



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**NYCY MANTA RAYS**  
YMCA OF SOUTHERN MAINE | Northern York County Branch

## TeamUnify Account

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During the registration process, you will be asked to provide your email address which will be used as your username for our team website. Once registered, your password and instructions for accessing your account will be sent via email (Returning members use their existing account). Important notes:

- In order to add your Swimmer(s), we will need their legal first and last names (no abbreviations or nicknames) and also their middle initial. This will help us ensure accurate swim meet entries and the availability of your swimmers results. Also, optional USA Swimming registration requires an ID# that is derived from certain characters of each swimmers name and birth date (ID's are considered private information to be used only for USA Swimming registration and official team business).
- Your primary email address will become the main point of contact for important notifications about team events and updates throughout the season. If you find that are not receiving team emails, please let us know immediately. Secondary email addresses can be added as needed to allow other family members to also receive team notifications.

## Team Communication

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### Parents

Parents are encouraged to speak with the coaches before or after practice or to set up a time that is convenient. Please do not try to talk to coaches during practice or when they are busy during a swim meet. Also, while email is very convenient, the swim season can be quite hectic and people may not have time to respond to emails immediately. Team notifications will typically have answers to common questions about specific events as they come up on the calendar. If you find that are not receiving team emails, please let us know immediately. A great way to always be "in the know" is to sign up to help out during team hosted events. MRPAC members can help you with common questions, and can get you started in volunteering.

### Swimmers

The coaches are there to answer your questions during practice, and also help you with your goals. At swim meets, feel free to speak with the coach about your events.

## Swimsuits and Gear

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Team Suit Orders: Complete information on team suits and sizing will be posted on the team website "Events" page at the start of each Fall/Winter season. Swim Outlet Store: For practice suits, goggles, gear bags and other gear visit our NYCY Manta Rays Affiliate page [Team Store on Swim Outlet](#)

## Parent OnDeck APP

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Parents have the option of installing the free OnDeck app on their smartphone. This app is integrated into the teams online data base and will allow you to download your swimmers times, meet info. and team news to your device. Visit the TeamUnify website for details and download links.