

Upper Valley Aquatic Club
Winter Classic Team Specialty Meet
 Upper Valley Aquatic Center, White River Junction, VT
 December 12-14, 2014
 Sanctioned by NE Swimming NE-15-49-TT

Meet Director/Entry Chair	Mary Gentry	(802) 369-9289	uvac.entries@gmail.com
Referee	Ken Vutech	(802) 332-6264	kvutech@micros-retail.com
Admin Official	Mary Gentry	(802) 369-9289	uvac.entries@gmail.com
Safety Monitor	Brian Dirrane	(603) 481-0018	swimteam@uvacswim.org

SESSIONS	<u>Warm-up</u>	<u>Meet</u>
Friday, December 12	5:30 PM	6:30 PM
Saturday Morning, December 13	8:00 AM	9:00 AM
Saturday Afternoon, December 13	2:00 PM	3:00 PM
Sunday Morning, December 14	8:00 AM	9:00 AM
Sunday Afternoon, December 14	2:00 PM	3:00 PM

MEET FORMAT: The meet will be swum as timed finals. Each session will be seeded by computer based on positive check-in at the beginning of each session. Coaches will receive a positive check-in sheet before each session that must be returned no later than 30 minutes before the beginning of the session. Heat sheets will be posted around the pool deck. Coaches will be able to pick up heat sheets for each event at the computer table. All events will be swum slow to fast. No events will swim two per lane.

Swimmers must provide their own timer for events Friday evening (400 IM and 1000 Free).

SITE: The Upper Valley Aquatic Center is located at 100 Arboretum Lane, White River Junction, VT 05001. <http://www.uvac-swim.org> Directions may be found later in this document. The competition pool has eleven 7 foot wide 25 yard long lanes, with non-turbulent lane lines, Colorado Timing System electronic touch pads and alphanumeric display scoreboard. The start end of the pool is 7 feet deep, the turn end of the pool is 9 feet deep. There are no touch pads at the turn end of the pool. The competition pool has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Eight lanes will be used for competition. An additional lane will be left empty as a buffer lane and the remaining two lanes will be available for warm-up and warm-down throughout the meet. (Depending on entries, UVAC may elect to use ten lanes for competition, in which case three 25 yard lanes in the adjacent leisure pool will be available for warm-up and warm-down.) There is balcony seating for 400 spectators. A leisure pool (three 25 yard lap lanes, lazy river, zero entry play structure) will remain open to the public throughout the meet. Spectators may purchase day passes to use the leisure pool during the meet. Only people with proper credentials will be allowed on the competition pool deck. There is no smoking in the building or within 500 feet of the building. Failure to abide by rules defined in this notice, posted at the facility or determined by the Meet Referee, Meet Director, or Facility Director may result in ejection from the facility.

COURSE: Short course yards (25 yards)

25-YARD EVENTS: All 25 yard events will start from the blocks. Events will be timed using buttons and stop watches at the far end.

CUT PROTOCOL: If a session is over-subscribed (and cannot be handled by increasing to ten competition lanes), the following cuts will be made in this order:

- Friday evening (distance) events will be cut by percent of distance entries submitted by each team.
- Saturday and Sunday sessions: swimmers will be asked to cut down to 4 events per day in the oversubscribed session. Clubs will be notified of need for cuts no later than four weeks before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, Laura Matuszak.

MEET COMMITTEE/JURY: The meet jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the jury but not vote. The three members shall be from separate teams. The meet jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the 2014 or 2015 USA Swimming Rulebook

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. **Cancellation of the meet, or a session**, is the decision of the Meet Director, Meet Referee and the Meet Committee.

ELIGIBILITY All swimmers must be 2014 or 2015 registered swimmers with United States Swimming. Swimmers may register with Carol Healey, PO Box 920133, Needham, MA 02492: office@neswim.com. Age is determined by the age of the swimmer on the first day of the meet. All coaches on deck must be registered with USA Swimming and display their coach membership cards.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

REGISTRATIONS: All swimmers must be registered (includes proof of age and payment) with USA Swimming before the first day of the start of the meet. Any swimmer who has entered a meet and does not register by 11:59 PM on the day before the first day of the meet is subject to a \$100 fine and will be scratched from the meet. Teams are **required** to check their entries with the online registration check tool on the New England Swimming web site to verify registration status.

DISABILITY SWIMMERS: Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee and meet director of any disability prior to competition.

EVENTS and SESSIONS: See attached list.

ENTRY INFORMATION:

First date of entry acceptance: Thursday 10/30/14, (any entry received before this date will be considered received on 10/30/14)

Final date of entry acceptance: 12/05/14

Make checks payable to "Upper Valley Aquatic Center".

Mail completed signed entry cover page and waiver, and payment to:

Brian Dirrane
PO Box 453
Rumney, NH 03266-0453

(603) 786-9293 (physical address 648 Quincy Rd, Rumney, NH 03266 for non-USPS deliveries)
Payment due date for all entries: 12/05/14 Any team that fails to send payment, cover page and waiver form, by this due date can be scratched from the meet at the discretion of the Entry Chairperson.

ENTRY POLICY - 75%/25%

Teams that are included in the 75% of guaranteed entries must submit their entry by the first date of entries, or the host team may remove them from the 75% of guaranteed entries. The team will still be liable for payment of the entry fee, and will be referred to the Board of Review. The host team can release this liability if it is able to fill the meet with entries from other teams.

Teams accepted in the 25% or the lottery must send payment for their entry within 4 calendar days of the notification. Accepted teams that do not send payment within 4 calendar days will forfeit their entry, but will still be liable for payment of the entry fee, unless the host team is able to fill the meet with entries from other teams. No refunds will be given for entries that are accepted or for entries that are rejected due to improper entry. *Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made per the New England policy.*

All unattached swimmers must be declared as unattached in writing before the meet begins.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at uvac.entries@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by: 12/05/14

ENTRY LIMITS: Athletes may enter and swim in a maximum of 5 events per day for timed final events, or 3 per day for trials/finals events. Time Trials count in the per day event count.

ENTRY TIME UPDATES: Entry times may be updated until the Monday prior to the first day of the meet. No new entries will be accepted after the 12/05/14 entry deadline. Entry time updates should be sent via email to the entry chairperson at uvac.entries@gmail.com. Entry time updates must be sent as Hy-Tek format CL2 files with updated times.

ENTRY FEES: Electronic entries:

\$5.00 for all individual events including distance, and time trials

Non-electronic entries: \$5.50 for individual events.

Swimmer Participation Fee is \$9.00 per swimmer

NE Swimming Travel Fee of \$1.00 per swimmer (to be included in the check and the host team will send to NESwimming)

ENTRY TIMES: All entries must be specified in short-course yard (25-yard pool) times. Meter times must be converted to yard times. (Coach's times should be used instead of NT's)

TIME TRIALS: Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are \$5.00 for individual events, and \$20.00 for relays.

LEGAL SPLITS: legal splits must be requested before the event using a legal split form, and the requesting party must supply additional timers, if necessary, to meet the three times needed.

PROGRAMS: Psych sheets for the weekend will be available for \$5.00 for the entire meet. Heat sheets will be available for \$3.00 per session.

ADMISSION: Admission is \$2.00 per session.

MEETMOBILE MeetMobile will be functional for this meet. All users should be aware that MeetMobile publishes unverified raw data which cannot be relied upon until the official results have been published and posted in the facility.

WARM-UPS: The pool will open for warm-ups one-hour before the beginning of each session. The pool will close five minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received. Two lanes will be available during the meet for warm-up and warm-down.

OFFICIALS: If you know that you will be attending this meet, please email the meet referee and let him know your level of certification, team, and sessions you will be available. This is for pre-meet planning purposes only. All officials are welcome to work any number of sessions and walk-ons are always welcome. Check in and the Officials Meeting will be in the Meet Office on the pool deck starting at the beginning of warm-ups.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
6. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

RULES: Current USA Swimming rules will govern all competition. Decisions by the meet referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

SAFE SPORT: The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to an official, the Referee or the Meet Director to be resolved.

PHOTOGRAPHY: PHOTOGRAPHERS ON DECK: As per New England Swimming policy, professional photographers contracted by UVAC or press photographers who have been approved in advance by the Meet Director are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE. Email the Meet Director with questions and requests

DECK ACCESS: Only 2014 or 2015 USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must display their current USA Swimming registration card at all times. Individuals without their USA Swimming registration card will be removed from the pool deck, and will be subject to a fine by New England Swimming.

SCORING: The meet will not be scored.

AWARDS: Ribbons will be awarded to the top eight finishers in each individual event.

FOOD: A concession stand will be in operation for the duration of the meet.

EQUIPMENT VENDOR: A swimming equipment vendor will be selling suits, goggles, and other accessories for the duration of the meet.

MISCELLANEOUS: Upper Valley Aquatic Club and the Upper Valley Aquatic Center assume no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

DIRECTIONS:

The Upper Valley Aquatic Center (UVAC) is located at 100 Arboretum Lane in White River Junction, Vermont 05001. (Arboretum may not be on your GPS unit or web applications – it is across Route 5 from 1 Wright Reservoir Rd, White River Junction)

- At the junction of Interstates I-89 and I-91 in Vermont, go north on I-91 and immediately take Exit 11 for White River Junction.
- Turn left off the exit (before the stop light) on to Route 5 South.
- Follow Route 5 immediately under the interstate
- Travel ½ mile, go under the other interstate, and take the next left on to Arboretum Lane.
- UVAC is the only building on Arboretum Lane.

<http://uvacswim.org/community/about/hours-and-directions/>

PARKING: There will be a free shuttle parking lot. The shuttle bus will also stop at the Ballardvale Dr. hotels. There will be a daily fee for parking at the Aquatic Center. Parking is not allowed on Arboretum Lane.

LODGING: The following hotels and motels are in the area.

Hotel	Address	City/State	Phone
Comfort Inn	56 Ralph Lehman Dr	White River Junction, VT	802/295-3501
Courtyard by Marriott	10 Morgan Dr.	Lebanon, NH	603/643-5600
Fairfield Inn & Suites	102 Ballardvale Dr.	White River Junction, VT	802/291-9911
Hampton Inn	104 Ballardvale Dr.	White River Junction, VT	802/296-2800
Holiday Inn Express	121 Ballardvale Dr.	White River Junction, VT	802/299-2700
Hotel Coolidge	39 South Main St.	White River Junction, VT	802/295-3118
Norwich Inn	325 Main St.	Norwich, VT	802/649-1143
Residence Inn by Marriott	32 Centerra Parkway	Lebanon, NH	603/643-4511
White River Inn & Suites	91 Ballardvale Dr.	White River Junction, VT	802/295-3015

UVAC Winter Classic

December 12-14, 2014

Order of Events

Friday Evening Events (Warm-ups 5:30, Meet 6:30)

Girls #	Age Group	Event	Boys #	
1	Open	Mixed 400 IM	with the girls	Both Friday events will be seeded as mixed, But awards will be given by age group and sex
2	Open	Mixed 1000 Free	with the girls	

Saturday Events

Saturday Morning (8:00 Warm-ups, 9:00 Meet)

Girls #	Age Group	Event	Boys #
3	10 & Under	50 Fly	4
5	13 & 14	200 Fly	6
7	8 & Under	25 Breast	8
9	10 & Under	100 Breast	10
11	13 & 14	100 Breast	12
13	10 & Under	100 Free	14
15	13 & 14	50 Free	16
17	10 & Under	200 IM	18
19	8 & Under	25 Back	20
21	10 & Under	100 Back	22
23	13 & 14	100 Back	24
25	10 & Under	50 Free	26
27	13 & 14	200 Free	28

Saturday Afternoon (2:00 Warm-ups, 3:00 Meet)

Girls #	Age Group	Event	Boys #
29	11 & 12	200 IM	30
31	Open	200 IM	32
33	11 & 12	50 Back	34
35	Open	200 Fly	36
37	11 & 12	100 Free	38
39	Open	100 Free	40
41	11 & 12	100 Breast	42
43	Open	100 Breast	44
45	11 & 12	50 Fly	46
47	Open	200 Back	48
49	11 & 12	50 Free	50

Sunday Events

Sunday Morning (8:00 Warm-ups, 9:00 Meet)

Girls #	Age Group	Event	Boys #
51	10 & Under	100 IM	52
53	13 & 14	200 IM	54
55	10 & Under	50 Breast	56
57	13 & 14	200 Breast	58
59	8 & Under	25 Free	60
61	10 & Under	200 Free	62
63	13 & 14	100 Free	64
65	10 & Under	50 Back	66
67	13 & 14	200 Back	68
69	8 & Under	25 Fly	70
71	10 & Under	100 Fly	72
73	13 & 14	100 Fly	74

Sunday Afternoon (2:00 Warm-ups, 3:00 Meet)

Girls #	Age Group	Event	Boys #
75	11 & 12	100 IM	76
77	Open	200 Breast	78
79	11 & 12	100 Back	80
81	Open	100 Back	82
83	11 & 12	200 Free	84
85	Open	50 Free	86
87	11 & 12	100 Fly	88
89	Open	100 Fly	90
91	11 & 12	50 Breast	92
93	Open	200 Free	94

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CONTACT INFORMATION *(all fields required)*

Team Name: _____ Abbreviation: _____

Deck Coach: _____ Phone: _____ Email: _____

Entries Contact: _____ Phone: _____ Email: _____

Address: _____

Unattached Swimmers: _____

ENTRY FEES (non-electronic add .50 per entry)

_____ Individual Entries all distances @ \$5.00/ \$5.50 = \$ _____

_____ Trials/Finals Event Entries @ \$6.00/ \$6.50 = \$ _____

_____ Swimmer Participation Fee: # athletes _____ @ \$ 9.00 = \$ _____

_____ NE Travel Surcharge: # athletes _____ @ \$1.00 each = \$ _____

Total: \$ _____

Make check payable to: Upper Valley Aquatic Club

Mail entries and check to:

Brian Dirrane

PO Box 453

Rumney, NH 03266-0453

(603) 786-9293 (physical address 648 Quincy Rd, Rumney, NH 03266 for non-USPS deliveries)

Entry Deadline: 12/05/14

*For e-mailed entries, this form and payment
must be received by: 12/05/14*

LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, Upper Valley Aquatic Club and the Upper Valley Aquatic Center for any and all injuries suffered by him/her at said meet. **In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.**

Signature of Authorized Team Official

Date