



TYR NASA Winter Blast~Off

Northwestern University, December 11-13, 2009

Sanctioned by USA Swimming, Inc. and Illinois Swimming, Inc.

Sanction#

Teams

NASA
Alligator Aquatics
Cats Aquatics Club
Chicago Latin Swim Club
Glenbrook Aquatics
Lake Forest Swim Club
New Trier Swim Club
Patriot Aquatic Club
Scout Aquatics
Wildcat Aquatics
Wildkit Swimming Organization

Meet Schedule

Friday, December 11

Warm-ups: 4:15 pm
Positive check-in: 4:00– 4:45 pm
Meet starts: 5:15 pm

Saturday & Sunday AM December 12 & 13

Warm-ups: 7:00 am
Positive Check-in: 6:45-7:30 am
Meet starts: 8:15 am

Saturday & Sunday PM December 12 & 13

Warm-ups: Not before 12:00 noon
Positive Check-in: 11:45 am-12:30 pm
Meet starts: 1:15 pm

Entry Limits

Swimmers may enter up to four individual events each day. NASA reserves the right to limit the following events to the fastest 24 or fewer entries if the four-hour rule is affected: Open 500 Free, 9-10 200 Free, 11-12 200 Free, Open 200 Free & all relays.

Positive Check-in

This will be a positive check-in meet. Check-in will close 30 minutes after warm-ups begin. Swimmers failing to check-in on time will not be allowed to swim that session.

Order of Events

Session I – Friday PM
4:15pm Warm-up, 5:15pm Meet Start

Girls Event #		Boys Event #
1	9-10 100 IM	2
3	11-12 200 IM	4
5	Senior 200 IM	6
7	9-10 200 Free	8
9	11-12 200 Free	10
11	Senior 500 Free	12

Session II – Saturday AM
7:00am Warm-up, 8:15am Meet Start

13	9-10 50 Back	14
15	11-12 50 Back	16
17	9-10 100 Breast	18
19	11-12 100 Breast	20
21	9-10 50 Free	22
23	11-12 50 Free	24
25	9-10 100 Fly	26
27	11-12 100 Fly	28
29	9-10 200 Medley Relay	30
31	11-12 200 Medley Relay	32

Session III – Saturday PM
Warm-up will not begin before Noon

33	Senior 50 Free	34
35	8 & Under 50 Free	36
37	Senior 200 Breast	38
39	8 & Under 25 Breast	40
41	Senior 100 Back	42
43	8 & Under 25 Fly	44
45	Senior 200 Fly	46
47	8 & Under 100 Medley Relay	48
49	Senior 200 Medley Relay	50
	10 Minute Break	
51	Senior 200 Free	52

Order of Events (Continued)

Session IV – Sunday AM
7:00am Warm-up, 8:15am Meet Start

Girls Event #		Boys Event #
53	11-12 100 IM	54
55	9-10 50 Breast	56
57	11-12 50 Breast	58
59	9-10 100 Back	60
61	11-12 100 Back	62
63	9-10 100 Free	64
65	11-12 100 Free	66
67	9-10 50 Fly	68
69	11-12 50 Fly	70
71	9-10 200 Free Relay	72
73	11-12 200 Free Relay	74

Session V – Sunday PM
Warm-up will not start before Noon

75	Senior 100 Free	76
77	8 & Under 25 Free	78
79	Senior 200 Back	80
81	8 & Under 25 Back	82
83	Senior 100 Breast	84
85	8 & Under 100 IM	86
87	Senior 100 Fly	88
89	8 & Under 100 Free Relay	90
91	Senior 200 Free Relay	92