**ALL NEW SWIMMERS MUST CONTACT HEAD COACH ROSS HEDRICK PRIOR TO REGISTRATION TO COMPLETE EVALUATION! TEAM REGISTRATION IS COMPLETE AFTER CLUB APPROVAL.**

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**Welcome to the 2017-18 Nu Wave Swim Club Registration** **Information** for High Performance groups (Tidal Wave, Cyclone, Tsunami, Senior, National, Northshore Trident, and Northshore Poseidon). We are happy to have you and your swimmer(s) as a part of our swim team. Once a swimmer has been provided their group placement from the coaching staff, families may proceed thru team registration. We are pleased to offer electronic payment processing for team registration. High Performance Registration link is located on the HOMEPAGE, on the right-side, select HIGH PERFORMANCE REGISTRATION or at the bottom of this page.

**WHO WE ARE:** Nu Wave Swim Club, a 501(c)(3) non-profit organization, is one of the most comprehensive year-round competitive swim clubs in the South, with swimmers ranging from five years old to adults and led by Head Coach Ross Hedrick. We train and coach swimmers by teaching proper technique, physical fitness, and healthy habits, while instilling "championship behavior"—sportsmanship, teamwork, integrity, hard work, and discipline.

**OUR MISSION: The Nu Wave Swim Club develops life skills through a goal-oriented, competitive curriculum.**

**Our HIGH PERFORMANCE Groups:** These groups focus on a more advanced training structure that has stronger program commitments to allow each athlete the opportunity to reach their competitive potential.  These groups are:

* **Tidal Wave:** An introductory competitive group for ages 7-10 years old, who can complete at least 100 yards of continuous freestyle or backstroke and compete in all four strokes legally. This group will emphasize the development of the techniques for all four competitive strokes while meeting challenges in racing situations. Practice location is Tulane University Reily Center.
* **Cyclone:** An intermediate to advanced group for ages 9-12 years old, who are proficient in all four strokes, including starts and turns for each stroke, and demonstrate an understanding of intervals. This group will emphasize technical proficiency, the development of interval training and race strategy, and introduction to endurance training. Practice location is Tulane University Reily Center.
* **Tsunami:** Advanced age group swimmers, ages 13-15 years-old, who demonstrate a high level of ability and commitment to swimming. Our group focus will be on the continued enhancement of race strategy, technical development, speed, and endurance training. Practice location is UNO Lakefront Arena.
* **Senior:** A group of mature, responsible, and high achieving swimmers, ages 14 & older. Senior swimmers have the ability to train at a very high level. Swimmers have the desire to set and achieve new personal goals and take ownership of their goals and performances. Practice location is UNO Lakefront Arena.
* **National:** The most advanced group of 15 & older swimmers who have the ability to train at a very high level and are willing to commit completely to the program. Swimmers will develop skills necessary to succeed at Regional/National competitions with a goal of collegiate swimming. Practice location is UNO Lakefront Arena.
* **Northshore Trident:** An intermediate to advanced group for 12 & unders, who are who are proficient in all four strokes, including starts and turns for each stroke, and demonstrate an understanding of intervals. This group will emphasize technical proficiency, the development of interval training and race strategy, and introduction to endurance training. Practice location is Mandeville Sports Complex.
* **Northshore Poseidon:** Advanced age group swimmers, ages 13 and older, who demonstrate a high level of ability and commitment to swimming. Our group focus will be on the continued enhancement of race strategy, technical development, speed, and endurance training. Practice location is Mandeville Sports Complex.

**Things to Know**

1. Current swimmers will have until August 1 to declare their intention to continue with the program on Team Unify “Events.” Making this election will allow the swimmer’s account to remain active and reserves their spot on the team until the registration deadline. After August 1, group spots will no longer be reserved for returning swimmers and will be assigned on a space-available basis. All returning swimmers need to complete registration by **September 3. Please consult your coach for appropriate training group placement.**
2. Fees for Nu Wave High Performance swimmers may include three components: a non-refundable registration fee, annual (or monthly) dues, and a minimum Swim-a-thon fundraising obligation. In addition, depending on a swimmer's activities, there may also be certain merchandise, meet, and travel costs or fees.
3. A non-refundable $275.00 annual registration fee is required for Tidal Wave, Cyclone, Tsunami, Senior, National, Northshore Trident and Northshore Poseidon training groups. This fee includes USS registration, swim cap, team shirt, and certain fixed costs incurred by the team in handling a swimmer. Annual registration fees must be paid upon registration. Swimmers joining the program after February 1 will be offered a reduced annual registration fee of $175 and less for summer participation.
4. Nu Wave is a year-round swim club committed to paying coaches and pool rental 12 months of the year. Therefore, dues are based on a twelve-month contract for High Performance Groups (Tidal Wave, Cyclone, Tsunami, Senior, National, Northshore Trident, and Northshore Poseidon).
5. Our fiscal year is September 1- August 31.
6. New swimmers to the program are allowed a two-week trial period.
7. There are no annual payment refunds for withdrawal from the team after November 1, 2017, for High Performance Groups.
8. There is an annual payment plan or monthly payment plan for High Performance Groups. There are 10 monthly payments made on the first of the month from October-June with the first month paid upon team registration. In the event a swimmer moves groups during the year, the monthly payment cost will be adjusted to reflect the group move. If the swimmer paid the annual payment, a prorated cost difference will be invoiced to the swimmer’s account.
9. Team Unify provides families access to their private account to view swim history times, update contact information, review billing summary, and more.
10. When completing the emergency contact information, please list the person and number you wish to be contacted first in the event of an emergency.

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| **High Performance** | **Monthly (10)** | **Annual** | **Reg Fee** |
| Tidal Wave | $115 | $1,000 | $275 |
| Cyclone | $126 | $1,100 | $275 |
| Tsunami | $143 | $1,250 | $275 |
| Senior | $158 | $1,375 | $275 |
| National | $172 | $1,500 | $275 |
| Trident | $120 | n/a | $275 |
| Poseidon | $150 | n/a | $275 |

**Families must agree to five agreements upon completing registration.**

**Agreement 1: Medical Release Waiver**

I certify that I am the parent or legal guardian for my child(ren). I hereby give my permission for any supervisor, coach, or other team administrator associated with the **Nu Wave Swim Club** to seek and give appropriate medical attention for our child(ren) in the event of accident, injury, or illness. I will be responsible for any and all costs associated with any necessary medical attention and/or treatment.  
  
I hereby waive, release, and forever discharge **Nu Wave Swim Club** and any associated supervisor, coach, or other team administrator from all rights and claims for damages, injury, or loss to person or property which may be sustained or occur during participation in **Nu Wave Swim Club** activities, whether or not such damage or loss is due to negligence. I hereby acknowledge that my children is (are) physically fit and capable of participation in all Swim Team activities.

**Agreement 2: Liability Waiver**

By registering my child(ren) with the **Nu Wave Swim Club**, I agree to participate (or allow my child(ren) and family members to participate) in the **Nu Wave Swim Club**, and hereby release **Nu Wave Swim Club**, its directors, officers, agents, coaches, and employees from liability for any injury that might occur to myself (or to my child(ren) and family members) while participating in the **Nu Wave Swim Club** program, including travel to and from training sessions, swim meets, or other scheduled team activities.  
  
I agree to indemnify and hold harmless the above-mentioned organizations and/or individuals, their agents and/or employees, against any and all liability for personal injury, including injuries resulting in death to me, my child(ren) and/or other family members, or damage to my property, the property to my child(ren) and/or other family members, or both, while I (or my child(ren) or family members) participate in the **Nu Wave Swim Club** program.

**Agreement 3: Financial Obligation and Swim-a-thon Obligation**

I agree to fulfill my Nu Wave financial obligations based on my group placement. All invoices are to be paid on the first of the month. Additionally, my family agrees to fulfill its Nu Wave fundraising obligations as a member of the High Performance groups. There are no fundraising obligations for Technique & Fitness groups.

Each year Nu Wave hosts its annual fundraiser, USA Swimming Foundation Swim-a-thon, a fun and easy way to collect the much needed funds for our organization. The goal is for swimmers in the HIGH PERFORMANCE GROUPS (Tidal Wave, Cyclone, Tsunami, Senior and National) to raise at least $250 through pledges, with a family maximum of $400. Families will be assessed their financial obligation if they fail to raise their funds.

**Agreement 4: Use of Likeness, Publicity, and Social Media**

From time to time, Nu Wave Swim Club may publish the names, pictures, videos, biographical information, or other likenesses (“Likeness”) of its members or swimmers on its website, on social media accounts, in other digital media, or in printed materials. If I do not wish to have my or my swimmer’s Likeness used in this manner, I agree to notify Nu Wave Swim Club in writing.

**Agreement 5: Nu Wave Handbook Policies and Code of Conduct for Parents and Athletes**

I acknowledge that I have read and agree to the policies of the Nu Wave Handbook, including but not limited to the USA Swimming-required policies regarding electronic communication, bullying, and team travel policies.

Additionally, the purpose of a code of conduct for parents is to establish consistent expectations for behavior by parents. As a parent/guardian, I understand the important growth and developmental support that my child’s participation fosters. I also understand that it is essential to provide the coaching staff with respect and the authority to coach the team. I agree with the following statements:

* I will set the right example for our children by demonstrating sportsmanship and showing respect and common courtesy at all times to the team members, coaches, competitors, officials, parents, and all facilities.
* I will get involved by volunteering, observing practices, cheering at meets, and talking with my child and their coach about their progress.
* I will refrain from coaching my child from the stands during practices or meets.
* I understand that criticizing, name-calling, use of abusive language or gestures directed toward coaches, officials, volunteers, and/or any participating swimmer will not be tolerated.
* I will respect the integrity of the officials.
* I will direct my concerns to first to my swimmers’ group coach; then, if not satisfied, to the head coach.

I understand the above expectations and that my failure to adhere to them may result in disciplinary action.

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes’ behavior. By acknowledging this code of conduct, I agree to the following statements:

* I will respect and show courtesy to my teammates and coaches at all times.
* I will demonstrate good sportsmanship at all practices and meets.
* I will set a good example of behavior and work ethic for my younger teammates.
* I will be respectful of my teammates’ feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
* I will attend all team meetings and training sessions, unless I am excused by my coach.
* I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
* I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
* If I disagree with an official’s call, I will talk with my coach and not approach the official directly.
* I will obey all of USA Swimming’s rules and codes of conduct.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the swim club’s board of directors.

Nu Wave Handbook 2017-18

Click Here to Download our Team Registration Information

Click Here to Download our Team Registration Information-Northshore