

# CCS AGE GROUP AND OPEN SWIM MEET

Sponsored by  
CANTON CITY SCHOOLS  
OCTOBER 10<sup>th</sup> AND 11<sup>th</sup>, 2015

Held under USA Swimming Sanction # LE 15022 SS

**LOCATION:** C.T. Branin Natatorium, 1715 Harrison Ave NW, Canton, OH 44708 (Next to the Pro Football Hall of Fame)

**POOL:** 25 yards by 8 lanes, Colorado Timing system with digital scoreboard. Spectator seating for over 2000 people. Site of the training camp for the 1976 Olympic Swim Team and the Ohio High School State Swimming and Diving Championships. A snack bar will be open throughout the meet.

**POOL MEASUREMENTS:** The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

**WATER DEPTH:** The depth of the pool at the start end is 9 feet, 0 inches. The depth at the turn end is 7 feet, 0 inches.

**RACING STARTS:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**STARTING TIMES:** Both Saturday and Sunday morning session warm-up will be 7:45 – 8:30 a.m., with competition starting at 8:35 a.m. Warm-up will be split by team if the average number of swimmers per lane is scheduled to exceed 15 swimmers per lane, into a minimum of two groups, in which case warm-up shall be a minimum of thirty (30) minutes per group for swimmers age 14 and under, or a minimum of forty (40) minutes per group for swimmers age 15 and over. Afternoon warm-up will begin 15 minutes after the conclusion of the morning session. The meet will start after a 45-minute warm-up session. Estimated afternoon start times will be posted on the [www.lakeeriewimming.com](http://www.lakeeriewimming.com) and [www.ccsswimteam.com](http://www.ccsswimteam.com) web sites by Thursday, Oct. 8, 2015.

**ENTRY DEADLINE:** Entries will not be accepted before Monday, September 21, 2015 at 9:00 p.m. so please do not send your entry until Monday, September 21, 2015. **It is suggested that you sync your computer time with the official U.S. time clock found at <http://www.time.gov> prior to submitting your entries.** The due date for entries, electronic or otherwise is September 30, 2015. The meet will be closed before the entry deadline if the sessions are estimated to be at four hours, so mail early. Electronic entries should be emailed to [ccsmeetentries@gmail.com](mailto:ccsmeetentries@gmail.com). Hard copy, meet summary sheet, and check must be received by **October 2, 2015**. Payments should be made payable to Canton City Schools and mailed to Sam Seiple, 1715 Harrison Ave NW, Canton, Ohio 44708. Email: [ccsmeetentries@gmail.com](mailto:ccsmeetentries@gmail.com); Phone: 440-552-7023.

**TEAM SUPERVISION:** Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes.

**RETURN TO PLAY LAW:** Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found at <http://www.healthyohiprogram.org>. All coaches and officials are encouraged to take this training. It is your responsibility to take care of this requirement.

**ENTRY FEES:** Individual events \$4.50; Relays: \$8.00; a \$2.00 per swimmer LESI surcharge. There is a \$1.00/swimmer handling fee for entries not received in an electronic file. Make checks payable to Canton City Schools.

**ENTRY LIMITATIONS:** Swimmers may enter three (3) individual events/day exclusive of relays.

**DECK ENTRIES:** Will be accepted at the discretion of the meet director and that information about deck entries will be published after the entry deadline on [www.ccsswimteam.com](http://www.ccsswimteam.com) and [www.lakeeriewimming.com](http://www.lakeeriewimming.com). If deck entries are accepted they will be seeded at NT and cost will be \$8.00 per individual event; \$14.00 per relay event.

**ELIGIBILITY:** Swimmers must be current athlete members of USA Swimming. Coaches must be current coach members of USA Swimming and must check in for each meet or session they attend. All coaches must display the deck pass (wristband is required to be worn by all coaches) issued by the meet host. Age is as of the first day of the meet, October 10, 2015 On deck USA Swimming registration will be available (does not include coach registration)

**QUALIFYING TIMES:** No qualifying times for this meet, except the 13 & Over 500 Free. NAG B (13-14) time standards apply to this event. Swimmers must be equal to or faster than the time listed for this event.

**SWIMMERS WITH A DISABILITY:** Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

**CONDUCT:** The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a 25 yard course and will be timed finals. In regard to 400 IM and 500 Free, these events may be limited to the fastest three heats. Teams will be notified of swimmers who are closed out Monday before the meet. They may either enter swimmers in another event or receive a refund. The 13 & Over 500 free & the 12 & Under 500 free will be swum fastest to slowest, alternating girls and boys and will be scored as 13-14 and 15 and over and 11-12 and 10 and under.

**INITIAL DISTANCE:** In order to be certain that an initial distance or lead-off relay leg is entered into SWIMS, the swimmer or the swimmer's coach should notify either the meet referee or the admin before the event and provide the necessary watches as back-up to the electronic timing. All lead-off relay splits will automatically be uploaded to SWIMS after admin approval; for all other initial distances, the proper paperwork must be completed after the swim in order for the time to be entered into SWIMS.

**DECK CHANGES:** Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

**SEEDING & CHECK IN:** All individual events will be deck seeded according to USA Swimming Rules. All relay events will be seeded on deck. All swimmers must check-in at least 30 minutes prior to the start of their session. Check-in sheets will be posted on the pool deck under the scoreboard by the diving well. Relay cards must be turned in upon call in order to be seeded. In accordance with 102.1.4, events may be seeded together but scored separately. The Lake Erie scratch rule (attached) will be in effect.

**SCORING: 1st – 8<sup>th</sup>**

INDIVIDUAL: 9-7-6-5-4-3-2-1

RELAYS: 18-14-12-10-8-6-4-2

**AWARDS:** Individual Events: Medals: First - Third Ribbons: Fourth - Eighth

Relay Events:            Medals: First            Ribbons: Second - Third  
\* No Awards for 15 & Over & Open Events  
Trophies will be given to teams finishing 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> overall.

**ADMISSION COST:** \$3.00 per spectator (kids 10 & Under free)  
Psych Sheets \$3.00

**RESULTS:** Results will be posted on [www.lakeerieswimming.com](http://www.lakeerieswimming.com) web site. Teams may request a backup at the conclusion of the meet.

**TIME TRIALS:** Will not be offered.

**SAFETY/WARM-UP:** Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. Swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool edge from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes. The final 20 minutes of a 45-minute warm-up shall be conducted as follows:

- a. Lanes 1 & 8 push/pace from the start end of the pool (or general warm-up at the direction of the Meet Referee or his/her designee.)
- b. Lanes 2 & 7 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool.
- c. Lanes 3 – 6 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to spring lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules. A continuous warm up pool will be available.

**CAMERA ZONES:** Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still and video photography of a race or competitor may be taken. Acceptable Camera Zones may include, but are not limited to the side courses of a pool, team gathering areas, concession areas, the turn-end of the competition course when not in use as a start-end, etc. Meet Management shall also designate "No Camera Zones." Under NO circumstances will Camera Zones include locker rooms, rest rooms, any dressing areas, or the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Those failing to abide by this rule may be removed from the venue.

**Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.**

**In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.**

**OFFICIATING OPPORTUNITY:** Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LES) officials in officiating this meet. Please contact the meet director, Sam Seiple or LES's Officials Chair, Al Kominek in advance of the meet if at all possible to let either know of your availability. The meet director's and Official's Chair contact information is listed below. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair, Al Kominek.

Meet Director's E-mail: Sam Seiple: E-mail: [samseiple37@gmail.com](mailto:samseiple37@gmail.com)

Official's Chair: Al Kominek: E-mail: [allen\\_k2000@yahoo.com](mailto:allen_k2000@yahoo.com)

**COACHES:** Coach's packets and relay cards will be available at the office located in the main hallway by the front entrance doors.

**NOTE:** Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

**MEET DIRECTOR:** Sam Seiple, Phone: 330-438-2739, [samseiple37@gmail.com](mailto:samseiple37@gmail.com)

**SAFETY DIRECTOR:** Ronald Walker, Phone: 330-478-0857 - [foots1860@aol.com](mailto:foots1860@aol.com)

**ENTRY PERSON:** Sarah Tobin, Phone: 440-552-7023, [ccsmeetentries@gmail.com](mailto:ccsmeetentries@gmail.com)

**DIRECTIONS:** From the North: Exit I-77 at Fulton Road exit. Continue across Fulton about 4 blocks to dead-end. Turn left toward I-77. Turn left into McKinley High School complex. The Natatorium is on your right. Find a place to park in McKinley parking lot.

From the South: Exit I-77 at 13<sup>th</sup> (Mercy Hospital) exit. Turn left under I-77 to second light (Broad Ave). Right on Broad to 17<sup>th</sup> Street. Right on 17<sup>th</sup> about three blocks. McKinley High School is on the left with parking lot in front. Turn left in the complex. The Natatorium is on your right. Find a place to park in McKinley parking lot.

### **Emergency Evacuation Procedure**

#### **Swimmers & Coaches on Deck:**

Exit through pool deck doors on the South and West Exit signs.

#### **Spectators: North Bleachers -**

Exit down the stairs on the north stairwells to the exit signs on the north end of the building.

West Bleachers – Exit down stairwells on the west side and exit out west exit signs.

**East Bleachers – Exit down east or north stairwells and exit north of south exit doors.**

**Saturday AM - 7:45 Warm-Up, 8:35 meet start (Timed Finals)  
October 10, 2015**

Girls #	Cutoff Time No qualifying times	Age Group/Stroke	Cutoff Time No qualifying times	Boys #
		<b>10 &amp; Under</b>		
1		200 IM		2
5		50 FREE		6
9		100 FLY		10
13		100 BREAST		14
17		100 BACK		18
		<b>11 and 12</b>		
3		200 IM		4
7		50 FREE		8
19		100 FREE		20
		<b>12 &amp; Under</b>		
11		200 BREAST		12
15		200 BACK		16
21		200 FREE RELAY		22

Afternoon warm up will begin 15 minutes after the conclusion of the morning session. Meet begins after 45-minute warm-up. Afternoon warm-up times will be posted on [www.lakeeriewimming.com](http://www.lakeeriewimming.com) and [www.ccswimteam.com](http://www.ccswimteam.com) (Timed Finals)

**October 10, 2015 Saturday PM**

Girls #	Cutoff Time No qualifying times except event 49	Age Group/Stroke	Cutoff Time No qualifying times except event 50	Boys #
		<b>13 &amp; 14</b>		
23		200 IM		24
27		100 FREE		28
31		200 FLY		32
35		100 BREAST		36
39		200 BACK		40
		<b>15 &amp; Over</b>		
25		200 IM		26
29		100 FREE		30
33		200 FLY		34
37		100 BREAST		38
41		200 BACK		42
		<b>13 &amp; OVER</b>		
43		400 FREE RELAY		44
45	6:51.79**	*500 FREE***	6:29.49**	46

**\*500'S may be limited to the fastest three heats; \*\*swimmers must be equal to or faster than the time listed; \*\*\*scored as 13-14, 15 & Over, 500'S will be swum fastest to slowest, alternating girls and boys**

**Sunday AM - 7:45 Warm-Up, 8:35 meet start (Timed Finals)  
October 11, 2015**

Girls #	Cutoff Time No qualifying times	Age Group/Stroke	Cutoff Time No qualifying times	Boys #
		<b>10 &amp; Under</b>		
47		200 FREE		48
51		50 FLY		52
55		50 BREAST		56
59		50 BACK		60
63		100 FREE		64
		<b>11 AND 12</b>		
49		200 FREE		50
53		100 FLY		54
57		50 BREAST		58
61		50 BACK		62
		<b>12 &amp; UNDER</b>		
65		200 MEDLEY RELAY		66
67		*500 FREE**		68

*\*The 500's may be limited to the fastest three heats, \*\* scored as 10 & under, 11-12 500'S will be swum fastest to slowest, alternating girls and boys*

*Afternoon warm up will begin 15 minutes after the conclusion of the morning session. Meet begins after 45-minute warm-up. Afternoon warm-up times will be posted on [www.lakeeriewimming.com](http://www.lakeeriewimming.com) and [www.ccswimteam.com](http://www.ccswimteam.com) (Timed Finals)*

**October 11, 2015, Sunday PM**

Girls #	Cutoff Time No qualifying times	Age Group/Stroke	Cutoff Time No qualifying times	Boys #
		<b>OPEN</b>		
69		400 IM		70
		<b>13 and 14</b>		
71		100 FLY		72
75		200 BREAST		76
79		100 BACK		80
83		50 FREE		84
		<b>15 &amp; Over</b>		
73		100 FLY		74
77		200 BREAST		78
81		100 BACK		82
85		50 FREE		86
		<b>OPEN</b>		
87		200 MEDLEY RELAY		88

***\*The 400's may be limited to the fastest three heats, and will be scored as an open event***

**LAKE ERIE SWIMMING, INC.**  
**INDIVIDUAL AND RELAY SCRATCH RULE**

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

- A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized.
- B. Events Seeded on the Deck –
  - (1) Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, and/or fax) for swimmers who do not plan to arrive before the scratch deadline.
  - (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course or Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.
  - (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in a swimmer for any event when that swimmer is not present at the meet may cause a fine of \$2.00 per swimmer per day to be levied against that team.
  - (4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).
- C. Scratching from Bonus Finals, Consolation Finals, and Finals
  - (1) Any swimmer qualifying for C, B, or A (bonus, consolation, or final race) in an individual event who fails to compete in said race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer's club shall be fined twenty-five dollars (\$25.00) by LESI. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberate delay of the meet is not permitted and will be regarded as a failure to compete.
  - (2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
  - (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
  - (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if
  - (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
  - (2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The







**CCS AGE GROUP AND OPEN SWIM MEET**  
**October 10 – 11, 2015**  
**SPONSORED BY**  
**CANTON CITY SCHOOLS**  
**Meet Entry Summary Page**

Team Name: \_\_\_\_\_ Team Code: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Phone: \_\_\_\_\_ Email \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

\_\_\_\_ (total # of swimmers) X \$2.00 (LESI Surcharge) = \$ \_\_\_\_\_

\_\_\_\_ (total # of individual events) X \$4.50/event = \$ \_\_\_\_\_

\_\_\_\_ (total # of relay events) X \$8.00/relay entry = \$ \_\_\_\_\_

\_\_\_\_ (total # of swimmers) X \$1.00 (handling fee for paper entry) = \$ \_\_\_\_\_

**TOTAL AMOUNT REMITTED** \$ \_\_\_\_\_

Swimmers will be without a coach on deck:

Sat. am, Sat. pm, Sun. am, Sun. pm

I have arranged for my swimmer/s to be supervised by \_\_\_\_\_.

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A REGISTERED ATHLETE MEMBER OF USA SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.

SIGNED: \_\_\_\_\_ (coach or member team representative). DATE: \_\_\_\_\_

Make checks payable to Canton City Schools and mail to: Sam Seiple, 1715 Harrison Ave NW, Canton, Ohio 44708.

Checks must be received by Friday, October 2.

**Please note:** DO NOT SUBMIT ENTRIES BEFORE MODAY, SEPTEMBER 21 AT 9:00 P.M. All entries submitted with this sheet should be covered by a single check. Kindly do not send multiple checks with a single entry form. **DEADLINE FOR RECEIPT IS WEDNESDAY, SEPTEMBER 30, 2015.** This sheet must accompany all entries, including HY-TEK Meet Manager electronic entries, hard copies and check.

Email entries to Sarah Tobin at [ccsmeetentries@gmail.com](mailto:ccsmeetentries@gmail.com)

