

NE Swimming Regionals at Crimson Aquatics

GLTS, Andover, MA 01810

February 15-17, 2013

Sanctioned by NE Swimming NE-13-82-TT

TEAMS ASSIGNED TO THIS VENUE: ANA, BGNE, BGCN, CRIM, FINS, RAYS, SOLO

New England Swimming reserves the right to reassign a team to another venue if the original venue is oversubscribed.

Meet Director	Bob Rudis	(617) 429-8051	rudi028@comcast.net
Referee	Bill D'Innocenzo	(978) 475-8801	Bill@dinnocenzo.com
Entry Chairs	Mike Spring	(978) 409-2460	mspring@crimsonaquatics.org

SESSIONS

	<u>Warm-up</u>	<u>Meet</u>
Friday, February 15	4:00 PM	5:00 PM
Saturday Morning (9/10s, 13/14s)	8:00 AM	9:00 AM
Saturday Mid Day (8 & Unders)	12:45 PM	1:10 PM
Saturday Afternoon (11/12s, 15-18s)	3:00 PM	4:00 PM
Saturday Evening (1000s, 1650s)	7:15 PM	7:30 PM
Sunday Morning (9/10s, 13/14s)	8:00 AM	9:00 AM
Sunday Mid Day (8 & Unders)	1:10 PM	1:35 PM
Sunday Afternoon (11/12s, 15-18s)	3:00 PM	4:00 PM

Start times may be changed once all entries have been received. This may include moving the 8 & unders events into the morning sessions. Teams will be notified of exact times at least 1 week prior to meet.

MEET FORMAT: The meet will be swum as timed-finals. Each session will be seeded by computer based on positive check-in at the beginning of each session. Coaches will receive a positive check-in sheet before each session, which must be returned no later than 30 minutes before the beginning of the session. Heat sheets will be posted around the pool deck. Heat sheets will be available for coaches at the computer table.

Events are listed and will be seeded by multiple age groups. Qualifying times and results will be by the more specific age groups (8 & unders, 9, 10, 11, 12, 13, 14, 15-16, and 17-18).

The 1000 Free and 1650 Free will be swum fast-to-slow and mixed gender. Teams are responsible for providing their own timers for the Friday evening distance events.

SITE: The Main Street Competition Pool is an 6-lane, 25-yard pool with seven-foot-wide lanes and non-turbulent lane lines. Fully-automatic Colorado Time Systems electronic timing with touchpads at the finish end of the pool with 6-line electronic display. There are no touchpads at the turn end of the pool. The finish end of the pool is 12 feet deep; the turn end of the pool is 4 feet deep. Spectator seating for 200. The pool is located inside the Greater Lawrence Tech School, 57 River Rd, Andover, MA 01810. Please enter through the main entrance on Main Street. Directions may be found later in this document. The competition course has not been certified in accordance with 104.2.2C(4)

Only people with proper credentials will be allowed on the competition pool deck. There is no smoking in the building or within 500 feet of the building. Failure to abide by rules defined in this notice, posted at the facility or determined by the Meet Referee, Meet Director, or Facility Director may result in ejection from the facility.

COURSE: Short course yards (25 yards)

25-YARD EVENTS: All 25 yard events will start from the blocks. Events will be timed using buttons and stop watches at the far end.

RELAYS

Swimmers must be entered in an individual event to be able to participate in a relay. Relay only swimmers are not allowed. Relays are age specific. Swimmers may not age up for a relay. Relay entries may be limited to two teams per event per club at the discretion of the Meet Director.

CUT PROTOCOL: If a session is over-subscribed (and cannot be handled by increasing to ten competition lanes), the following cuts will be made in this order:

- Relays will be cut or limited to one or two entries per team
- The distance events (400, 500, 1000, 1650) may be cut by time.
- The 200 fly, 200 back, and 200 breast for the 11 and 12 age groups may be limited to 4 heats for girls and 4 heats for boys.

Clubs will be notified of cuts no later than Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: Changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, Mariella Allard. If changes need to be made once the meet begins, the Meet Committee will make the decision, after consulting with the Technical Chair, and will present it to the coaches at a coaches meeting for a vote. The Meet Director reserves the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour rule.

MEET COMMITTEE: The meet committee should be made up of the Meet Director, Meet Referee, two coaches, and one athlete. The five members should be from separate teams.

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. **Cancellation of the meet, or session,** is a decision of the Meet Director, Meet Referee and the Meet Committee.

ELIGIBILITY All swimmers must be 2013 registered swimmers with United States Swimming. Swimmers may register with Carol Healey, PO Box 920133, Needham, MA 02492: office@neswim.com Age is determined by the age of the swimmer on the first day of the meet. All coaches on deck must be registered with USA Swimming and display their 2013 coach membership cards. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

*Any swimmer who ages up between the Regional meet entry date and the Age Group Championship Meet, will be allowed to swim with their age group at Regional's, even if they already have the AG cut for that event. Please notify the entry chair of this exception when you send in your entries.

REGISTRATIONS: Swimmers must be registered before the entry is submitted. Teams that enter unregistered swimmers will be subject to a fine of \$100 per unregistered swimmer. Teams are **required** to check their entries with the online registration check tool on the [New England Swimming Check Athlete Registration Tool](#)

DISABILITY SWIMMERS: Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet if they have the qualifying times. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee and meet director of any disability prior to competition

EVENTS and SESSIONS: See attached list.

ENTRY INFORMATION:

Entries must be received by **Tuesday, February 5, by 5:00 PM.** Mail proof of times report, signed entry cover page and waiver, and payment to the entry chairperson:

Mike Spring
16 Brady Loop,
Andover, MA 01810.

All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. All entries must include a completed and signed entry cover sheet and waiver. No deck entries will be accepted. No refunds will be given for entries that are accepted or for entries that are rejected due to improper entry. Entry times must be achieved between September 1, 2012 and February 10, 2013

Anyone submitting a TEAM's late entry is subject to a fine up to \$100, at the sole discretion of the Entry Chairperson.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at uvac.entries@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and signed entry cover page and waiver must be received by Saturday, February 9.

OTHER ENTRIES

If Overnight Mail is used, **indicate that the package be delivered even if no one is there to sign for it.** No fax entries will be accepted. All fees must accompany the entry.

ENTRY LIMITS: Athletes may enter as many events as they want, but can only swim in a maximum of 5 individual events per day. Time Trials count in the per day event count.

NEW CUTS: New cuts (and updated seed times) achieved after the February 5 entry deadline will be accepted through Monday, February 11, 2013 (8:00 PM). Additional fees are due February 14.

FEES

\$5.00 per event

\$20.00 per relay

\$2.00 per swimmer travel fee

\$10.00 per swimmer participation fee

\$10.00 per Time Trial individual event; \$20.00 per relay

In accordance with New England Swimming policy, fees are increased 50¢ per individual entry or per relay if not submitted in an .sd3 or .cl2 electronic file.

Only one check per team for all fees will be accepted and should be made payable to MS & Co., Inc

TIME TRIALS

Time Trials will be available, time permitting, at the discretion of the referee, for \$10.

PROGRAMS:

Heat sheets will be available at each session

Morning and afternoon sessions \$5

8&U and Distance sessions \$2

ADMISSION: Admission is \$3.00 per session.

RESULTS: Results will be posted in the gym.

WARM-UPS: The pool will open for warm-ups one-hour before the beginning of each session. The first event will start 5 minutes after the end of warm-ups (except for Saturday evening's Distance session). Teams will be assigned warm-up lanes after all entries are received. Two lanes will be available during the meet for warm-up and warm-down. .

VERIFICATION

All entries must include verification codes. Results will be reviewed by New England Swimming. Teams found entering swimmers with unverifiable times will be reported to the Board of Review for further action and may jeopardize their participation in future New England Swimming "end of season" meets.

OFFICIALS AND TIMERS

In accordance with standard New England Swimming "end of season" procedure, all teams entering this meet must provide a pro-rata share of officials and timers. Teams will be informed of their assignments prior to the meet. The Officials' Coordinator for this meet will be Bill D'Innocenzo. Any official interested in helping at the meet should contact Bill at Bill @ dinnocenzo.com. Officials who sign up by the meet deadline will be included in the number of workers when timers are assigned. Individuals swimming the 500, 1000, and 1650 are responsible for providing their own counter person and timers.

"NO SHOW" WORKERS: If a team does not provide the timers it has been assigned at an end of season/championship meet, the team will be fined \$100 per incident and will not be allowed to enter swimmers in another New England meet until the fine(s) is paid. This can be appealed to the Board of New England Swimming and is enforced only if the meet management has properly assigned timers based on the number of swimmers a team has entered in the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the blocks at any time.

RULES: Current USA Swimming rules will govern all competition. Decisions by the meet referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

DECK ACCESS: Only 2013 USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must display their current USA Swimming registration card at all times. Individuals without their USA Swimming registration card will be removed from the pool deck, and will be subject to a fine by New England Swimming.

SCORING: The meet will not be scored.

AWARDS: Medals will be awarded to the top three finishers in each age group in each individual event. Best Time ribbons will be given for all 12 & Under events. Heat winner prizes will also be given throughout the meet.

FOOD: A concession stand will be in operation for the duration of the meet.

EQUIPMENT VENDOR: A swimming equipment vendor will be selling suits, goggles, and other accessories for the duration of the meet. Another vendor will be selling meet specific apparel.

MISCELLANEOUS: Crimson Aquatics and the GLTS assume no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

DIRECTIONS:

From North: Follow Route 93 to exit 45 (River Road South Lawrence) At the end of the ramp turn right and the school is on your left in 1/4 mile.

From all other points: Take 495 or 128 to 93 North. Take exit 45 (River Road South Lawrence). At the end of the ramp turn left and the school is on your left in 1/4 mile.

PARKING: There is ample parking available in the parking lot behind the School.

LODGING: The following hotels and motels are in the area.

Hotel	Address	City/State	Phone
Wyndham Hotel, Andover.	123 Old River Road	Andover, MA 01810	(978) 975-3600