

# Seacoast Swimming - Seekonk

## Winter Classic Meet

Mayers Natatorium – Seekonk High School, Seekonk MA

January 7-8, 2012

Sanctioned by NE Swimming #NE-12-22 TT

**Meet Director:** Ray Grant ([grant.raymond@comcast.net](mailto:grant.raymond@comcast.net), 508-336-9982)

**Meet Referee:** David Saunders ([Davidseacoast@yahoo.com](mailto:Davidseacoast@yahoo.com), 401-439-5233)

**Entry Chairperson:** Ray Grant ([grant.raymond@comcast.net](mailto:grant.raymond@comcast.net), 508-336-9982)

**MEET FORMAT:** The meet will be swum as timed-finals. Each session will be seeded by computer based on positive check-in at the beginning of each session. Coaches will receive a positive check-in sheet before each session, which must be returned no later than 30 minutes before the beginning of the session. Heat sheets will be posted around the pool deck. Coaches will be able to pick up heat sheets for each event at the control desk.

**SITE:** The Mayers Natatorium is a 6-lane, 25-yard pool with seven and one half foot-wide lanes and non-turbulent lane lines. Fully-automatic Daktronic Time Systems electronic timing with touchpads at the finish end of the pool with six-line electronic display. There are no touchpads at the turn end of the pool. Attached to the main pool is a diving well area that is available for warmup and warmdown, approximately 40x20 feet in size. The finish end of the pool is 12 feet deep; the turn end of the pool is 4 ½ feet deep. Spectator seating for 300. The pool is located inside Seekonk High School, 261 Arcade Avenue, Seekonk MA 02771. The pool entrance is located to the right of the schools main entrance. Directions may be found later in this document. The competition course has not been certified in accordance with 104.2.2C(4).

**COURSE:** Short course yards (25 yards).

**CUT PROTOCOL:** If a session is over-subscribed, the following cuts will be made in this order:

Swimmers will be asked to cut down to 4 events \*\*

**\*\*Teams should send a hard copy of their entry (by athlete), with their payment. On the hard copy, the event to scratch, if necessary, should be circled in RED ink. This will be the event that the Entry Chair will scratch if over-subscribed. If you fail to send in a hard copy, the Entry Chair will choose the event to cut based on times. If deck scratches allow a reasonable time-line, the swimmers can be reinstated into those previously entered events.**

Clubs will be notified of cuts no later than Monday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** Changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, Mariella Allard. If changes need to be made once the meet begins, the Meet Committee will make the decision, after consulting with the Technical Chair, and will present it to the coaches at a coaches meeting for a vote.

**MEET COMMITTEE:** The meet committee should be made up of the Meet Director, Meet Referee, two coaches, and one athlete. The five members should be from separate teams.

**WEATHER PROTOCOL:** If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or session, is a decision of the Meet Director, Meet Referee and the Meet Committee.

**ELIGIBILITY:** All swimmers must be 2012 registered swimmers with USA Swimming. Swimmers may register with Carol Healey, PO Box 920133, Needham, MA 02492: [office@neswim.com](mailto:office@neswim.com) Age is determined by the age of the swimmer the first day of the meet and must be shown on the entry form. All coaches on deck must be registered with USA Swimming and display their coach membership cards.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**REGISTRATIONS:** Swimmers must be registered before the entry is submitted. Teams that enter unregistered swimmers will be subject to a fine of \$100 per unregistered swimmer. Teams are **required** to check their entries with the online registration check tool on the New England Swimming web site.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee and meet director of any disability prior to competition.

**EVENTS and SESSIONS:** See attached list.

**ENTRY INFORMATION:** Entries will be accepted on and after December 3, 2011. Entries received before December 3, 2011 will be considered received on December 3, 2011. Entries must be received no later than December 31, 2011. Make checks payable to "Seekonk Aquatics, Inc.". Mail completed signed entry cover page, waiver and payment to the entry chairperson: Ray Grant, 80 Davis Street, Seekonk MA 02771. No deck entries will be accepted. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry. Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made per the New England policy. **Seacoast Swimming - Seekonk will reserve 75% for its own team and any other teams (New England and/or out of district) that it may want to invite to the meet. The other 25% of the splashes will be open to other teams to submit entries. If on the first day of acceptance, those meet entries exceed the 25% still available in the meet, there will be a lottery of those teams. The lottery will be run by the New England Office.**

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at [grant.raymond@comcast.net](mailto:grant.raymond@comcast.net). Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received within four (4) days, excluding Sundays and holidays, of receipt of the email entry. If payment is received within four (4) days, excluding Sundays and holidays, of the email entry, the email receipt date will be considered the date of entry. If payment is received more than four (4) days, excluding Sundays and holidays, after the email entry, the payment receipt date will be considered the date of entry.

**ENTRY LIMITS:** Athletes may enter and swim in a maximum of 5 events per day.

**ENTRY TIME UPDATES:** Entry times may be updated until 7 days prior to the first day of the meet. No new entries will be accepted after the December 31, 2011 entry deadline. Entry time updates should be sent via email to the entry chairperson at [grant.raymond@comcast.net](mailto:grant.raymond@comcast.net). Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

**ENTRY FEES:** Electronic entries: \$4.00 for individual events.

Non-electronic entries: \$4.50 for individual events.

Swimmer participation fee: \$10.00 per swimmer.

**ENTRY TIMES:** All entries must be specified in short-course yard (25-yard pool) times. Meter times must be converted to yard times. (Entries with “NO TIME” will be rejected.)

**ENTRY CUTS:** Entry cuts, if necessary, will be made by the date of receipt. Teams will be notified that they have been accepted or cut from the meet within seven days of receipt of entry. If the meet becomes oversubscribed, a random selection of those entries received on the date the meet becomes oversubscribed will be conducted in accordance with New England Swimming guidelines. Teams that are cut from the meet will have their entry fee returned within four days of being cut.

**25-YARD EVENTS:** 25-yard events will start at the deep end of the pool.

**HEAT SHEETS:** \$3.00 per session.

**ADMISSION:** \$2.00 per session.

**WARMUPS:** The pool will open for warm-ups one-hour before the beginning of each session. The pool will close five minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received. The diving well area will be available during the meet for warmup and warmdown. .

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warmup and warmdown areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**RULES:** 2012 USA Swimming rules will govern all competition. Decisions by the meet referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must display their USA Swimming registration card at all times. Individuals without their USA Swimming registration card will be removed from the pool deck, and will be subject to a fine by New England Swimming.

**SCORING:** The meet will not be scored.

**AWARDS:** Ribbons will be awarded to the top six finishers in each individual event.

**FOOD:** A concession stand will be in operation for the duration of the meet.

**EQUIPMENT VENDOR:** A swimming equipment vendor will be selling suits, goggles, and other accessories for the duration of the meet.

**MISCELLANEOUS:** Seekonk Aquatics, Inc. and Seekonk Swimming assumes no responsibility for lost or stolen property. Pets of any kind are not permitted within the facility. Smoking is not permitted anywhere on school grounds.

**PARKING:** There is ample parking available in the Seekonk High School parking lot.

**DIRECTIONS:** The Mayers Natatorium is located at 261 Arcade Avenue, Seekonk MA 02771. From **South of Providence** take Rt. 95 North to Rt. 195 East proceed on 195 East to **Exit 1 in Massachusetts** (Rt. 114A Seekonk). Take exit 1 and turn left at the top of the ramp onto Rt. 114A North. Stay straight, pass through 1 traffic light, you will reach a fork in the road stay straight (do not bear left onto 114) you should have the Grist Mill Restaurant and a golf course on your left side as you proceed. Continue to the next traffic light, proceed straight through that light and continue for approx. ½ mile and the school will be on your left. The pool entrance is located adjacent to the main entrance. Parking is available anywhere in the school lot.

From **North of Providence** take Rt. 95 South to Rt. 195 East proceed on 195 East to **Exit 1 in Massachusetts** (Rt. 114A Seekonk). Take exit 1 and turn left at the top of the ramp onto Rt. 114A North. Stay straight, pass through 1 traffic light, you will reach a fork in the road stay straight (do not bear left onto 114) you should have the Grist Mill Restaurant and a golf course on your left side as you proceed. Continue to the next traffic light, proceed straight through that light and continue for approx. ½ mile and the school will be on your left. The pool entrance is located adjacent to the main entrance. Parking is available anywhere in the school lot.

From the **East** take Rt. 195 West to **Exit 1 in Massachusetts** (Rt. 114A Seekonk). Take exit 1 and turn right at the top of the ramp onto Rt. 114A North. Stay straight, pass through 1 traffic light, you will reach a fork in the road stay straight (do not bear left onto 114) you should have the Grist Mill Restaurant and a golf course on your left side as you proceed. Continue to the next traffic light, proceed straight through that light and continue for approx. ½ mile and the school will be on your left. The pool entrance is located adjacent to the main entrance. Parking is available anywhere in the school lot.

**LODGING:** The following hotels and motels are in the area:

Hampton Inn (Host Hotel)	Seekonk, MA	508-336-9000	10 min. from pool
Johnson & Wales Inn	Seekonk, MA	508-336-8700	5 min. from pool
Motel 6	Seekonk, MA	509-336-7800	10 min. from pool

**Seacoast Swimming - Seekonk  
Winter Classic  
Event List  
January 7-8, 2012**

**Saturday Morning**  
Warm-Up 7:00AM Meet Starts 8:00AM

Girls Events	Event	Boys Events
1	10 & Under 100 Back	2
3	13/14 100 Back	4
5	10 & Under 200 IM	6
7	13/14 200 Free	8
9	8 & Under 25 Free	10
11	10 & Under 50 Fly	12
13	13/14 200 Fly	14
15	10 & Under 50 Breast	16
17	13/14 200 Breast	18
19	8 & Under 25 Back	20
21	10 & Under 50 Free	22
23	13/14 50 Free	24

**Saturday Afternoon**  
Warm-Up 1:00PM Meet Starts 2:00PM

Girls Events	Event	Boys Events
25	11/12 100 Breast	26
27	Senior 100 Breast	28
29	11/12 100 IM	30
31	Senior 200 IM	32
33	11/12 50 Back	34
35	Senior 100 Back	36
37	11/12 100 Fly	38
39	Senior 200 Fly	40
41	11/12 200 Free	42
43	Senior 100 Free	44

### Sunday Morning

Warm-Up 7:00AM Meet Starts 8:00AM

Girls Events	Event	Boys Events
45	13/14 200 IM	46
47	8 & Under 25 Breast	48
49	10 & Under 100 Fly	50
51	13/14 100 Fly	52
53	10 & Under 100 Free	54
55	13/14 100 Free	56
57	10 & Under 50 Back	58
59	13/14 200 Back	60
61	8 & Under 25 Fly	62
63	10 & Under 100 Breast	64
65	13/14 100 Breast	66

### Sunday Afternoon

Warm-Up 1:00PM Meet Starts 2:00PM

Girls Events	Event	Boys Events
67	Senior 200 Breast	68
69	11/12 50 Breast	70
71	Senior 100 Fly	72
73	11/12 50 Fly	74
75	Senior 200 Free	76
77	11/12 50 Free	78
79	Senior 200 Back	80
81	11/12 100 Back	82
83	Senior 50 Free	84
85	11/12 100 Free	86

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**CONTACT INFORMATION**

Team Name: \_\_\_\_\_ Abbreviation: \_\_\_\_\_

Deck Coach: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Entries Contact: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Unattached Swimmers: \_\_\_\_\_

**ENTRY FEES**

\_\_\_\_\_ Individual Electronic Entries @ \$4.00 = \$ \_\_\_\_\_

\_\_\_\_\_ Individual Non-Electronic Entries @ \$4.50 = \$ \_\_\_\_\_

\_\_\_\_\_ Swimmer Participation Fee @ \$10.00 = \$ \_\_\_\_\_

Total: \$ \_\_\_\_\_

Make check payable to: **Seekonk Aquatics, Inc.**

Mail entries and check to:  
Seekonk Aquatics, Inc.  
c/o Ray Grant, Entry Chairperson  
80 Davis Street  
Seekonk, MA 02771  
508-336-9982

Entry Deadline: December 31, 2011  
*For e-mailed entries, this form and payment  
must be received within four business days  
of your entry e-mail.*

**LIABILITY RELEASE**

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, Seekonk Aquatics, Inc., Seekonk Swimming and the Town of Seekonk for any and all injuries suffered by him/her at said meet. **In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.**

\_\_\_\_\_  
Signature of Authorized Team Official

\_\_\_\_\_  
Date