



Blue Devil Swim Club
Blue Devil Blizzard
January 23 – January 24, 2010



Sanctioned by USA Swimming, Inc. and Illinois Swimming, Inc.
Sanction Number ILS10-0119

Meet Director	Entry Chairperson	Safety Chairperson
Barb Conway	Chris Bertana	Jessica Hassemer
34026 Sulkey Drive	P.O. Box 481	Meet Referee
Grayslake, IL 60030	Gurnee, IL 60031	Neal Nash
847-548-7957 bod@swimbdsc.org	847-204-6997 chris@swimbdsc.org	

FORMAT

Timed Final

This is a Positive Check-in Meet

Session

Saturday & Sunday AM

Warm-ups

7:00-8:00 am

Check-in Closes

7:15 am

Session Starts

8:15 am

Saturday 500 Free

12:00-12:15 pm*

11:00 am*

After warm-ups

Saturday PM

12:30-1:30 pm*

12:45 pm*

1:45 pm*

Sunday PM

12:30-1:30 pm*

12:45 pm*

1:45 pm*

*denotes an approximation

LOCATION

Warren Township High School

500 N. O'Plaine Road, Gurnee, IL 60031

Visit our website for directions: www.swimbdsc.org

FACILITY

6 lane, 25 yard indoor pool, permanent starting blocks (within new USA regulations), 12' at starting end, non-turbulent lane lines, Colorado timing system, six lane electronic timing display, Seating capacity for 100 spectators.

RULES AND SAFETY

All current USA Swimming and ISI Rules and regulations apply. ISI and USA Swimming safety rules will be strictly enforced.

FIRST AID

First Aid will be available from the lifeguard on duty.

ELIGIBILITY

All USA Swimming registered swimmers are eligible. All swimmers must be registered prior to entry deadline. Entries listed as "Registration applied for" will not be accepted. Registration forms can be obtained from the Illinois Swimming Office, 3166 S. River Rd, Suite 30, Des Plaines, IL., 60018. Phone 847-824-1596, fax 847-824-1726. A swimmer's age as of **January 23, 2010** will determine their age for the meet.

USA SWIMMING, INC MEMBERSHIP

Insurance regulations require that all swimmers, judges, starters, and referees be a current member of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches and officials who are not current members of USA Swimming may not participate in the meet or be on deck.

COACHES

All coaches must be currently registered with USA Swimming and must continuously display their current USA Coach Member registration card at all times while on deck.

ENTRY DEADLINE

Entries must be sent to the Entry Chair via Post or email (see address and email on front page). **Entries will not be accepted prior to December 28, 2009 at 8:00 a.m.** Entries received prior than December 28, 2009 at 8:00 a.m. will be returned.

Entries will be accepted in the order received until the meet has been filled. Teams not accepted into the meet will be notified as soon as it is determined that the meet is filled, and at least within 48 hours after the entry deadline. **The entry deadline is January 15, 2010. No hand delivered entries will be accepted.** There will be no upgraded time allowed. All changes must be submitted before the entry deadline.

ENTRIES

Individuals are limited to four entry events per day, not including relays. Relay swimmers must be entered in at least one individual event. Current registration number, age, first name, middle initial, and last name must appear on all entry blanks.

Hy-Tek Meet manager (v2.0) for Windows will be used to manage this meet. Any club using Team Manager is strongly encouraged to use that package to submit the entry.

- ❖ If sending entry via email (the preferred method), signed Summary Fee/Release Form and entry check must be received within 72 hours of the receipt of the email. Failure to follow these procedures shall be sufficient grounds for refusal of the entry.
- ❖ If sending entry via diskette, the entry must be accompanied by the software generated printed form including full name, ISI number, event numbers and seed time. These must be returned together with the Summary Fee/Release Form and your check.

Checks are to be made payable to: **Blue Devil Swim Club.**

ENTRY FEES

Individual Event	Relay Event	ISI Surcharge
\$3.00	\$7.00	\$2.00

ENTRY LIMITATIONS

Deck Entries will not be permitted.

The following events may have additional limitation that only the three (3) fastest heats based on times submitted for entry will swim:

12 & Under 500 Free
Open 500 Free
Open 400 IM

A copy of the psych sheet for these events will be sent to each team via email so that affected swimmers may be notified. We will try to accommodate affected swimmers by allowing an entry change. Information about entry change will be sent to the email provided on the release form. The host team reserves the right to swim additional heats if time allows.

**ENTRY
VERIFICATION**

If you desire verification of entries received, please email the entry chairperson, or include a stamped self addressed postcard with your entries

EVENTS

In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

**POSITIVE
CHECK IN**

There will be a positive check in at the entrance. Check-in will be closed 15 minutes after the start of each warm-up session. Each swimmer must circle their event numbers to be seeded properly. Heat and lane assignments will be prominently placed. **There will be no cards issued.** Swimmers missing check-in will only be placed where any openings may occur regardless of original seed time. Swimmers failing to report to the blocks after having indicated an intention to swim will be charged with deliberate delay, failure to report (DQ), not a scratch, per USA regulations 102.14.5 B.

BULLPEN

There will be a bullpen for 8 & Under.

SCORING

Scoring will be 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 for individual events (for High Point purposes).

SCRATCHES

There are no penalties for scratching unless the swimmer has reported to the positive check-in and has been seeded.

SEEDING

Events will be seeded time finals, swum slowest to fastest. If a swimmer enters more events than allowed, the entry chairperson will enter that swimmer to a maximum number allowed in that age group and will disregard any other entries for that swimmer for that day.

Short course yard times should be submitted for entry purposes.

Long course meter and short course meter times will be considered non-conforming times and will be seeded in the slowest heats.

RELAY EVENTS

Preprinted relay sheets will be available at the beginning of each session. Coaches are to list the swimmers' last names, first initials, ages in the order of swimming. All relay sheets must be returned to the Clerk of Course no later than 30 minutes before the relay events.

AWARDS

Individual awards will be given to **first** through **sixteenth** place in each age group, with relay awards given to first through third place. The 13-14 age group will swim open events with 15 & Over, but will be scored and awarded separately for high point purposes.

High Point customized awards will be given to the top 3 male and female swimmers in each age group; 8 & Under, 9-10, 11-12, 13-14, and 15 & over.

ADMISSIONS

\$3.00 per adult (13 & older) all day. No charge for students.
Psych sheets: \$6.00 (covers both days).

CONCESSIONS

Food and beverages will be available. No food or drink will be allowed in the pool stands or on the pool deck. No glass containers of any kind will be allowed inside the pool complex or the adjoining building. No smoking or consumption of alcoholic beverages is allowed anywhere on the grounds of Warren Township High School by state law.

These rules will be strictly enforced. Any violation could result in the expulsion of a swimmer and/or team from the meet.

MEET RESULTS

All teams will be sent meet results. Additional copies may be purchased for \$5.00. Results will also be available on diskette immediately following the meet and be available for download from our website, <http://www.swimbdsc.org>

GIRLS

1
3
5
7
9
11
13
15
17
19
21
23

SESSION I:
WARMUPS 7:00 AM
9-10 200 IM
11-12 200 IM
9-10 50 Back
11-12 50 Back
9-10 100 Free
11-12 100 Free
9-10 50 Breast
11-12 50 Breast
9-10 100 Fly
11-12 100 Fly
9-10 200 Medley Relay
11-12 400 Medley Relay

BOYS

2
4
6
8
10
12
14
16
18
20
22
24

25

SESSION II:
WARMUPS 12:00 PM
12 &U 500 Free Mixed(10 min. warm-up prior)

27
29
31
33
35
37
39
41
43
45
47
49

SESSION III:
WARMUPS 12:30 PM
Open 200 IM
8&Under 25 Back
Open 100 Back
8&Under 50 Free
Open 100 Free
8&Under 25 Breast
Open 200 Breast
8&Under 50 Fly
Open 200 Fly
8&Under 100 Medley Relay
Open 400 Medley Relay
Open 500 Free(10 min. warm-up prior)

28
30
32
34
36
38
40
42
44
46
48
50

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57
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61
63
65
67
69
71
73
75
77

SESSION IV:
WARMUPS 7:00 AM
9-10 200 Free
11-12 200 Free
9-10 50 Fly
11-12 50 Fly
9-10 100 Back
11-12 100 Back
9-10 50 Free
11-12 50 Free
9-10 100 IM
11-12 100 IM
9-10 100 Breast
11-12 100 Breast
9-10 200 Free Relay
11-12 400 Free Relay

52
54
56
58
60
62
64
66
68
70
72
74
76
78

79
81
83
85
87
89
91
93
95
97
99
101
103

SESSION V:
WARMUPS 12:30 PM
Open 200 Free
8&Under 25 Fly
Open 100 Fly
8&Under 25 Free
Open 50 Free
8&Under 100 IM
Open 200 Back
8&Under 50 Back
Open 100 Breast
8&Under 50 Breast
Open 400 Free Relay
8&Under 100 Free Relay
Open 400 IM

80
82
84
86
88
90
92
94
96
98
100
102
104

I.S.I Safety Requirements

Warm-up Procedure

A. WARM-UP PROCEDURES

1. General Warm-up (first 30 minutes)

- a. **NO DIVING** allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
- b. No sprinting or pace work allowed during this general warm-up session.
- c. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.

2. Specific Warm-up (last 30 minutes)

- a. **Push/Pace Lanes** - Push off one or two lengths from starting end. Circle swim only. **NO DIVING.**
- b. **Diving Lanes** - Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times. (One length only)
- c. **General Warm-up Lanes** - **NO DIVING.** Circle swim only.
- d. At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.

B. SAFETY GUIDELINES

Coaches Responsibilities

- a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at the meet.
- b. Coaches shall be on deck during the warm-ups and shall actively supervise their swimmers throughout all warm-up sessions at the meet.

Marshaling

1. A minimum of two marshals who report to and receive instructions from the Meet Referee and/or the Meet Director shall be on deck during the entire warm-up session. One marshal shall act as the Safety Coordinator, who should be a U.S.S. member.
 - a. Marshals shall be current members of U.S.A. Swimming.
 - b. Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
 - c. Flagrant violations of safety requirements or warm-up procedures by a swimmer could result in the swimmer being barred from their next individual event.
2. Host team shall provide signs - for each lane at both ends of the pool - which indicate the designated use during warm-up.
3. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. **Illinois Swimming, Inc. Safety guidelines and Warm-up procedures will be in affect at this meet.**
4. An announcer shall be on duty for the entire warm-up period to announce lane and time changes and to assist with the conduct of the warm-up.
5. Hazards in locker rooms, on the deck, or areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

MISCELLANEOUS

- a. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up the blocks if there is a backstroker waiting to start.
- b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time.
- d. Warm-up procedures shall be enforced for any breaks during competition.
- e. Note: Host clubs may, with the consent of the Meet Director and Meet Referee, modify the warm-up time schedule or recommended lane assignments depending on pool configuration, number of swimmers or other consideration, so long as safety considerations are not compromised. Any such changes shall be announced, and/or posted prominently in the pool area.

**THE POOL IS NOT FOR VISITING OR PLAYING DURING THE WARM-UP
SESSIONS.**

**UNATTACHED SWIMMERS MUST REPORT TO THE SAFETY COORDINATOR
BEFORE ENTERING THE POOL.**

Blue Devil Blizzard
January 24 - January 25, 2009
USA Swimming, Inc.
Sanction No.

Complete this form and mail with your check, hard copy of entries, and diskette.
 Make checks payable to: **Blue Devil Swim Club**

Mail to: **Blue Devil Swim Club**
C/O Coach Chris Bertana
P.O. Box 481
Gurnee, IL 60031

SUMMARY OF FEES

<u>Age Group</u>	<u>Number of Entries</u>	<u>Cost per entry</u>	<u>Total</u>
8 & Under		At \$3.00 each =	
9 & 10		At \$3.00 each =	
11 & 12		At \$3.00 each =	
Open		At \$3.00 each =	
Relays		At \$7.00 each =	
Total # of Swimmers (ISI surcharge)		At \$2.00 each =	
		TOTAL FEES	

CONTACT INFORMATION OF ENTRY PERSON:

Name of Club: _____

Club Code: _____ LSC _____

Complete Mailing Address: _____

Phone: (Day) _____ (Eve) _____

Fax _____

Email _____

Coach(es) attending the meet: _____

In consideration of the acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and participants in the meet from my club, hereby consign, waive and release any and all rights and claims for damages which may occur against USA Swimming, Illinois Swimming Inc., Warren Township High School District #121, Blue Devil Swim Club, their representatives, directors, officers, employees, or successors for any and all injuries suffered by me or any contestant or representative in said meet, as representatives of my club. Furthermore, I attest that all athletes included in this entry and participating in this sanctioned/ approved event are duly registered as current athlete members of USA Swimming.

Signature: _____

Title: _____ Date: _____

This signed release and your check for the full and correct amount must accompany entry or entry will not be accepted. Entries must be received **NO EARLIER than December 28, 2009 and NO LATER than January 15, 2010.**

Individual Event Entry Form
 Blue Devil Blizzard
 January 23 – January 24, 2010

Team _____ Code _____ Age Group _____ Boys/Girls

Name		Event #				
USA #		Seed Time				
		Event #				
		Seed Time				
Name		Event #				
USA #		Seed Time				
		Event #				
		Seed Time				
Name		Event #				
USA #		Seed Time				
		Event #				
		Seed Time				
Name		Event #				
USA #		Seed Time				
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USA #		Seed Time				
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USA #		Seed Time				
		Event #				
		Seed Time				
Name		Event #				
USA #		Seed Time				
		Event #				
		Seed Time				

Total Number of Individual Entries: _____ at \$ _____ = \$ _____

Reproduce locally: Use one sheet for each age group and for each sex (circle Boys or Girls).