ILLINOIS STATE
YMCA SWIMMING CHAMPIONSHIPS

Summary of Changes to the Illinois YMCA State Championship Meet

1. The Illinois YMCA State Championship Meet will be contested as a 2 day mixed gender meet.

2. Each Day will consist of 3 sessions. The first and third sessions each day will be preliminary/final for the age groups 12 & Under, 14 & Under and 21 & Under. The second session will be a timed finale session for the age groups 8 & Under and 10 & Under.

3. Swimmers are no longer required to qualify for events at their District Meets. The qualifying period is from September 1st to the entry deadline. High School boys that qualify in a 100 of Stroke (Butterfly, Backstroke, and Breaststroke) may also swim the 200 of the same stroke if they did not achieve the time during the season. This also applies to the 200 IM- they may swim the 400 IM.

4. Any relay qualifying time swum from 9/1 is a time owned by the team and is eligible as a qualifying time for Y state. Aggregated times are acceptable but must be provable.

5. Any HS time is acceptable for a qualifying time for the state championship

6. Swimmers qualifying swims must be in the ILSWYMS Database.

7. A swimmer must splash at the district meet to be eligible for the state championship. Splash does not include declared false start, no show, or listed alternate on a relay. Splash requires a swim either as a member of a swimming relay or a swim in an individual event. Exception allowed for medical or religious scratch accepted by the district meet referee.

8. Entry/qualifying deadline will be 11 days prior to the State Meet or two days after the district meet, whichever is earlier and no qualifying times can come from anything other than the district meet past the 11 days prior to the State Meet. Psyche sheet will be posted 1 week prior to the state meet or 2 days after the last district meet. Scratches due Wednesday prior to the State meet.

9. Team awards will be awarded to small and large teams. Team size will be based on practice roster including high school swimmers as of 2/1. 50% of teams in top (large Teams)/bottom (small teams). Ties will be rounded down.

10. There is no individual event limit per team. Teams may enter an unlimited number of swimmers in an individual event as long as they have the qualification time.

11. Entry Limits by age
    a. 8&U – 4 individuals and 5 total for the meet
    b. 9/10 – 5 individual events and 6 total for the meet

c. 11-14 maximum of 7 in the 12&U and 14&U – if at the max of 7 then add one additional relay in the 21 & U; 15-21 maximum of 8 (no more than 3 individual P/F events per day per USA Swimming rules or 5 T/F events per day)
d. A swimmer may not swim in both the prelim/final sessions (Session 1 and 3 of each day) and the timed final sessions (session 2 of each day) on a specific day for individual events. In other words, someone swimming in the 10&U session may not swim in the prelim/final sessions or vice versa for any given day.
    i. With those restrictions, a swimmer may age up as old as desired.

12.Events Offered

8&Under	10&Under	12&Under	14&Under	21&Under
25 Free 50 Free 25 Back 25 Breast 25 Fly 100 IM 100 Free Relay 100 Medley Relay	50 Free 100 Free 200 Free 50 Back 50 Breast 50 Fly 100 IM 200 IM 200 Free Relay 200 Medley Relay	50 Free 100 Free 200 Free 50 Back 100 Back 50 Breast 100 Breast 50 Fly 100 Fly 200 IM 200 Free Relay 200 Medley Relay	50 Freestyle 100 Freestyle 200 Freestyle 500 Freestyle 100 Back 100 Breast 100 Fly 200 IM 200 Free Relay 200 Medley Relay	50 Freestyle 100 Freestyle 200 Freestyle 500 Freestyle 100 Back 200 Back 100 Breast 200 Breast 100 Fly 200 Fly 200 IM 400 IM 200 Free Relay 400 Free Relay 200 Medley Relay 400 Medley Relay

13. Event Order

Saturday AM Session	**Sunday AM Session**
21 & Under 400 Free Relays (tf)	21 & Under 400 Medley Relay (tf)
12 & Under 50 Free (pf)	12 & Under 100 Breast (tf)
14 & Under 50 Free (pf)	21 & Under 200 Breast (tf)
21 & Under 50 Free (pf)	14 & Under 500 Free (tf)
12 & Under 200 IM (pf)	21 & Under 500 Free (tf)
21 & Under 400 IM (tf)	12 & Under 50 Fly (pf)
12 & Under 100 Back (tf)	14 & Under 100 Fly (pf)
14 & Under 100 Back (pf)	21 & Under 100 Fly (pf)
21 & Under 100 Back (pf)	12 & Under 50 Back (pf)
12 & Under 100 Fly (tf)	21 & Under 200 Back (tf)
21 & Under 200 Fly (tf)	14 & Under 200 IM (pf)
12 & Under 200 Free (pf)	21 & Under 200 IM (pf)
14 & Under 200 Free (pf)	12 & Under 100 Free (pf)
21 & Under 200 Free (pf)	14 & Under 100 Free (pf)
12 & Under 50 Breast (pf)	21 & Under 100 Free (pf)

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14 & Under 100 Breast (pf) 21 & Under 100 Breast (pf) 12 & Under 200 Medley Relay (pf) 14 & Under 200 Medley Relay (pf) 21 & Under 200 Medley Relay (pf)	12 & Under 200 Free Relay (pf) 14 & Under 200 Free Relay (pf) 21 & Under 200 Free Relay (pf)
Saturday Midday Session	**Sunday Midday Session**
10 & Under 200 Free (tf) 8 & Under 25 Back (tf) 10 & Under 50 Back (tf) 8 & Under 100 IM (tf) 10 & Under 100 IM (tf) 8 & Under 25 Free (tf) 10 & Under 50 Free (tf) 8 & Under 100 Medley Relay (tf) 10 & Under 200 Medley Relay (tf)	10 & Under 200 IM (tf) 8 & Under 50 free (tf) 10 & Under 100 Free (tf) 8 & Under 25 Fly (tf) 10 & Under 50 Fly (tf) 8 & Under 25 Breast (tf) 10 & Under 50 Breast (tf) 8 & Under 100 Free Relay (tf) 10 & Under 200 Free Relay (tf)
Saturday Finals Session	**Sunday Finals Session**
12 & Under 50 Free 14 & Under 50 Free 21 & Under 50 Free 12 & Under 200 IM 14 & Under 100 Back 21 & Under 100 Back 12 & Under 200 Free 14 & Under 200 Free 21 & Under 200 Free 12 & Under 50 Breast 14 & Under 100 Breast 21 & Under 100 Breast 12 & Under 200 Medley Relay 14 & Under 200 Medley Relay 21 & Under 200 Medley Relay	12 & Under 50 Fly 14 & Under 100 Fly 21 & Under 100 Fly 12 & Under 50 Back 14 & Under 200 IM 21 & Under 200 IM 12 & Under 100 Free 14 & Under 100 Free 21 & Under 100 Free 12 & Under 200 Free Relay 14 & Under 200 Free Relay 21 & Under 200 Free Relay

tf = Timed Final pf = Preliminary/Final