

Central Iowa Aquatics Short Course Team Records  
8 and Under Age Group

Girls	Event	Boys
Sydney Clark 2008 33.00	50 free	Gregg Lichinsky 2009 30.79
Sydney Clark 2008 1:10.10	100 free	James Voss 2009 1:08.96
Emily Wilson 2007 39.60	50 back	Gregg Lichinsky 2009 39.18
Sydney Clark 2008 43.19	50 breast	James Voss 2009 42.18
Moriah Ross 2006 38.44	50 fly	Gregg Lichinsky 2009 36.90
Sydney Clark 2008 1:24.08	100 IM	Spencer Clark 2004 1:20.74

Central Iowa Aquatics Short Course Team Records  
9-10 Age Group

Girls	Event	Boys
Eno Augustine Akpan 2003 28.25	50 Free	Alek Martin 2008 26.73
Eno Augustine Akpan 2003 1:01.18	100 Free	Alek Martin 2008 58.51
Mallorie Myers 2009 2:15.62	200 Free	Alek Martin 2008 2:05.66
Mallorie Myers 2009 6:04.59	500 Free	Alek Martin 2008 5:51.31
Sophie Underdahl 2009 33.01	50 Back	Alek Martin 2008 31.51
Sophie Underdahl 2009 1:10.46	100 Back	Alek Martin 2008 1:07.74
Jaryn Studer 2001 35.54	50 Breast	Spencer Clark 2006 36.81
Jaryn Studer 2001 1:19.10	100 Breast	Spencer Clark 2006 1:22.93
Eno Augustine Akpan 2003 30.25	50 Fly	Alek Martin 2008 30.73
Eno Augustine Akpan 2003 1:09.78	100 Fly	Alek Martin 2008 1:07.20
Sophie Underdahl 2009 1:12.08	100 IM	Ben Severino 2006 1:11.18
Sophie Underdahl 2009 2:33.43	200 IM	Alek Martin 2008 2:28.01

Central Iowa Aquatics Short Course Team Records  
11-12 Age Group

Girls	Event	Boys
Michaela Kinter 2008 25.46	50 Free	Jordan Studer 2007 24.56
Eno Augustine Akpan 2005 56.13	100 Free	Jordan Studer 2007 53.69
Emily Tuazaon 2008 2:04.86	200 Free	Jordan Studer 2007 1:58.28
McKenna Lynch 2009 5:25.97	500 Free	Alek Martin 2009 5:19.50
Jenny Brown 2008 11:11.47	1000 Free	Ben Severino 2008 11:00.81
Jenny Brown 2008 18:50.92	1650 Free	Alek Martin 2009 18:46+
Michaela Kinter 2008 28.87	50 Back	Jordan Studer 2007 28.77
Emily Tuazon 2008 1:02.52	100 Back	Ed Lichinsky 2000 1:03.28
Emily Tuazon 2008 2:16.39	200 Back	Alek Martin 2009 2:13
Katharine Ross 2008 31.71	50 Breast	Jordan Studer 2007 33.25
Katharine Ross 2008 1:08.78	100 Breast	Jordan Studer 2007 1:10.87
Katharine Ross 2008 2:28.42	200 Breast	Spencer Clark 2008 2:39.26

Central Iowa Aquatics Short Course Team Records  
11-12 Age Group

Michaela Kinter 2008 27.74	50 Fly	Ed Lichinsky 2000 28.28
Michaela Kinter 2008 1:02.47	100 Fly	Jake VanRoekel 2003 1:04.20
Jaryn Studer 2003 2:22.86	200 Fly	Spencer Clark 2008 2:28.08
Katharine Ross 2008 1:05.08	100 IM	Jorden Studer 2007 1:03.39
Katharine Ross 2008 2:18.52	200 IM	Jorden Studer 2007 2:15.04
Jaryn Studer 2003 5:00.05	400 IM	Alek Martin 2009 4:50.59

Central Iowa Aquatics Short Course Team Records  
13 – 14 Age Group

Girls	Event	Boys
Eno Augustine Akpan 2007 24.19	50 Free	Andrew Van Meter 1999 21.87
Eno Augustine Akpan 2007 53.30	100 Free	Jordan Studer 2009 47.97
Eno Augustine Akpan 2007 1:58.42	200 Free	Zach Ferguson 1996 1:47.01
McKenna Lynch 2009 5:19.26	500 Free	Zach Ferguson 1996 4:49.57
Jenny Brown 2009 10:58.65	1000 Free	John Sourbeer 1996 10:18.95
Becca Bott 2007 18:19.76	1650 Free	John Sourbeer 1996 17:32.22
Megan Taylor 1999 1:00.97	100 Back	Andrew Van Meter 52.80 1999
Megan Taylor 2000 2:10.74	200 Back	Andrew Van Meter 1:58.20 1999
Katharine Ross 2009 1:05.57	100 Breast	Jordan Studer 2009 58.87
Katharine Ross 2009 2:23.84	200 Breast	Kiel Huston 1999 2:09.92
Eno Augustine Akpan 2007 59.33	100 Fly	Zach Ferguson 1996 52.24
Eno Augustine Akpan 2007 2:18.25	200 Fly	Zach Ferguson 1996 2:01.27
Jaryn Studer 2004 2:12.44	200 IM	Jordan Studer 2009 1:59.97
Becca Bott 2007	400 IM	Zach Ferguson 1996

4:45.11		4:23.99
---------	--	---------

Central Iowa Aquatics Short Course Team Records  
Senior Age Group

Girls	Event	Boys
Becca Leffler 2008 23.69	50 Free	Peder Skoog 2006 20.72
Becca Leffler 2008 52.21	100 Free	Andrew Van Meter 2003 45.05
Alex Gustafson 2008 1:56.79	200 Free	Peder Skoog 2006 1:40.51
Calley Voorhees 1997 5:11.27	500 Free	Andrew Van Meter 2001 4:38.73
Katie Hines 2009 10:37.09	1000 Free	Nathan Harris 2009 9:55.56
Katie Hines 2009 17:46.54	1650 Free	Bobby Sundvold 2004 16:43.49
Danielle Harris 2009 55.57	100 Back	Andrew Van Meter 2003 48.98
Danielle Harris 2009 2:02.68	200 Back	Peder Skoog 2006 1:50.80
Danielle Harris 2009 1:05.27	100 Breast	Kiel Huston 2001 56.19
Jaryn Studer 2008 2:21.90	200 Breast	Kiel Huston 2001 2:03.94
Becca Leffler 2007 58.39	100 Fly	Andrew Van Meter 2003 48.58
Calley Voorhees 1998 2:11.88	200 Fly	Cameron Lennon 2007 1:51.85
Danielle Harris 2009 2:04.21	200 IM	Andrew Van Meter 2000 1:52.39
Jaryn Studer	400 IM	Adam Mitchell

2008 4:31.13		2002 4:06.05
-----------------	--	-----------------