

Exeter Swim Team

Team Specialty Meet

Roger Nekton Championship Pool, Exeter, NH

January 17, 2016

Held under the sanction of USA Swimming/New England #NE-16-082 TT

Meet Director: Shannon Deschenes (office@exeterswim.org, 603-548-0139)

Meet Referee: William Bond (bondyorkme@yahoo.com)

Entry Chairperson: Shannon Deschenes (office@exeterswim.org, 603-548-0139)

Admin Official: Shannon Deschenes (office@exeterswim.org, 603-548-0139)

Safety Monitor: Tim Collins (whsteach@comcast.net, 603-918-6795)

MEET FORMAT: The meet will be swum as timed finals. Each session will be seeded by computer based on positive check-in at the beginning of each session. Coaches will receive a positive check-in sheet before each session that must be returned no later than 30 minutes before the beginning of the session. Heat sheets will be posted around the pool deck. Coaches will be able to pick up heat sheets for each event at the control office. No events will swim with more than one swimmer per lane.

SITE: The Roger Nekton Championship Pool is an 8-lane, 25-yard pool with seven-foot-wide lanes and non-turbulent lane lines. The timing system includes a fully-automatic Colorado Time Systems electronic timing system with touchpads at the finish end of the pool with single-line electronic display. There are no touchpads at the turn end of the pool. The finish end of the pool is 7 feet deep; the turn end of the pool is 12 feet deep. Spectator seating is for 600. The pool is located inside the Phillips Exeter Academy athletic complex located at 60 Court Street in Exeter, NH. Please enter through the main entrance on Gilman Street. Directions may be found later in this document. The competition course has not been certified in accordance with 104.2.2C(4).

COURSE: Short course yards (25 yards)

CUT PROTOCOL: If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers or adjust the format to conform to the 4-hour rule the following using the below cut protocols:

For meets using the 75%/ 25% entry policy:

(a.) Teams included in the 75% may be asked to cut each athlete to 4 events in the session.

If deck scratches allow a reasonable time-line, the swimmers can be reinstated into those previously entered events. Clubs will be notified of cuts no later than Monday before the meet

RESERVE THE RIGHT TO MAKE CHANGES: Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, Laura Matuszak. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee, and will be presented to the coaches at a coaches meeting.

MEET COMMITTEE/JURY: The meet jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the jury but not vote. The three members shall be from separate teams. The meet jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet

Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is a decision of the Meet Director and the Meet Referee. If weather requires the cancellation of any finals session, the results of the preliminary session will be the final order.

ELIGIBILITY All swimmers must be 2016 registered swimmers with United States Swimming. Swimmers may register with Carol Healey, PO Box 920133, Needham, MA 02492: office@neswim.com. Age is determined by the age of the swimmer on the first day of the meet. All coaches on deck must be registered with USA Swimming and display their coach membership cards.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

REGISTRATIONS: All swimmers must be registered (includes proof of age and payment) with USA Swimming before 11:59 PM on the Tuesday before the start of the meet. Any swimmer who has entered a meet and does not register by 11:59 PM on the Tuesday before the first day of the meet is subject to a \$100 fine and will be scratched from the meet. Teams are **required** to check their entries with the online registration check tool on the [New England Swimming web site](#) to verify registration status.

DECK REGISTRATIONS for deck entries: We will accept on-deck registrations at this meet, for any unregistered swimmer that wants to swim, as long as there is a completed registration form, proof of age, and a check made out to New England Swimming for \$75.00. Entry fees for on-deck entries are \$7.00 per event.

DISABILITY SWIMMERS: Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee and meet director of any disability prior to competition.

EVENTS and SESSIONS: See attached list.

ENTRY INFORMATION:

First date of entry acceptance: December 6, 2015 (any entry received before this date will be considered received on December 6, 2015,)

Final date of entry acceptance: January 3rd, 2016

Make checks payable to "Exeter Swim Team".

Mail completed signed entry cover page and waiver, and payment to the entry chairperson:

Shannon Deschenes

13 Fellows Road

Brentwood, NH 03833.

Payment due date for all entries: January 7, 2016, Any team that fails to send payment, cover page and waiver form, by this due date can be scratched from the meet at the discretion of the Entry Chairperson.

ENTRY POLICY:

75%/25%

Teams that are included in the 75% of guaranteed entries must submit their entry and payment to the host team no later than 7 calendar days before the first date of entries, or the host team may remove them from the 75% of guaranteed entries. The team will still be liable for payment of the entry fee, and will be referred to the Board of Review. The host team can release this liability if it is able to fill the meet with entries from other teams.

Teams accepted in the 25% or the lottery must send payment for their entry within 4 calendar days of the notification. Accepted teams that do not send payment within 4 calendar days will forfeit their entry, but will

still be liable for payment of the entry fee, unless the host team is able to fill the meet with entries from other teams. No refunds will be given for entries that are accepted or for entries that are rejected due to improper entry. *Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made per the New England policy.*

All unattached swimmers must be declared as unattached in writing before the meet begins.

ENTRY FEES: Electronic entries:

\$5.00 for all individual events including time trials

On-deck entries: \$7.00.

Non-electronic entries: \$5.50 for individual events,

Swimmer Participation Fee is \$10.00 per swimmer

NE Swimming Travel Fee of \$1.00 per swimmer (to be included in the check and the host team will send to NESwimming)

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at office@exeterswim.org. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by: January 7, 2016

ENTRY LIMITS: Athletes may enter and swim in a maximum of 5 events per day for timed final events, or 3 per day for trials/finals events. Time Trials count in the per day event count.

ENTRY TIME UPDATES: Entry times may be updated until 7 days prior to the first day of the meet. No new entries will be accepted after the January 3, 2016, entry deadline. Entry time updates should be sent via email to the entry chairperson at office@exeterswim.org. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

ENTRY TIMES: All entries must be specified in short-course yard times. Meter times must be converted to yard times. (Coach's times should be used instead of NT's)

TIME TRIALS: Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are \$5.00 for individual events, and \$20.00 for relays.

LEGAL SPLITS: legal splits (including relay lead-offs) must be requested before the event using a legal split form (available from the Clerk of Course) and the requesting party must supply an additional timer(s) on the lane for the split, if necessary, to meet the USA-S requirement.

PROGRAMS: \$3.00 per session.

MEET MOBILE: Meet mobile will be functional for this meet. All users should be aware that Meet Mobile publishes unverified raw data which cannot be relied upon until the official results have been published and posted in the facility.

WARM-UPS: The pool will open for warm-ups one-hour before the beginning of each session. The pool will close five minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received.

OFFICIALS: If you know that you will be attending this meet, please email the Meet Referee and let him/her know your level of certification, team, and sessions you will be available. This is for pre-meet planning purposes only. All officials are welcome to work any number of sessions and walk-ons are always welcome.

Announce any meetings, place and time. (Officials meetings must be at least one hour prior to the start of a session.)

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
6. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

RULES: Current USA Swimming rules will govern all competition. Decisions by the meet referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

SAFE SPORT: The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to an official, the Meet Referee or the Meet Director to be resolved.

USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Anne Kaufman: anne.l.kaufman@gmail.com (857-928-3638) or through the [USA-S online reportable form](#).

PHOTOGRAPHY: PHOTOGRAPHERS ON DECK: As per New England Swimming policy, professional photographers contracted by Exeter Swim Team or press photographers who have been approved in advance by the Meet Director are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests

DECK ACCESS: Only 2016 USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must display their current USA Swimming registration card at all times. Individuals without their USA Swimming registration card will be removed from the pool deck, and will be subject to a fine by New England Swimming.

SCORING: The meet will not be scored.

FOOD: A concession stand will be in operation for the duration of the meet.

MISCELLANEOUS: Exeter Swim Team assumes no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

PARKING: There is ample parking available in the parking lot adjacent to the Phillips Exeter Academy Complex.

DIRECTIONS: From North or South: Route I-95 to Exit 2. At tolls take Route 101 West to Portsmouth/Stratham exit 11 (Route 108). Take left at end of ramp, following Route 108 South to T intersection, turn right. At the bandstand in downtown Exeter, turn left (still 108). Take a left at the top of the hill onto Court St. (Route 108). Turn left just after the tennis courts on the left. Parking is on the right. From East or West: Route 101 to the Portsmouth/Stratham exit 11 (Route 108). Follow directions from Route 108 South above.

LODGING:

Fairfield Inn and Suites, Portsmouth Ave, Exeter, NH 03833 603-772-7411

Hampton Inn and Suites, Portsmouth Ave, Exeter, NH 03833 603-658-5555

Sunday AM 6:45 Warm UP, 8am start

Girls	Event	Boys
1	8 and under 50 Free	2
3	9-12 100 Free	4
5	13 and over 200 Free	6
7	8 and under 50 Breast	8
9	9-12 100 Breast	10
11	13 and over 200 Breast	12
13	8 and under 50 Fly	14
15	9-12 100 Fly	16
17	13 and over 200 Fly	18
19	8 and under 50 Back	20
21	9-12 100 Back	22
23	13 and over 200 Back	24
25	9-12 100 IM	26

27	13 and over 200 IM	28
	Sunday PM, 4:30pm warm up, 5:15 start	
29	OPEN 50 Free	30
31	OPEN 400 IM	32
33	OPEN 500 FREE	34

Exeter Swim Team
Team Specialty Meet
Phillips Exeter Academy, 60 Court Street, Exeter, NH
January 17, 2016

CONTACT INFORMATION *(all fields required)*

Team Name: _____ Abbreviation: _____

Deck Coach: _____ Phone: _____ Email: _____

Entries Contact: _____ Phone: _____ Email: _____

Address: _____

Unattached Swimmers: _____

ENTRY FEES (non-electronic add .50 per entry)

_____ Individual Entries @ \$5.00/ \$5.50 = \$ _____

_____ Swimmer Participation Fee: # athletes _____ @ \$ 10.00 = \$ _____

_____ NE Travel Surcharge: # athletes _____ @ \$1.00 each = \$ _____

Total: \$ _____

Make check payable to: Exeter Swim Team

Mail entries and check to:

_Shannon Deschenes
13 Fellows Road
Brentwood, NH 03833
Phone: 603-548-0139

Entry Deadline: 1/3/2016

*For e-mailed entries, this form and payment
must be received by: 1/7/2016*

LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, Exeter Swim Team and Phillips Exeter Academy for any and all injuries suffered by him/her at said meet. **In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.**

Signature of Authorized Team Official

Date