



# The Christmas Countdown

Bay & Ocean State Squids  
Blodgett Pool, Harvard University  
December 11-13, 2009  
Sanctioned by NE Swimming # NE-09-121, NE-09-121TT

Meet Director: Tim Murphy, [tdmurphy@fas.harvard.edu](mailto:tdmurphy@fas.harvard.edu) (617) 495-2268  
Meet Referee: Kevin Curley, 617-794-8596  
Entry Chairperson: Carol Healey, send entries to [nemeetentries@comcast.net](mailto:nemeetentries@comcast.net) (781) 444-2014

### SESSIONS:

Friday	Sat AM Prelims	Sat afternoon Timed Finals	Sat PM Finals	Sun AM Prelims	Sun afternoon Timed Finals	Sun PM Finals
WarmUp: 4:00 PM	Warm Up: 7:30 AM	Warm Up: 12:30 PM	Warm Up: 5:00 PM	Warm Up: 7:30AM	Warm Up: 12:30 PM	Warm Up: 5:00 PM
Start: 5:00 PM	Start: 8:30 AM	Start: 1:15 PM	Start: 6:00 PM	Start: 8:30 AM	Start: 1:15 PM	Start: 6:00 PM

**PARKING:** Please note parking will be no more than \$10 per day, at the Harvard Business School

**MEET FORMAT:** The meet will be swum as a trials/finals short course yards meet for the age groups of 11/12, 13/14 and Open. (All Friday evening events are timed finals). Two heats,(16 swimmers) in each age group, will return for finals; one consolation and one final heat. The afternoon sessions on Saturday and Sunday will be timed finals events for 10 & Unders. The trials and finals portion of the meet will be seeded after the 6 PM scratch deadline the night before the meet. Each timed final session will be seeded by computer based on positive check-in at the beginning of each session. Coaches will receive a positive check-in sheet before each session, which must be returned no later than 30 minutes before the beginning of the session. Heat sheets will be posted around the pool deck.

**SITE:** Harvard University Blodgett Pool features an 8-lane, 25-yard competition course with seven-foot-wide lanes, non-turbulent Kiefer Advantage II lane lines, and fully automatic Daktronics electronic timing with electronic relay judging platforms and alphanumeric display. Starting blocks are custom Track Start Competitor model blocks by Paragon Aquatics, with a 24"x 32" starting surface. The racing course has a depth of 7 feet. There is a 6-lane, 25-yard warm up course at the far end of the pool. There will be four additional 30-yard warm up lanes in the diving well area available. There is spectator seating for 1200. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

**COURSE:** Short Course Yards. All 25 yard events will start at the starting block end.

**EVENTS and SESSIONS:** See attached list.

**DISTANCE EVENTS:** The 400 IM and the 500 Free will be swum fastest to slowest, alternating girls and boys.

**ELIGIBILITY:** All contestants must be 2009 or 2010 USA Swimming registered athletes. All swimmers must be registered before the entry is submitted. Teams that enter unregistered swimmers will be subject to a fine of \$100 per unregistered swimmer. New England teams entering the meet are encouraged to check their entries with the online registration check tool on the New England Swimming web site. Please contact the New England Swimming Office for registration information. Disabled swimmer forms are available from the New England Swimming Office. New England Swimming Office: 20 Cleveland Road, Needham MA 02492, 781-449-0270, [office@neswim.com](mailto:office@neswim.com).

**ENTRY INFORMATION:** 75% of entries will be reserved and 25% will be open lottery. Entries will be accepted on and after November 1, 2009. Entries received before November 1, 2009 will be considered received on Nov 1, 2009. Entries must be received no later than 5 PM, December 5<sup>th</sup>.

**ENTRY CUTS:** Entry cuts, if necessary, will be made by the date of receipt and time. Teams will be notified that they have been accepted or cut from the meet within seven days of receipt of entry. This meet will follow the 75/25 process outlined by NE Swimming policy. The host team will guarantee up to 75% of the entries for selected teams (including host team). If the meet becomes oversubscribed for the remaining 25% of the entries, then a random selection of those entries received on the date the meet becomes oversubscribed will be conducted in accordance with New England Swimming guidelines. Teams that are cut from the meet will have their entry fee returned within four days of being cut. The meet director reserves the right to cut the following events by time: 500 Free and 400 IM.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at: [nemeentries@comcast.net](mailto:nemeentries@comcast.net)

Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received within four (4) days, excluding Sundays and holidays, of receipt of the email entry. If payment is received within four (4) days, excluding Sundays and holidays, of the email entry, the email receipt date will be considered the date of entry. If payment is received more than four (4) days, excluding Sundays and holidays, after the email entry, the payment receipt date will be considered the date of entry.

**A hard copy of the entry and the entry fee need to be received within 4 (four) days of the emailed entry to be considered accepted. Make checks payable to “Mass Bay Marlins” and send with a cover page to:**

**Carol Healey  
47 May Street  
Needham, MA 02492**

If you don't have access to hy-tek, mail completed forms (including signed entry cover page and waiver) and payment to the entry chairperson above. All paper entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. All entries must include a completed and signed entry cover sheet and waiver. No deck entries will be accepted. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry. Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, will be scratched from the meet until corrections are made per the New England swimming policy.

**ENTRY TIMES:** All entries must be specified in short-course yard (25-yard pool) times. Meter times must be converted to yard times. Entries with “NO TIME” will be rejected.

**ENTRY LIMITS:** Athletes may enter an unlimited number of events, but must scratch down to three events per day for the trials/finals session, and five per day for the timed finals session. No trials/finals swimmer can swim in more than 9 events, not including time trials. Timed finals, 10 & Under swimmers, can swim in no more than 5 events per day.

**ENTRY TIME UPDATES:** Entry times may be updated until 7 days prior to the first day of the meet. No new entries will be accepted after the Nov 1, 2009 entry deadline. Entry time updates should be sent via email to the entry chairperson at [nemeetentries@comcast.net](mailto:nemeetentries@comcast.net) Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

**ENTRY FEES:** Electronic entries: \$4.00 for timed final events and \$5.00 for trials/finals events. Non-electronic entries: add .50 cents per event.

**SWIMMER PARTICIPATION FEE:** \$10.00 per swimmer.

**TIME TRIALS:** Time trials will only be offered if time permits and at the sole discretion of the Meet Director.

**SCRATCH DEADLINES:** For all timed finals events, the scratch deadline is 45 minutes before the start of the session. For all trials and finals events, the scratch deadline is 6 PM on Friday evening for Saturday events, and 6 PM on Saturday for Sunday's events. Scratches for Finals is 30 minutes after the results of the preliminary race is announced. All rules pertaining to the meet scratch rule will follow the USA Swimming rules and scratch policy.

**SUNDAY FINALS PENALTY:** On Sunday, any team whose swimmer competes in an individual heat and qualifies for Finals and fails to notify the clerk of course of his/her intention to withdraw from the finals within 30 minutes of the posting of the results and qualifiers for that event, and does not compete nor is excused by the meet referee, will be fined \$100. The meet referee may waive the fine, if based on his judgment, the swimmer was ill or the reason for missing the final was beyond the control of the swimmer.

**RELAYS:** There will be no relay events.

**PROGRAMS:** \$5.00 for entire meet program.

**ADMISSION:** \$1.00 per session.

**WARMUPS:** The pool will open for warm-ups one hour before the beginning of each session. The pool will close ten minutes before the beginning of each session. Teams will be assigned warm-up lanes and time slots after all entries are received.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time.
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No camera cell phones are permitted in the locker rooms.

**RULES:** 2009 USA Swimming rules will govern all competition. Decisions by the meet referee will be final unless a written protest is lodged within 30 minutes of the heat swum.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must display their USA Swimming registration card at all times. Individuals without their USA Swimming registration card will be removed from the pool deck, and will be subject to a fine by New England Swimming.

**SCORING:** The meet will not be scored.

**FOOD:** A concession stand will be in operation for the duration of the meet.

**EQUIPMENT VENDOR:** Metro Swim Shop

**MISCELLANEOUS:** Harvard University and the Harvard University Club Team assume no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

**DIRECTIONS:** The street address for Blodgett Pool is 65 North Harvard Street, Boston MA 02163.

From the West: Take the Massachusetts Turnpike east to Exit 18 (Allston/Cambridge). After paying toll, bear left at fork towards Allston. Turn right at second set of lights onto North Harvard Street. Proceed approximately one mile. The entrance to the Harvard Business School parking lot will be on your right, on Albert H. Gordon Road, opposite the football stadium.

From the North: Take I-93 south to Storrow Drive exit. Take Storrow Drive west for approximately five miles. Exit at Harvard Square/North Harvard Street. At the top of the exit, turn left onto North Harvard Street . Approximately 1/4 mile on your left will be the entrance to the Harvard Business School parking lot, on Albert H. Gordon Road, opposite the football stadium.

From the South: Take I-95 north to I-93 north. Follow I-93 to Exit 20 (Massachusetts Turnpike). Take Mass. Pike west to Exit 20 (Allston/Cambridge). After paying toll, bear left at fork towards Allston. Turn right at second set of lights onto North Harvard Street. Proceed approximately one mile. The entrance to the Harvard Business School parking lot will be on your right, on Albert H. Gordon Road, opposite the football stadium.

Via M.B.T.A. (subway/bus): The Red Line subway stops at Harvard Square. Blodgett Pool is a 10-minute walk from the square, down John F. Kennedy St. and over the Charles River. Several bus routes make stops at Harvard Square as well. The 66 and 86 routes include stops on North Harvard Street in front of Harvard Stadium and Blodgett Pool.

**LODGING:** Provided are some hotels in the area.

**Doubletree Guest Suites Boston:** 400 Soldier's Field Road, Boston MA 02134

617-783-0090

1.0 mile to pool

[ [Hotel web site](#) ] [ [Map](#) ] [ [Directions to pool](#) ]

**Hyatt Regency Cambridge**

575 Memorial Drive, Cambridge MA 02139

617-492-1234

1.8 miles to pool

[ [Hotel web site](#) ] [ [Map](#) ] [ [Directions to pool](#) ]

**Days Inn Boston**

1234 Soldier's Field Road, Boston MA 02135

617-254-1234

0.9 miles to pool

[ [Hotel web site](#) ] [ [Map](#) ] [ [Directions to pool](#) ]

**Residence Inn by Marriott Boston Cambridge Center**

6 Cambridge Center, Cambridge MA 02142

617-349-0700

2.2 miles to pool [ [Hotel web site](#) ] [ [Map](#) ] [ [Directions to pool](#) ]

# The Christmas Countdown

Blodgett Pool, Boston MA, Harvard University  
December 11-13, 2009  
Sanctioned by NE Swimming # NE-09-121,TT

## CONTACT INFORMATION

Team Name: \_\_\_\_\_ Abbreviation: \_\_\_\_\_

Deck Coach: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Entries Contact: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

## ENTRY FEES

\_\_\_\_ Individual Timed Finals Electronic Entries @ \$4.00 = \$ \_\_\_\_\_

\_\_\_\_ Individual Timed Finals non-electronic Entries @ \$4.50 = \$ \_\_\_\_\_

\_\_\_\_ Individual Trials/Finals entries @\$5.00 each = \$ \_\_\_\_\_

\_\_\_\_ Individual Trials/Finals non- electronic entries @ \$5.50 each= \$ \_\_\_\_\_

\_\_\_\_ Swimmer Participation Fee @ \$10.00 = \$ \_\_\_\_\_

Total: \$ \_\_\_\_\_

Make check payable to: **Mass Bay Marlins**

Mail entries and check to: **Carol Healey, 47 May Street, Needham, MA 02492**

Entries and check should be received no later than 4 days after the emailed entry is received.  
Entries can be received starting November 1<sup>st</sup>, with a deadline of December 5<sup>th</sup>.

***For e-mailed entries, this form and payment must be received within four business days of your entry e-mail.***

## LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, Cambridge Masters Swim Club, Harvard University Club and Harvard University for any and all injuries suffered by him/her at said meet. **In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.**

\_\_\_\_\_  
Signature of Authorized Team Official Date

**2009 BOSS NE Christmas Countdown - 12/11/2009 to 12/13/2009  
Event List**

**FRI PM: Warm up at 4:00 start at 5:00: Bring your own  
timers**

**SUN PRE-LIM: Warm up at 7:30 AM, start at  
8:30 AM**

GIRLS	EVENT	BOYS
EVENT #	Event Name	EVENT#
1	Open 500 Freestyle	2
3	11-14 200 IM	4
5	Open 400 IM	6

GIRLS	EVENT	BOYS
57	Open 50 Freestyle	58
59	11-12 50 Free	60
61	13-14 50 Free	62
63	Open 200 IM	64
65	11-12 100 Back	66
67	13-14 100 Back	68
69	Open 100 Back	70
71	11-12 50 Breast	72
73	13-14 200 Breast	74
75	Open 200 Breast	76
77	11-12 100 Butterfly	78
79	13-14 100 Butterfly	80
81	Open 100 Butterfly	82
83	11-12 200 Free	84

**SAT AM: Warm up at 7:30 AM, start at 8:30  
AM**

GIRLS	EVENT	BOYS
7	11-12 50 Butterfly	8
9	13-14 200 Butterfly	10
11	Open 200 Butterfly	12
13	11-12 100 Freestyle	14
15	13-14 100 Freestyle	16
17	Open 100 Freestyle	18
19	11-12 50 Backstroke	20
21	13-14 200 Backstroke	22
23	Open 200 Backstroke	24
25	11-12 100 Breaststroke	26
27	13-14 100 Breaststroke	28
29	Open 100 Breaststroke	30
31	11-12 100 IM	32
33	Open 200 Freestyle	34

**SUN MID :Timed Finals: Warm up at 12:30,  
start at 1:15**

GIRL'S	EVENT	BOY'S
85	8 & Under 25 Free	86
87	9-10 100 Freestyle	88
89	8 & Under 50 Back	90
91	9-10 100 Backstroke	92
93	8 & Under 25 Breast	94
95	9-10 50 Breaststroke	96
97	8 & Under 50 Butterfly	98
99	9-10 50 Butterfly	100
101	8 & Under 100 Free	102
103	9-10 200 IM	104

**SAT MID: Warm up at 12:30, start at 1:15**

GIRLS	EVENT	BOYS
35	9-10 200 Freestyle	36
37	8 & Under 50 Freestyle	38
39	9-10 50 Freestyle	40
41	8 & Under 25 Backstroke	42
43	9-10 50 Backstroke	44
45	8 & Under 50 Breaststroke	46
47	9-10 100 Breaststroke	48
49	8 & Under 25 Butterfly	50
51	9-10 100 Butterfly	52
53	8 & Under 100 IM	54
55	9-10 100 IM	56

**SUN FINALS: Warm up at 5, Start at 6 PM**

<b>SAT FINALS</b>	<b>Warm up at 5 PM, start at 6 PM</b>	
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