 or by email at dcst@kishymca.org.
 3. DCST offers a two week trial period for new swimmers for \$25. After the trial period, the \$25 fee will be applied to the full season fee.
 4. Practice Group Fees – All swimmers must pay 2 monthly payments as listed below for each group.
 5. In addition to the practice fee, each swimmer must pay \$60 for a United States Swimming Membership. This fee is an annual fee. Swimmers, who were on DCST during the 2009 – 2010 winter season, do not have to make this payment for the summer 2010 season.
- DCST Practice Group Fees for the 2010 Summer Season
 - New swimmers (regardless of practice group except Bull Dogs / National Team). New swimmers are swimmers who are new to DCST or are returning after a 2 season absence.
 - 2 monthly payments of \$78
 - Terriers / Golden Retrievers / Greyhounds Practice Groups
 - 2 monthly payments of \$100
 - Huskies / St. Bernard / Great Danes Practice Groups
 - 2 monthly payments of \$116
 - Lab Practice Group
 - 2 monthly payments of \$131
 - Bulldogs/National Team Practice Group

- 2 monthly payments of \$209
- College Swimmers
 - 1 monthly payment of \$90

Stroke Clinic

DCST's spring stroke clinic will be starting on Tuesday, April 13th. The clinic will run for three weeks on Tuesday and Thursday evenings. Rookie swimmers ages 12 and younger and all returning DCST swimmers ages 8 years old and younger will practice from 6:00 - 7:00 PM. While rookie swimmers ages 13 and older and all returning DCST swimmers ages 9 years old and older will practice from 7:00 - 8:00 PM. The stroke clinic is an excellent way for swimmers to improve their stroke mechanics and to get a head start on the upcoming winter season. **Swimmers can sign-up at the front desk of the YMCA at anytime.** The cost of the stroke clinic is \$30 for YMCA members and \$50 for non-members. Listed below are the items which we will be working on each evening:

Tuesday, April 13	Freestyle
Thursday, April 15	Breaststroke
Tuesday, April 20	Backstroke
Thursday, April 22	Butterfly
Tuesday, April 27	Starts & Turns
Thursday, April 20	Starts, Turns, Relay Pickups and Finishes

DCST Winter Season Banquet – Sunday April 18th

For those families and swimmers who swam with DCST this past winter season, the DCST Winter Banquet will be on Sunday, April 18th at 6:00 PM at the YMCA in the upstairs gymnasium. We will be recognizing all of the swimmers and coaches for their hard work and successful season. Dinner will be served. The cost of the banquet is \$10 per adult and \$5 for children 8 years old and younger. Menu will be baked pasta, chicken, rolls, salad, dessert and drink. Payment will be expected at the door. In order to attend, families must sign up for the banquet on the DCST web site, www.dcst.org, by Wednesday, March 31st. Make sure to check one box for each person over eight years old and each child age 8 or under separately so we have an accurate count. If you have any questions please direct them to Kim Launer at klauner@royal-travel.com or 815-761-2400.

The program will include the following:

- Introduction of Coaches
- Swimmer Participation Awards
- YMCA Virtual Meet Awards
- Big Dog Awards
- USA Swimming IM Extreme Awards
- DCST Team Record Breaker Awards
- YMCA Top 16 Awards
- DCST IM Extreme Challenge High Point Awards
- DCST Most Improved Awards
- Recognition of Age Group Championship Swimmers
- Recognition of DCST National Swimmers
- Recognition of DCST Senior Swimmers

New Swimmer Informational Meeting

There will be a meeting for all parents of new swimmers on Thursday, April 22nd at 6:15 PM at the YMCA. All parents of new swimmers interested in joining DCST should attend this informational meeting.

Rookie Week

Practice for all swimmers with no competitive swimming experience will start on Monday, May 3rd. Practices will be offered Monday - Friday. Practice times are 6:00 - 7:00 PM for swimmers ages 8 years old and younger and 6:00 - 7:30 PM for swimmers ages 9 years old and older. Rookie week conclude on Friday with a practice meet.

First Day of Practice

The first day of practice for the 2010 summer season will be Monday, May 10th. Except for the National Team, Bull Dog and Lab practice groups, they will begin practice on Monday, April 19th. However, the Bull Dog and National Team group will be expected to do two weeks of practices on their own starting on Monday, April 5th. These practices will be mailed to each swimmer.

Fishers, IN USS Meet – National Team, Bull Dog and Lab Practice Group Swimmers Only

We will be offering a travel meet this summer to Fishers, IN for the National Team, Bull Dog and Lab practice groups only. We will be leaving the YMCA at 9:00 AM on Friday, May 21, and we should be returning around 4:00 PM on Sunday, May 23rd. On Sunday, we will only be swimming in the session offered to swimmers ages 13 & older on Sunday morning. Therefore, 12 year old and younger swimmers who attend the meet will be entered in senior events on Sunday. Swimmers will be sleeping 4 to a room. Parents will need to make their own travel arrangements; however, we are looking for some parent chaperones. If you are interested in being a chaperone, let Coach Bickner know and how many swimmers you can take to the meet. A chaperone's responsibility will include driving swimmers for the entire weekend. Hotel rooms will be provided for the chaperones. The cost of the trip will be determined after we know how many swimmers will be attending the meet. The cost of attending this meet will include hotel room, transportation, meet fees, and dinner on Friday night. We believe the trip will cost about \$135 per person. Swimmers will need to bring their own money for meals except for Friday night. On-line registration for this meet will open on Monday, April 5th. The deadline for registering for this meet is Monday, April 19th. **Note - this is the first day of practice.**

Joliet USS Meet – Friday, June 11 – Sunday, June 13

Swimmers need to register on-line by Friday, April 30th, if they are interested in attending the Joliet USS meet in Chicago on Friday, June 11th – Sunday, June 13th. Everyone is eligible to sign-up for this meet. All swimmers in the Labrador, Bull Dog and National Team groups are highly encouraged to attend this meet. On-line registration for this meet will open on Monday, April 5th. **Note - this due date is before the first day of practice for most practice groups.**

Indy USS Meet – Friday, June 25th – Sunday, June 27th

Swimmers need to register on-line by Friday, May 14th, if they are interested in attending the Indy USS meet on Friday, June 25th – Sunday, June 27th in Indianapolis, IN. Everyone is eligible to sign-up for this meet. All swimmers in the Labrador, Bull Dog and National Team groups are highly encouraged to attend this meet. On-line meet registration for this meet will open on Monday, April 5th.

Hinsdale USS Meet – Friday, July 9th – Sunday, July 11th

Swimmers need to register on-line by Friday, May 28th, if they are interested in attending the Hinsdale USS meet on Friday, July 9th – Sunday, July 11th. Everyone is eligible to sign-up for this meet. All swimmers in the Labrador, Bull Dog and National Team groups are highly encouraged to attend this meet. On-line registration for this meet will open on Monday, April 5th.

DCST Parent Outing – Wednesday, July 21st

DCST will be having a parent only outing on Wednesday, July 21st. We will be taking a charter bus from the YMCA to see the Chicago Cubs play the Houston Astros. The price of the trip includes transportation on a charter bus, parking, and tickets to the game. The bus will leave the YMCA at 9:00 AM. The bus should arrive at the stadium with enough time for everyone to have lunch at the restaurant of their choice in Wrigleyville prior to the game. Everyone will be on their own for lunch. Once the game starts, we will have tickets in the upper deck. Individuals need to bring their own food and beverage for the bus ride. The cost of the trip is \$39 per person. We are doing this trip in conjunction with the YMCA. Therefore, we only have 25 tickets for this trip. Parents can sign-up for this event on-line starting on Monday, April 5th. Spots will be available on a first come, first serve basis.

DCST Practice Group Assignments

Prior to when DCST summer enrollments are opened and after the conclusion of the winter season, the DCST coaching staff will send out an email with any changes in group assignments of current DCST swimmers for the upcoming summer season.

DCST Important Dates:

Friday, March 12 – 14

Thursday, Mar 18

Friday, Mar 19

Saturday, Mar 20

Sunday, Mar 21

Saturday, Mar 27 – Sunday, Mar 28

Monday, April 5

Wednesday, Apr 7 – Saturday, April 10 – YMCA National Championships – Ft. Lauderdale, FL

Tuesday, April 13

Sunday, April 18

Monday, April 19

Thursday, April 22

Thursday, April 29

Friday, April 30

Monday, May 3

Friday, May 7

ISI Age Group Championships at UIC

Last Day of Practice for the winter season

IL / MO Area Team Practice 4:00 – 4:45 PM

IL / MO Area YMCA National Qualifying Meet at DCST

IL / MO Area Boys YMCA Championship Meet at DCST

IL / MO Area Girls YMCA Championship Meet at DCST

Midwest Regional Meet – Minneapolis, MN

DCST On-line Registration for 2010 Summer Season Opens

Bull Dogs and National Team begin practice on their own

Entries for DCST's USS Meets open for registration on-line

Sign-up for DCST Parent Outing opens for registration on-line

DCST Stroke Clinic Begins (3 Weeks on Tuesdays & Thursdays)

DCST Winter Banquet at the YMCA

First Day of Practice for National, Bull Dog and Lab practice groups

Deadline for Fishers, IN USS Travel Meet (Labs, Bull Dogs and National practice swimmers only)

Informational Meeting for Parents of New Swimmers

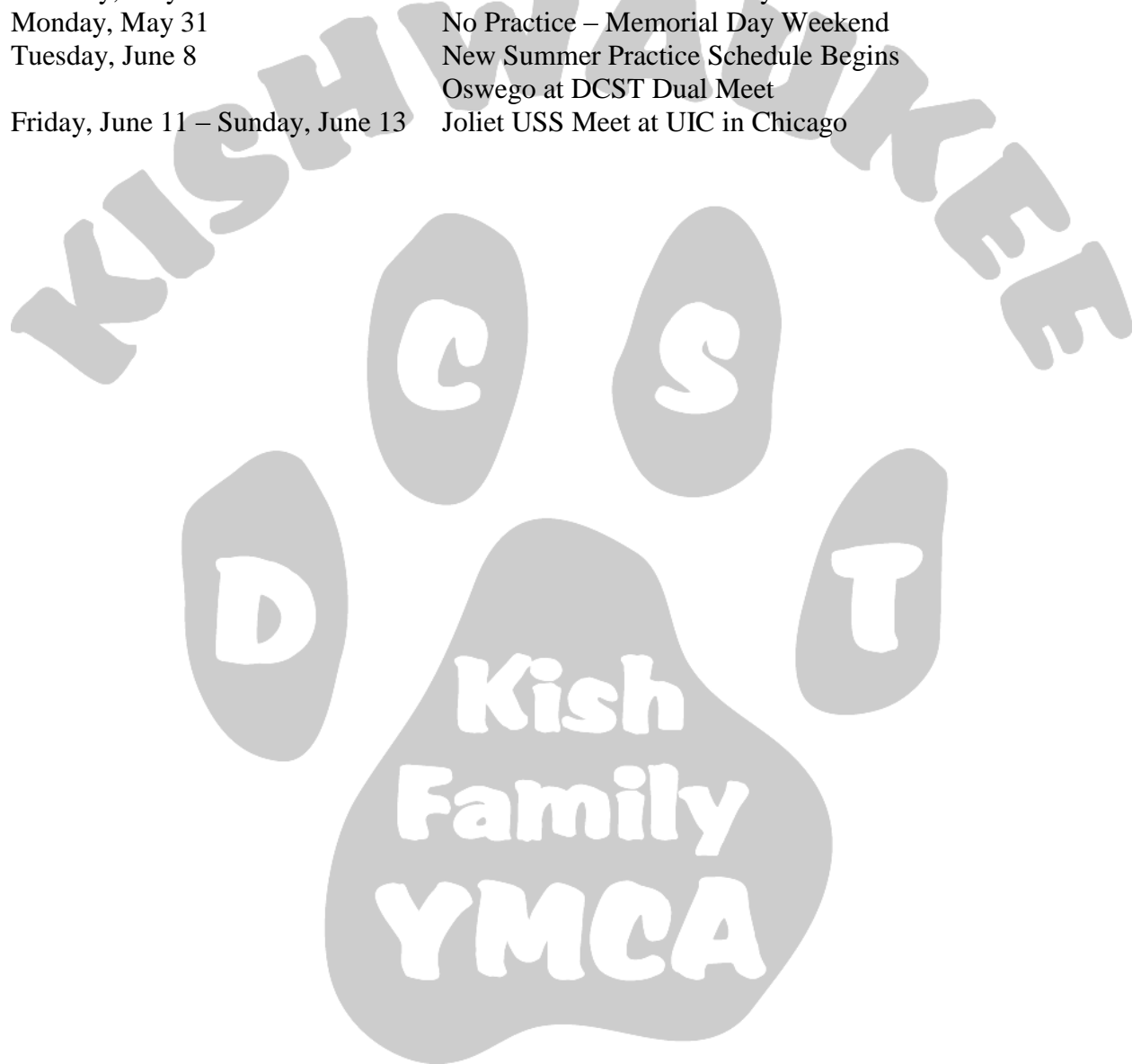
Stroke Clinic ends

Entries for Joliet USS Meet at UIC in Chicago are due

Rookie Week Begins

Rookie Week Ends with Rookie Meet

Monday, May 10	Practice Begins for Terrier, Golden Retriever, Greyhound, Huskies, St. Bernard, and Great Dane practice groups begin
Friday, May 14	Entries for Indianapolis USS Meet are due
Friday, May 21 – Sunday, May 23	Fishers, IN USS Meet (Lab, Bull Dogs and National practice group swimmers only)
Friday, May 28	Entries for Hinsdale USS Meet are due
Saturday, May 29	No Practice – Memorial Day Weekend
Monday, May 31	No Practice – Memorial Day Weekend
Tuesday, June 8	No Practice – Memorial Day Weekend
Friday, June 11 – Sunday, June 13	New Summer Practice Schedule Begins Oswego at DCST Dual Meet Joliet USS Meet at UIC in Chicago



Description of DCST 2010 Summer On-line Registration Process

The online registration will open on Monday, April 5, 2010. Your winter registrations will NOT be accepted if you have an outstanding balance from the winter season. All final ACH and credit card processing should be finalized or in a pending status if you make payments automatically. If you have chosen to pay by check, your **MUST** pay your balance in full before your registration will be accepted. Although you will still be able to submit a registration on-line, it must be “accepted” by an administrator for your child to be registered.

Here are the instructions:

- On the DCST website www.dcst.org there is an option of “Start Registration” in the left column. Click on that or go to <http://www.teamunify.com/MemRegStart.jsp?team=isdcast> (this link that will be provided again in an email announcing the opening of the online registration).
- After reading the registration information, please click on the “REGISTER NOW” button at the bottom of the screen.
- Select the appropriate choice on the next screen indicating if you are currently logged in or not and then click the “NEXT” button at the bottom of the screen.
- You will then be asked to verify the information on your Billing Account. Please make sure you have entered the appropriate names and numbers under the “Guardians” tab and that you have entered your insurance information and an emergency contact under the “Insurance/Emergency Contact” tab. Once you have completed all information or confirmed it, please click the “NEXT” button at the bottom of the screen.
- Next you will select the swimmer that you wish to register at this time. When you change the “NO” next to your swimmer’s name to “YES” additional information will be available for you to review and update if necessary. PLEASE indicate your child’s t-shirt size at this time, so that we have the information when we order team shirts. You also need to select which group to register this swimmer. Click on the “Select” hyperlink and a list of groups will be provided. Select the appropriate one for this swimmer and then click “Register the Member to the Selected Group” button at the bottom of the pop-up screen. It will then populate the registration group. Repeat these steps for each of your swimmers and then click the “NEXT” button at the bottom of the page.
- On the next page will be a list of the swimmers you are registering. If the information is correct, please click on the “Checkout Using Secure Server” button at the bottom.
- On the next page you will be provided with three pieces of information which you must click the box to accept before you can proceed. The first is our release, the second is a note about the payment of team fees, and the last is the DCST Code of Conduct. Please read each one and click the statement that you have read and agree. Then at the bottom, you will see a list of athletes to be registered. There will be a \$0 registration fee since all program/team fees will be billed through your existing account on our website. Once everything has been read and the appropriate boxes checked, click on the “Submit the Registration” button at the bottom of the page.
- You can check the status of your registration at any time by selecting the “Check Registration Status” button on the Start Registration introduction page. Click on the “Start Registration” button in the left margin of our web page.

If you have questions, please send an email to team administrators by selecting the “Feedback Zone” command in the left margin. An email will be sent to the administrators and they can address your questions or concerns.