

# Riptide 3<sup>rd</sup> Annual I Heart Swimming A, B, C Invitational

## RIPTIDE SWIM TEAM

Friday, February 12, 2016 — to — Sunday, February 14, 2016

**Sanction Number:** MN16W-12-123Y

**Time Trial Number:** MN16W-12-124Y

### Held under the sanction of USA Swimming.

In granting this sanction it is understood and agreed that USA Swimming and Minnesota Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Meet Director:** Steve Nelson - riptentries@gmail.com

**Inquiries:** Steve Nelson - riptentries@gmail.com

**Emergency Phone:** 952.953.2922.

**Meet Type:** Invitational

**Teams Invited:** Any USA Swimming team, first come, first served

**Fees:**  
\$1.50 - MSI entry fee/swimmer  
\$6.00 - facility fee/swimmer  
\$5.00- splash fee/individual event  
\$20.00 per Relay

**Time Schedule:** Friday warmups begin at 5:00pm with the meet beginning at 6:00pm. Saturday and Sunday warmups begin at 8:00am with the meet beginning at 9:00am, afternoon session warmups will begin no later than 1:30pm with the warmup beginning no later than 1230pm.

**Awards, Prizes and Scoring:** 1<sup>st</sup> through 8<sup>th</sup> Place

**Programs:** Programs will be provided via:  Pdf on host website

**Amenities:** There will be NO CAMPING within Bluewater Aquatic Center. Snacks, Soda and Water will be available for purchase at the front desk.

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### FACILITY/LOCATION

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**Meet Location:** Bluewater Aquatic Center, 5885 149th Street W., Apple Valley, MN.

**Directions:** Directions from North metro, take I-35E south from St. Paul to exit 92, Hwy 77 South/Cedar Ave. Head south approximately 3 miles and turn left onto 140th Street W. Proceed approximately 1.5 miles and turn right onto Johnny Cake Ridge Road. After slightly less than 1 mile, turn left onto 149th Street W. The pool is on your left.

Directions from the South metro, take I-35 north veering to the right onto I-35E. Take exit 88B for County Road 42 heading east. Proceed 4.6 miles and turn left onto Johnny Cake Ridge Road. Take next right onto 149th Street W. The pool is on your left.

Directions from WI: From I-94 to Exit 249, 494 South. Continue on Hwy 494 South. Take exit 70 for Hwy 35E South toward Albert Lea. Take Exit 92 to merge onto MN-77 S/Cedar Ave. Turn Left on 140th St. W. Turn Right on Johnny Cake Ridge Road. Turn left onto 149th St. West. Destination will be on the left.

- Facility:** 8 lanes, 25 yard indoors pool with lanes and backstroke pennants. Slanted Starting blocks are 28 inches above the water surface.
- Water depth:** The minimum water depth, measured in accordance with Article 103.2.3 is 3.5 ft at the start end and 8 ft at the turn end.
- Course certification:** The competition course has NOT been certified in accordance to 104 2 2C(4).
- Other:** No parking at Wise Swim School or TAGS Gymnastics
- Meet Lane Timing Needs: A motion was passed on 10/20/1998 that states: "During all MSI regularly bid, sanctioned events, visiting clubs will provide timers as necessary for the duration of the competition. The meet will not begin until the timing needs have been met. The host club may not place requirements on any individual team to participate at any specific level."
- If your club would like to help out on a specific time or day, please contact the Meet Director.
- Electronic timing system with backup buttons and/or watches, horn start and touchpads at one end of the pool.

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## ENTRIES

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- Entries To:** riptentries@gmail.com
- Form of Entries:** Preferred method for entries is email.
- Entry Start Date:** Entries will be accepted beginning at 8:00 pm on Monday, December 21, 2015
- Entry Close Date:** Entries will close at 12:00 on Tuesday, February 02, 2016 . This is the final date that entries will be accepted.
- Entry Limitations:** Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day, not including relays. All seed times must be in yards

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## ELIGIBILITY / ATHLETES

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- Eligibility:** This meet is an ABC Invitational.
- Racing start Certification:** Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- USA Swimming Membership:** No swimmer will be permitted to compete unless the swimmer is a member as Provided in Article 302 of USA Swimming Rules. All coaches must be current members as provided in Article 302 of USA Swimming Rules. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25 fine per swimmer.
- Swimmers without A Coach Present:** USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

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## MEET ADMINISTRATION, CONDUCT

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- Coach's Meeting:** Will take place on a regular basis at the discretion of the referee.
- Warm-up:** Current MSI and USA Swimming Rules will govern all aspects of the warm-ups. If warmup procedures have been modified to accommodate the size of the meet, the procedures MUST be prominently posted in the pool area.
- Swimmers and coaches are expected to be acquainted with all rules and regulations; the NO Diving and Slip-In Entry rules will be strictly enforced.
- Distance Events:** Heats for distance events may be combined across gender at the Meet Referee's discretion. 1000 and 1650 Freestyle are seeded fastest to slowest and swum alternating women and men heats. If prelim/finals meet, the fastest seeded heat for both men and women is swum with finals. Minnesota Scratch rules will be in effect. . These events will be seeded fastest to slowest. Each swimmer will be responsible to bring their own lap counter.
- Time Trials:** Time trials will be offered, time permitting, and as decided by the meet referee who may specify entry restrictions to keep the time trials at a reasonable size. Time trials are open only to swimmers in the meet. Cost is \$ 10.00 per event. Requests must be submitted through the swimmers coach (or assigned coach).
- Open Lane Swims:** The MSI "Open Lane Swim" procedure Willbe available at this meet. The open lane fee is \$ 10.00. Sign-up is on a first come basis at the timing table. Swimmers must be registered in the swim meet in order to have the opportunity to participate in Open Lane Swims. In the event of a missed heat, the Referee will determine if the missed swim may occur and how it is conducted. Swimmers may swim events for which they have no times. Swimmers may not exceed the event limit of4 events including Open Lane Swims. Swimmers may scratch an event in order to swim on Open Lane Swim to stay within the entry limit. No refunds will be given for scratched events.
- Rules and Regulations:** All information, rules and regulations including time standards, schedules, order of events, meet operations, and requirements will be in accordance with Minnesota Swimming Inc. policies, rules and regulations and USA Swimming Rules and Regulations current edition, and take precedence over any errors or omissions on this form.
- Changes to the Meet Information:** Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.
- Prohibited:**
- ✓ **Deck changing:** Deck changes are prohibited.
  - ✓ **Use of audio or visual recording devices** including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

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**ORDER OF EVENTS**

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<b>Friday</b>			
<b>G</b>	<b>Age</b>	<b>Event</b>	<b>B</b>
1	8 & U	50 Free	2
3	9 - 10	50 Free	4
5	11 - 12	50 Free	6
7	13 - 14	50 Free	8
9	Open	50 Free	
10	11 - 12	500 Free	11
12	13 - 14	500 Free	
13	Open	500 Free	14

<b>Saturday AM</b>			
<b>G</b>	<b>Age</b>	<b>Event</b>	<b>B</b>
	11 - 12	200 Free Relay	15
16	10 & U	200 Free Relay	17
18	8 & U	50 Breast	19
20	9 - 10	50 Breast	21
	11 - 12	50 Breast	22
23	8 & U	50 Back	24
25	9 - 10	50 Back	26
	11 - 12	50 Back	27
28	8 & U	100 Free	29
30	9 - 10	100 Free	31
	11 - 12	100 Free	32
33	8 & U	50 Fly	34
35	9 - 10	50 Fly	36
	11 - 12	50 Fly	37
38	8 & U	100 IM	39
40	9 - 10	100 IM	41
	11 - 12	100 IM	42

<b>Sunday AM</b>			
<b>G</b>	<b>Age</b>	<b>Event</b>	<b>B</b>
75	10 & U	200 Medley Relay	76
	11 - 12	200 Medley Relay	77
78	10 & U	100 Back	79
	11 - 12	100 Back	80
81	10 & U	100 Breast	82
	11 - 12	100 Breast	83
84	10 & U	200 IM	85
	11 - 12	200 IM	86
87	10 & U	100 Fly	88
	11 - 12	100 Fly	89
90	10 & U	200 Free	91
	11 - 12	200 Free	92

Saturday PM			
G	Age	Event	B
43	12 & U	200 Free Relay	
44	13 - 14	200 Free Relay	45
46	OPEN	200 Free Relay	47
48	11 - 12	50 Fly	
49	13 - 14	200 Fly	50
51	OPEN	200 Fly	52
53	11 - 12	100 IM	
54	13 - 14	100 IM	55
56	OPEN	100 IM	57
58	11 - 12	50 Back	
59	13 - 14	200 Back	60
61	OPEN	200 Back	62
63	11 - 12	100 Free	
64	13 - 14	100 Free	65
66	OPEN	100 Free	67
68	11 - 12	50 Breast	
69	13 - 14	100 Breast	70
71	OPEN	100 Breast	72
<b>10 Minute Break</b>			
73	OPEN	400 IM	74

Sunday PM			
G	Age	Event	B
93	11 - 12	200 Medley Relay	
94	14 & U	200 Medley Relay	95
96	OPEN	200 Medley Relay	97
98	11 - 12	200 Free	
99	13 - 14	200 Free	100
101	OPEN	200 Free	102
103	11 - 12	100 Back	
104	13 - 14	100 Back	105
106	OPEN	100 Back	107
108	11 - 12	200 IM	
109	13 - 14	200 IM	110
111	OPEN	200 IM	112
113	11 - 12	100 Breast	
114	13 - 14	200 Breast	115
116	OPEN	200 Breast	117
118	11 - 12	100 Fly	
119	13 - 14	100 Fly	120
121	OPEN	100 Fly	122
<b>10 Minute Break</b>			
123	OPEN	1650 Free	124

Meet Calculation Form

**Riptide 3rd Annual I Heart Swimming A, B, C Invitational  
RIPTIDE SWIM TEAM  
Friday, February 12, 2016 - Sunday, February 14, 2016**

Sanction Number: MN16W-12-123Y  
Time Trial Number: MN16W-12-124Y

Entering Club's Name: \_\_\_\_\_ Club Code \_\_\_\_\_

Coach: \_\_\_\_\_ Phone # \_\_\_\_\_

Entries Person: \_\_\_\_\_ Phone # \_\_\_\_\_

**Entry Data Costs:**

MSI Entry Fee: \_\_\_\_\_ # of Swimmers entered x \$1.50 = \$ \_\_\_\_\_.

\_\_\_\_\_ Total Splashes x \$ 5.00 = \$ \_\_\_\_\_ # of boys \_\_\_\_\_ # of girls \_\_\_\_\_

\_\_\_\_\_ Total Relays x \$ \$20.00 = \$ \_\_\_\_\_

\_\_\_\_\_ Total Facility fee x \$ 6.00 = \$ \_\_\_\_\_

**Total Due = \$ \_\_\_\_\_**

**Make checks payable to:** Riptide Swim Team. Full payment due no later than February 12, 2016

**E-Mail results to:** Name \_\_\_\_\_

Email Address \_\_\_\_\_

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

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**Who should we contact if there is a problem with your entry file?**

Name \_\_\_\_\_

Phone: Day \_\_\_\_\_ Night \_\_\_\_\_