

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Relay Results

2009 MN Foxj Minnesota Long Co 30-Jul-09 to 02-Aug-09 LC Meters

South East Metro Sharks [SEMS-MN] Coach: Eric Severson

Time	F/P/S	Relay			Place	Points
Event # 7 Female 13-14 200 Medley						
2:14.30L	F	A Relay 55-64	South East Metro Sharks		10	14
			Mikayla C. Mayer (14)	Kelsie J. Carter (14)	Meredith M. Ubel (13)	Melanie T. Rabino (14)
		35.55		38.24	30.91	29.60
2:19.33L	F	B Relay 54-63	South East Metro Sharks		18	---
			Sydney C. Swanson (13)	Rachel R. Treadway (14)	Taylor N. Johnson (13)	Marina L. Rizzo (14)
		36.38		40.53	32.78	29.64
Event # 8 Male 13-14 200 Medley						
2:24.56L	F	A Relay 53-62	South East Metro Sharks		15	4
			Eric B. Westfall (13)	Justin N. Kong (14)	Samuel M. Scholz (13)	David A. Scholz (13)
		38.90		36.32	36.14	33.20
Event # 9 Female 15-16 200 Medley						
2:12.14L	F	A Relay 64-73	South East Metro Sharks		8	22
			Alyssa M. Kong (16)	Gabe Gazzola (16)	Britta M. Sortland (16)	Cassie Cedarholm (16)
		33.65		39.70	29.76	29.03
Event # 11 Female 17 & Over 200 Medley						
2:11.18L	F	A Relay 70-79	South East Metro Sharks		11	12
			Steph Johnson (17)	Natalie R. Lugg (17)	Heather N. Crandall (19)	Lizzy Gross (17)
		35.33		35.50	32.35	28.00
2:24.36L	F	B Relay 66-75	South East Metro Sharks		32	---
			Jordan M. Skaar (18)	Anna C. Fitzgerald (17)	Maddy Peters (13)	Hana L. Verhoeven (18)
		37.58		41.58	33.75	31.45
Event # 12 Male 17 & Over 200 Medley						
1:58.38L	F	A Relay 61-70	South East Metro Sharks		16	2
			Matt Koken (15)	Alec Kandt (13)	Brandon Hadj Romdhane (18)	Victor Lugg (15)
		30.63		33.44	27.75	26.56
Event # 31 Female 13-14 200 Free						
1:56.52L	F	A Relay 54-63	South East Metro Sharks		8	22
			Meredith M. Ubel (13)	Mikayla C. Mayer (14)	Melanie T. Rabino (14)	Taylor N. Johnson (13)
		28.94		27.97	29.84	29.77
2:02.90L	F	B Relay 54-63	South East Metro Sharks		22	---
			Maddy Peters (13)	Sydney C. Swanson (13)	Kelsie J. Carter (14)	Marina L. Rizzo (14)
		30.80		30.22	31.99	29.89
Event # 32 Male 13-14 200 Free						
2:04.90L	F	A Relay 53-62	South East Metro Sharks		18	---
			Justin N. Kong (14)	David A. Scholz (13)	Eric B. Westfall (13)	Samuel M. Scholz (13)
		27.51		33.07	33.43	30.89
Event # 35 Female 17 & Over 200 Free						
1:52.23L	F	A Relay 66-75	South East Metro Sharks		3	32
			Britta M. Sortland (16)	Lizzy Gross (17)	Alyssa M. Kong (16)	Natalie R. Lugg (17)
		28.04		27.52	28.57	28.10
1:59.71L	F	B Relay 69-78	South East Metro Sharks		19	---
			Steph Johnson (17)	Cassie Cedarholm (16)	Anna C. Fitzgerald (17)	Heather N. Crandall (19)
		30.40		28.77	31.09	29.45
2:06.03L	F	C Relay 64-73	South East Metro Sharks		35	---
			Hana L. Verhoeven (18)	Rachel R. Treadway (14)	Jordan M. Skaar (18)	MollyPatt Horan (14)
		31.49		30.83	31.28	32.43
Event # 36 Male 17 & Over 200 Free						
1:44.25L	F	A Relay 61-70	South East Metro Sharks		15	4
			Alec Kandt (13)	Brandon Hadj Romdhane (18)	Victor Lugg (15)	Matt Koken (15)
		27.34		25.23	26.39	25.29

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Time	F/P/S	Relay				Place	Points
Event # 55 Female 13-14 400 Medley							
4:59.74L	F	A Relay 55-64	South East Metro Sharks			12	10
			Mikayla C. Mayer (14)	Kelsie J. Carter (14)	Meredith M. Ubel (13)		Melanie T. Rabino (14)
			37.79	38.87	39.95		45.21
			33.12	40.03	30.62		34.15
5:00.67L	F	B Relay 54-63	South East Metro Sharks			13	8
			Sydney C. Swanson (13)	Taylor N. Johnson (13)	Rachel R. Treadway (14)		Marina L. Rizzo (14)
			36.82	37.80	41.82		46.68
			33.15	38.96	31.20		34.24
Event # 56 Male 13-14 400 Medley							
5:18.26L	F	A Relay 53-62	South East Metro Sharks			17	---
			Eric B. Westfall (13)	Justin N. Kong (14)	Samuel M. Scholz (13)		David A. Scholz (13)
			41.05	41.78	37.89		45.80
			36.19	43.00	35.47		37.08
Event # 59 Female 17 & Over 400 Medley							
4:44.26L	F	A Relay 66-75	South East Metro Sharks			7	24
			Alyssa M. Kong (16)	Natalie R. Lugg (17)	Britta M. Sortland (16)		Lizzy Gross (17)
			33.98	38.82	36.65		44.35
			30.92	38.24	1:01.30		
5:04.70L	F	B Relay 70-79	South East Metro Sharks			24	---
			Jordan M. Skaar (18)	Steph Johnson (17)	Heather N. Crandall (19)		Cassie Cedarholm (16)
			39.28	39.80	41.37		47.57
			33.80	39.34	29.99		33.55
DQ	F	C Relay 62-71	South East Metro Sharks			---	---
			MollyPatt Horan (14)	Anna C. Fitzgerald (17)	Maddy Peters (13)		Hana L. Verhoeven (18)
			39.69	41.97	42.67		51.06
			35.15	42.11	32.85		37.27
Event # 60 Male 17 & Over 400 Medley							
4:27.40L	F	A Relay 61-70	South East Metro Sharks			17	---
			Matt Koken (15)	Alec Kandt (13)	Brandon Hadj Romdhane (18)		Victor Lugg (15)
			33.26	35.85	34.26		41.14
			28.60	33.07	28.64		32.58
Event # 89A Female 13-14 800 Free							
9:22.30L	F	A Relay 13-22	South East Metro Sharks			5	28
			Maddy Peters (13)	Melanie T. Rabino (14)	Taylor N. Johnson (13)		Meredith M. Ubel (13)
			32.44	35.25	36.19		35.05
			31.77	35.70	36.58		36.15
			33.45	36.26	37.21		36.53
			30.94	35.29	36.71		36.78
Event # 89C Female 17 & Over 800 Free							
9:09.34L	F	A Relay 17-26	South East Metro Sharks			5	28
			Britta M. Sortland (16)	Natalie R. Lugg (17)	Alyssa M. Kong (16)		Lizzy Gross (17)
			31.32	35.14	36.52		36.14
			31.63	36.52	35.80		34.87
			30.88	34.66	35.94		36.20
			30.42	33.87	35.17		34.26

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Time	F/P/S	Relay				Place	Points
Event # 90C Male 17 & Over 800 Free							
8:42.35L	F	A Relay 17-26	South East Metro Sharks			13	8
		Brandon Hadj Romdhane (18)	Alec Kandt (13)	Justin N. Kong (14)	Matt Koken (15)		
		29.33	31.44	32.21	32.23		
		30.09	34.78	35.96	33.95		
		29.99	34.28	35.65	36.25		
		28.67	32.29	33.38	31.85		
Event # 91 Female 13-14 400 Free							
4:14.85L	F	A Relay 55-64	South East Metro Sharks			6	26
		Maddy Peters (13)	Mikayla C. Mayer (14)	Meredith M. Ubel (13)	Melanie T. Rabino (14)		
		31.17	33.97	30.10	33.39		
		29.24	32.98	30.51	33.49		
4:27.22L	F	B Relay 53-62	South East Metro Sharks			14	6
		Taylor N. Johnson (13)	Marina L. Rizzo (14)	Sydney C. Swanson (13)	Rachel R. Treadway (14)		
		31.47	34.52	31.77	35.43		
		31.90	34.60	31.55	35.98		
Event # 95 Female 17 & Over 400 Free							
4:10.44L	F	A Relay 68-77	South East Metro Sharks			7	24
		Cassie Cedarholm (16)	Lizzy Gross (17)	Britta M. Sortland (16)	Alyssa M. Kong (16)		
		29.91	32.86	29.49	32.86		
		29.39	32.81	28.98	34.14		
4:26.10L	F	B Relay 68-77	South East Metro Sharks			20	---
		Natalie R. Lugg (17)	Steph Crandall (18)	Steph Johnson (17)	Hana L. Verhoeven (18)		
		30.02	34.14	30.93	35.76		
		31.57	34.96	31.93	36.79		
	DQ	F	C Relay 66-75	South East Metro Sharks		---	---
		Jordan M. Skaar (18)	Lindsey T. Lewis (13)	Anna C. Fitzgerald (17)	Heather N. Crandall (19)		
Event # 96 Male 17 & Over 400 Free							
3:54.59L	F	A Relay 60-69	South East Metro Sharks			16	2
		Brandon Hadj Romdhane (18)	Justin N. Kong (14)	Alec Kandt (13)	Matt Koken (15)		
		27.25	29.37	28.61	32.01		
		28.76	32.59	26.67	29.33		
Event #115 Female 11-12 400 Medley							
5:24.82L	F	A Relay 48-57	South East Metro Sharks			14	6
		Devin M. Cicha (12)	Linnea M. Rizzo (12)	Daphne A. Kroells (12)	Lissy Dorsch (12)		
		38.59	40.09	40.57	47.03		
		40.54	48.50	32.43	37.07		
Event #133 Female 10 & Under 200 Medley							
3:22.94L	F	A Relay 36-45	South East Metro Sharks			30	---
		Melissa M. Parker (8)		Lucia Rizzo (9)	Emma Pomeroy (10)		
		53.64	1:45.28	44.02			
Event #135 Female 11-12 200 Medley							
2:27.35L	F	A Relay 48-57	South East Metro Sharks			14	6
		Devin M. Cicha (12)	Linnea M. Rizzo (12)	Ana C. Sortland (12)	Lissy Dorsch (12)		
		36.61	40.41	38.48	31.85		
Event #155 Female 11-12 400 Free							
4:42.28L	F	A Relay 48-57	South East Metro Sharks			12	10
		Devin M. Cicha (12)	Linnea M. Rizzo (12)	Ana C. Sortland (12)	Lissy Dorsch (12)		
		32.19	35.56	32.60	35.43		
		35.04	39.64	33.89	37.93		

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Event #157 Female 11-12 200 Free

2:05.53L F	A Relay 48-57	South East Metro Sharks	8	22
Devin M. Cicha (12)	30.67	Linnea M. Rizzo (12)	Lissy Dorsch (12)	Ana C. Sortland (12)
		30.95	32.09	31.82

Event #159 Female 10 & Under 200 Free

2:47.36L F	A Relay 36-45	South East Metro Sharks	28	---
Lucia Rizzo (9)	38.06	Melissa M. Parker (8)	_____	Emma Pomeroy (10)
		42.68	1:26.62	