



Great Lakes Zone  
YMCA Swimming Championship  
Meet

**March 18-20, 2016**

**C.T. Branin Natatorium ~ McKinley High School  
Canton, OH**

- Site:** Branin Natatorium at McKinley High School  
2323 17th Street Northwest Canton, OH 330-438-2738
- Host Teams:** Blue Ash YMCA & Powel Crosley, Jr. YMCA
- Meet Web site:** <https://www.teamunify.com/Home.jsp?tabid=0&team=ymcame>  
and click on 2016 zones
- Rules:** Except for rule changes listed in this information packet, the 2015 USA Swimming rules will govern the meet. This meet will be conducted in accordance with the "Rules That Govern YMCA Competitive Sports."
- Entry Times:** December 1, 2015 will determine the age of the swimmer at this meet. All entry times must be actual times yards, short course meter, or long course meter, in hundredths of seconds. Times must be achieved from March 1, 2015 up to the entry deadline.
- Non-conforming times will be seeded last.
- Entry Deadline:** Entries must be received for existing cuts by **Wednesday, March 9 at midnight.**
- Following this deadline, we will only accept additional entries for new cuts achieved the weekend of March 11-13. We will also accept updates to existing entries if your child swims an improved time for their existing Zone entry, during March 11-13.
- Please email Andrea Farr at [bbdentries@gmail.com](mailto:bbdentries@gmail.com) no later than **10:00PM on Sunday, March 13** if your swimmer achieves a new cut, or a time improvement on an existing entry.
- Entry Limits:** A swimmer may enter a total of three (3) individual events and one (1) age group relay event each day.
- Entry Fees:** Individual Event- \$4.00 per individual entry  
Relay Event- \$16.00 per relay entry (paid by BBD Boosters)  
Zone Surcharge- \$2.00 per swimmer
- Admissions:** Spectator admission fee is \$5 per person, per session. Athletes, coaches and pre-registered volunteers are free. An "All Session" pass will be available at a discounted rate.
- Parking:** Parking at McKinley High School parking lot. Handicap accessible parking is available
- Heat Sheets:** \$5.00 per session, available in the lobby of the facility
- Final Results:** Posted results will be provided in the Natatorium area. All results will

be considered final thirty (30) minutes after posting. Meet results will be uploaded to Meet Mobile.

**Meet Apparel:** <https://fdsportswear.com/events.cfm?eventid=296>  
Parents can place & pay for orders online, and pick up at the meet.

**Food:** A complete concession stand will be available throughout the meet.

**Warm-Ups:** All warm-ups require feet first entry into the pool, except when starts are allowed. Sprint lanes are ONE WAY ONLY. Swimmers must exit at the turn end of the pool. Swimmers may not enter the water from the turn end of the pool. The 30-meter course will be available during designated warm-up times only, and is not a play area for the swimmers during the meet.

**USA Observed Meet:** The meet will be an "approved" meet by Lake Erie Swimming. Times will be submitted to the SWIMS database following the meet for USA Swimming registered athletes.

**Volunteers:** Volunteers need to pre-register and secure a deck pass to be on deck. Individuals on deck without a deck pass will be escorted from the building. If you'd like to volunteer to be a timer, runner or official, please see the signup link on the Zone page of the BBD website.

**National Time Trials:** Time trials will be offered between sessions on Saturday and Sunday as time permits. Swimmers must be age 12 on the first day of Nationals (Apr 4, 2016) to compete. Time trials will be swum in the following order: 50 yard, 100 yard, 200 yard events, 200 yard relays. If more than one heat is needed, we will swim free, back, fly and breast – in that order. Girls and boys events will be combined and swum as a 'mixed' event. The fee will be \$10.00 per individual event. Swimmers must be entered in the meet to participate in time trials. Swimmer must be going for YMCA National qualifying time or re-swimming an entered Zone meet event.

**Eligibility:** Only certified Associations are eligible to compete in events. An Association is a YMCA unit, which is certified by the National Board.

- 1) All swimmers must be a member of a local YMCA for a minimum of 90 days prior to the first day of Zones. A swimmer may not represent more than one YMCA in competitive sports.
- 2) All swimmers who have met or surpassed the 2016 qualifying time(s) may enter the championship events if they have met the above eligibility requirements. NO TIMES will not be accepted.
- 3) Age Groups are 10 & under, 11-12, 13-14, and 15 & over. The age of a swimmer is his/her age on December 1, 2015.
- 4) Individual events require the swimmer to compete in their respective age groups. Swim-ups are not allowed for individual events.

- 5) Senior Events: Senior events are open only to swimmers between ages 12 and 21 as of April 4, 2016 (the start of Short Course Nationals).
- 6) Relay Events: An age group relay must consist of at least one swimmer from that specific age group. Younger swimmers may move up one age group to fill that relay. This will count as one age group relay for the day.
- 7) A swimmer must have competed in three (3) YMCA inter-association meets during the current season (Since September 1, 2015).
- 8) Fly over starts during the meet may be utilized at the discretion of the Meet Director and Meet Referee.

**Scoring:** Points will be awarded for the first sixteen (16) finishers for each event (age group and senior events) according to the following table:

<b>Place:</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Individual Events:	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
Relays:	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

**Awards:** Medals will be awarded to 1-8th places; ribbons will be awarded to the 9-20th places. Ribbons will be awarded for all senior events. There will be age group team awards (10 & under; 11-12; 13-14; 15 & Over) for first place boys and first place girls. There also will be an overall team trophy. Awards will not be mailed. Please pick them up at the conclusion of the meet.

**Deck Passes:** Volunteers need to pre-register and secure a session specific wristband to be on deck. Swimmers will receive a deck pass upon entering the meet. Individuals on deck without a deck pass will be escorted from the building.

Swimmers needing a replacement deck pass will be charged \$10.

**Positive Check-In:** There will be positive check-in for the 1,000 free and 1,650 free events. The check in sheets will be near the scorer's table and check in is required by **9:30 AM** each day.

**Seeding:** All events (except the 1000 and 1650) will be seeded in advance of the meet. Should a swimmer need special consideration in seeding, please contact Andrea Farr at [bbdentries@gmail.com](mailto:bbdentries@gmail.com). The hosts will do their best to accommodate hearing-impaired swimmers and seed them near the starter.

The 800 Freestyle relay will compete after the completion of all heats of the 500 Freestyle. The 500, 1000 and 1650 Freestyle will be seeded fastest to slowest, and alternate heat of girls and boys. The meet referee has the right to combine heats in the distance events.

**Rules of Conduct:** Considering the level of competition and the YMCA Philosophy, it is expected that swimmers, parents and coaches comply with and help enforce the following rules:

- 1) There is no shaving permitted on pool premises: this includes locker rooms and restrooms of the Natatorium; PENALTY IS EJECTION FROM THE MEET
- 2) There is to be no use of oils for swimmer rubdowns. This is a safety hazard on deck as well as being a problem with proper pool maintenance.
- 3) Glass containers of any kind are prohibited in the pool area or locker rooms.
- 4) Coolers, noise makers and balloons are prohibited.
- 5) Disorderly conduct will not be tolerated.
- 6) Vandalism of any nature will be just cause for team disqualification.
- 7) Teams are expected to police the areas they occupy.
- 8) All swimmers are required to wear footwear when they leave the pool deck.
- 9) Swimmers are not permitted on deck until a certified coach is on deck.
- 10) Bleachers are available on deck for swimmers. No chairs, blankets,
- 11) sleeping bags, etc. are permitted on deck.
- 12) Deck changing is prohibited, and is cause for ejection from the meet.
- 13) Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms

Depending on the severity of the infraction, and violation or disregard for these rules may result in disqualification of the swimmer or entire team from meet participation.

**Competition Course Certification:** The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. Water depth is greater than 7ft. from the starting blocks to the end of the pool.

## Friday, March 18

*11-12, 13-14, 15 & Over, Senior*

Coaches' Check-In	2:00 PM
Opens	
Swimmers' Check-In	3:15 PM
Pool deck opens	3:30 PM
Warm-up	3:45 PM
Opening Ceremonies	4:50 PM
Competition Begins	5:00 PM
Competition Complete	8:45 PM

## Schedule of Events

All sessions are timed finals.

## Saturday, March 19

*Morning Session ~ 13-14, 15 & Over, Senior*

Building Opens	6:45 AM
Pool deck opens	7:00 AM
Warm-up	7:05 AM
Opening Ceremonies	8:30 AM
Competition	8:40 AM
Time Trials	5 minutes after morning session ends

*Afternoon Session ~ 10 & Under, 11-12*

Warm-up (approx):	1:30 PM
Opening Ceremonies	2:30 PM
Competition	2:40 PM
Competition Complete	5:30 PM

## Sunday, March 20

*Morning Session ~ 13-14, 15 & Over, Senior*

Building Opens	6:45 AM
Pool deck opens	7:00 AM
Warm-up	7:05 AM
Opening Ceremonies	8:30 AM
Competition	8:40 AM
Time Trials:	5 minutes after morning session ends

*Afternoon Session ~ 10 & Under, 11-12*

Warm-up (approx):	1:30 PM
Opening Ceremonies	2:30 PM
Competition	2:40 PM
Competition Complete	5:30 PM

# Schedule of Events

**All sessions are timed finals.**

## Friday March 18

11-12, 13-14, 15 & Over, Senior

Swimmer Check-In	3:15 PM
Pool Deck Opens	3:30 PM
Warm-Up	3:45 PM
Opening Ceremonies	4:50 PM
Competition Begins	5:00 PM
Competition Completes	8:45 PM

## Saturday, March 19

*Morning Session: 13 & Overs*

*Afternoon Session: 12 & Unders*

Building Opens	6:45 AM	Warm-up (approx):	1:30 PM
Pool Deck Opens	7:00 AM	Opening Ceremony	2:30 PM
Warm-Up	7:05 AM	Competition begins	2:40 PM
Opening Ceremony	8:30 AM	Competition completes	5:30 PM
Competition begins	8:40 AM		
Time Trials (approx)	12:45 PM		
<i>begin 5 minutes after morning session ends</i>			

## Sunday, March 20

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*Morning Session: 13 & Overs*

*Afternoon Session: 12 & Unders*

Building Opens	6:45 AM	Warm-up (approx):	1:30 PM
Pool Deck Opens	7:00 AM	Opening Ceremonies	2:30 PM
Warm-Up	7:05 AM	Competition	2:40 PM
Opening Ceremonies	8:30 AM	Competition Complete	5:30 PM
Competition	8:40 AM		
Time Trials (approx)	12:45 PM		
<i>begin 5 minutes after morning session ends</i>			

<b>Friday, March 20th</b>							
<b>Event</b>	<b>Age</b>	<b>Distanc</b>	<b>Stroke</b>	107-108	11 & Over	*500	Freestyle
101-102	Senior	400	Ind. Medley	109-110	Senior	800	Freestyle
103-104	Senior	200	Backstroke				
105-106	Senior	200	Breaststroke				

<b>Saturday, March 21st</b>							
<b>Morning</b>				<b>Afternoon</b>			
<b>Event No.</b>	<b>Age Group</b>	<b>Distance</b>	<b>Stroke</b>	<b>Event No.</b>	<b>Age Group</b>	<b>Distance</b>	<b>Stroke</b>
201-202	Senior	400	Medley Relay	225-226	11-12	200	Free Relay
5 Minute Break				227-228	10 & U	200	Free Relay
203-204	13-14	200	Ind. Medley	229-230	11-12	200	Freestyle
205-206	15 & Over	200	Ind. Medley	231-232	10 & U	200	Freestyle
207-208	Senior	50	Breaststroke	233-234	11-12	100	Breaststroke
209-210	13-14	100	Butterfly	235-236	10 & U	50	Backstroke
211-212	15 & Over	100	Butterfly	237-238	11-12	50	Backstroke
213-214	13-14	100	Freestyle	239-240	10 & U	100	Ind Medley
215-216	15 & Over	100	Freestyle	241-242	11-12	100	Ind Medley
217-218	Senior	50	Backstroke	243-244	10 & U	50	Freestyle
219-220	13-14	200	Free Relay	245-246	11-12	50	Freestyle
221-222	Senior	400	Free Relay	10 Minute Break			
223-224	Senior	1000	Freestyle*	247-248	11-12	100	Butterfly

<b>Sunday, March 22nd</b>							
<b>Morning</b>				<b>Afternoon</b>			
<b>Event No.</b>	<b>Age</b>	<b>Distance</b>	<b>Stroke</b>	<b>Event No.</b>	<b>Age Group</b>	<b>Distance</b>	<b>Stroke</b>
301-302	Senior	200	Free Relay	329-330	11-12	200	Medley Relay
5 Minute Break				331-332	10 & U	200	Medley Relay
303-304	13-14	200	Freestyle	333-334	11-12	200	Ind Medley
305-306	15 & Over	200	Freestyle	335-336	10 & U	100	Freestyle
307-308	Senior	50	Butterfly	337-338	11-12	100	Freestyle
309-310	13-14	100	Breaststroke	339-340	10 & U	50	Butterfly
311-312	15 & Over	100	Breaststroke	341-342	11-12	50	Butterfly
313-314	13-14	100	Backstroke	343-344	10 & U	50	Breaststroke
315-316	15 & Over	100	Backstroke	345-346	11-12	50	Breaststroke
317-318	Senior	200	Butterfly	10 Minute Break			
319-320	13-14	50	Freestyle	347-348	11-12	100	Backstroke
321-322	15 & Over	50	Freestyle				
323-324	13-14	200	Medley Relay				
325-326	Senior	200	Medley Relay				
327-328	Senior	1650	Freestyle*				

\* The 11 & Over 500's Free will swim together, but will be scored and awarded separately in the following age groups: 11-12, 13-14, 15 & Over. They will alternate Girls and Boys. The 500 freestyle, 1000 freestyle and 1650 will be swum fast to slow.