



November 2009 – Conant H.S.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>1</u></p> 	<p><u>2</u></p> <p>Grp 1: 6:30 – 7:15 Grp 2: 6:30 – 7:30 Grp 3: 6:30 – 8:00 Grp 4: 7:15 – 9:15</p>	<p><u>3</u></p> <p>Grp 1: 6:30 – 7:15 Grp 2: 6:30 – 7:30 Grp 3: 6:30 – 8:00 Grp 4: 7:15 – 9:15</p>	<p><u>4</u></p> <p>Grp 1: 6:30 – 7:15 Grp 2: 6:30 – 7:30 Grp 3: 6:30 – 8:00 Grp 4: 7:15 – 9:15</p>	<p><u>5</u></p> <p>Grp 4: 6:30 – 7:30</p>	<p><u>6</u></p> <p>BSC USS Meet W-Up: 5pm all ages</p>	<p><u>7</u></p> <p>BSC USS Meet <u>AM Session</u> 7am: 9-10 & 11-12 <u>PM Session</u> 12pm: 8 & Under & 13 & Over</p>
<p><u>8</u></p> <p>BSC USS Meet <u>AM Session</u> 7am: 9-10 & 11-12 <u>PM Session</u> 12pm: 8 & Under & 13 & Over</p>	<p><u>9</u></p> <p>Grp 1: 6:30 – 7:15 Grp 2: 6:30 – 7:30 Grp 3: 6:30 – 8:00 Grp 4: 7:15 – 9:15</p>	<p><u>10</u></p> <p>Grp 1: 6:30 – 7:15 Grp 2: 6:30 – 7:30 Grp 3: 6:30 – 8:00 Grp 4: 7:15 – 9:15</p>	<p><u>11</u></p> <p>Grp 1: 6:30 – 7:15 Grp 2: 6:30 – 7:30 Grp 3: 6:30 – 8:00 Grp 4: 7:15 – 9:15</p>	<p><u>12</u></p> <p>Grp 1: 6:30 – 7:15 Grp 2: 6:30 – 7:30 Grp 3: 6:30 – 8:00 Grp 4: 7:15 – 9:15</p>	<p><u>13</u></p> <p>Grp 1: 6:30 – 7:15 Grp 2: 6:30 – 7:30 Grp 3: 6:30 – 8:00 Grp 4: 7:15 – 9:15</p>	<p><u>14</u></p> <p><u>At Stagg</u> Grp4: 10:00a-12:00p Grp 3: 11:30a-1:00p</p>
<p><u>15</u></p>	<p><u>16</u></p> <p>Grp 1: 6:30 – 7:15 Grp 2: 6:30 – 7:30 Grp 3: 6:30 – 8:00 Grp 4: 7:15 – 9:15</p>	<p><u>17</u></p> <p>Grp 1: 6:30 – 7:15 Grp 2: 6:30 – 7:30 Grp 3: 6:30 – 8:00 Grp 4: 7:15 – 9:15</p>	<p><u>18</u></p> <p>Grp 1: 6:30 – 7:15 Grp 2: 6:30 – 7:30 Grp 3: 6:30 – 8:00 Grp 4: 7:15 – 9:15</p>	<p><u>19</u></p> <p>Grp 1: 6:30 – 7:15 Grp 2: 6:30 – 7:30 Grp 3: 6:30 – 8:00 Grp 4: 7:15 – 9:15</p>	<p><u>20</u></p> <p>WTSC USS Meet W-Up: 4:00 for milers W-Up: 4:40pm all ages</p>	<p><u>21</u></p> <p>WTSC USS Meet <u>AM Session</u> 8am: 9-10 & 11-12 <u>PM Session</u> 12pm: 13 & Over, 8 & Under <u>Finals:</u> 3:45 & 4:30 GILS USS Meet <u>AM Session</u> 7:00am: 8&U,11-12,15&O Boys <u>PM Session</u> 12pm: 9-10,13-14,15&O Girls</p>
<p><u>22</u></p> <p>WTSC USS Meet <u>AM Session</u> 8am: 9-10 & 11-12 <u>PM Session</u> 12pm: 13 & Over, 8 & Under <u>Finals:</u> 3:45 & 4:30</p>	<p><u>23</u></p> <p>Grp 1: 6:30 – 7:15 Grp 2: 6:30 – 7:30 Grp 3: 6:30 – 8:00 Grp 4: 7:15 – 9:15</p>	<p><u>24</u></p> <p>Grp 1: 6:30 – 7:15 Grp 2: 6:30 – 7:30 Grp 3: 6:30 – 8:00 Grp 4: 7:15 – 9:15</p>	<p><u>25</u></p> <p>Grp 1: 6:30 – 7:15 Grp 2: 6:30 – 7:30 Grp 3: 6:30 – 8:00 Grp 4: 7:15 – 9:15</p>	<p><u>26</u></p> 	<p><u>27</u></p> <p>All practices are cancelled School closed</p>	<p><u>28</u></p> <p><u>At Conant</u> Grp4: 12:00p-2:00p Grp 2 & 3: 2:00p-3:00p</p>
<p><u>29</u></p>	<p><u>30</u></p> <p>Grp 1: 6:30 – 7:15 Grp 2: 6:30 – 7:30 Grp 3: 6:30 – 8:00 Grp 4: 7:15 – 9:15</p>					