

2013 NEW ENGLAND SWIMMING SCY REGIONAL MEET

Hosted by Northampton Area Swimming
Smith College Dalton Pool, Northampton MA
February 15-17, 2013
Sanction # NE-13-80 TT

TEAMS ASSIGNED TO THIS VENUE: ATST, BAT, CTS, ESSC, GMSC, GS, HRY, HYV, KYD, MTSC, NAS, NBYB, PVA, PSC, PWSC, SNAP, WSSC, EVO, WYST, UN

New England Swimming reserves the right to reassign a team to another venue if the original venue is oversubscribed.

CONTACTS

Meet Director: Sherry Wingfield (sherbw@comcast.net, 413-575-8559)

Entry Chairperson: Ed Wingfield (wingfield.e@comcast.net, 413-575-4825)

Meet Referee: Dave Travers (djtravers@comcast.net, 413-320-7953)

SESSIONS

	<u>Warm-up</u>	<u>Meet</u>
Friday, February 15	5:00 PM	6:00 PM
Saturday Morning, February 16	8:00 AM	9:00 AM
Saturday Afternoon, February 16	1:00 PM	2:00 PM
Saturday Evening, February 16	6:00 PM	6:15 PM
Sunday Morning, February 17	8:00 AM	9:00AM
Sunday Afternoon, February 17	1:00 PM	2:00 PM

Start times may be changed once all entries have been received. Teams will be notified of exact times at least 1 week prior to meet.

MEET FORMAT: The meet will be swum as timed-finals. Each session will be seeded by computer based on positive check-in at the beginning of each session. Coaches will receive a positive check-in sheet before each session, which must be returned no later than 30 minutes before the beginning of the session. Heat sheets will be posted around the pool deck. Heat sheets will be available for coaches at the computer table.

Events are listed and will be seeded by multiple age groups. Qualifying times and results will be by the more specific age groups (8 & unders, 9, 10, 11, 12, 13, 14, 15-16, and 17-18).

The 1000 Free and 1650 Free will be swum fast-to-slow and mixed gender. Teams are responsible for providing their own timers for the Friday evening distance events. There will be no swimming 2 per lane.

SITE: The Smith College Dalton Pool is an 6-lane, 25-yard pool with seven-foot-wide lanes and non-turbulent lane lines. Fully-automatic Colorado Time Systems electronic timing with touchpads at the finish end of the pool with eight-line electronic display. There are no touchpads at the turn end of the pool. . The finish end of the pool is 4 feet deep; the turn end of the pool is 13 feet deep. Spectator seating for 500. The pool is located inside the Ainsworth Gymnasium, College Lane, Northampton, MA 01060. Please enter through the main entrance on College Lane, Parking lot level. Directions may be found later in this document. The competition course has not been certified in accordance with 104.2.2C(4).

COURSE: Short course yards (25 yards)

25 YARD EVENTS

25-yard events will start at the turn end of the pool. Swimmers may start from the blocks, gutter or they may use an in water start. Touch Pads will time these races.

RELAYS

Swimmers must be entered in an individual event to be able to participate in a relay. Relay only swimmers are not allowed. Relays are age specific. Swimmers may not age up for a relay. Relay entries may be limited to two teams per event per club at the discretion of the Meet Director.

CUT PROTOCOL: If a session is over-subscribed, the following cuts will be made in this order:

- Relays will be cut or limited to one or two entries per team
- The distance events (400, 500, 1000, 1650) may be cut by time.
- The 200 fly, 200 back, and 200 breast for the 11 and 12 age groups may be limited to 4 heats for girls and 4 heats for boys.

Clubs will be notified of cuts no later than Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: Changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, Mariella Allard. If changes need to be made once the meet begins, the Meet Committee will make the decision, after consulting with the Technical Chair, and will present it to the coaches at a coaches meeting. The Meet Director reserves the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour rule.

MEET COMMITTEE: The meet committee should be made up of the Meet Director, Meet Referee, two coaches, and one athlete. The five members should be from separate teams.

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. **Cancellation of the meet, or session,** is a decision of the Meet Director, Meet Referee and the Meet Committee.

ELIGIBILITY All swimmers must be 2013 registered swimmers with United States Swimming. Swimmers may register with Carol Healey, PO Box 920133, Needham, MA 02492: office@neswim.com Age is determined by the age of the swimmer on the first day of the meet. All coaches on deck must be registered with USA Swimming and display their 2013 coach membership cards. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

*Any swimmer who ages up between the Regional meet start date and the Age Group Championship Meet, will be allowed to swim with their age group at Regional's, even if they already have the AG cut for that event. Please notify the entry chair of this exception when you send in your entries.

REGISTRATIONS: Swimmers must be registered before the entry is submitted. Teams that enter unregistered swimmers will be subject to a fine of \$100 per unregistered swimmer. Teams are **required** to check their entries with the online registration check tool on the [New England Swimming Check Athlete Registration Tool](#) All entries will be verified as having proof of age on record with the NE Swimming Office.

DISABILITY SWIMMERS: Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet if they have the qualifying times.

If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee and meet director of any disability prior to competition

ENTRY INFORMATION

Entries must be received by **Tuesday, February 5, 2013 by 5:00 PM**. Mail completed forms (including signed entry cover page and waiver) and payment (Payable to: Northampton Area Swimming) to the entry chairperson: Ed Wingfield, 419 Burts Pit Road, Florence, MA 01062.

All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. All entries must include a completed and signed entry cover sheet and waiver. No deck entries will be accepted. No refunds will be given for entries that are accepted or for entries that are rejected due to improper entry. Entry times must be achieved between September 1, 2012 and February 5, 2013 (with late entries from Feb 8-10 meets due Monday 2/11).

Anyone submitting a TEAM's late entry is subject to a fine up to \$100, at the sole discretion of the Entry Chairperson.

ELECTRONIC ENTRIES

Electronic entries (such as from Hy-Tek Team Manager or other team management software that are in the CL2 or SD3/SDIF format) may be emailed as an attachment to the entry chairperson at wingfield.e@comcast.net Please check that your team name, address, and contact information are listed correctly in this file. Payment and hardcopy of the entry (including the signed entry cover page and waiver) must be received within 4 days, excluding Sundays and holidays, of receipt of the email entry.

OTHER ENTRIES

If Overnight Mail is used, **indicate that the package be delivered even if no one is there to sign for it.** No fax entries will be accepted. All fees must accompany the entry.

ENTRY LIMITS: Athletes may enter as many events as they want, but can only swim in a maximum of 5 individual events per day. Time Trials count in the per day event count.

NEW CUTS: New cuts (and updated seed times) achieved after the February 5 entry deadline will be accepted through Monday, February 11, 2013 (8:00 PM). Additional fees are due by February 14.

FEES

\$5.00 per event

\$20.00 per relay

\$2.00 per swimmer travel fee

\$10.00 per swimmer participation fee

\$10.00 per Time Trial individual event; \$20.00 per relay

In accordance with New England Swimming policy, fees are increased 50¢ per individual entry or per relay if not submitted in an .sd3 or .cl2 electronic file.

Only one check per team for all fees will be accepted and should be made payable to **Northampton Area Swimming**.

TIME TRIALS

Time Trials will be available, time permitting, at the discretion of the referee, for \$10.

ADMISSION

Admission: \$3.00 per session

Heat Sheets: \$4.00 per session

WARMUPS

The pool will open for warm-ups one hour before the beginning of each session. The pool will close five minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received.

VERIFICATION

All entries will be reviewed by New England Swimming. Teams found entering swimmers with unverifiable times will be reported to the Board of Review for further action and may jeopardize their participation in future New England Swimming “end of season” meets.

RULES

2013 USA Swimming rules will govern except as otherwise stated herein and the decision of the referee will be final, unless a written protest is lodged within 30 minutes of the swim heat being protested. Disabled swimmer forms are required by USA Swimming and are available from the New England Swimming office.

OFFICIALS AND TIMERS

In accordance with standard New England Swimming “end of season” procedure, all teams entering this meet must provide a pro-rata share of officials and timers. Teams will be informed of their assignments prior to the meet. The Officials’ Coordinator for this meet will be Sherry Wingfield (sherbw@comcast.net). Any official interested in helping at the meet should contact Sherry Wingfield. Officials who sign up by the meet deadline will be included in the number of workers when timers are assigned. Individuals swimming the 500, 1000 and 1650 are responsible for providing their own counter and timer.

“NO SHOW” WORKERS: If a team does not provide the timers it has been assigned at an end of season/championship meet, the team will be fined \$100 per incident and will not be allowed to enter swimmers in another New England meet until the fine(s) is paid. This can be appealed to the Board of New England Swimming and is enforced only if the meet management has properly assigned timers based on the number of swimmers a team has entered in the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the blocks at any time.
6. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

RULES: Current USA Swimming rules will govern all competition. Decisions by the meet referee will be final unless a written protest is lodged within 30 minutes of the heat swum.

SAFE SPORT: The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to an official, the Referee or the Meet Director to be resolved and, if necessary, the New England Swimming Office for further review and/or action.

DECK ACCESS: Only 2013 USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must display their current USA Swimming registration card at all times. Individuals without their USA Swimming registration card will be removed from the pool deck, and will be subject to a fine by New England Swimming.

SCORING: The meet will not be scored.

AWARDS: Medals will be awarded to the top three finishers in each age group in each individual event. Best time ribbons will be given for all 12 & Under events. Heat winner prizes will also be given throughout the meet.

FOOD: A concession stand will be in operation for the duration of the meet.

EQUIPMENT VENDOR: A swimming equipment vendor will be selling suits, goggles, and other accessories for the duration of the meet. Another vendor will be selling meet specific apparel.

PARKING: There is ample parking available in Smith parking lots: one is adjacent to the Ainsworth Gymnasium. No one should park on the grass or they will be towed - there are plenty of nearby lots if the one at the pool is full. There are two lots very close to the pool which can easily accommodate the meet. One is on Rte. 66 (left out of the pool lot, left onto 66, and left into that lot) and there are walkways to take you right back to the pool. The other is even a shorter walk to the pool and is actually right above the pool. Use Ahwaga Street off Rte. 66 (left out of the pool lot, left onto 66, and left onto Ahwaga) and at the end of the street is a lot. Walk down the stairs to the pool from that lot. If you are coming in from the downtown area (Rt. 66), Ahwaga is a street on the right past Green Street, Forbes Library, and the Smith Parking garage.

LODGING: The following hotels and motels are in the area:

The Autumn Inn, 259 Elm Street, Northampton, MA 01060, 413-584-7660 (0.7 miles from pool)

Best Western of Northampton, 117 Conz Street, Northampton, MA 01060, 413-586-1500 (1.3 miles)

The Hotel Northampton, 36 King Street, Northampton, MA 01060, 413-584-3100 (0.8 miles from pool)

Clarion Hotel, 1 Atwood Dr. (exit 18 off I-91), Northampton, MA 01060, 413-586-1211 (1.9 miles)

Order of Events and Qualifying Times (all times are in yards)

Cut Time	Slower Than	Qualifying Age	#	Event	#	Qualifying Age	Slower Than	Cut Time
Girls			Friday Evening			Boys		
3:14.09	2:39.49	11 year olds	1	11-12 200 IM	2	11 year olds	2:39.69	3:08.49
3:06.69	2:31.49	12 year olds				12 year olds	2:30.79	3:04.49
3:37.09	3:05.39	9 & Unders	3	10 & Under 200 IM	4	9 & Unders	3:09.69	3:35.99
3:31.99	2:51.09	10 year olds				10 year olds	2:54.09	3:27.89
6:00.99	5:49.99	11 year olds	5	11-18 400 IM	6	11 year olds	5:45.79	6:11.89
5:54.39	5:25.99	12 year olds		(results and awards will be by individual age groups)		12 year olds	5:26.89	6:03.89
5:47.79	5:04.09	13 year olds				13 year olds	4:59.39	5:55.69
5:39.79	4:55.99	14 year olds				14 year olds	4:44.09	5:47.69
5:19.79	4:51.89	15-16 year olds				15-16 year olds	4:34.99	5:30.19
5:15.79	4:47.99	17-18 year olds				17-18 year olds	4:30.39	5:07.79
3:31.09	3:03.89	11 year olds	7	11-12 200 Breast	8	11 year olds	3:14.29	3:26.29
3:23.49	2:52.79	12 year olds				12 year olds	2:56.69	3:22.29
3:20.99	2:42.89	9 year olds	9	9-10 200 Free	10	9 year olds	2:46.79	3:23.19
3:17.29	2:31.09	10 year olds				10 year olds	2:35.09	3:15.19
8:27.19	7:15.69	9 & Unders	11	18 & Under 500 Free	12	9 & Unders	7:30.79	8:44.59
7:55.69	6:45.69	10 year olds		(results and awards will be by individual age groups)		10 year olds	6:45.49	7:55.49
7:09.59	6:07.59	11 year olds				11 year olds	6:20.39	7:08.89
7:00.79	5:52.09	12 year olds				12 year olds	5:57.79	7:00.89
6:39.99	5:31.09	13 year olds				13 year olds	5:30.59	6:35.39
6:31.99	5:26.19	14 year olds				14 year olds	5:19.59	6:27.39
6:08.29	5:20.19	15-16 year olds				15-16 year olds	5:06.09	5:52.29
5:57.59	5:17.59	17-18 year olds				17-18 year olds	4:59.99	5:45.29
Saturday Morning								
2:00.00	1:14.29	8 & unders	13	8 & Unders 100 Free	14	8 & unders	1:17.89	2:00.00
2:23.49	2:05.09	13 year olds	15	13-14 200 Free	16	13 year olds	2:03.19	2:24.59
2:19.49	2:03.19	14 year olds				14 year olds	1:57.99	2:20.59
1:10.00	39.39	8 & unders	17	8 & Under 50 Back	18	8 & unders	40.99	1:10.00
1:51.09	1:24.99	9 & Unders	19	10 & Unders 100 Back	20	9 & Unders	1:29.19	1:50.79
1:49.09	1:20.29	10 year olds				10 year olds	1:20.89	1:46.79
1:25.39	1:05.69	13 year olds	21	13-14 100 Back	22	13 year olds	1:04.09	1:24.99
1:23.39	1:04.19	14 year olds				14 year olds	1:01.59	1:22.99
35.00		8 & unders	23	8 & Under 25 Fly	24	8 & unders		35.00
56.99	38.39	9 & Unders	25	9-10 50 Fly	26	9 & Unders	39.59	56.29
55.59	35.89	10 year olds				10 year olds	36.69	55.29
2:53.29	2:25.29	13 year olds	27	13-14 200 Fly	28	13 year olds	2:20.69	2:44.09
2:49.29	2:21.79	14 year olds				14 year olds	2:14.49	2:40.09
40.00		8 & unders	29	8 & Under 25 Breast	30	8 & unders		40.00
1:01.99	46.09	9 & Unders	31	9-10 50 Breast	32	9 & Unders	46.69	1:02.09
1:00.69	42.09	10 year olds				10 year olds	43.29	1:00.09
3:14.09	2:41.49	13 year olds	33	13-14 200 Breast	34	13 year olds	2:39.09	3:05.79
3:10.09	2:39.19	14 year olds				14 year olds	2:34.49	3:01.79
30.00		8 & unders	35	8 & Unders 25 Free	36	8 & unders		30.00
50.99	33.39	9 & Unders	37	9-10 50 Free	38	9 & Unders	34.29	50.59
49.49	31.09	10 year olds				10 year olds	31.29	49.59
31.39	26.59	13 year olds	39	13-14 50 Free	40	13 year olds	25.99	32.09
30.39	26.29	14 year olds				14 year olds	24.59	31.09
		8 & unders	41	8 & Under 100 Medley Relay	42	8 & unders		
		9-10 year olds	43	9-10 200 Medley Relay	44	9-10 year olds		
		13-14 year olds	45	13-14 200 Medley Relay	46	13-14 year olds		

Qualifying period is since 09/01/12.

Qualifying time is based on age the first day of the meet 02/15/13.

Order of Events and Qualifying Times (all times are in yards)

Cut Time	Slower Than	Qualifying Age	#	Event	#	Qualifying Age	Slower Than	Cut Time
Girls			Saturday Afternoon			Boys		
1:34.09	1:13.89	11 year olds	47	11-12 100 IM	48	11 year olds	1:14.29	1:33.29
1:32.19	1:10.59	12 year olds				12 year olds	1:10.09	1:31.29
2:40.59	2:17.89	15-16 year olds	49	15-18 200 IM	50	15-16 year olds	2:07.19	2:31.79
2:32.59	2:16.49	17-18 year olds				17-18 year olds	2:05.89	2:29.79
2:51.99	2:18.59	11 year olds	51	11-12 200 Free	52	11 year olds	2:22.49	2:52.39
2:43.99	2:12.69	12 year olds				12 year olds	2:13.19	2:48.39
1:05.79	56.39	15-16 year olds	53	15-18 100 Free	54	15-16 year olds	51.49	1:00.49
1:03.99	55.79	17-18 year olds				17-18 year olds	50.89	59.49
1:32.09	1:15.49	11 year olds	55	11-12 100 Fly	56	11 year olds	1:14.09	1:32.09
1:31.09	1:10.29	12 year olds				12 year olds	1:09.89	1:30.09
2:35.99	2:18.19	15-16 year olds	57	15-18 200 Fly	58	15-16 year olds	2:10.99	2:21.09
2:32.99	2:16.79	17-18 year olds				17-18 year olds	2:07.29	2:17.09
43.99	34.09	11 year olds	59	11-12 50 Back	60	11 year olds	34.09	45.59
42.99	32.09	12 year olds				12 year olds	33.09	44.59
1:16.69	1:03.69	15-16 year olds	61	15-18 100 Back	62	15-16 year olds	58.79	1:13.59
1:14.69	1:02.69	17-18 year olds				17-18 year olds	58.39	1:12.99
1:44.99	1:23.89	11 year olds	63	11-12 100 Breast	64	11 year olds	1:26.49	1:44.89
1:42.99	1:19.59	12 year olds				12 year olds	1:20.09	1:42.89
1:25.79	1:12.59	15-16 year olds	65	15-18 100 Breast	66	15-16 year olds	1:05.19	1:17.89
1:23.79	1:11.19	17-18 year olds				17-18 year olds	1:05.09	1:16.29
2:59.09	2:35.09	11 year olds	67	11-12 200 Back	68	11 year olds	2:44.69	2:54.19
2:51.29	2:28.89	12 year olds				12 year olds	2:30.89	2:50.19
		15-18 year olds	69	15-18 200 Medley Relay	70	15-18 year olds		
		11-12 year olds	71	11-12 200 Medley Relay	72	11-12 year olds		
Saturday Evening (15 minutes after projected end of afternoon session)								
14:06.79	12:40.89	11 year olds	73	11-18 1000 Free Mixed Gender (awards by gender and age group)	73	13 year olds	12:47.29	14:10.79
13:44.79	12:24.59	12 year olds				12 year olds	12:30.09	13:50.79
12:44.69	11:30.39	13 year olds				13 year olds	11:30.29	12:31.29
12:44.69	11:21.39	14 year olds				14 year olds	11:06.09	12:21.29
12:04.79	11:04.99	15-16 year olds				15-16 year olds	10:36.19	11:30.79
11:57.69	10:57.69	17-18 year olds				17-18 year olds	10:22.19	11:36.39
22:46.79	21:16.79	11 year olds	74	11-18 1650 Free Mixed Gender (awards by gender and age group)	74	11 year olds	21:45.79	23:15.79
22:19.79	20:49.19	12 year olds				12 year olds	21:15.09	22:45.79
20:48.79	19:18.69	13 year olds				13 year olds	19:24.79	20:25.19
20:30.79	19:00.39	14 year olds				14 year olds	18:47.09	20:09.79
19:56.89	18:48.09	15-16 year olds				15-16 year olds	17:50.99	19:04.19
19:35.99	18:31.19	17-18 year olds				17-18 year olds	17:34.39	18:28.19

Order of Events and Qualifying Times (all times are in yards)

Cut Time	Slower Than	Qualifying Age	#	Event	#	Qualifying Age	Slower Than	Cut Time
Girls		Sunday Morning				Boys		
2:20.00	1:24.99	8 & unders	75	8 & Under 100 IM	76	8 & Unders	1:28.49	2:20.00
1:57.99	1:24.99	9 year olds	77	9-10 100 IM	78	9 year olds	1:28.49	1:57.59
1:55.49	1:18.89	10 year olds				10 year olds	1:21.09	1:53.59
2:57.49	2:23.59	13 year olds	79	13-14 200 IM	80	13 year olds	2:19.29	2:54.19
2:53.49	2:20.59	14 year olds				14 year olds	2:13.89	2:50.19
1:10.00	38.39	8 & unders	81	8 & Unders 50 Fly	82	8 & unders	39.59	1:10.00
1:49.09	1:28.69	9 & Unders	83	9 & 10 100 Fly	84	9 & Unders	1:29.59	1:47.39
1:47.19	1:22.09	10 year olds				10 year olds	1:22.69	1:45.39
1:25.89	1:04.09	13 year olds	85	13-14 100 Fly	86	13 year olds	1:03.29	1:25.79
1:23.89	1:02.99	14 year olds				14 year olds	1:00.59	1:23.79
1:00.00	33.39	8 & unders	87	8 & Under 50 Free	88	8 & unders	34.29	1:00.00
1:45.09	1:14.29	9 year olds	89	9-10 100 Free	90	9 year olds	1:17.89	1:43.09
1:43.09	1:09.09	10 year olds				10 year olds	1:10.59	1:41.09
1:08.59	58.09	13 year olds	91	13-14 100 Free	92	13 year olds	56.59	1:11.69
1:06.59	57.79	14 year olds				14 year olds	54.49	1:09.69
35.00		8 & unders	93	8 & Unders 25 Back	94	8 & unders		35.00
56.99	39.39	9 year olds	95	9-10 50 Back	96	9 year olds	40.99	56.89
55.99	36.69	10 year olds				10 year olds	37.69	55.89
2:50.69	2:20.99	13 year olds	97	13-14 200 Back	98	13 year olds	2:18.59	2:48.09
2:46.69	2:17.19	14 year olds				14 year olds	2:12.39	2:44.09
1:20.00	46.09	8 & unders	99	8 & Unders 50 Breast	100	8 & unders	46.69	1:20.00
2:01.99	1:38.89	9 & Unders	101	10 & Under 100 Breast	102	9 & Unders	1:42.89	1:59.99
1:59.49	1:30.89	10 year olds				10 year olds	1:34.19	1:57.79
1:34.99	1:14.79	13 year olds	103	13-14 100 Breast	104	13 year olds	1:13.09	1:31.99
1:32.99	1:13.59	14 year olds				14 year olds	1:10.19	1:29.99
		8 & unders	105	8 & Unders 100 Free Relay	106	8 & unders		
		9-10 year olds	107	9-10 200 Free Relay	108	9-10 year olds		
		13-14 year olds	109	13-14 200 Free Relay	110	13-14 year olds		

2013 New England Regionals at Smith College

Order of Events and Qualifying Times (all times are in yards)

Cut Time	Slower Than	Qualifying Age	#	Event	#	Qualifying Age	Slower Than	Cut Time
Girls		Sunday Afternoon			Boys			
36.99	29.19	11 year olds	111	11-12 50 Free	112	11 year olds	30.39	37.79
34.89	27.59	12 year olds				12 year olds	27.69	36.79
2:21.49	2:00.99	15-16 year olds	113	15-18 200 Free	114	15-16 year olds	1:52.59	2:15.99
2:19.69	1:59.69	17-18 year olds				17-18 year olds	1:50.69	2:13.99
3:00.99	2:51.29	11 year olds	115	11-12 200 Fly	116	11 year olds	2:49.59	2:59.89
2:54.39	2:38.09	12 year olds				12 year olds	2:37.69	2:55.89
1:14.99	1:02.19	15-16 year olds	117	15-18 100 Fly	118	15-16 year olds	57.39	1:12.09
1:12.99	1:01.39	17-18 year olds				17-18 year olds	56.29	1:11.39
48.99	38.59	11 year olds	119	11-12 50 Breast	120	11 year olds	38.59	50.09
47.99	36.89	12 year olds				12 year olds	36.59	49.09
29.99	26.09	15-16 year olds	121	15-18 50 Free	122	15-16 year olds	23.99	27.99
28.79	25.79	17-18 year olds				17-18 year olds	23.59	27.29
1:20.99	1:03.59	11 year olds	123	11-12 100 Free	124	11 year olds	1:06.19	1:23.79
1:18.99	1:00.79	12 year olds				12 year olds	1:01.59	1:21.79
2:35.79	2:16.89	15-16 year olds	125	15-18 200 Back	126	15-16 year olds	2:09.39	2:28.09
2:32.79	2:14.59	17-18 year olds				17-18 year olds	2:06.79	2:24.59
1:34.09	1:13.49	11 year olds	127	11-12 100 Back	128	11 year olds	1:15.99	1:33.49
1:32.19	1:09.09	12 year olds				12 year olds	1:10.29	1:31.49
2:56.59	2:37.39	15-16 year olds	129	15-18 200 Breast	130	15-16 year olds	2:27.79	2:42.19
2:54.59	2:35.09	17-18 year olds				17-18 year olds	2:23.99	2:38.19
44.99	33.09	11 year olds	131	11-12 50 Fly	132	11 year olds	33.09	44.39
43.79	30.49	12 year olds				12 year olds	31.59	43.79
		15-18 year olds	133	15-18 200 Free Relay	134	15-18 year olds		
		11-12 year olds	135	11-12 200 Free Relay	136	11-12 year olds		

2013 NEW ENGLAND SWIMMING SCY REGIONAL MEET

Hosted by Northampton Area Swimming
Smith College Dalton Pool, Northampton MA
February 15-17, 2013
Sanction # NE-13-80 TT

Contact Information

Team Name: _____ Abbreviation: _____
Deck Coach: _____ Phone: _____ Email: _____
Entries Contact: _____ Phone: _____ Email: _____
Address: _____

Entry Fees

_____ Individual Entries	@ \$5.00/5.50 = \$ _____
_____ Relay Entries	@ \$20.00/\$20.50 = \$ _____
_____ Swimmers with NE Travel Surcharge (\$2.00) And Swimmer Participation fee (\$10.00)	@ \$12.00 = \$ _____
	Total: \$ _____

Any team entries submitted after the February 5 deadline are subject to a \$100 fine.
Include a copy of the proof of times report (identifies meets where qualifying times were achieved) as the paper copy of your entries.

Make checks payable to: **Northampton Area Swimming**

Mail entries and check to:
Northampton Area Swimming
419 Burts Pit Road
Florence, MA 01062

Entry Deadline: February 5, 2013
*for emailed entries, this form and payment
must be received by February 9, 2013*

Liability Release

Any Swimmer whose entry is accepted will, for him/herself, his/hers heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, Northampton Area Swimming, or Smith College for any and all injuries suffered by him/her at said meet. **In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.**

Signature of Authorized Team Official

Date