

# New England Swimming 10 & U Age Group Championships

Hosted by Harvard University Swimming & Charles River Aquatics Masters

Blodgett Pool, Harvard University, Cambridge Mass

July 15-16, 2017

Sanctioned by United States Swimming/NE Swimming #NE17-0715-HARV TT



Entry Deadline: By 9 PM on Tuesday, July 4, 2017

Any teams submitting entries after the deadline will receive a \$100 fine

## CONTACTS:

	Name	Email	Phone
Meet Director	Richard Whitworth	<a href="mailto:7465@msn.com">7465@msn.com</a>	781-956-6007
Meet Referee	Alice Jinn	<a href="mailto:alicecjinn@hotmail.com">alicecjinn@hotmail.com</a>	978-502-5990
Entry Chair	Carol Healey	<a href="mailto:meetentryNE@gmail.com">meetentryNE@gmail.com</a>	781-449-0270
Admin Official	Carol Healey	<a href="mailto:meetentryNE@gmail.com">meetentryNE@gmail.com</a>	781-449-0270
Safety Monitor	Kevin Tyrell	<a href="mailto:ktyrrell@fas.harvard.edu">ktyrrell@fas.harvard.edu</a>	

## SESSIONS:

Date	Session	Warm-up	Meet Start
<b>Saturday July 15</b>	Morning	8:00 AM	9:05 AM
<b>Saturday July 15</b>	400 Freestyle		25 minutes after conclusion of morning session
<b>Sunday July 16</b>	Morning	8:00 AM	9:05 AM

Start times may be changed once all entries have been received and teams will be notified no later than Monday, July 10<sup>th</sup>.

**SITE:** Blodgett Pool features an 8 lane, 50-meter competition course with Kiefer Advantage II lane lines, a fully automatic Daktronics Timing System with alphanumeric scoreboard, and touch pads at both ends of the course. The depth of the turn end is 3 ft 9" and the start end is 7 ft. There is a diving well area that will be available for warm-up and warm-down activities. The facility has seating for 1200 spectators. The pool is located near the Harvard Football Stadium, at 65 North Harvard Street, Boston MA 02163. Directions may be found at the end of this document.

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

**COURSE:** Long Course Meters. The 50 meter events will start on the blocks.

**MEET FORMAT:** All events will be swum as timed finals. Heat sheets will be posted around the pool deck. Coaches will be able to pick up heat sheets for each session at the control table. No events will swim with more than one swimmer per lane.

**DISTANCE EVENTS (400 M Freestyle):** This is event will swim slow to fast, first girls then the boys. Swimmers must provide their own timer and counters for this event.

**ZONE QUALIFICATION:** The deadline to qualify for the 2017 Zone Meet is Sunday, July 23, 2017. 12 & under swimmers must have three qualifying times and 13-18 must have 4 qualifying times to attend the meet. Zone Table Hours: Saturday, July 15<sup>th</sup> and Sunday, July 16<sup>th</sup> from start to finish. The Zone Table is located on deck near the diving board. Email any questions to Mary Ellen Tynan at [mebjmt@gmail.com](mailto:mebjmt@gmail.com) More information on the Zone Meet can be found on the NE Swimming website under [ZONES](#)

**CUT PROTOCOL:** If a session is over-subscribed, the following changes could take place in the meet format:

1) Relays will be cut to 1 relay per team

Clubs will be notified of all changes by Monday, July 10, 2017

**RESERVE THE RIGHT TO MAKE CHANGES:** Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, [Bob Menck](#). Any change to the meet format after the meet begins will be at the discretion of the Meet Referee, and will be presented to the coaches at a coaches meeting.

**MEET COMMITTEE/JURY:** The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the jury but not vote. The three members shall be from separate teams. The Meet Jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.

**WEATHER PROTOCOL:** If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is the decision of the Meet Director, Meet Referee and the Meet Jury.

**DISABILITY SWIMMING:** Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet at the discretion of the Meet Director in consultation with the Meet Referee. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the Meet Referee and Meet Director of any disability prior to competition.

**ELIGIBILITY:** All contestants must be current USA Swimming- New England registered who have achieved at least one qualifying time between July 21, 2016 and the entry deadline. All swimmers must be registered before the entry is submitted. **Teams that enter unregistered swimmers will be fined \$100 per unregistered swimmer.** All teams entering the meet are required to check their entries with the online registration check tool on the [New England Swimming web site](#). Please contact the New England Swimming Office for registration information: [office@neswim.com](mailto:office@neswim.com). **Any swimmer who is entered with incorrect swimmer information, including an incorrect or missing ID, or is unregistered, will be scratched from the meet until corrections are made.**

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**EVENTS and SESSIONS:** Attached

#### **ENTRY INFORMATION:**

- Swimmers may enter as many events in which they have qualified, but may only compete in a maximum of six (6) individual events per day (including time trials) and a maximum of seven (7) individual events for the meet (not including time trials).
- Qualification period: July 21, 2016 through the entry deadline.
- Seeding order: LCM, SCM, SCY.
- Entry Deadline: All entries must be received by 9:00 PM, Tuesday, July 4, 2017. Late team entries will be fined of \$100.
- Electronic Email Entries: Email a Hy-tek compatible entry file to [meetentryNE@gmail.com](mailto:meetentryNE@gmail.com). Emails must be received by the regular entry deadline. Include your team initials in the email subject.
- All entries must be complete and include full names and USA registration numbers.

- No refunds will be issued for entries that are accepted or entries that are rejected due to improper entry (i.e., meet fees will not be returned or credited to new entries for scratches or errors or unverifiable times). Deck entries will only be accepted based on clerical errors by the meet host, with approval of the Meet and/or Admin Referee.
- The signed entry cover sheet/waiver, deck pass order, payment and a **SIGNED CONSENT FORM for each team** (attached to this packet) must arrive no later than Saturday, July 8, 2017. Include the email address and cell phone number of your team's contact(s) so all future meet correspondences can be sent to the correct person.
- If United States Postal Service Overnight or Priority Mail method is used, check the no signature required box. No faxed entries will be accepted. Make checks payable to Charles River Aquatics. Mail to the entry chair:

10 & Under Age Group Entries  
 Carol Healey  
 47 May Street  
 Needham, MA 02492

**Non-Electronic Entries:** Send entry forms, completed and signed entry cover, waiver, and entry fee to the entry address on or before the entry deadline of 9 PM, July 11, 2017

**NEW QUALIFIERS:** Only new cuts achieved between July 5, 2017 and July 9, 2017 will be accepted until Monday, July 10, 2017 at 6 PM. Email new cuts in the text of an email to [meetentryNE@gmail.com](mailto:meetentryNE@gmail.com). **DO NOT** send a new entry file unless requested.

**No times updates from the original entry deadline of July 4<sup>th</sup> will be allowed.**

Full payment for the new qualifiers must be received by 8 AM on July 15<sup>th</sup> or the swimmers will be scratched from the meet.

**VERIFICATION – SWIMS DATABASE PROOF OF TIME:** All entry times for this meet must be achieved within the qualifying period from a sanctioned, approved or observed meet that is in the SWIMS database. All individual entry times must be made prior to the entry deadline and must be proven prior to the scratch deadline for that event through the SWIMS database. Any entry times not in the SWIMS database will be scratched from the meet and the entering team will receive a \$100 fine per event. The exception to this rule are the adjusted times achieved at the MST meets at the Raco Theodore Pool in Manchester, NH. Those times will be allowed if they meet the qualifying times.

#### **RELAYS:**

- All relays will be swum as timed finals
- Teams are limited to two qualifying relays.
- Relay teams may have achieved the qualifying time or may use an aggregate time. If a team has a qualifying relay or uses aggregate times to qualify a relay, then it may use any swimmer entered into the meet, including relay-only swimmers, on the relay
- The 200 relay legs at the turn end of the pool will start in the water.
- The 200 relay lead off will only be recorded in SWIMS if a legal split form, with 3 recorded times, is turned into the Control Table after the event.
- Relay only swimmers must be correctly entered into the meet by the deadline and pay the \$10.00 participation fee and the NES travel surcharge of \$2.00.
- Relays must be scratched by the emailed scratch deadline of 6 PM on Friday for Saturday relays, and by the end of the Saturday prelim session for the Sunday relays.
- All 200 relay names must be turned in by 8:30 AM to the Control Table and by 10 AM on Sunday for the 400 Free Relay. Relay name or order changes may be done at the Control Table until the event is called.

**ENTRY FEES:**

\$8.00 electronic / \$8.50 manual (paper or within text of email) per individual event 200M or less  
 \$10.00 electronic for 400 free  
 \$25.00 electronic / \$25.50 manual per relay  
 \$2.00 per swimmer New England Travel Fee Surcharge  
 \$10.00 per swimmer Participation Fee

Make checks payable to **Charles River Aquatics Masters**. Mail to the entry chair:

10 & U Age Group Entries  
 C/O Carol Healey  
 47 May Street  
 Needham, MA 02492

**TIME TRIALS:** Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are \$10.00 for individual events, and \$40.00 for relays.

**LEGAL SPLITS:** Legal splits (including relay lead-offs) must be recorded during the event using a legal split form (available at the Control Table) and the requesting party must supply an additional timer(s) on the lane for the split, if necessary, to meet the USA requirement. The 200 relay lead off will only be recorded in SWIMS if a legal split form, with 3 recorded times, is turned into the Control Table after the event

**SCRATCHES and POSITIVE CHECK IN:**

- Saturday scratches are due by 6 PM on Friday, via email to the Entry Chair, Carol Healey: [meetentryNE@gmail.com](mailto:meetentryNE@gmail.com). Write "SCRATCH team name" in the subject of the email.
- Positive Check in for the 400 M Freestyle event is due by 8:30 AM on Saturday
- Scratches for Sunday events are due by the end of the Saturday session and are submitted by filling out a scratch form available at the Control Table.
- Relays must be scratched by the emailed scratch deadline of 6 PM on Friday for Saturday relays, and by the end of the Saturday prelim session for the Sunday relays.
- Coaches and swimmers are expected to understand the scratch, verification and relay rules before the meet begins.

**WARM-UPS:** USA Swimming warm-up policies will be in effect for the meet. Diving will be prohibited during warm-ups in the warm-up/down pool at all times during the meet. Training Aids are prohibited during warm-ups and in the warm-up/warm-down pool. One-way sprint lanes will be announced during warm-ups for starting practice only. Coaches must instruct their swimmers to obey these rules. Failure to comply with a designated safety marshal's orders could result in disciplinary action. All swimmers participating in the meet without a USA Swimming registered coach shall report to the Meet Referee before warm-ups prior to each session. Warm-up lane assignments will be distributed before the meet and will be posted on the pool deck.

**DECK ACCESS:** Only 2017 USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must display proof of their valid USA Swimming registration at all times. Deck Pass is an acceptable proof of membership. Individuals without proof of a valid membership in USA Swimming will be removed from the pool deck, and will be subject to a fine by New England Swimming.

**COACH NOTES:** Coaches are responsible for the behavior of their swimmers at all times. Any damage to the premises or equipment is the responsibility of those doing the damage. Harvard Swimming, Harvard University, Charles River Aquatics Masters and New England Swimming assume no responsibility for lost or stolen property. There will be a coach meeting on Saturday morning at 8:30AM.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm down areas at any time. **Athletes must, at all times, enter the pool only from the starting block end.**
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, behind the block on deck or in the stands, in the locker rooms and including in the NO CAMERA ZONES
6. Deck changing is prohibited.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations

**RULES:** 2017 USA Swimming rules will govern all competition.

**SAFE SPORT:** The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to an official, the Meet Referee or the Meet Director to be resolved. USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Anne Kaufman: [nesafesport@gmail.com](mailto:nesafesport@gmail.com) (857-928-3638) or through the [USA-S online reportable form](#).

**PHOTOGRAPHY:** As per New England Swimming policy, professional photographers contracted by Harvard Swimming or press photographers who have been approved in advance by the Meet Director are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including those areas on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests

**TIMERS:** In accordance with standard NES Championship procedures, all teams entering the meet must provide a prorated share of officials and timers. Work assignments will be based on the number entries per team. Teams will be informed of their assignments prior to the meet via e-mail and posting in the meet section of the NES website. All 800 and 1500 freestyle events and the B flights of the 400 Free and 400 IM must provide their own timers.

**“NO SHOW” WORKERS:** If a team does not provide the timers it has been assigned at a championship meet, the team will be fined \$100 per incident and will not be allowed to enter swimmers in another New England meet until the fine(s) is paid. This fine can be appealed to the Admin Review Board of New England Swimming within 30 days and is enforced only if the meet management has properly assigned timers based on the number of swimmers a team has entered in the meet.

**OFFICIALS:** [All applications to officiate](#) that are received by the meet entry deadline, July 4, 2017 will count towards the work requirements for the official's team. "Walk-on" officials are always welcome and will be assigned to positions that are not filled.

**SCORING:** The meet will be scored as follows:

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
IE pts	20	17	16	15	14	13	12	11	10	7	6	5	4	3	2	1
Relay	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

**AWARDS:**

- Medals will be awarded for the first 8 places in individual events and for the top 8 places in relay events.
- Ribbons will be awarded to places 9 – 16 will be awarded for individual events.
- If time allows, and at the discretion of the Meet Referee and Meet Director, awards will be distributed after each boy's event, or at any interval selected by the Meet Referee and Director.
- The top 8 high point winners for girls and boys, and the top 3 teams, will be awarded a plaque. The high point ceremony will take place on Sunday at the conclusion of the session.
- Swimmers and coaches are responsible for making sure they are present to receive their award. All awards can be collected by teams at the control table.

**ADMISSION:** \$5.00 per session

**HEAT SHEETS:** \$3.00 per session

**MEET MOBILE:** Meet Mobile will be functional for this meet. All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.

**LIVE RESULTS:** Will be updated on the [www.neswim.com](http://www.neswim.com) after each event

**HOSPITALITY:** Hospitality will be open to coaches and officials working a given session. Meals, snacks and drinks will be available at the appropriate times.

**CONCESSIONS:** There will be a concession stand throughout the meet.

**VENDOR:** Metro Swim Shop will be selling suits, goggles, and other accessories for the duration of the meet.

**LOCKER ROOMS:** Do not leave valuables in the locker room. Harvard Swimming, Harvard University, Charles River Aquatics Masters and New England Swimming assume no responsibility for lost or stolen property.

**MEDICAL ASSISTANCE:** Medical assistance will be provided at the facility. If you require medical assistance, please notify a facility lifeguard or staff member.

**PARKING:** The parking situation will be announced the week of the meet. Please check the website for all parking updates.

**DIRECTIONS:** The street address for Blodgett Pool is 65 North Harvard Street, Boston MA 02163.



From the West: Take the Massachusetts Turnpike east to Exit 18 (Allston/Cambridge). After paying toll, bear left at fork towards Allston. Turn right at second set of lights onto North Harvard Street. Proceed approximately one mile. The entrance to the Harvard Business School parking lot will be on your right, on Albert H. Gordon Road, opposite the football stadium.

From the North: Take I-93 south to Storrow Drive exit. Take Storrow Drive west for approximately five miles. Exit at Harvard Square/North Harvard Street. At the top of the exit, turn left onto North Harvard Street. Approximately 1/4 mile on your left will be the entrance to the Harvard Business School parking lot, on Albert H. Gordon Road, opposite the football stadium.

From the South: Take I-95 north to I-93 north. Follow I-93 to Exit 20 (Massachusetts Turnpike). Take Mass. Pike west to Exit 20 (Allston/Cambridge). After paying toll, bear left at fork towards Allston. Turn right at second set of lights onto North Harvard Street. Proceed approximately one mile. The entrance to the Harvard Business School parking lot will be on your right, on Albert H. Gordon Road, opposite the football stadium.

Via M.B.T.A. (subway/bus): The Red Line subway stops at Harvard Square. Blodgett Pool is a 10-minute walk from the square, down John F. Kennedy St. and over the Charles River. Several bus routes make stops at Harvard Square as well. The 66 and 86 routes include stops on North Harvard Street in front of Harvard Stadium and Blodgett Pool.

**LODGING:** The following hotels and motels are in the area: [Link to Boston Hotels](#)

#### **HYATT REGENCY CAMBRIDGE**

575 Memorial Drive, Cambridge, MA, 02139

T: [+1 617.441.6480](tel:+16174416480) F: [+1 617.441.6489](tel:+16174416489) [cambridge.hyatt.com](http://cambridge.hyatt.com)

Direct registration links to the room blocks with the rate of \$249.00/night:  
7/14-7/16 (10 & Under Meet) – <https://aws.passkey.com/e/49075055>

The cut off date is 6/16/17. After that date the rooms will be released to the public.

## Events and Sessions

### 2017 New England 10 & Under LCM Championships

Harvard University, July 15-16, 2017

Session start times subject to change and will be updated on the website if necessary.

<b>SATURDAY, July 15: 9:00 am start</b>		
<b>GIRLS #</b>	<b>EVENT</b>	<b>BOYS #</b>
1	200 M Freestyle Relay	2
3	200 M Individual Medley	4
5	50 M Backstroke	6
7	100 M Freestyle	8
9	50 M Butterfly	10
11	100 M Breaststroke	12
	<i>25 minute warm-up</i>	
13	400 M Freestyle	14

<b>SUNDAY, JULY 16: 9:00 am start</b>		
<b>GIRLS #</b>	<b>EVENT</b>	<b>BOYS #</b>
15	200 M Medley Relay	16
17	200 M Freestyle	18
19	50 M Breaststroke	20
21	100 M Backstroke	22
23	50 M Freestyle	24
25	100 M Butterfly	26
	<i>10 minute warm-up</i>	
27	400 M Freestyle Relay	28



**COVER SHEET**

NE Swimming 10 & U Age Group Championships  
 Blodgett Pool, Harvard University, Cambridge Mass  
 July 15-16, 2017  
 Sanctioned by NE Swimming #NE17-0715-HARV-TT

**CONTACT INFORMATION**

Club	Abbr
	:
Deck Coach	
Email:	
Cell phone:	
Unattached Swimmers:	

**ENTRY FEES (non-electronic are an additional .50 per entry)**

Individual Entries	@	\$8.00	=	\$
Relays	@	\$25.00	=	\$
Swimmer Participation Fees	@	\$10.00	=	\$
NE Travel Surcharge: # athletes	@	\$2.00	=	\$
<b>TOTAL</b>			=	\$

Make check payable to:	Charles River Aquatics	Entry Deadline	Tuesday, July 4, 2017
Mail entries and check to: 10 & U Age Group Entries C/O Carol Healey 47 May Street Needham, MA 02492	For all entries, this form and payment must be received by July 8 <sup>th</sup> .		

**Liability Waiver**

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, Harvard Swimming and Charles River Aquatics Masters for any and all injuries suffered by him/her at said meet. If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine of up to \$100.00 per event against the individual, member coach or a member club submitting a meet the entry

\_\_\_\_\_  
 Signature of Authorized Team Official

\_\_\_\_\_  
 Date

### Program Consent and Release Agreement

I hereby give permission for all team members named below to participate in all activities of **the New England Swimming 10 & Under Age Group Long Course Championship** (the "Program") held on Harvard University's campus. I understand that the Program is run by **Harvard Swimming and Charles River Aquatics Masters**. I further understand that Harvard University does not own, control, or present the Program nor is in any way responsible for the Program or the instruction, supervision or monitoring of my child while on campus. I agree that to participate in the Program, I and the swimmers who I supervise will be required to observe standards of conduct. I will instruct my swimmers to comply with the Program's standards of conduct, both those that are provided in writing at the commencement of the Program and those that may be issued, orally or in writing, from time to time at the discretion of the Program. I agree that the Program has the right to enforce its standards of behavior and may terminate my swimmer's participation in the Program for any conduct which the Program considers to be incompatible with the interests, comfort and welfare of the instructor or the other children participating in the Program.

I acknowledge that my swimmers' participation in the Program may involve risk of personal injury. I hereby certify that I understand the nature and extent of the risks inherent in the Program, and the use of facilities, equipment or services in association with the Program.

On behalf of myself and the swimmers I supervise, I hereby assume all risks related to participation in the Program, including but not limited to accident, death, injury or illness, including personal or bodily or mental injury of any nature. I further hereby, on behalf of myself, all the swimmers in this meet who are listed below and anyone claiming through myself or my swimmers, do **FOREVER RELEASE** President and Fellows of Harvard College ("Harvard"), its trustees, officers, employees, volunteers, students, agents and assigns from any cause of action, claims, or demands of any nature whatsoever, including but not limited to a claim of negligence which I, my swimmers, or anyone claiming through myself or my swimmers, may now or in the future have against Harvard on account of personal injury, bodily injury, property damage, death or accident of any kind, arising out of or in any way related to my child's participation in the Program howsoever the injury is caused.

I understand that this Program is not a medical or health care program. I have no expectation of any medical or health benefit to my swimmer from participation in the Program. I certify that all my swimmers are medically able to participate in the Program and are free from any communicable, infectious or contagious diseases. **IN CASE OF EMERGENCY** such as accident or injury, I give permission to the Program to provide assistance to procure emergency medical care in the event that I or person(s) I designate cannot be reached.

Names of athletes listed on a separate page. Please verify and sign

Signature of Coach/Guardian: \_\_\_\_\_

Name of Coach/Guardian Printed: \_\_\_\_\_

Team Name: \_\_\_\_\_

Date: \_\_\_\_\_