SANCTION: This meet is sanctioned by USA Swimming and Indiana Swimming.

Sanction #IN17019

HOST: Fishers Area Swimming Tigers, P.O. Box #453, Fishers, Indiana 46038

POOL: Fishers High School Aquatic Center 13000 Promise Road Fishers, Indiana 46038

FACILITY: Two 25-yard pools with ten-7.5-foot wide lanes with non-turbulent lane markers.

One 25-yard course will be used for competition and the other for warm-down. Both pools may be used for one or more events to manage the time line. A Daktronics 2000 Time System will be used. Balcony spectator seating is

available.

The main competition (West) pool has a minimum depth of five foot nine inches (5'9") and a maximum depth of six foot ten inches (6' 10"). The second (East) pool has a minimum depth of twelve feet (12') for the first five meters at the starting end of the pool. The second pool's turn end depth is three foot ten inches (3'10") for the first five meters. The competition course has not been certified in

accordance with rule 104.2.2C(4).

PARKING: Free parking will be available in the lots adjacent to the Fishers HS

Aquatic Center. Enter the Natatorium through entrance FH6.

RULES: Current USA Swimming and Indiana Swimming rules will govern the meet.

Please pay special attention to rule 202.5.2 that states, "At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the member in

making arrangements for such supervision.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

ELIGIBILITY:

Age as of October 14, 2016 shall determine each swimmer's age for the meet. All swimmers must be registered with USA Swimming. These registration numbers must accompany entry. Coaches must constantly display their USA Swimming coach credential for deck access. The meet referee or meet director may ask for coach credentials and deny access if the coach does not comply.

MEET FORMAT:

All events are timed finals. 11-12, 13-14 and Open Age groups will swim Friday evening, Saturday morning and Sunday morning. 10 & Unders will swim Saturday and Sunday afternoon.

The Fishers Area Swimming Tigers reserve the right to limit entries in all events to keep the time line manageable. There will be refunds for swimmers not eligible for limited events. Any limited events will be posted on www.fasttigers.com by 5:00 PM Tuesday, October 13, 2016.

If a swimmer misses their event, they will be declared a "no show" and will not be placed in any other heat to make-up the swim. "Fly-over" starts may be used for all events.

POSITIVE CHECK-IN

Positive check-in means, "I am here and I intend to swim." There will be positive check-in for each session. Check-in will close 45 minutes before the session start time. Positive check-in sheets will be located at the security tables in the natatorium lobby. Any swimmers not checked in will be scratched.

ENTRIES & LIMITS:

Each swimmer will be limited to five (5) individual events and one (1) relay per day. If an entry is submitted with an individual over-entered, the entry will be made by order of events starting with Event #1 until the rule is satisfied; there will be NO refunds.

In the event that the meet is over entered, FAST reserves the right to determine which teams' entries to accept. Among the items FAST will consider when making these determinations are: teams will not be broken, number of officials and volunteers provided by the team, balance of age group and gender in entry, level of competition and geographic location.

EVENT SEEDING:

There will be a positive check-in for all events. FAST may pre-seed some events. The 1650 Free will be swum fastest to slowest. If one pool is used we will alternate one heat of girls with one heat of boys.

ENTRY FEES:

All entry fees must accompany entry. Please make check payable to: FISHERS AREA SWIMMING TIGERS. Individual events are \$4.00 and relays are \$6.00. There is also a \$2.00 per swimmer, per meet, Indiana Swimming surcharge which must accompany entry.

DECK ENTRIES:

Will be accepted if the meet is not filled only as new additions. Changes will not be accepted. Deck entries are only for swimmers on teams already entered into the meet. Entry fee for deck entries is \$8.00 per individual event and \$12.00 per relay.

SCORING:

24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1 for Individual Events (Relays are double)

ENTRY PROCEDURE:

Entries will be accepted starting Monday, September 19, 2016 at 8:00 AM. The entry deadline is 5:00 PM Friday, September 30, 2016 or when the meet is full, whichever is later. Teams not accepted will have their entries returned as soon as possible, but no later than by October 10, 2016 vial email or US Postal depending on the form of entry.

Any accepted team entries may be updated until 5:00 PM on Monday, October 3, 2016. Updated times must be received via email.

All times must be submitted in Short Course Yards (SCY) times and completed to the hundredth of a second. Converted times should use the Hy-Tek Time Converter. NO "NT" entries for events please. If you are entering a swimmer who does not have a time we ask that you please estimate the swimmers time. We would like to produce as accurate of a time line as possible.

Mail entries and fees to the Entry Chairperson:

Alec Haley P.O. Box # 453 Fishers, Indiana 46038 307-258-8868

Email: entries@fasttigers.com

SCHEDULE:

(All Times Are Eastern Daylight Savings Time)

Friday, October 14, 2016

11-12, 13-14 & Open Age Groups Warm-Up @ Not Before 4:00 PM Meet Starts @ Not Before 5:00 PM

Saturday, October 15, 2016 & Sunday, October 16, 2016

11-12, 13-14 & Open Age Groups Warm-Up @ Not Before 6:45 AM Meet Starts @ Not Before 8:00 AM

8-Under & 10-Under Age Groups Warm-Up @ Not Before 11:30 AM Meet Starts @ Not Before 12:30PM

CLERK OF COURSE:

There will be a Clerk of Course located on deck for all 8-Under events. Lane assignments will be posted around the pool. Coaches are encouraged to cover check-in, scratch and meet procedures with their new swimmers and parents. NO PARENTS ARE ALLOWED ON THE POOL DECK. This is an insurance requirement of USA Swimming.

RELAYS:

Relay cards will be provided in the coach's packet(s) and will be due at the beginning of each session. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

AWARDS: Medals will be awarded for 1^{st} through 3^{rd} , ribbons will be awarded for $4^{th} - 16^{th}$

place in all events. Ribbons only will be awarded to the $1^{st} - 3^{rd}$ place finishers for relays. High point award $1^{st} - 3^{rd}$ in each age group (8-Under, 9-10, 11-12, 13-14 and Open) **AWARDS WILL NOT BE MAILED.** FAST will award a trophy to the visiting team with the highest point total for the entire meet.

CONCESSIONS: Concessions will be available at the concession stand directly outside the pool.

ADMISSION: An admission of \$6.00 per person for each session will be charged. There

will also be an all-day pass sold for \$10.00. An all-session pass will be sold

for \$20.00 Children 10-under are free.

MEET PROGRAMS: Meet Programs (Psych Sheets and/or Heat Sheets) will be available for purchase.

A free electronic heat sheet will be available with admission purchase.

WARM-UPS: Warm-up lanes will be assigned.

MEET Alec Haley

DIRECTORS: <u>coachalec@fasttigers.com</u>

MEET REFEREE: Jeff Hyatt

jeffery.hyatt@att.net

OFFICIALS: FAST will need the help of your USA Swimming Officials. If you have a

member that is in charge of your officials, please provide his/her name &

email address on the entry summary form where requested.

USA SWIMMING

SUIT RULES:

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

FACILITY NOTE:

The Fishers High School Aquatic Center is one of the most beautiful high school facilities in the USA. It is important that all people attending this meet, whether it is swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced:

- ▲ Keep all trash picked up (swimmers and teams in particular).
- ▲ Do not go, or let children go, in any unauthorized areas. This means any place other than the lobby or seating areas.
- ▲ Due to USA Swimming insurance requirements, **only** swimmers, coaches, officials and volunteers are allowed on deck.
- A NO SMOKING OR TOBACCO IS PERMITTED IN THE BUILDING.

The Fishers Area Swimming Tigers will have security people patrolling the deck and locker room areas. Anyone caught abusing the building or facility, will be asked to leave the facility immediately and barred from further competition.

ORDER OF EVENTS

FRIDAY, OCTOBER 14, 2016

Girls Event #	Evening Session (Session #1) Warm-Up @ Not Before 4:00 PM/Meet Starts @ Not Before 5:00 PM	Boys Event#
Event #	*	Event#
2	Open 400 Individual Medley 13-14 400 Individual Medley	2
5	11-12 500 Freestyle	6
7	Open 500 Freestyle	8
9	13-14 500 Freestyle	10

SATURDAY, October 15, 2016

Girls	Morning Session (Session #2)	Boys		
Event #	Warm-Up @ Not Before 6:45 AM/Meet Starts @ Not Before 8:00 AM	Event#		
11	11-12 50 Breaststroke			
13	13-14 200 Breaststroke	14		
15	Open 200 Breaststroke	16		
17	11-12 100 Freestyle	18		
19	13-14 100 Freestyle	20		
21	Open 100 Freestyle	22		
23	11-12 100 Butterfly	24		
25	13-14 100 Butterfly	26		
27	Open 100 Butterfly	28		
29	11-12 50 Backstroke	30		
31	13-14 100 Backstroke	32		
33	Open 100 Backstroke	34		
35	11-12 200 Individual Medley	36		
37	13-14 200 Individual Medley	38		
39	Open 200 Individual Medley	40		
41	11-12 200 Medley Relay	42		
43	13-14 200 Medley Relay	44		
45	Open 200 Medley Relay	46		
47	Open 1650 Freestyle	48		

Girls	Afternoon Session (Session #3)		
Event #	Warm-Up @ Not Before Noon/Meet Starts @ Not Before 1:00 PM	Boys Event#	
49	10-Under 200 Freestyle	50	
51	8-Under 100 Freestyle	52	
53	10-Under 50 Breaststroke	54	
55	8-Under 25 Breaststroke	56	
57	10-Under 100 Butterfly	58	
59	8-Under 50 Butterfly	60	
61	10-Under 50 Backstroke	62	
63	8-Under 25 Back	64	
65	10-Under 100 Freestyle	66	
67	8-Under 50 Freestyle	68	
69	10-Under 200 Medley Relay	70	
71	8-Under 100 Medley Relay	72	

ORDER OF EVENTS

SUNDAY, OCTOBER 16, 2016

Girls	Morning Session (Session #4)	Boys
Event #	Warm-Up @ Not Before 6:45 AM/Meet Starts @ Not Before 8:00 AM	Event#
73	11-12 200 Freestyle	74
75	13-14 200 Freestyle	76
77	Open 200 Freestyle	78
79	11-12 100 Breaststroke	80
81	13-14 100 Breaststroke	82
83	Open 100 Breaststroke	84
85	11-12 100 Backstroke	86
87	13-14 200 Backstroke	88
89	Open 200 Backstroke	90
91	11-12 50 Butterfly	92
93	13-14 200 Butterfly	94
95	Open 200 Butterfly	96
97	11-12 50 Freestyle	98
99	13-14 50 Freestyle	100
101	Open 50 Freestyle	102
103	11-12 200 Freestyle Relay	104
105	13-14 200 Freestyle Relay	106
107	Open 200 Freestyle Relay	108

Girls	Afternoon Session (Session #5)	Boys
Event #	Warm-Up @ Not Before 11:30 AM /Meet Starts @ Not Before 12:30 PM	Event#
109	10-Under 200 Individual Medley	110
111	8-Under 100 Individual Medley	112
113	10-Under 50 Freestyle	114
115	8-Under 25 Freestyle	116
117	10-Under 100 Backstroke	118
119	8-Under 50 Backstroke	120
121	10-Under 50 Butterfly	122
123	8-Under 25 Butterfly	124
125	10-Under 100 Breaststroke	126
127	8-Under 50 Breaststroke	128
129	10-Under 200 Freestyle Relay	130
131	8-Under 100 Freestyle Relay	132

General Information:

- 1. Each team is responsible for its own valuables.
- 2. Each coach is responsible for the conduct of their team.
- 3. Only swimmers and coaches will be allowed in the deck area, except during the 1650 Free at which time a designated timer and counter will be allowed on deck to help with that event. There are two men's and two women's locker rooms on deck.

Fee Summary

This summary form must be completed and returned with all entry fees. Please note your initial entry is due on Friday, October 16, 2016 to get consideration for entry into the meet. Please make certain to include all of the following:

- 1. Individual entry sheets
- 2. Check for entries made payable to: Fishers Area Swimming Tigers
- 3. Computer disk enclosed unless sent via email (must still include printed copy)
- 4. This summary form, completed

Mail all of the above to:

Alec Haley P.O. Box # 453 Fishers, Indiana 46038 307-288-8868

Email: entries@fasttigers.com

Club	Club Code_	
Number of swimmers entered: Boys + C	irls = Total	
Number of swimmers entered: Indiana Swimmin	g Surcharge	@ \$2.00 = \$
Number of prelims/finals individual entries	N/A	@ \$5.00 = \$N/A
Number of timed finals individual entries		@ \$4.00 = \$
Number of relay entries		@ \$6.00 = \$
TOTAL AMOUNT ENCLOSED = \$	_	
Club official submitting entry:	Coaches Names:	
Name:	·	
Address:		
City:		
State, Zip:		
Telephone:		
Email:		
Please indicate the preferred manner of receiv	ing final results:	
Hard Copy		
Meet Manager Backup (Emailed)		
Team Manager .cl2 file (Emailed)		
All of the above		
Email address to sand shove to:		

Visiting USA Swimming Officials Sign-Up

Please indicate the names of any officials who would be willing to help officiate at the meet and the session they would be willing to work:

Name:					
Phone & Email (l	f Known):				
Sessions: Friday PM	Saturday AM	Saturday PM	Saturday 1650	Sunday AM	Sunday PM
Name:					
Phone & Email (I	f Known):				
Sessions: Friday PM	Saturday AM	Saturday PM	Saturday 1650	Sunday AM	Sunday PM
Name:					
Phone & Email (I	f Known):				
Sessions: Friday PM	Saturday AM	Saturday PM	Saturday 1650	Sunday AM	Sunday PM
Name:					
Phone & Email (I	f Known):				
Sessions: Friday PM	Saturday AM	Saturday PM	Saturday 1650	Sunday AM	Sunday PM
Name:					
Phone & Email (I	f Known):				
Sessions: Friday PM	Saturday AM	Saturday PM	Saturday 1650	Sunday AM	Sunday PM
Name:					
Phone & Email (l	f Known):				
Sessions: Friday PM	Saturday AM	Saturday PM	Saturday 1650	Sunday AM	Sunday PM
Name:					
Phone & Email (I	(f Known):				
Sessions: Friday PM	Saturday AM	Saturday PM	Saturday 1650	Sunday AM	Sunday PM

Release & Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assigns, hereby releases and forever discharges Fishers Area Swimming Tigers, and its' Board of Directors, USA Swimming, Fishers High School and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless Fishers Area Swimming Tigers, USA Swimming, and the Fishers High School and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses ,expenses, damages, demands and claims arising out of or in connection with any injury, including death or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this day of	, 2016
Signature of Club Official or Coach	
Printed Name of Club Official or Coach _	

Fishers Area Hotel Information

The town of Fishers has a number of excellent hotels within 15 minutes from the pool. Contact the hotels for rates and availability.

Hampton Inn & Suites	Cambria Suites	Americinn (former Holiday Inn)
11575 Commercial Drive	13500 Tegler Drive	9780 North By NE Boulevard
Fishers, Indiana 46038	Noblesville, Indiana 46060	Fishers, Indiana 46037
317-913-0300	317-773-4970	317-578-9000
2.6 Miles From Pool	3.5 Miles From Pool	4.4 Miles From Pool
Hotel Indigo	Staybridge Suites	Marriott Spring Hill Suites
9791 North By NE Boulevard	9780 Crosspoint Boulevard	9698 Hague Road
Fishers, Indiana 46037	Indianapolis, Indiana 46256	Indianapolis, Indiana 46256
317-558-4100	317-577-9500	317-841-0416
4.4 Miles From Pool	4.4 Miles From Pool	4.4 Miles From Pool
Residence Inn By Marriott	Holiday Inn Express	Hilton Garden Inn
9765 Crosspoint Boulevard	9790 North By NE Boulevard	9785 North By NE Boulevard
Indianapolis, Indiana 46256	Fishers, Indiana 46037	Fishers, Indiana 46037
317-842-1111	317-578-2000	317-577-5900
4.4 Miles From Pool	4.4 Miles From Pool	4.4 Miles From Pool
Comfort Inn & Suites	Fairfield Inn & Suites	Candlewood Suites
9760 Crosspoint Boulevard	17960 Foundation Drive	8111 Bash Street
Fishers, Indiana 46256	Noblesville, Indiana 46060	Indianapolis, Indiana 46250
317-578-1200	317-776-9900	317-595-9292
4.4 Miles From Pool	5.0 Miles From Pool	7.5 Miles From Pool
Hampton Inn	Hilton Hotel	Quality Inn & Suites
6817 East 82nd Street	8181 North Shadeland Avenue	16025 Prosperity Drive
Indianapolis, Indiana 46250	Indianapolis, Indiana 46250	Noblesville, Indiana 46060
317-576-0220	317-849-6668	317-770-6772
7.5 Miles From Pool	7.5 Miles From Pool	4.0 Miles From Pool