



2017 UT Wasatch Front Fish Market Spring LC Classic

Hosted by

Wasatch Front Fish Market

Held under the sanction of USA Swimming

Sanction#: UT17-29

April 21-22, 2017

In granting this sanction, it is understood and agreed that Utah Swimming and USA Swimming shall be free from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

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| Location: | Kearns Oquirrh Park Fitness Center 5624 South Cougar Ln Kearns, UT 84118 Emergency calls the day(s) of the meet: 801-891-4874 | | |
| Session Dates and Times: | Session | Warm Up | Meet Starts |
| | Friday, April 21, 2017 – Session 1 | 4:00 PM | 4:50 PM |
| | Saturday, April 22, 2017 – Session 2 | 7:15 AM | 8:05 AM |
| | Saturday, April 22, 2017 – Session 3 | 3:30 PM | 4:20 PM |
| Facility: | Pool Specifications: Indoor 50 meter pool with Eight (8) lanes Start End Water Depth: 5.5 feet @ 1 meter from wall; 6.5 feet @ 5 meters from wall Turn End Water Depth: 5.5 feet @ 1 meter from wall; 6.5 feet @ 5 meters from the wall Timing: Colorado Timing System with a horn start Pool Certification: The competition course has not been certified in accordance with 104.2.2C(4). | | |
| Meet Director: | Ruth Swallow, (801) 891-4874 Email: swim4fishmarket@aol.com | | |
| Meet Referee: | Ted Swallow, (801) 891-4684 Email: brdnst@aol.com | | |
| Meet Starter: | Alicia Simon, (801) 755-1337 Email: acs68@yahoo.com | | |
| Meet Admin. Official: | Erin Callaway, (801) 709-3183 Email: elcallaway@gmail.com | | |

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| Eligibility: | <p>This meet is open to all 2017 registered USA Swimming athletes to the following teams SDAT, OTAC, Swim Utah, WVA, CCAT, WFFM, SURF, UVRAY, RACE, PSC, PCS, KYAT. Additional teams may be added if space is available.</p> <p>This meet is open to all USA Swimming 2017 registered athletes. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. This meet will be run according to current USA Swimming rules and regulations. Swimmer's age on the first day of the meet determines age group for the entire competition.</p> |
| Deck Registration: | <p>No deck registration will be accepted; swimmers must be registered at time of entry.</p> |
| Entry Limits, Fees and Deadlines: | <p>This meet will be limited to the number required to comply with the 4 hour rule. Teams will not be split.</p> <p>12 & under swimmers may enter up to THREE (3) individual events on Friday and FOUR (4) individual events on Saturday, with a maximum of SEVEN (7) individual events per meet.</p> <p>13 & over swimmers may enter up to THREE (3) events per session and FIVE (5) events per day, with a maximum of EIGHT (8) individual events per meet.</p> <p>No Times (NT's) will be accepted.</p> <p>Surcharge per participating swimmer: \$10.00 Individual Event Entry: \$5.50</p> <p>All fees must accompany entries and are nonrefundable. One team check is recommended. Make checks payable to Wasatch Front Fish Market.</p> <p>Entries will begin to be accepted on Friday, April 1, 2017 at 12 NOON. If space is still available, entries for all other teams will be accepted starting on Wednesday April 5th, 2017 at 12 NOON. All entries must be received (in the hands of the below designated person) by 7:00 PM on Monday, April 17, 2017. Deck entries will NOT be accepted.</p> <p>Mail or deliver entries to: Ruth Swallow 7601 S. Siesta Hills Ct. Sandy, UT 84093 (801) 891-4874</p> <p>Or e-mail entries to: swim4fishmarket@aol.com</p> <ul style="list-style-type: none"> • Please submit all entries using electronic meet entry software (Hy-tek, TeamUnify, etc.), including proof of time verification. Individuals/Teams mailing the USI Official Entry form found on the sanctions page of the Utah Swimming website (www.swimutah.com) must make sure that each form is signed and provide time verification for each entry. Entries are not accepted without said verification. • Entries are not considered confirmed until the team entry representative receives official confirmation from the meet entry contact. If the team entry representative does not receive an email confirmation regarding your entries within 24 hours of the entry deadline, please contact the meet entry contact immediately. A printed copy of submitted entries will be used to resolve any entry issues. • The person submitting a team's entries is the team entry representative and the received email implies the official signature of the team entry representative. Said person will be the only person to make changes and will |

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| | <p>be responsible for all fines and penalties resulting from inaccurate times and unregistered swimmers.</p> <p><i>*Whether entries are submitted electronically or on paper, by the action of entering the swimmer in the meet the submitter, whether the swimmer, coach, parent or team representative, certifies that the swimmer is a registered member of USA Swimming and that all times stated in the entry are true and correct.</i></p> <p><i>*The submitter further assumes responsibility for any false or incorrect times, and understands that all listed entry times are subject to Utah Swimming Time Verification Procedures, and that a fine of \$20.00 shall be paid to Utah Swimming, Inc. for each incorrect time, unless corrected before the entry deadline. It is understood that an automatic call before the review section shall be the result for a third entry time that cannot be verified. The submitter further agrees that a penalty of \$100.00 shall be assessed to anyone entering a swimmer in a meet sanctioned by Utah Swimming, Inc. who is not registered with USA Swimming at the time of entry, upon it being proven that the swimmer was not so registered.</i></p> |
| Entry Rules: | <p>Entries must be submitted in the course in which they were achieved. Converted times should NOT be used. All times submitted must be the swimmer's best time. Event seeding will be in the following order: conforming LCM, non-conforming SCY, non-conforming SCM</p> <p>Swimmers without a valid USA Swimming time in an event must be submitted as a "NT" in that event.</p> <p>A mandatory scratch down may apply to this meet if the time line exceeds 4 hours for 12-Under swimmers, subject to the provisions of USA Swimming Rules and Regulations 205.3.1F. If a scratch down is necessary, teams will be reimbursed for said scratched events.</p> |
| Meet Format, Check-in and Scratches | <p>This meet will be run as timed finals.</p> <ul style="list-style-type: none"> • This meet is negative check-in. A positive check-in will be required for the 400 IM and 400 Free. Check in for these events will close 30 minutes prior to the start of the meet on their respective session. • The fastest 24 Male entries and fastest 24 Female entries in each 400 Freestyle event will be accepted into the meet. More entries may be accepted time permitting. • Scratches are due to Ruth Swallow by 6:00 PM on Wednesday, April 19, 2017. • In the event of a No Show, swimmer will not be allowed to swim the missed race. Any swimmer who misses two (2) events will be scratched from the remainder of the meet. Swimmer could be re-admitted if scratched only with approval of meet referee. <p>Time trials will not be offered.</p> |
| Warm-up: | <p>USA Swimming and Utah Swimming safety procedures will be enforced throughout the meet. Warm-ups are subject to the following procedures:</p> <ul style="list-style-type: none"> • Warm-up: Coaches have the responsibility of ensuring that all their swimmers are instructed in warm-up procedures and that the swimmers follow all Utah Swimming safety procedures. All swimmers will enter the pool from a sitting or 3-point position. No pushing, splashing, running or any other general horseplay. Swimmers engaging in such activities will be asked to leave the pool. • All USA Swimming athletes must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist unaccompanied swimmers in making arrangements for such supervision, but it is the |

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| | <p>swimmer's responsibility to make such arrangements prior to the start of the meet. 202.5.2</p> <p>During the last 15 minutes of warm-up lanes 2 and 5 will be opened for diving starts in the competition pool only.</p> |
| Dive Certification: | "Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement." 202.4.9D |
| Restrictions: | <p>Deck changes are prohibited. 202.4.9I</p> <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. 202.4.9H</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. 202.4.9J Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. 202.4.9I</p> |
| Adaptive Swimming: | Adaptive swimming: In accordance with USA Swimming rule 202.4.13 & Article 105.1, the Meet Referee has the authority to accommodate swimmers with disabilities in accordance with USI P&P 1.17. The coach or person in charge of team entries must notify the meet referee and meet entry contact of accommodations requests at the time of entry submission |
| Awards: | Ribbons will be awarded for places 1-6 in each event for age groups 10 & under, 11-12, and 13-14. |
| Results: | Results will be emailed following the meet. |
| Deck access: | <p>Deck access is limited to swimmers, coaches, officials & meet workers. Officials and coaches must wear their USA Swimming ID cards to be allowed on deck.</p> <p>Please be courteous and clean up your team area following the swim meet. Spectator seating will be in the bleachers on the north side of the deck. Teams will be allowed at the shallow end of the pool and on the south side of the deck. The west deck will be for event staging and the area behind the starting end will be for timing.</p> |
| Timers: | Teams with 10 or more swimmers will be asked to provide timers. Lane assignments will be sent out prior to the meet. Timers have the responsibility to stay for the entire meet, including through the 400s at the finish of the meet. |
| Parking: | Free parking is available at Kearns High School just east of the Fitness Center. The Kearns Oquirrh Park Fitness Center parking lot is reserved for patrons of the facility only. |
| Concessions: | Concessions will be available on Friday and Saturday. |
| Officials: | We welcome help from any officials your club may have. Gift cards will be awarded to any official who works at least two (2) complete sessions. |
| Web Site: | For meet info, please visit the Utah Swimming web site at: http://www.swimutah.com |

SESSION #1: Friday, April 21, 2017
Warm ups @ 4:00
Meet @ 4:50 PM

| Girls # | Event Description | Boys # |
|----------------|--------------------------|---------------|
| 1 | 12 & Under 100 Free | 2 |
| 3 | 13 & Over 50 Free | 4 |
| 5 | 12 & Under 50 Breast | 6 |
| 7 | 13 & Over 100 Breast | 8 |
| 9 | 12 & Under 50 Back | 10 |
| 11 | 13 & Over 200 Back | 12 |
| 13 | 12 & Under 50 Fly | 14 |
| 15 | 13 & Over 200 Fly | 16 |
| 17 | 12 & Under 200 IM | 18 |

SESSION #2: Saturday, April 22, 2017
Warm ups @ 7:15 AM
Meet @ 8:05 AM

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| 19 | 11-12 200 Free | 20 |
| 21 | 13 & Over 200 Free | 22 |
| 23 | 11-12 100 Back | 24 |
| 25 | 13 & Over 100 Back | 26 |
| 27 | 11-12 50 Free | 28 |
| 29 | 13 & Over 100 Fly | 30 |
| 31 | 11-12 100 Fly | 32 |
| 33 | 13-14 400 IM | 34 |
| 35 | 11-12 400 Free | 36 |
| 37 | 15 & Over 400 IM | 38 |

SESSION #3: Saturday, April 22, 2017
Warm ups @ 3:30 PM
Meet @ 4:20 PM

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| 39 | 10 & Under 200 Free | 40 |
| 41 | 13 & Over 200 IM | 42 |
| 43 | 10 & Under 100 Breast | 44 |
| 45 | 13 & Over 200 Breast | 46 |
| 47 | 10 & Under 50 Free | 48 |
| 49 | 13 & Over 100 Free | 50 |
| 51 | 10 & Under 100 Back | 52 |
| 53 | 13-14 400 Free | 54 |
| 55 | 10 & Under 100 Fly | 56 |
| 57 | 15 & Over 400 Free | 58 |

