

**SOUTH EAST METRO SHARKS  
SWIM CLUB, INC.**

**Relay Results**

**2009 MN HASA Fall ABC Open-Monster Splash 24-Oct-09 to 25-Oct-09 Yards**  
**South East Metro Sharks [SEMS-MN] Coach: Eric Severson**

**Event # 26 Female 12 & Under 200 Medley**

|                           |                 |                         |                         |                           |    |
|---------------------------|-----------------|-------------------------|-------------------------|---------------------------|----|
| 2:15.35Y F                | A Relay 46-55   | South East Metro Sharks | SEMS MN                 | 2                         | 34 |
| Devin Cicha (12)          |                 | Linnea M. Rizzo (12)    | Emily A. Dahl (11)      | Sophie Rabino (11)        |    |
| 31.71 (31.71)             | 1:07.38 (35.67) | 1:43.00 (35.62)         | 2:15.35 (32.35)         |                           |    |
| 2:43.22Y F                | B Relay 45-54   | South East Metro Sharks | SEMS MN                 | 11                        | 12 |
| Sophia G. Carpentier (11) |                 | Abby Thor (11)          | Kaitlyn M. Coleman (12) | Kendra K. Strickland (11) |    |
| 50.39 (50.39)             | 1:33.88 (43.49) | 2:11.45 (37.57)         | 2:43.22 (31.77)         |                           |    |
| 3:15.03Y F                | C Relay 44-53   | South East Metro Sharks | SEMS MN                 | 15                        | 4  |
| Caitlin L. Pace (11)      |                 | Lizzie LeBow (11)       | Kelly D. Bosch (11)     | Emma Pomeroy (11)         |    |
| 51.70 (51.70)             | 1:42.38 (50.68) | 2:38.17 (55.79)         | 3:15.03 (36.86)         |                           |    |

**Event # 27 Female Senior 200 Medley**

|                       |                 |                         |                        |                   |     |
|-----------------------|-----------------|-------------------------|------------------------|-------------------|-----|
| 2:41.93Y F DNF        | A Relay 53-62   | South East Metro Sharks | SEMS MN                | ---               | --- |
| Lindsey T. Lewis (14) |                 | Marina L. Rizzo (14)    | Taylor N. Johnson (13) | Maddy Strong (12) |     |
| 34.26 (34.26)         | 1:11.92 (37.66) | 1:41.45 (29.53)         | 2:41.93 (1:00.48)      |                   |     |

**Event # 28 Male Senior 200 Medley**

|                         |               |                         |                  |                       |     |
|-------------------------|---------------|-------------------------|------------------|-----------------------|-----|
| 2:01.03Y F              | A Relay 58-67 | South East Metro Sharks | SEMS MN          | 4                     | --- |
| Austin J. Davidson (15) |               | Alec Kandt (14)         | Mitch Coutu (16) | Eric B. Westfall (13) |     |
| 28.33 (28.33)           | 57.89 (29.56) | 1:33.54 (35.65)         | 2:01.03 (27.49)  |                       |     |

**Event # 29 Male 14 & Under 200 Medley**

|                   |                 |                         |                  |                    |     |
|-------------------|-----------------|-------------------------|------------------|--------------------|-----|
| 2:45.87Y F DQ     | A Relay 53-62   | South East Metro Sharks | SEMS MN          | ---                | --- |
| Joey Bennett (13) |                 | Dan Ehle (14)           | Joey Trevis (13) | Eric M. Solem (13) |     |
| 54.96 (54.96)     | 1:33.97 (39.01) | 2:16.16 (42.19)         | 2:45.87 (29.71)  |                    |     |

**Event # 78 Female 15 & Over 200 Free**

|                      |                 |                         |                       |                        |    |
|----------------------|-----------------|-------------------------|-----------------------|------------------------|----|
| 1:57.44Y F           | A Relay 54-63   | South East Metro Sharks | SEMS MN               | 2                      | 34 |
| Marina L. Rizzo (14) |                 | Molly M. Hamer (13)     | Lindsey T. Lewis (14) | Taylor N. Johnson (13) |    |
| 27.48 (27.48)        | 1:02.16 (34.68) | 1:30.90 (28.74)         | 1:57.44 (26.54)       |                        |    |

**Event # 79 Male Senior 200 Free**

|                 |               |                         |                 |                  |     |
|-----------------|---------------|-------------------------|-----------------|------------------|-----|
| 1:36.38Y F      | A Relay 59-68 | South East Metro Sharks | SEMS MN         | 1                | --- |
| Matt Koken (15) |               | Austin J. Davidson (15) | Alec Kandt (14) | Victor Lugg (15) |     |
| 23.37 (23.37)   | 47.95 (24.58) | 1:11.66 (23.71)         | 1:36.38 (24.72) |                  |     |

**Event # 80 Male 14 & Under 200 Free**

|                    |                 |                         |                   |                       |     |
|--------------------|-----------------|-------------------------|-------------------|-----------------------|-----|
| 2:06.57Y F         | A Relay 52-61   | South East Metro Sharks | SEMS MN           | 4                     | --- |
| Eric M. Solem (13) |                 | Joey Trevis (13)        | Jake Shogren (13) | Ryan C. Schiferl (13) |     |
| 30.27 (30.27)      | 1:00.75 (30.48) | 1:32.36 (31.61)         | 2:06.57 (34.21)   |                       |     |

**Event # 81 Female 12 & Under 200 Free**

|                      |                 |                         |                         |                           |    |
|----------------------|-----------------|-------------------------|-------------------------|---------------------------|----|
| 1:56.04Y F           | A Relay 48-57   | South East Metro Sharks | SEMS MN                 | 2                         | 34 |
| Linnea M. Rizzo (12) |                 | Daphne A. Kroells (12)  | Maddy Strong (12)       | Devin Cicha (12)          |    |
| 27.51 (27.51)        | 57.94 (30.43)   | 1:29.61 (31.67)         | 1:56.04 (26.43)         |                           |    |
| 2:15.00Y F           | B Relay 44-53   | South East Metro Sharks | SEMS MN                 | 9                         | 18 |
| Emily A. Dahl (11)   |                 | Abby Thor (11)          | Carly Baumann (11)      | Sophie Rabino (11)        |    |
| 32.65 (32.65)        | 1:07.79 (35.14) | 1:42.18 (34.39)         | 2:15.00 (32.82)         |                           |    |
| 2:24.58Y F           | C Relay 45-54   | South East Metro Sharks | SEMS MN                 | 12                        | 10 |
| Emma Pomeroy (11)    |                 | Lizzie LeBow (11)       | Kaitlyn M. Coleman (12) | Kendra K. Strickland (11) |    |
| 39.85 (39.85)        | 1:20.79 (40.94) | 1:53.54 (32.75)         | 2:24.58 (31.04)         |                           |    |