

Seacoast Swimming - Seekonk

Winter Classic Meet

Mayers Natatorium – Seekonk High School, Seekonk MA

January 2-3, 2010

Sanctioned by NE Swimming #NE-10-15 and NE-10-15TT

Events List : at end of document

Entry Cover Page: at end of document

Meet Director: Ray Grant (grant.raymond@comcast.net, 508-336-9982)

Meet Referee: David Saunders (Davidseacoast@yahoo.com, 401-439-5233)

Entry Chairperson: Ray Grant (grant.raymond@comcast.net, 508-336-9982)

MEET FORMAT: The meet will be swum as timed-finals. Each session will be seeded by computer based on positive check-in at the beginning of each session. Coaches will receive a positive check-in sheet before each session, which must be returned no later than 30 minutes before the beginning of the session. Heat sheets will be posted around the pool deck. Coaches will be able to pick up heat sheets for each event at the control desk.

SITE: The Mayers Natatorium is a 6-lane, 25-yard pool with seven and one half foot-wide lanes and non-turbulent lane lines. Fully-automatic Colorado Time Systems electronic timing with touchpad's at the finish end of the pool with a six line electronic display. There are no touchpad's at the turn end of the pool. Attached to the main pool is a diving well area that is available for warmup and warmdown, approximately 40x20 feet in size. The finish end of the pool is 12 feet deep; the turn end of the pool is 4 ½ feet deep. The competition course has not been certified in accordance with 104.2.2C(4). Spectator seating for 300. The pool is located inside Seekonk High School, 261 Arcade Avenue, Seekonk MA 02771. The pool entrance is located to the right of the schools main entrance. Directions may be found later in this document.

COURSE: Short course yards (25 yards).

EVENTS and SESSIONS: See attached list.

ELIGIBILITY: All contestants must be 2010 USA Swimming registered athletes. *All swimmers must be registered before the entry is submitted. Teams that enter unregistered swimmers will be subject to a fine of \$100 per unregistered swimmer.* New England teams entering the meet must check their entries with the online registration check tool on the New England Swimming web site. Please contact the New England Swimming Office for registration information. Disabled swimmer forms are available from the New England Swimming Office. New England Swimming Office: 20 Cleveland Road, Needham MA 02492, 781-449-0270, office@neswim.com.

ENTRY INFORMATION: Entries will be accepted on and after November 9, 2009. Entries received before November 9, 2009 will be considered received on November 9, 2009. Entries must be received no later than December 26, 2009. Make checks payable to "Seekonk Aquatics, Inc.". Mail completed forms (including signed entry cover page and waiver) and payment to the entry chairperson: Ray Grant, 80 Davis Street, Seekonk MA 02771. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. All entries must include a completed and signed entry cover sheet and waiver. No deck entries will be accepted. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry. Seacoast Swimming - Seekonk will reserve 75% of the entries for its own team and any other teams (New England and/or out of district) that it may want to invite to the meet. The remaining 25% of the entries will be open for any other teams to submit entries. If on the first day of acceptance, those

meet entries exceed the 25% still available in the meet, there will be a lottery of those teams. The lottery will be run by the New England Swimming Office.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at grant.raymond@comcast.net. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received within four (4) days, excluding Sundays and holidays, of receipt of the email entry. If payment is received within four (4) days, excluding Sundays and holidays, of the email entry, the email receipt date will be considered the date of entry. If payment is received more than four (4) days, excluding Sundays and holidays, after the email entry, the payment receipt date will be considered the date of entry.

ENTRY LIMITS: Athletes may enter and swim in a maximum of 5 events per day.

ENTRY TIME UPDATES: Entry times may be updated until 7 days prior to the first day of the meet. No new entries will be accepted after the December 26, 2009 entry deadline. Entry time updates should be sent via email to the entry chairperson at grant.raymond@comcast.net. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

ENTRY FEES: Electronic entries: \$4.00 for individual events, \$5.00 for distance events (400 & longer). Non-electronic entries: \$4.50 for individual events, \$5.50 for distance events (400 & longer). Swimmer participation fee: \$7.00 per swimmer.

ENTRY TIMES: All entries must be specified in short-course yard (25-yard pool) times. Meter times must be converted to yard times. (Entries with "NO TIME" will be rejected.)

ENTRY CUTS: Entry cuts, if necessary, will be made by the date of receipt. Teams will be notified that they have been accepted or cut from the meet within seven days of receipt of entry. If the meet becomes oversubscribed, a random selection of those entries received on the date the meet becomes oversubscribed will be conducted in accordance with New England Swimming guidelines. Teams that are cut from the meet will have their entry fee returned within four days of being cut. Saturday evening distance events may be cut by time at the discretion of the meet director.

25-YARD EVENTS: 25-yard events will start at the deep end of the pool.

PROGRAMS: \$2.00 per session.

ADMISSION: \$1.00 per session.

WARMUPS: The pool will open for warm-ups one-hour before the beginning of each session. The pool will close five minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received. The diving well area will be available during the meet for warmup and warmdown. .

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warmup and warmdown areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.

4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No camera cell phones are permitted in the locker rooms.

RULES: 2010 USA Swimming rules will govern all competition. Decisions by the meet referee will be final unless a written protest is lodged within 30 minutes of the heat swum.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must display their USA Swimming registration card at all times. Individuals without their USA Swimming registration card will be removed from the pool deck, and will be subject to a fine by New England Swimming.

SCORING: The meet will not be scored.

AWARDS: Ribbons will be awarded to the top six finishers in each individual event.

FOOD: A concession stand will be in operation for the duration of the meet.

EQUIPMENT VENDOR: A swimming equipment vendor will be selling suits, goggles, and other accessories for the duration of the meet.

MISCELLANEOUS: Seekonk Aquatics, Inc. and Seekonk Swimming assumes no responsibility for lost or stolen property. Pets of any kind are not permitted within the facility. Smoking is not permitted anywhere on school grounds.

PARKING: There is ample parking available in the Seekonk High School parking lot.

DIRECTIONS: The Mayers Natatorium is located at 261 Arcade Avenue, Seekonk MA 02771.

From **South of Providence** take Rt. 95 North to Rt. 195 East proceed on 195 East to **Exit 1 in Massachusetts** (Rt. 114A Seekonk). Take exit 1 and turn left at the top of the ramp onto Rt. 114A North. Stay straight, pass through 1 traffic light, you will reach a fork in the road stay straight (do not bear left onto 114) you should have the Grist Mill Restaurant and a golf course on your left side as you proceed. Continue to the next traffic light, proceed straight through that light and continue for approx. ½ mile and the school will be on your left. The pool entrance is located adjacent to the main entrance. Parking is available anywhere in the school lot.

From **North of Providence** take Rt. 95 South to Rt. 195 East proceed on 195 East to **Exit 1 in Massachusetts** (Rt. 114A Seekonk). Take exit 1 and turn left at the top of the ramp onto Rt. 114A North. Stay straight, pass through 1 traffic light, you will reach a fork in the road stay straight (do not bear left onto 114) you should have the Grist Mill Restaurant and a golf course on your left side as you proceed. Continue to the next traffic light, proceed straight through that light and continue for approx. ½ mile and the school will be on your left. The pool entrance is located adjacent to the main entrance. Parking is available anywhere in the school lot.

From the **East** take Rt. 195 West to **Exit 1 in Massachusetts** (Rt. 114A Seekonk). Take exit 1 and turn right at the top of the ramp onto Rt. 114A North. Stay straight, pass through 1 traffic light, you will reach a fork in the road stay straight (do not bear left onto 114) you should have the Grist Mill Restaurant and a golf course on your left side as you proceed. Continue to the next traffic light, proceed straight through that light and continue for approx. ½ mile and the school will be on your left. The pool entrance is located adjacent to the main entrance. Parking is available anywhere in the school lot.

LODGING: The following hotels and motels are in the area:

Johnson & Wales Inn	Seekonk, MA	508-336-8700	5 min. from pool
Hampton Inn	Seekonk, MA	508-336-9000	10 min. from pool
Motel 6	Seekonk, MA	509-336-7800	10 min. from pool

Seekonk Swimming
In association with Seacoast Swimming Association

Mayers Natatorium, Seekonk, MA

January 2-3, 2010

Sanctioned by NE Swimming #NE 10-15 and NE 10-15TT

CONTACT INFORMATION

Team Name: _____ Abbreviation: _____

Deck Coach: _____ Phone: _____ Email: _____

Entries Contact: _____ Phone: _____ Email: _____

ENTRY FEES

_____ Individual Electronic Entries @ \$4.00 = \$ _____

_____ Individual Non-Electronic Entries @ \$4.50 = \$ _____

_____ Swimmer Participation Fee @ \$7.00 = \$ _____

Total: \$ _____

Make check payable to: **Seekonk Aquatics, Inc.**

Mail entries and check to:
Seekonk Aquatics, Inc.
c/o Ray Grant, Entry Chairperson
80 Davis Street
Seekonk, MA 02771
508-336-9982

Entry Deadline: December 26, 2009
*For e-mailed entries, this form and payment
must be received within four business days
of your entry e-mail.*

LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, Seekonk Aquatics, Inc., Seekonk Swimming and the Town of Seekonk for any and all injuries suffered by him/her at said meet. **In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.**

Signature of Authorized Team Official

Date

**Seekonk Swimming Winter Classic Meet
Event List, January 2-3, 2010**

Saturday Morning

Warm-Up 7:00AM Session Starts 8:00AM

Girls Events	Event	Boys Events
1	9/10 100 Back	2
3	13/14 100 Back	4
5	9/10 100 IM	6
7	13/14 200 Free	8
9	9/10 50 Fly	10
11	13/14 200 Fly	12
13	9/10 50 Breast	14
15	13/14 200 Breast	16
17	9/10 50 Free	18
19	13/14 50 Free	20

Saturday 8 & Under Session

Warm-Up 11:30AM Session Starts 12:00PM

Girls Events	Event	Boys Events
21	8 & under 50 Back	22
23	8 & under 25 Fly	24
25	8 & under 50 Free	26
27	8 & under 25 Breast	28
29	8 & under 100 IM	30

Saturday Afternoon

Warm-Up 2:00PM Session Start 3:00pm

Girls Events	Event	Boys Events
31	11/12 100 Breast	32
33	Senior 100 Breast	34
35	11/12 200 Free	36
37	Senior 100 Free	38
39	11/12 100 Fly	40
41	Senior 200 Fly	42
43	11/12 50 Back	44
45	Senior 100 Back	46
47	11/12 100 IM	48

Sunday Morning

Warm-Up 7:00AM Session Starts 8:00AM

Girls Events	Event	Boys Events
49	13/14 200 IM	50
51	9/10 100 Fly	52
53	13/14 100 Fly	54
55	9/10 100 Free	56
57	13/14 100 Free	58
59	9/10 50 Back	60
61	13/14 200 Back	62
63	9/10 100 Breast	64
65	13/14 100 Breast	66

Sunday 8 & Under Session

Warm-Up 11:30AM Meet Starts 12:00PM

Girls Events	Event	Boys Events
67	8 & under 50 Fly	68
69	8 & under 25 Free	70
71	8 & under 50 Breast	72
73	8 & under 25 Back	74
75	8 & under 100 Free	76

Sunday Afternoon

Warm-Up 2:00PM Session Start 3:00pm

Girls Events	Event	Boys Events
77	Senior 200 Free	78
79	11/12 50 Free	80
81	Senior 100 Fly	82
83	11/12 50 Fly	84
85	Senior 50 Free	86
87	11/12 100 Free	88
89	Senior 200 Back	90
91	11/12 100 Back	92
93	Senior 200 Breast	94
95	11/12 50 Breast	96

