

2009-2012 National Age Group Motivational Times

9/12/2008

Long Course Meters

| B Min | BB Min | A Min | AA Min | AAA Min | AAAA Min | AAAA Min | AAA Min | AA Min | A Min | BB Min | B Min | |
|-----------------------------|-----------|-----------|-----------|-----------|-----------|----------------------------|-----------|-----------|-----------|-----------|-----------|-----------|
| 10 & Under Girls | | | | | | 10 & Under Boys | | | | | | |
| 45.09* | 40.79* | 36.39* | 34.99* | 33.49* | 32.09* | 50 M Free | 31.99* | 33.29* | 34.69* | 36.09* | 40.19* | 44.29* |
| 1:43.99 | 1:32.99 | 1:21.89 | 1:18.19 | 1:14.49 | 1:10.79 | 100 M Free | 1:10.19 | 1:13.69 | 1:17.19 | 1:20.59 | 1:31.09 | 1:41.59 |
| 3:48.59* | 3:23.59* | 2:58.49* | 2:50.19* | 2:41.89* | 2:33.49* | 200 M Free | 2:30.89 | 2:38.09 | 2:45.29 | 2:52.39 | 3:13.99 | 3:35.49 |
| 7:37.29* | 6:51.59* | 6:05.89* | 5:50.59* | 5:35.39* | 5:20.19* | 400 M Free | 5:20.99 | 5:36.29 | 5:51.49 | 6:06.79 | 6:52.69 | 7:38.49 |
| 55.99 | 49.89 | 43.69 | 41.69 | 39.59 | 37.59 | 50 M Back | 37.59* | 39.69* | 41.79* | 43.89* | 50.09* | 56.39* |
| 2:02.39* | 1:48.89 | 1:35.29 | 1:30.69* | 1:26.19* | 1:21.69 | 100 M Back | 1:20.89* | 1:25.09* | 1:29.19* | 1:33.29* | 1:45.69* | 1:58.09* |
| 1:01.59 | 54.89 | 48.29 | 46.09 | 43.89 | 41.59 | 50 M Breast | 41.99 | 44.09 | 46.29 | 48.49 | 55.09 | 1:01.59 |
| 2:17.49* | 2:02.29* | 1:46.99* | 1:41.89* | 1:36.79* | 1:31.69* | 100 M Breast | 1:32.19 | 1:36.79 | 1:41.39 | 1:45.99 | 1:59.79 | 2:13.59 |
| 55.09 | 48.59 | 42.09 | 39.89 | 37.69* | 35.59 | 50 M Fly | 35.09 | 36.99 | 38.99 | 40.99 | 46.89 | 52.89 |
| 2:12.59* | 1:55.19* | 1:37.89* | 1:32.09* | 1:26.29* | 1:20.49* | 100 M Fly | 1:19.79* | 1:25.29* | 1:30.89* | 1:36.49* | 1:53.19* | 2:09.79* |
| 4:12.99* | 3:46.49* | 3:19.89* | 3:11.09* | 3:02.19* | 2:53.39* | 200 M IM | 2:52.99 | 3:01.69 | 3:10.29 | 3:18.89 | 3:44.79 | 4:10.69 |
| 11-12 Girls | | | | | | 11-12 Boys | | | | | | |
| 39.19 | 36.39 | 33.69 | 32.39 | 30.99 | 29.69 | 50 M Free | 28.49* | 29.79* | 31.19* | 32.59* | 35.29* | 37.99* |
| 1:25.79* | 1:19.59* | 1:13.49* | 1:10.49* | 1:07.39* | 1:04.29* | 100 M Free | 1:02.49* | 1:05.49* | 1:08.49* | 1:11.39* | 1:17.39* | 1:23.29* |
| 3:03.89* | 2:50.79* | 2:37.69* | 2:31.09* | 2:24.49* | 2:17.99* | 200 M Free | 2:15.59* | 2:21.99* | 2:28.49* | 2:34.89* | 2:47.79* | 3:00.69* |
| 6:27.79 | 6:00.09 | 5:32.39 | 5:18.49 | 5:04.69 | 4:50.79 | 400 M Free | 4:46.29* | 4:59.89* | 5:13.49* | 5:27.09* | 5:54.39* | 6:21.69* |
| 13:31.69* | 12:33.69* | 11:35.69* | 11:06.69* | 10:37.69* | 10:08.79* | 800 M Free | 10:04.69* | 10:33.39* | 11:02.19* | 11:30.99* | 12:28.59* | 13:26.19* |
| 26:04.19* | 24:12.39* | 22:20.69* | 21:24.89* | 20:28.99* | 19:33.09* | 1500 M Free | 19:27.39* | 20:22.99* | 21:18.59* | 22:14.19* | 24:05.29* | 25:56.49* |
| 45.49* | 42.29* | 38.99* | 37.39* | 35.79* | 34.19* | 50 M Back | 33.49 | 35.19* | 36.99 | 38.69* | 42.19* | 45.69* |
| 1:38.89* | 1:31.09* | 1:23.29* | 1:19.39* | 1:15.49* | 1:11.59* | 100 M Back | 1:11.79* | 1:15.69* | 1:19.69 | 1:23.59 | 1:31.39 | 1:39.19* |
| 3:30.29* | 3:15.29* | 3:00.19* | 2:52.69* | 2:45.19* | 2:37.69* | 200 M Back | 2:34.29* | 2:41.69* | 2:48.99* | 2:56.39* | 3:11.09* | 3:25.79* |
| 49.09 | 45.59 | 42.09 | 40.39 | 38.59 | 36.89 | 50 M Breast | 36.99 | 38.99 | 41.09 | 43.09 | 47.09 | 51.09 |
| 1:49.99 | 1:41.89 | 1:33.79 | 1:29.69 | 1:25.59 | 1:21.59 | 100 M Breast | 1:19.99* | 1:24.19* | 1:28.29* | 1:32.49* | 1:40.89* | 1:49.19* |
| 3:57.59 | 3:40.59 | 3:23.69 | 3:15.19 | 3:06.69 | 2:58.19 | 200 M Breast | 2:55.69* | 3:03.99* | 3:12.39* | 3:20.79* | 3:37.49* | 3:54.19* |
| 42.39* | 39.39* | 36.29* | 34.79* | 33.29* | 31.79* | 50 M Fly | 30.99* | 32.69* | 34.49* | 36.19* | 39.59* | 42.99* |
| 1:38.69 | 1:30.79 | 1:22.89 | 1:18.99 | 1:14.99 | 1:11.09 | 100 M Fly | 1:09.49* | 1:13.49* | 1:17.49* | 1:21.49* | 1:29.49* | 1:37.49* |
| 3:29.09* | 3:14.19* | 2:59.29* | 2:51.79* | 2:44.29* | 2:36.89* | 200 M Fly | 2:36.19* | 2:43.69* | 2:51.09* | 2:58.49* | 3:13.39* | 3:28.29* |
| 3:29.69* | 3:14.79* | 2:59.79* | 2:52.29* | 2:44.79* | 2:37.29* | 200 M IM | 2:34.49 | 2:42.39 | 2:50.19 | 2:58.09 | 3:13.89 | 3:29.59 |
| 7:27.89* | 6:55.89* | 6:23.99* | 6:07.99* | 5:51.99* | 5:35.99* | 400 M IM | 5:32.59* | 5:48.49* | 6:04.29* | 6:20.19* | 6:51.79* | 7:23.49* |
| 13-14 Girls | | | | | | 13-14 Boys | | | | | | |
| 37.89* | 35.19* | 32.49* | 31.09* | 29.79* | 28.39* | 50 M Free | 26.49* | 27.79* | 29.09* | 30.29* | 32.79* | 35.39* |
| 1:22.09* | 1:16.19* | 1:10.39* | 1:07.39* | 1:04.49* | 1:01.59* | 100 M Free | 57.79* | 1:00.49* | 1:03.29* | 1:05.99* | 1:11.49* | 1:16.99* |
| 2:57.09* | 2:44.39* | 2:31.79* | 2:25.39* | 2:19.09* | 2:12.79* | 200 M Free | 2:05.39* | 2:11.29* | 2:17.29* | 2:23.29* | 2:35.19* | 2:47.09* |
| 6:09.39 | 5:42.99 | 5:16.59 | 5:03.49 | 4:50.29 | 4:37.09 | 400 M Free | 4:24.99* | 4:37.59* | 4:50.19* | 5:02.79* | 5:27.99* | 5:53.29* |
| 12:35.99 | 11:41.99 | 10:47.99 | 10:20.99 | 9:53.99 | 9:26.99 | 800 M Free | 9:10.69* | 9:36.89* | 10:03.19* | 10:29.39* | 11:21.79* | 12:14.29* |
| 24:06.39 | 22:23.09 | 20:39.79 | 19:48.09 | 18:56.49 | 18:04.79 | 1500 M Free | 17:26.19* | 18:16.09* | 19:05.89* | 19:55.69* | 21:35.29* | 23:14.99* |
| 1:30.79* | 1:24.29* | 1:17.79* | 1:14.59* | 1:11.39* | 1:08.09* | 100 M Back | 1:05.09* | 1:08.19* | 1:11.39* | 1:14.49* | 1:20.59* | 1:26.89* |
| 3:15.29* | 3:01.29* | 2:47.39* | 2:40.39* | 2:33.49* | 2:26.49* | 200 M Back | 2:20.59* | 2:27.29* | 2:33.99* | 2:40.69* | 2:54.09* | 3:07.49* |
| 1:43.89* | 1:36.39* | 1:28.99* | 1:25.29* | 1:21.59* | 1:17.89* | 100 M Breast | 1:11.19* | 1:14.59* | 1:17.89* | 1:21.29* | 1:28.09* | 1:34.89* |
| 3:43.99 | 3:27.99 | 3:11.99 | 3:03.99 | 2:55.99 | 2:47.99 | 200 M Breast | 2:39.29* | 2:46.89* | 2:54.39* | 3:01.99* | 3:17.19* | 3:32.39* |
| 1:29.19* | 1:22.89* | 1:16.49* | 1:13.29* | 1:10.09* | 1:06.89* | 100 M Fly | 1:02.19* | 1:05.09* | 1:08.09* | 1:11.09* | 1:16.99* | 1:22.89* |
| 3:16.29* | 3:02.29* | 2:48.29* | 2:41.29* | 2:34.19* | 2:27.19* | 200 M Fly | 2:18.89* | 2:25.49* | 2:32.19* | 2:38.79* | 2:51.99* | 3:05.19* |
| 3:19.99* | 3:05.69* | 2:51.49* | 2:44.29* | 2:37.19* | 2:29.99* | 200 M IM | 2:22.09* | 2:28.89* | 2:35.69* | 2:42.39* | 2:55.99* | 3:09.49* |
| 7:01.19* | 6:31.09* | 6:00.99* | 5:45.99* | 5:30.99* | 5:15.89* | 400 M IM | 5:01.39* | 5:15.79* | 5:30.09* | 5:44.49* | 6:13.19* | 6:41.89* |
| 15-16 Girls | | | | | | 15-16 Boys | | | | | | |
| 37.09* | 34.49* | 31.79* | 30.49* | 29.19* | 27.79* | 50 M Free | 25.19* | 26.39* | 27.59* | 28.79* | 31.19* | 33.59* |
| 1:20.09* | 1:14.39* | 1:08.59* | 1:05.79* | 1:02.89* | 1:00.09* | 100 M Free | 55.19* | 57.89* | 1:00.49* | 1:03.09* | 1:08.39* | 1:13.59* |
| 2:51.79* | 2:39.49* | 2:27.19* | 2:21.09* | 2:14.99* | 2:08.79* | 200 M Free | 1:59.99* | 2:05.79* | 2:11.49* | 2:17.19* | 2:28.59* | 2:39.99* |
| 6:00.39* | 5:34.69* | 5:08.89* | 4:55.99* | 4:43.19* | 4:30.29* | 400 M Free | 4:13.99* | 4:26.09* | 4:38.09* | 4:50.19* | 5:14.39* | 5:38.59* |
| 12:23.29* | 11:30.19* | 10:37.09* | 10:10.59* | 9:44.09* | 9:17.49* | 800 M Free | 8:46.69* | 9:11.79* | 9:36.89* | 10:01.89* | 10:52.09* | 11:42.19* |
| 23:53.09 | 22:10.69 | 20:28.39 | 19:37.19 | 18:45.99 | 17:54.79 | 1500 M Free | 16:49.19* | 17:37.29* | 18:25.29* | 19:13.39* | 20:49.49* | 22:25.59* |
| 1:28.99* | 1:22.69* | 1:16.29* | 1:13.09* | 1:09.89* | 1:06.79* | 100 M Back | 1:01.79* | 1:04.79* | 1:07.69* | 1:10.59* | 1:16.49* | 1:22.39* |
| 3:11.69* | 2:57.99* | 2:44.29* | 2:37.49* | 2:30.69* | 2:23.79* | 200 M Back | 2:12.39* | 2:18.69* | 2:24.99* | 2:31.29* | 2:43.89* | 2:56.49* |
| 1:41.09* | 1:33.89* | 1:26.69* | 1:23.09* | 1:19.49* | 1:15.79* | 100 M Breast | 1:09.79* | 1:13.09* | 1:16.39* | 1:19.69* | 1:26.39* | 1:32.99* |
| 3:36.59* | 3:21.19* | 3:05.69* | 2:57.99* | 2:50.19* | 2:42.49* | 200 M Breast | 2:32.49 | 2:39.69 | 2:46.99 | 2:54.29 | 3:08.79 | 3:23.29 |
| 1:26.59* | 1:20.39* | 1:14.19* | 1:11.19* | 1:08.09* | 1:04.99* | 100 M Fly | 59.29* | 1:02.09* | 1:04.89* | 1:07.69* | 1:13.39* | 1:18.99* |
| 3:09.69* | 2:56.19* | 2:42.69* | 2:35.89* | 2:29.09* | 2:22.29* | 200 M Fly | 2:11.79* | 2:18.09* | 2:24.29* | 2:30.59* | 2:43.19* | 2:55.69* |
| 3:15.19* | 3:01.19* | 2:47.29* | 2:40.29* | 2:33.39* | 2:26.39* | 200 M IM | 2:16.39* | 2:22.89* | 2:29.39* | 2:35.89* | 2:48.89* | 3:01.79* |
| 6:48.99* | 6:19.79* | 5:50.59* | 5:35.99* | 5:21.39* | 5:06.79* | 400 M IM | 4:46.19* | 4:59.89* | 5:13.49* | 5:27.09* | 5:54.39* | 6:21.59* |
| 17-18 Girls | | | | | | 17-18 Boys | | | | | | |
| 36.79* | 34.09* | 31.49* | 30.19* | 28.89* | 27.59* | 50 M Free | 24.49* | 25.69* | 26.79* | 27.99* | 30.29* | 32.59* |
| 1:19.79* | 1:14.09* | 1:08.39* | 1:05.59* | 1:02.69* | 59.89* | 100 M Free | 54.09* | 56.59* | 59.19* | 1:01.79* | 1:06.89* | 1:12.09* |
| 2:51.09* | 2:38.89* | 2:26.69* | 2:20.59* | 2:14.39* | 2:08.29* | 200 M Free | 1:57.99* | 2:03.59* | 2:09.19* | 2:14.79* | 2:26.09* | 2:37.29* |
| 6:00.99 | 5:35.19 | 5:09.39 | 4:56.49 | 4:43.59 | 4:30.69 | 400 M Free | 4:11.29* | 4:23.29* | 4:35.19* | 4:47.19* | 5:11.09* | 5:34.99* |
| 12:19.59 | 11:26.79 | 10:33.99 | 10:07.59 | 9:41.09 | 9:14.69 | 800 M Free | 8:44.19 | 9:09.19 | 9:34.09 | 9:59.09 | 10:48.99 | 11:38.89 |
| 23:39.89 | 21:58.49 | 20:17.09 | 19:26.39 | 18:35.59 | 17:44.89 | 1500 M Free | 16:38.19 | 17:25.69 | 18:13.29 | 19:00.79 | 20:35.79 | 22:10.89 |
| 1:29.49* | 1:23.09* | 1:16.69* | 1:13.49* | 1:10.39* | 1:07.19* | 100 M Back | 1:00.49* | 1:03.39* | 1:06.29* | 1:09.19* | 1:14.89* | 1:20.69* |
| 3:11.89* | 2:58.19* | 2:44.49* | 2:37.69* | 2:30.79* | 2:23.99* | 200 M Back | 2:12.19 | 2:18.49 | 2:24.79 | 2:30.99* | 2:43.59* | 2:56.19* |
| 1:39.59* | 1:32.49* | 1:25.29* | 1:21.79* | 1:18.19* | 1:14.69* | 100 M Breast | 1:08.59 | 1:11.89 | 1:15.19 | 1:18.39 | 1:24.99 | 1:31.49 |
| 3:36.19* | 3:20.79* | 3:05.29* | 2:57.59* | 2:49.89* | 2:42.19* | 200 M Breast | 2:28.79* | 2:35.89* | 2:42.99* | 2:50.09* | 3:04.19* | 3:18.39* |
| 1:25.59* | 1:19.49* | 1:13.39* | 1:10.29* | 1:07.29* | 1:04.19* | 100 M Fly | 58.29* | 1:01.09* | 1:03.89* | 1:06.59* | 1:12.19* | 1:17.69* |
| 3:08.49* | 2:55.09* | 2:41.59* | 2:34.89* | 2:28.09* | 2:21.39* | 200 M Fly | 2:08.29* | 2:14.39* | 2:20.49* | 2:26.69* | 2:38.89* | 2:51.09* |
| 3:13.49* | 2:59.69* | 2:45.89* | 2:38.99* | 2:31.99* | 2:25.09* | 200 M IM | 2:12.39* | 2:18.69* | 2:24.99* | 2:31.29* | 2:43.89* | 2:56.49* |
| 6:50.69* | 6:21.29* | 5:51.99* | 5:37.29* | 5:22.69* | 5:07 | | | | | | | |

2009-2012 National Age Group Motivational Times

9/12/2008

Short Course Yards

| B Min | BB Min | A Min | AA Min | AAA Min | AAAA Min | AAAA Min | AAA Min | AA Min | A Min | BB Min | B Min |
|-----------------------------|-----------|-----------|-----------|-----------|-----------|----------------------------|-----------|-----------|-----------|-----------|-----------|
| 10 & Under Girls | | | | | | 10 & Under Boys | | | | | |
| 39.79* | 35.99* | 32.19* | 30.89* | 29.59* | 28.29* | 50 Y Free | 27.99* | 29.19* | 30.39* | 31.59* | 38.89* |
| 1:31.29* | 1:21.59* | 1:11.89* | 1:08.69* | 1:05.39* | 1:02.19* | 100 Y Free | 1:01.49 | 1:04.59 | 1:07.69 | 1:10.79 | 1:29.19 |
| 3:20.19 | 2:58.29 | 2:36.39 | 2:29.09 | 2:21.79 | 2:14.39 | 200 Y Free | 2:12.89 | 2:19.29 | 2:25.59 | 2:31.89 | 3:09.89 |
| 8:30.49 | 7:39.49 | 6:48.39 | 6:31.39 | 6:14.39 | 5:57.39 | 500 Y Free | 5:54.09 | 6:10.89 | 6:27.79 | 6:44.59 | 8:25.79 |
| 48.79* | 43.49 | 38.09* | 36.39 | 34.59 | 32.79 | 50 Y Back | 32.79* | 34.59* | 36.49* | 38.29* | 49.19* |
| 1:45.69 | 1:33.99 | 1:22.19 | 1:18.29 | 1:14.39 | 1:10.49 | 100 Y Back | 1:10.49* | 1:14.09* | 1:17.69* | 1:21.29* | 1:42.89* |
| 53.59 | 47.79 | 41.99 | 40.09 | 38.19 | 36.29 | 50 Y Breast | 36.49* | 38.39* | 40.29* | 42.19* | 53.59* |
| 1:59.99 | 1:46.69 | 1:33.39 | 1:28.89 | 1:24.49 | 1:19.99 | 100 Y Breast | 1:19.79* | 1:23.79* | 1:27.79* | 1:31.79* | 1:55.69* |
| 48.79 | 42.99 | 37.29 | 35.29 | 33.39 | 31.49 | 50 Y Fly | 31.29 | 33.09 | 34.89 | 36.69 | 47.29 |
| 1:57.49 | 1:42.09 | 1:26.69 | 1:21.59 | 1:16.49 | 1:11.29 | 100 Y Fly | 1:10.79* | 1:15.69* | 1:20.59* | 1:25.59* | 1:55.19* |
| 1:44.99* | 1:33.79* | 1:22.59* | 1:18.89* | 1:15.19* | 1:11.49* | 100 Y IM | 1:10.89* | 1:14.29* | 1:17.69* | 1:21.09* | 1:41.29* |
| 3:42.69 | 3:19.39 | 2:55.99 | 2:48.19 | 2:40.39 | 2:32.69 | 200 Y IM | 2:32.49 | 2:40.09 | 2:47.69 | 2:55.29 | 3:40.89 |
| 11-12 Girls | | | | | | 11-12 Boys | | | | | |
| 34.29* | 31.89* | 29.49* | 28.29* | 27.09* | 25.99* | 50 Y Free | 25.09 | 26.19 | 28.59 | 30.99 | 33.39 |
| 1:13.59 | 1:08.29 | 1:03.09 | 1:00.49 | 57.79 | 55.19 | 100 Y Free | 54.79* | 57.39* | 59.99* | 1:02.69* | 1:13.09* |
| 2:43.19* | 2:31.49* | 2:19.89* | 2:14.09* | 2:08.19* | 2:02.39* | 200 Y Free | 1:59.19* | 2:04.89* | 2:10.49* | 2:16.19* | 2:27.49* |
| 7:10.79 | 6:40.09 | 6:09.29 | 5:53.89 | 5:38.49 | 5:23.09 | 500 Y Free | 5:19.09 | 5:34.29 | 5:49.49 | 6:04.69 | 7:05.49 |
| 15:00.29* | 13:55.99* | 12:51.69* | 12:19.49* | 11:47.39* | 11:15.19* | 1000 Y Free | 11:07.59* | 11:39.29* | 12:11.09* | 12:42.89* | 14:50.09* |
| 25:16.19* | 23:27.89* | 21:39.59* | 20:45.49* | 19:51.29* | 18:57.19* | 1650 Y Free | 18:43.09* | 19:36.59* | 20:30.09* | 21:23.59* | 24:57.49* |
| 39.59* | 36.79* | 33.89* | 32.49* | 31.09* | 29.69* | 50 Y Back | 28.99* | 30.49* | 31.99* | 33.49* | 39.49* |
| 1:27.99* | 1:21.09* | 1:14.19* | 1:10.69* | 1:07.29* | 1:03.79* | 100 Y Back | 1:02.19 | 1:05.59 | 1:08.89 | 1:12.29 | 1:25.79 |
| 3:01.89* | 2:48.89* | 2:35.89* | 2:29.39* | 2:22.99* | 2:16.49* | 200 Y Back | 2:13.79* | 2:20.19* | 2:26.49* | 2:32.89* | 2:58.39* |
| 44.09* | 40.89* | 37.79* | 36.19* | 34.59* | 33.09* | 50 Y Breast | 32.09* | 33.79* | 35.59* | 37.29* | 44.29* |
| 1:36.39 | 1:29.29 | 1:22.19 | 1:18.59 | 1:15.09 | 1:11.49 | 100 Y Breast | 1:09.69* | 1:13.29* | 1:16.89* | 1:20.49* | 1:35.09* |
| 3:26.39* | 3:11.69* | 2:56.89* | 2:49.59* | 2:42.19* | 2:34.79* | 200 Y Breast | 2:31.29* | 2:38.49* | 2:45.69* | 2:52.89* | 3:21.69* |
| 37.79* | 35.09* | 32.39* | 31.09* | 29.69* | 28.39* | 50 Y Fly | 27.59* | 29.09* | 30.59* | 32.09* | 38.19* |
| 1:27.19* | 1:20.19* | 1:13.19* | 1:09.79* | 1:06.29* | 1:02.79* | 100 Y Fly | 1:01.09* | 1:04.59* | 1:08.19* | 1:11.69* | 1:25.79* |
| 3:04.99* | 2:51.79* | 2:38.59* | 2:31.99* | 2:25.39* | 2:18.79* | 200 Y Fly | 2:15.89* | 2:22.39* | 2:28.79* | 2:35.29* | 3:01.19* |
| 1:26.29* | 1:20.09* | 1:13.99* | 1:10.89* | 1:07.79* | 1:04.69* | 100 Y IM | 1:02.39* | 1:05.39* | 1:08.49* | 1:11.49* | 1:23.69* |
| 3:03.79* | 2:50.69* | 2:37.59* | 2:30.99* | 2:24.39* | 2:17.89* | 200 Y IM | 2:14.99* | 2:21.79* | 2:28.69* | 2:35.59* | 3:03.09* |
| 6:32.19* | 6:04.19* | 5:36.09* | 5:22.09* | 5:08.09* | 4:54.09* | 400 Y IM | 4:47.79* | 5:01.49* | 5:15.19* | 5:28.89* | 6:23.69* |
| 13-14 Girls | | | | | | 13-14 Boys | | | | | |
| 33.39 | 30.99 | 28.69 | 27.49 | 26.29 | 25.09 | 50 Y Free | 22.99* | 24.09* | 25.19* | 26.29* | 30.69* |
| 1:12.49* | 1:07.39 | 1:02.19 | 59.59 | 56.99* | 54.39* | 100 Y Free | 50.29* | 52.69* | 55.09* | 57.39* | 1:06.99* |
| 2:36.09* | 2:24.99* | 2:13.79* | 2:08.19* | 2:02.69* | 1:57.09* | 200 Y Free | 1:49.59* | 1:54.79* | 1:59.99* | 2:05.29* | 2:26.09* |
| 6:51.79 | 6:22.39 | 5:52.99 | 5:38.29 | 5:23.49 | 5:08.79 | 500 Y Free | 4:53.29* | 5:07.29* | 5:21.29* | 5:35.19* | 6:31.09* |
| 14:08.89 | 13:08.29 | 12:07.59 | 11:37.29 | 11:06.99 | 10:36.69 | 1000 Y Free | 10:09.39* | 10:38.39* | 11:07.39* | 11:36.39* | 13:32.49* |
| 23:34.19 | 21:53.19 | 20:12.19 | 19:21.69 | 18:31.19 | 17:40.69 | 1650 Y Free | 16:51.29* | 17:39.39* | 18:27.59* | 19:15.69* | 22:28.29* |
| 1:19.89* | 1:14.19* | 1:08.49* | 1:05.59* | 1:02.79* | 59.89* | 100 Y Back | 56.19* | 58.89* | 1:01.49* | 1:04.19* | 1:14.89* |
| 2:51.79 | 2:39.59 | 2:27.29 | 2:21.19 | 2:14.99 | 2:08.89 | 200 Y Back | 2:00.99* | 2:06.69* | 2:12.49* | 2:18.19* | 2:41.29* |
| 1:30.59* | 1:24.09* | 1:17.59* | 1:14.39* | 1:11.19* | 1:07.89* | 100 Y Breast | 1:03.09* | 1:06.09* | 1:09.09* | 1:12.09* | 1:24.09* |
| 3:14.59* | 3:00.69* | 2:46.79* | 2:39.79* | 2:32.89* | 2:25.89* | 200 Y Breast | 2:16.79 | 2:23.29 | 2:29.79 | 2:36.29 | 3:02.39 |
| 1:19.09* | 1:13.49* | 1:07.79* | 1:04.99* | 1:02.19* | 59.39* | 100 Y Fly | 54.99* | 57.59* | 1:00.29* | 1:02.89* | 1:13.29* |
| 2:53.39 | 2:40.99 | 2:28.59 | 2:22.39 | 2:16.29 | 2:10.09 | 200 Y Fly | 2:02.79* | 2:08.59* | 2:14.39* | 2:20.29* | 2:43.69* |
| 2:55.49* | 2:42.99* | 2:30.49* | 2:24.19* | 2:17.89* | 2:11.69* | 200 Y IM | 2:02.79* | 2:08.59* | 2:14.39* | 2:20.29* | 2:43.69* |
| 6:10.79* | 5:44.29* | 5:17.79* | 5:04.59* | 4:51.29* | 4:38.09* | 400 Y IM | 4:22.89* | 4:35.49* | 4:47.99* | 5:00.49* | 5:50.59* |
| 15-16 Girls | | | | | | 15-16 Boys | | | | | |
| 32.69* | 30.39* | 27.99* | 26.89* | 25.69* | 24.49* | 50 Y Free | 22.19 | 23.19* | 25.29* | 27.39* | 29.49* |
| 1:10.89* | 1:05.79* | 1:00.79* | 58.19* | 55.69* | 53.19* | 100 Y Free | 48.29* | 50.59* | 52.89* | 55.19* | 1:04.39* |
| 2:32.09* | 2:21.19* | 2:10.39* | 2:04.89* | 1:59.49* | 1:54.09* | 200 Y Free | 1:45.09* | 1:50.09* | 1:55.09* | 2:00.09* | 2:20.09* |
| 6:45.29* | 6:16.29* | 5:47.39* | 5:32.89* | 5:18.49* | 5:03.99* | 500 Y Free | 4:43.79* | 4:57.29* | 5:10.79* | 5:24.29* | 6:18.39* |
| 13:55.19 | 12:55.49 | 11:55.89 | 11:25.99 | 10:56.19 | 10:26.39 | 1000 Y Free | 9:48.19 | 10:16.19 | 10:44.19 | 11:12.19 | 12:08.19 |
| 23:18.79 | 21:38.89 | 19:58.89 | 19:08.99 | 18:18.99 | 17:29.09 | 1650 Y Free | 16:26.99 | 17:13.99 | 18:00.99 | 18:47.99 | 20:21.89 |
| 1:17.69* | 1:12.09* | 1:06.59* | 1:03.79* | 1:00.99* | 58.29* | 100 Y Back | 53.49* | 55.99* | 58.59* | 1:01.09* | 1:11.29* |
| 2:47.89* | 2:35.89* | 2:23.89* | 2:17.89* | 2:11.89* | 2:05.89* | 200 Y Back | 1:55.79* | 2:01.29* | 2:06.79* | 2:12.39* | 2:34.39* |
| 1:28.29* | 1:21.99* | 1:15.69* | 1:12.49* | 1:09.39* | 1:06.19* | 100 Y Breast | 1:00.29* | 1:03.19* | 1:05.99* | 1:08.89* | 1:20.39* |
| 3:09.99* | 2:56.39* | 2:42.79* | 2:35.99* | 2:29.29* | 2:22.49* | 200 Y Breast | 2:11.39 | 2:17.59 | 2:23.89 | 2:30.09 | 2:42.59 |
| 1:17.39* | 1:11.79* | 1:06.29* | 1:03.59* | 1:00.79* | 57.99* | 100 Y Fly | 52.59* | 55.09* | 57.59* | 1:00.09* | 1:10.09* |
| 2:48.59* | 2:36.49* | 2:24.49* | 2:18.49* | 2:12.39* | 2:06.39* | 200 Y Fly | 1:56.69* | 2:02.29* | 2:07.79* | 2:13.39* | 2:35.59* |
| 2:51.49* | 2:39.29* | 2:26.99* | 2:20.89* | 2:14.79* | 2:08.69* | 200 Y IM | 1:58.29* | 2:03.89* | 2:09.49* | 2:15.09* | 2:26.39* |
| 6:01.49* | 5:35.69* | 5:09.89* | 4:56.99* | 4:44.09* | 4:31.19* | 400 Y IM | 4:11.89* | 4:23.89* | 4:35.79* | 4:47.79* | 5:11.79* |
| 17-18 Girls | | | | | | 17-18 Boys | | | | | |
| 32.39* | 30.09* | 27.79* | 26.59* | 25.49* | 24.29* | 50 Y Free | 21.49* | 22.49* | 23.49* | 24.49* | 28.59* |
| 1:09.89* | 1:04.89* | 59.89* | 57.39* | 54.89* | 52.39* | 100 Y Free | 46.89* | 49.19* | 51.39* | 53.59* | 1:02.59* |
| 2:30.99* | 2:20.29* | 2:09.49* | 2:04.09* | 1:58.69* | 1:53.29* | 200 Y Free | 1:43.29* | 1:48.19* | 1:53.19* | 1:58.09* | 2:17.69* |
| 6:42.39* | 6:13.69* | 5:44.99* | 5:30.59* | 5:16.19* | 5:01.79* | 500 Y Free | 4:37.99 | 4:51.19 | 5:04.49 | 5:17.69 | 6:10.59 |
| 13:52.59 | 12:53.09 | 11:53.59 | 11:23.89 | 10:54.19 | 10:24.39 | 1000 Y Free | 9:40.89 | 10:08.49 | 10:36.19 | 11:03.89 | 11:59.19 |
| 23:06.19 | 21:27.19 | 19:48.19 | 18:58.69 | 18:09.19 | 17:19.69 | 1650 Y Free | 16:08.79 | 16:54.89 | 17:41.09 | 18:27.19 | 19:59.39 |
| 1:17.19* | 1:11.69* | 1:06.19* | 1:03.39* | 1:00.59* | 57.89* | 100 Y Back | 51.79* | 54.29* | 56.79* | 59.19* | 1:04.19* |
| 2:47.29* | 2:35.39* | 2:23.39* | 2:17.39* | 2:11.49* | 2:05.49* | 200 Y Back | 1:52.99 | 1:58.29 | 2:03.69 | 2:09.09 | 2:19.89 |
| 1:27.79* | 1:21.49* | 1:15.29* | 1:12.09* | 1:08.99* | 1:05.89* | 100 Y Breast | 59.09 | 1:01.89 | 1:04.79 | 1:07.59 | 1:13.19 |
| 3:09.29* | 2:55.79* | 2:42.29* | 2:35.49* | 2:28.69* | 2:21.99* | 200 Y Breast | 2:08.69* | 2:14.79* | 2:20.89* | 2:27.09* | 2:39.29* |
| 1:16.39* | 1:10.99* | 1:05.49* | 1:02.79* | 59.99* | 57.29* | 100 Y Fly | 51.29* | 53.79* | 56.19* | 58.69* | 1:03.59* |
| 2:46.49* | 2:34.59* | 2:22.69* | 2:16.69* | 2:10.79* | 2:04.89* | 200 Y Fly | 1:53.39 | 1:58.79 | 2:04.19 | 2:09.59 | 2:20.39 |
| 2:49.49* | 2:37.39* | 2:25.29* | 2:19.29* | 2:13.19* | 2:07.19* | 200 Y IM | 1:55.19* | 2:00.69* | 2:06.19* | 2:11.69* | 2:22.59* |
| 6:01.29* | 5:35.49* | 5:09.69* | 4:56.79* | 4:43.89* | 4:30.99* | 400 Y IM | 4:07.09* | 4:18.89* | 4:30.69* | 4:42.39* | 5:05.99* |

2009-2012 National Age Group Motivational Times

9/12/2008

Short Course Meters

| B Min | BB Min | A Min | AA Min | AAA Min | AAAA Min | 500 M | 1000 M | 1500 M | 2000 M | 2500 M | 3000 M | 3500 M | 4000 M |
|-----------------------------|-----------|-----------|-----------|-----------|-----------|--------------|-------------------|-----------|-----------|-----------|-----------|-----------|--------|
| 10 & Under Girls | | | | | | | | | | | | | |
| 43.99* | 39.79* | 35.49* | 34.09* | 32.69* | 31.29* | 50 M Free | 30.99* | 32.29* | 33.59* | 34.89* | 38.89* | 42.89* | |
| 1:40.89* | 1:30.19* | 1:19.49* | 1:15.89* | 1:12.29* | 1:08.69* | 100 M Free | 1:07.99 | 1:11.39 | 1:14.79 | 1:18.19 | 1:28.29 | 1:38.49 | |
| 3:41.19 | 3:16.99 | 2:52.79 | 2:44.69 | 2:36.59 | 2:28.59 | 200 M Free | 2:26.89 | 2:33.89 | 2:40.89 | 2:47.89 | 3:08.89 | 3:29.79 | |
| 7:26.79 | 6:42.09 | 5:57.39 | 5:42.49 | 5:27.69 | 5:12.79 | 400 M Free | 5:09.89 | 5:24.59 | 5:39.39 | 5:54.09 | 6:38.39 | 7:22.69 | |
| 53.89* | 47.99* | 42.09* | 40.19 | 38.19 | 36.19* | 50 M Back | 36.29* | 38.29* | 40.29* | 42.29* | 48.29* | 54.29* | |
| 1:56.79 | 1:43.79 | 1:30.89 | 1:26.49 | 1:22.19 | 1:17.89 | 100 M Back | 1:17.89* | 1:21.89* | 1:25.89* | 1:29.79* | 1:41.69* | 1:53.69* | |
| 59.19 | 52.79 | 46.49 | 44.29 | 42.19 | 40.09 | 50 M Breast | 40.39* | 42.49* | 44.59* | 46.69* | 52.99* | 59.29* | |
| 2:12.59 | 1:57.89 | 1:43.19 | 1:38.29 | 1:33.39 | 1:28.39 | 100 M Breast | 1:28.19* | 1:32.59* | 1:36.99* | 1:41.39* | 1:54.59* | 2:07.79* | |
| 53.89 | 47.49 | 41.19 | 38.99 | 36.89 | 34.79 | 50 M Fly | 34.59 | 36.59 | 38.49 | 40.49 | 46.39 | 52.19 | |
| 2:09.79 | 1:52.79 | 1:35.79 | 1:30.19 | 1:24.49 | 1:18.79 | 100 M Fly | 1:18.19* | 1:23.69* | 1:29.09* | 1:34.59* | 1:50.89* | 2:07.29* | |
| 1:55.99* | 1:43.59* | 1:31.29* | 1:27.19* | 1:23.09* | 1:18.99* | 100 M IM | 1:18.39* | 1:22.09* | 1:25.79* | 1:29.59* | 1:40.69* | 1:51.89* | |
| 4:06.09 | 3:40.29 | 3:14.49 | 3:05.89 | 2:57.29 | 2:48.69 | 200 M IM | 2:48.49 | 2:56.89 | 3:05.29 | 3:13.69 | 3:38.89 | 4:04.09 | |
| 11-12 Girls | | | | | | | 11-12 Boys | | | | | | |
| 37.89* | 35.19* | 32.59* | 31.29* | 29.99* | 28.69* | 50 M Free | 27.69 | 28.99 | 30.29 | 31.59 | 34.29 | 36.89 | |
| 1:21.29 | 1:15.49 | 1:09.69 | 1:06.79 | 1:03.89 | 1:00.99 | 100 M Free | 1:00.59* | 1:03.49* | 1:06.29* | 1:09.19* | 1:14.99* | 1:20.79* | |
| 3:00.29* | 2:47.39* | 2:34.59* | 2:28.09* | 2:21.69* | 2:15.29* | 200 M Free | 2:11.69* | 2:17.99* | 2:24.19* | 2:30.49* | 2:42.99* | 2:55.59* | |
| 6:17.09 | 5:50.09 | 5:23.19 | 5:09.69 | 4:56.29 | 4:42.79 | 400 M Free | 4:39.29 | 4:52.59 | 5:05.89 | 5:19.19 | 5:45.79 | 6:12.39 | |
| 13:07.89* | 12:11.59* | 11:15.39* | 10:47.19* | 10:19.09* | 9:50.89* | 800 M Free | 9:44.19* | 10:11.99* | 10:39.89* | 11:07.69* | 12:03.29* | 12:58.89* | |
| 25:07.39* | 23:19.69* | 21:32.09* | 20:38.19* | 19:44.39* | 18:50.59* | 1500 M Free | 18:36.59* | 19:29.79* | 20:22.89* | 21:16.09* | 23:02.49* | 24:48.79* | |
| 43.69* | 40.59* | 37.49* | 35.89* | 34.39* | 32.79* | 50 M Back | 31.99* | 33.69* | 35.29* | 36.99* | 40.29* | 43.69* | |
| 1:37.29* | 1:29.59* | 1:21.99* | 1:18.09* | 1:14.29* | 1:10.49* | 100 M Back | 1:08.69 | 1:12.39 | 1:16.19 | 1:19.89 | 1:27.39 | 1:34.79 | |
| 3:20.99* | 3:06.69* | 2:52.29* | 2:45.09* | 2:37.99* | 2:30.79* | 200 M Back | 2:27.79* | 2:34.89* | 2:41.89* | 2:48.89* | 3:02.99* | 3:17.09* | |
| 48.69* | 45.19* | 41.69* | 39.99* | 38.29* | 36.49* | 50 M Breast | 35.49* | 37.39* | 39.29* | 41.19* | 45.09* | 48.89* | |
| 1:46.59 | 1:38.69 | 1:30.79 | 1:26.89 | 1:22.89 | 1:18.99 | 100 M Breast | 1:16.99* | 1:20.99* | 1:24.99* | 1:28.99* | 1:36.99* | 1:44.99* | |
| 3:48.09* | 3:31.79* | 3:15.49* | 3:07.39* | 2:59.19* | 2:51.09* | 200 M Breast | 2:47.09* | 2:55.09* | 3:03.09* | 3:10.99* | 3:26.89* | 3:42.79* | |
| 41.79* | 38.79* | 35.79* | 34.29* | 32.79* | 31.39* | 50 M Fly | 30.39* | 32.09* | 33.79* | 35.49* | 38.89* | 42.29* | |
| 1:36.29* | 1:28.59* | 1:20.89* | 1:17.09* | 1:13.19* | 1:09.39* | 100 M Fly | 1:07.49* | 1:11.39* | 1:15.29* | 1:19.19* | 1:26.99* | 1:34.79* | |
| 3:24.39* | 3:09.79* | 2:55.19* | 2:47.89* | 2:40.59* | 2:33.29* | 200 M Fly | 2:30.19* | 2:37.29* | 2:44.49* | 2:51.59* | 3:05.89* | 3:20.19* | |
| 1:35.39* | 1:28.59* | 1:21.69* | 1:18.29* | 1:14.89* | 1:11.49* | 100 M IM | 1:08.89* | 1:12.29* | 1:15.69* | 1:18.99* | 1:25.69* | 1:32.39* | |
| 3:23.09* | 3:08.59* | 2:54.09* | 2:46.79* | 2:39.59* | 2:32.29* | 200 M IM | 2:29.09* | 2:36.69* | 2:44.29* | 2:51.89* | 3:07.09* | 3:22.29* | |
| 7:13.29* | 6:42.39* | 6:11.39* | 5:55.99* | 5:40.49* | 5:24.99* | 400 M IM | 5:17.99* | 5:33.09* | 5:48.29* | 6:03.39* | 6:33.69* | 7:03.99* | |
| 13-14 Girls | | | | | | | 13-14 Boys | | | | | | |
| 36.89 | 34.29 | 31.69 | 30.29 | 28.99 | 27.69 | 50 M Free | 25.49* | 26.69* | 27.89* | 29.09* | 31.49* | 33.89* | |
| 1:20.19 | 1:14.39* | 1:08.69* | 1:05.79* | 1:02.99 | 1:00.09* | 100 M Free | 55.49* | 58.19* | 1:00.79* | 1:03.49* | 1:08.79* | 1:13.99* | |
| 2:52.49* | 2:40.19* | 2:27.89* | 2:21.69* | 2:15.49* | 2:09.39* | 200 M Free | 2:01.09* | 2:06.89* | 2:12.59* | 2:18.39* | 2:29.89* | 2:41.49* | |
| 6:00.39 | 5:34.59 | 5:08.89 | 4:55.99 | 4:43.19 | 4:30.29 | 400 M Free | 4:16.69* | 4:28.99* | 4:41.19* | 4:53.39* | 5:17.79* | 5:42.29* | |
| 12:22.89 | 11:29.89 | 10:36.79 | 10:10.29 | 9:43.69 | 9:17.19 | 800 M Free | 8:53.29* | 9:18.69* | 9:44.09* | 10:09.49* | 11:00.29* | 11:50.99* | |
| 23:25.99 | 21:45.59 | 20:05.09 | 19:14.89 | 18:24.69 | 17:34.49 | 1500 M Free | 16:45.39* | 17:33.29* | 18:21.09* | 19:08.99* | 20:44.69* | 22:20.49* | |
| 1:28.29* | 1:21.99* | 1:15.69* | 1:12.49* | 1:09.39* | 1:06.19* | 100 M Back | 1:02.09* | 1:04.99* | 1:07.99* | 1:10.99* | 1:16.89* | 1:22.79* | |
| 3:09.89 | 2:56.29 | 2:42.79 | 2:35.99 | 2:29.19 | 2:22.39 | 200 M Back | 2:13.69* | 2:19.99* | 2:26.39* | 2:32.79* | 2:45.49* | 2:58.19* | |
| 1:40.09* | 1:32.89* | 1:25.79* | 1:22.19* | 1:18.59* | 1:15.09* | 100 M Breast | 1:09.69* | 1:12.99* | 1:16.29* | 1:19.59* | 1:26.29* | 1:32.89* | |
| 3:34.99* | 3:19.69* | 3:04.29* | 2:56.59* | 2:48.89* | 2:41.29* | 200 M Breast | 2:31.19 | 2:38.39 | 2:45.59 | 2:52.69 | 3:07.09 | 3:21.49 | |
| 1:27.39* | 1:21.19* | 1:14.89* | 1:11.79* | 1:08.69* | 1:05.59* | 100 M Fly | 1:00.79* | 1:03.69* | 1:06.59* | 1:09.49* | 1:15.29* | 1:20.99* | |
| 3:11.59 | 2:57.89 | 2:44.19 | 2:37.39 | 2:30.59 | 2:23.69 | 200 M Fly | 2:15.59* | 2:22.09* | 2:28.49* | 2:34.99* | 2:47.89* | 3:00.79* | |
| 3:13.99* | 3:00.09* | 2:46.29* | 2:39.29* | 2:32.39* | 2:25.49* | 200 M IM | 2:15.59* | 2:22.09* | 2:28.49* | 2:34.99* | 2:47.89* | 3:00.79* | |
| 6:49.69* | 6:20.39* | 5:51.19* | 5:36.49* | 5:21.89* | 5:07.29* | 400 M IM | 4:50.49* | 5:04.39* | 5:18.19* | 5:31.99* | 5:59.69* | 6:27.39* | |
| 15-16 Girls | | | | | | | 15-16 Boys | | | | | | |
| 36.09* | 33.59* | 30.99* | 29.69* | 28.39* | 27.09* | 50 M Free | 24.49 | 25.69 | 26.79* | 27.99 | 30.29* | 32.59* | |
| 1:18.29* | 1:12.69* | 1:07.09* | 1:04.29* | 1:01.49* | 58.69* | 100 M Free | 53.39* | 55.99* | 58.49* | 1:00.99* | 1:06.09* | 1:11.19* | |
| 2:47.99* | 2:35.99* | 2:23.99* | 2:17.99* | 2:11.99* | 2:05.99* | 200 M Free | 1:56.09* | 2:01.59* | 2:07.19* | 2:12.69* | 2:23.69* | 2:34.79* | |
| 5:54.69* | 5:29.39* | 5:03.99* | 4:51.39* | 4:38.69* | 4:25.99* | 400 M Free | 4:08.39* | 4:20.19* | 4:31.99* | 4:43.79* | 5:07.49* | 5:31.09* | |
| 12:10.89 | 11:18.69 | 10:26.49 | 10:00.39 | 9:34.29 | 9:08.19 | 800 M Free | 8:34.69* | 8:59.19* | 9:23.79* | 9:48.29* | 10:37.29* | 11:26.29* | |
| 23:10.59 | 21:31.29 | 19:51.99 | 19:02.29 | 18:12.59 | 17:22.99 | 1500 M Free | 16:21.19 | 17:07.89 | 17:54.69 | 18:41.39 | 20:14.79 | 21:48.29 | |
| 1:25.79* | 1:19.69* | 1:13.59* | 1:10.49* | 1:07.39* | 1:04.39* | 100 M Back | 59.09* | 1:01.89* | 1:04.69* | 1:07.49* | 1:13.19* | 1:18.79* | |
| 3:05.49* | 2:52.19* | 2:38.99* | 2:32.39* | 2:25.69* | 2:19.09* | 200 M Back | 2:07.99* | 2:14.09* | 2:20.19* | 2:26.29* | 2:38.39* | 2:50.59* | |
| 1:37.59* | 1:30.59* | 1:23.59* | 1:20.09* | 1:16.69* | 1:13.19* | 100 M Breast | 1:06.59* | 1:09.79* | 1:12.99* | 1:16.09* | 1:22.49* | 1:28.79* | |
| 3:29.89* | 3:14.89* | 2:59.89* | 2:52.39* | 2:44.89* | 2:37.39* | 200 M Breast | 2:25.19 | 2:32.09 | 2:38.99 | 2:45.89 | 2:59.69 | 3:13.49 | |
| 1:25.49* | 1:19.39* | 1:13.29* | 1:10.19* | 1:07.19* | 1:04.09* | 100 M Fly | 58.09* | 1:00.89* | 1:03.69* | 1:06.39* | 1:11.99* | 1:17.49* | |
| 3:06.19* | 2:52.89* | 2:39.59* | 2:32.99* | 2:26.29* | 2:19.69* | 200 M Fly | 2:08.99* | 2:15.09* | 2:21.29* | 2:27.39* | 2:39.69* | 2:51.99* | |
| 3:09.49* | 2:55.99* | 2:42.49* | 2:35.69* | 2:28.89* | 2:22.19* | 200 M IM | 2:10.69* | 2:16.89* | 2:23.09* | 2:29.29* | 2:41.79* | 2:54.19* | |
| 6:39.49* | 6:10.99* | 5:42.39* | 5:28.19* | 5:13.89* | 4:59.59* | 400 M IM | 4:38.29* | 4:51.59* | 5:04.79* | 5:18.09* | 5:44.59* | 6:11.09* | |
| 17-18 Girls | | | | | | | 17-18 Boys | | | | | | |
| 35.79* | 33.19* | 30.69* | 29.39* | 28.09* | 26.89* | 50 M Free | 23.69* | 24.79* | 25.99* | 27.09* | 29.29* | 31.59* | |
| 1:17.19 | 1:11.69* | 1:06.19* | 1:03.39* | 1:00.69* | 57.89* | 100 M Free | 51.89* | 54.29* | 56.79* | 59.29* | 1:04.19* | 1:09.09* | |
| 2:46.89* | 2:34.99* | 2:23.09* | 2:17.09* | 2:11.09* | 2:05.19* | 200 M Free | 1:54.19* | 1:59.59* | 2:04.99* | 2:10.49* | 2:21.29* | 2:32.19* | |
| 5:52.19* | 5:27.09* | 5:01.89* | 4:49.29* | 4:36.69* | 4:24.19* | 400 M Free | 4:03.29 | 4:14.89 | 4:26.49 | 4:37.99 | 5:01.19 | 5:24.39 | |
| 12:08.59 | 11:16.59 | 10:24.49 | 9:58.49 | 9:32.49 | 9:06.49 | 800 M Free | 8:28.39 | 8:52.59 | 9:16.79 | 9:40.99 | 10:29.39 | 11:17.79 | |
| 22:58.19 | 21:19.69 | 19:41.29 | 18:52.09 | 18:02.79 | 17:13.59 | 1500 M Free | 16:03.19 | 16:48.99 | 17:34.89 | 18:20.69 | 19:52.49 | 21:24.19 | |
| 1:25.29* | 1:19.19* | 1:13.09* | 1:10.09* | 1:06.99* | 1:03.99* | 100 M Back | 57.29* | 59.99* | 1:02.69* | 1:05.49* | 1:10.89* | 1:16.39* | |
| 3:04.89* | 2:51.69* | 2:38.49* | 2:31.89* | 2:25.29* | 2:18.69* | 200 M Back | 2:04.79 | 2:10.79 | 2:16.69 | 2:22.59 | 2:34.49 | 2:46.39 | |
| 1:36.99* | 1:30.09* | 1:23.19* | 1:19.69* | 1:16.19* | 1:12.79* | 100 M Breast | 1:05.29 | 1:08.39 | 1:11.59 | 1:14.69 | 1:20.89 | 1:27.09 | |
| 3:29.19* | 3:14.19* | 2 | | | | | | | | | | | |