



**MS Swimming, Inc.
Long Course State Championships
July 17-20, 2008**

Sanction: Held under the sanction of USA Swimming and MS Swimming, Inc. Meet Sanction: **MSI#0819** /Time Trial: **MSI#0819TT**

Location: Delta State Aquatic Club, Delta State University, Cleveland, MS 38733. Phone #: (662) 846-4730.

Facilities: Indoor 8 lane, 50 meter by 25-yard competition pool. The long course venue for this meet includes 8 lanes, 9 feet wide, six-inch Competitor lane lines, 7 feet minimum depth, with one removable Stark bulkhead. The timing will be run on a Colorado Time System 6 and Colorado System Myriad Full Matrix LED Scoreboard, with pads at both ends, and Hy-Tek Meet Manager. Equipment includes Paragon tract Competitor starting blocks with electronic relay take-off equipment. The building is designed with permanent seating for 800. Continuous warm-down area will be provided at the west end of the pool. Hospitality for coaches and officials. Concessions, bleachers for swimmers, and first aid will be provided. Parents and spectators are not allowed on the pool deck, unless they are timing or officiating.

Rules: Current USA Swimming Rules will govern the conduct of the meet.

Meet Committee: A committee of 5 will be chosen by the Chief Referee before the meet to settle any differences. The committee will be composed of an athlete, at least one coach, and three other non-athlete registered members of USA Swimming. Meet committee members will not be allowed in the meeting if the grievance is about their team. Alternates will be appointed in case of conflict(s) of interest.

Officials: Only MSI certified officials will be used. No provisional officials will be trained at this meet unless you are training to be certified as an Administrative Referee. (if you are training as an Administrative Referee you must have met all requirements to be able to work as Administrative Referee)

The Chief Referee will allow all disabled swimmers to participate in the MSI Championship Swim Meets even if they do not have qualifying times. They can score points for their team if they swim the qualifying time(s) in the events they swim during finals (timed finals).

Coaches: Please send names of officials willing to work to the Chief Referee. Coaches must be current USA Swimming Coach members in order to perform deck duties and be prepared to show credentials if requested. If a coach is currently not certified, he/she may observe the meet as any other spectator, but may not be on the deck.

Eligibility: Current USA Swimming registered swimmers who are in good standing with Mississippi Swimming, Inc. and who have established MSI qualifying times at or since the 2007 Long Course Championships through entry deadline, midnight, July 10, 2008, are eligible.

All swimmers must be registered in Mississippi Swimming through USA Swimming at least 15 days prior to the first day of the meet and must have swum in a MSI sanctioned meet since the first day of the Long Course State Championship 2007.

The swimmer's age as of the first day of the meet will determine the swimmer's age group for the meet.

Swimmers may qualify with long course meter, short course yards or short course meter. The **B** time standard will be used for 50 and 100 distance events.

Swimmers may qualify with **BB** time standards for 200 and above distances.

Senior events will use the 15-16 time standards.

Eligibility: Each relay team must have at least two swimmers who have a qualifying time for the age group of the relay. If not, the relay will be disqualified.

'Relay Only' swimmers must be entered in the meet by the end of warm-ups on Thursday afternoon for the entire meet. Entries on the recap sheet must show name, age, and a current USA Swimming number of all entered swimmers. This also applies for relay only swimmers. Put the relay only swimmers on a separate sheet provided on Page 12 (last page) of this Meet Information.

Seeding: Seeding will be according to Article 102.5 of USA Swimming Rules and Regulations.

Non-conforming Times: Swimmers who have achieved the 'B' or 'BB' time, as appropriate, in a corresponding event either (LCM) or (SCM) may use that time to enter the event. Please use the actual time (LCM) or (SCM) or (SCY) for entry. **Do not convert times or use the long course time standard.** Non-conforming times are entered behind (slower than) the LC meter time. [For example a 14 year old boy entered in the 1500 with a long course meter time of 21:00.00 will be seeded ahead of a 16 year old boy with a (SCY) time of 18:00.00.]

A swimmer qualifying in the 400 m/500 yd. freestyle is eligible to swim the 800 m freestyle. A swimmer qualifying in the 800 m/1000 yd. free is eligible to swim the 1500 m freestyle.

Proof of Time: A swimmer may swim those events for which he/she has a qualifying time. All submitted times must have been swum at or since the 2007 Long Course State Championship. If the swimmer who has qualified for an event does not meet the qualifying time during his/her first swim of the event, his/her seed time must be verified by the Proof of Time clerk within 30 minutes of the last heat of the last event of the day's preliminary competition. Failure to prove such time may result in disqualification from the event and a \$100.00 fine.

Proof of Time: Coaches, it is your responsibility to bring the official results used to enter your swimmers. All entries for your team should be verified and checked to be correct. Our acceptance of your entries in no way removes that responsibility.

Acceptable verification of entries are meet final results with the cover sheet or meet summary sheets with team license from the host team if an out of state team does not send final results.

Conduct of Meet: Preliminaries/Finals.

All 10 and under events will be timed finals to be swum during prelims.

All heats of relays will be swum in their order in the preliminary session, except the Senior 200 Free Relay and 200 Medley Relay will only be swum at the finals session.

The 400 I.M., 400, 800, and 1500 freestyle events will be swum as timed final events during the prelims, combined ages, fastest to slowest, alternating girls/boys. These events will be scored separately. These events will be deck seeded. Positive check-in is required for these events 30 minutes prior to the end of warm-ups on the day of the event. ***These events will have a 5 minute break prior to the start of the event, EXCEPT a 10 minute break will be given between the 13-14 400 Relay and 400 Free on Sunday prelims. Listed on Meet Event Order pages.***

All other individual events (11 and older) will be circle seeded and will be swum twice regardless of the number of swimmers entered.

Entry Limit: The 10 and unders may swim three (3) individual events per day.

The 11 and ups may enter a total of seven (7) individual events for the entire meet. A swimmer may enter one (1) relay per session. Limit of events also includes time trials. Time trial events count as one of the three (3) events allowed on a given day, but do not count as one of the seven (7) individual events in the meet. A swimmer may not be entered in more than three (3) individual events per day. This will include time trials.

Time Trials: Time Trials will be held at the end of competition on Thursday. Time Trials will be held between prelims and finals on Friday and Saturday. Time Trials will be subject to the limit of event rules. (See above) Time Trials will be held at the discretion of the Chief Referee.

Reporting: Swimmers in all events will report directly to the starting blocks. It is the responsibility of the swimmer to see that they report to his/her lane at the proper time. The meet will not be delayed to wait for any swimmer.

Scratches: Coaches should provide the Chief Referee his/her scratches from preliminary events and the 10 and under events prior to the beginning of the sessions but are not mandatory and will not have a penalty imposed for missed events, however USA Swimming Championship Scratch Rules and Procedures apply for scratching from finals and deck seeded events. Failure to swim is subject the following rules.

1. Failing to swim in a deck seeded event after a positive check-in will result in the swimmer being barred from his/her next individual event.

2. Any swimmer failing to properly scratch and failing to compete in the consolation finals or finals shall be barred from the remainder of the meet unless relieved for good cause by the Referee.

Schedule:

Thursday

Warm-up	2:00 p.m. - 2:50 p.m.
	2:50 p.m. - 3:40 p.m.
Competition	4:00 p.m.
Officials Meeting	3:00 p.m.
Coaches Meeting	3:45 p.m.

Friday thru Sunday

Warm-up	6:30 a.m. - 7:20 a.m.
	7:20 a.m. - 8:10 a.m.
Competition	8:30 a.m.
Officials Meeting	7:30 a.m.
Coaches Meeting	8:15 a.m.

Schedule: Finals - Warm-ups not before 3 hours following the conclusion of prelims for one 50 minute session. Actual start time of warm-ups will be announced each day during prelims.

Competition will begin 1 hour after the start of warm-ups.

All teams will be notified by Monday, July 14, 2008 of their morning warm-up times.

Warm-ups: MSI safety guidelines and warm-up procedures will be in effect at this meet. The first 30 minutes will be general warm-ups, NO DIVING. In the last 20 minutes, the two outside lanes will be for pace, all swimmers leaving the wall from a push. Lanes 2 and 7 are dive off blocks with one way traffic. The remaining lanes are for general warm-ups, NO DIVING.

Scoring: Only qualifying times achieved in an individual event during finals (time finals) at the meet will be scored.

A team may score two relay teams per relay event.

Individual: 20, 17, 16, 15, 14, 13, 12, 11
9, 7, 6, 5, 4, 3, 2, 1

Relays: 40, 34, 32, 30, 28, 26, 24, 22
18, 14, 12, 10, 8, 6, 4, 2

Awards: MSI Medals 1st-8th Championship
Ribbons 9th-16th Consolations

Team Banner 1st-5th

Individual High Point Trophies by age group/sex

Possession of the Magnolia Cup will be awarded to the winning team until the next MSI Championship.

Entry Fees: \$3.00 per individual event
\$10.00 per relay event
\$5.00 per swimmer MSI surcharge
(relay only swimmers have to pay the surcharge)

Entries: **All entries must be received no later than midnight on Thursday, July 10, 2008.**

Entries must be complete and include recap sheets with non-conforming times highlighted. Entry fees must be included. We encourage you to send your entries by disk using Hy-Tek program. Send the entry form, release form, printout of entries, and a copy of the non-conforming times used on a separate sheet.

NO LATE ENTRIES WILL BE ACCEPTED!!!!!!

Entries on the recap sheets must show name, age, and current USA Swimming number of all entered swimmers. This also applies for relay only swimmers. (put relay swimmers on a separate sheet)

Note: The club or person responsible for entering an unregistered swimmer as "registered" will be subject to a fine of up to \$100.00 per event. This will be enforced by the MSI Board of Review.

Additional: A committee consisting of technical planning Information: chairman, officials chairman, general chairman, and the meet director will make decisions based on the time line of the meet to offer suggestions to keep the meet running smoothly whether it be for all events or certain events. These recommendations will be made to the host team if they have the capability.

The Administrative Referee of the MSI State Championship will help the host team with the final results.

Based on the number of swimmers that a team brings, each team will provide timers for all sessions.

Mail Entries: Make checks payable to Delta Aquatic Club.
Mail checks, signed release forms, recap sheets, and entries to:

Coach Dan'l Murray
200 North First Avenue
Cleveland, MS 38732
662.588.3263 (cell)
deltacoachdanl@yahoo.com

Please notify us if entries are shipped any way other than U.S. Post Office. Waive signatures so that no one has to sign for the parcel and it will be delivered.

Meet Director: Kevin Cox
506 Frederick Drive
Cleveland, MS 39732
662.843.1666 (home)
662.719.6074 (cell)
kwc514@yahoo.com

Chief Referee: Doug Welch, MSI Officials Chairman

Administrative Referee: Alan Branson

10 & Under Girls			10 & Under Boys			
Long Course	Short Course	Events	Short Course	Long Course		
B	45.29	40.09	50 Free	39.19	44.49	B
B	1:43.99	1:31.89	100 Free	1:29.19	1:41.59	B
BB	3:23.79	2:58.29	200 Free	2:50.89	3:13.99	BB
BB	6:55.79	7:39.49	400 / 500 Free	7:35.19	6:52.69	BB
B	55.99	48.89	50 Back	49.29	56.79	B
B	2:02.49	1:45.69	100 Back	1:43.29	1:58.49	B
B	1:01.59	53.59	50 Breast	53.89	1:01.59	B
B	2:17.69	1:59.99	100 Breast	1:56.79	2:13.59	B
B	55.09	48.79	50 Fly	47.29	52.89	B
B	2:13.69	1:57.49	100 Fly	1:55.39	2:10.89	B
B	x	1:45.69	100 IM	1:41.59	x	B
BB	3:47.29	3:19.39	200 IM	3:18.09	3:44.79	BB

11-12 Girls			11-12 Boys			
Long Course	Short Course	Events	Short Course	Long Course		
B	39.19	34.59	50 Free	33.39	38.39	B
B	1:26.39	1:13.59	100 Free	1:13.29	1:23.49	B
BB	2:52.39	2:31.79	200 Free	2:27.99	2:48.69	BB
BB	6:00.09	6:40.09	400 / 500 Free	6:35.09	5:56.59	BB
B	45.69	39.99	50 Back	39.79	45.79	B
B	1:42.39	1:28.89	100 Back	1:25.79	1:39.29	B
B	49.09	44.29	50 Breast	44.59	51.09	B
B	1:49.99	1:36.39	100 Breast	1:35.69	1:50.49	B
B	42.69	38.09	50 Fly	38.59	43.49	B
B	1:38.69	1:27.59	100 Fly	1:26.39	1:38.19	B
B	x	1:26.49	100 IM	1:24.39	x	B
BB	3:15.19	2:51.79	200 IM	2:49.69	3:13.89	BB

13-14 Girls			13-14 Boys			
Long Course	Short Course	Events	Short Course	Long Course		
B	38.19	33.39	50 Free	31.09	35.69	B
B	1:22.89	1:12.59	100 Free	1:07.69	1:17.69	B
BB	2:45.29	2:25.39	200 Free	2:16.29	2:37.09	BB
BB	5:42.29	6:22.39	400 / 500 Free	6:07.69	5:31.09	BB
BB	11:41.99	13:08.29	800 / 1000 Free	12:39.99	11:23.99	BB
BB	22:23.09	21:53.19	1500 / 1650 Free	21:06.99	21:54.19	BB
B	1:33.49	1:20.19	100 Back	1:15.69	1:27.59	B
BB	3:05.69	2:39.59	200 Back	2:31.09	2:55.09	BB
B	1:43.99	1:30.99	100 Breast	1:24.39	1:37.49	B
BB	3:27.99	3:01.99	200 Breast	2:49.39	3:17.59	BB
B	1:30.19	1:19.39	100 Fly	1:13.99	1:23.99	B
BB	3:03.59	2:40.99	200 Fly	2:32.59	2:53.29	BB
BB	3:06.79	2:43.89	200 IM	2:33.69	2:56.39	BB
BB	6:32.49	5:46.19	400 IM	5:27.59	6:15.09	BB

15 & Over Girls			15 & Over Boys			
Long Course	Short Course	Events	Short Course	Long Course		
B	37.69	32.89	50 Free	29.59	34.19	B
B	1:21.09	1:11.29	100 Free	1:04.59	1:14.79	B
BB	2:41.89	2:22.39	200 Free	2:10.89	2:30.49	BB
BB	5:38.19	6:17.39	400 / 500 Free	5:52.29	5:17.79	BB
BB	11:35.39	12:55.49	800 / 1000 Free	12:08.19	10:54.99	BB
BB	22:10.69	21:38.89	1500 / 1650 Free	20:21.89	20:59.89	BB
B	1:31.29	1:18.99	100 Back	1:11.49	1:23.59	B
BB	3:01.29	2:37.99	200 Back	2:23.69	2:47.19	BB
B	1:42.29	1:29.09	100 Breast	1:20.69	1:33.99	B
BB	3:24.19	2:58.39	200 Breast	2:42.59	3:08.79	BB
B	1:28.49	1:17.99	100 Fly	1:10.59	1:20.59	B
BB	2:58.39	2:38.79	200 Fly	2:25.59	2:44.89	BB
BB	3:02.09	2:40.69	200 IM	2:26.99	2:50.19	BB
BB	6:26.29	5:40.29	400 IM	5:13.19	5:57.49	BB

MS Swimming, Inc. Long Course State Championship Order of Events

Thursday

Girls		Boys
1	13-14 400 m Medley Relay	2
3	Senior 400 m Medley Relay	4
5	12 and under 400 m Free (Scored as 10&u / 11-12)	6
7	Senior 1500 m Free (Scored 13-14/ Senior)	8
	10 and un 50 m Fly	
	11-12 50 m Fly	

Friday

9 *	Senior 200 m Free Relay	10 *
	- 5 minute break -	
11	10 and un 50 m Breast	12
13	11-12 50 m Breast	14
15	13-14 100 m Breast	16
17	Senior 100 m Breast	18
19	10 and un 100 m Back	20
21	11-12 100 m Back	22
23	13-14 200 m Back	24
25	Senior 200 m Back	26
27	10 & un 200 m Free	28
29	11-12 200 m Free	30
31	13-14 200 m Free	32
33	Senior 200 m Free	34
35	10 and un 50 m Fly	36
37	11-12 50 m Fly	38
39	13-14 100 m Fly	40
41	Senior 100 m Fly	42
43 #	11-12 200 m Free Relay	44 #
45 #	13-14 200 m Free Relay	46 #
	- 5 minute break -	
47	Senior 400 m I.M. (Scored 13-14/ Senior)	48

Notes:

Swum during Prelims

* Swum during Finals

Saturday

49 *	Senior 200 m Medley Relay	50 *
- 5 minute break -		
51	10 and under 200m I.M	52
53	11-12 200 m I.M.	54
55	13-14 200 m I.M.	56
57	Senior 200 m I.M	58
59	10 and under 100 m Free	60
61	11-12 100 m Free	62
63	13-14 100 m Free	64
65	Senior 100 m Free	66
67	10 and un 100 m Breast	68
69	11-12 100 m Breast	70
71	13-14 200 m Breast	72
73	Senior 200 m Breast	74
75 #	13-14 200 m Medley Relay	76 #
77 #	11-12 200 m Medley Relay	78 #
79 #	10 and un 200 m Medley Relay	80 #
- 5 minute break -		
81	Senior 800 m Free (Scored 13-14/ Senior)	82

Sunday

83 #	10 and un 200 m Free Relay	84 #
85	Senior 100 m Back	86
87	13-14 100m Back	88
89	11-12 50 m Back	90
91	10 and un 50 m Back	92
93	Senior 50 m Free	94
95	13-14 50 m Free	96
97	11-12 50 m Free	98
99	10 and un 50 m Free	100
101	Senior 200 m Fly	102
103	13-14 200 m Fly	104
105	11-12 100 m Fly	106
107	10 and un 100 m Fly	108
109 #	Senior 400 m Free Relay	110 #
111 #	13-14 400 m Free Relay	112 #
- 10 minute break -		
113 #	Senior 400 m Free (Scored 13-14/ Senior)	114 #

Notes:

Swum during Prelims

* Swum during Finals

INFORMATION FORM FOR DISABLED SWIMMERS

NAME _____

ADDRESS _____

AGE _____ BIRTHDATE ____/____/____.

EVENTS TO BE SWUM ____/____/____/____/____/____/____/____

TYPE OF DISABILITY

Blind _____ Mentally Retarded _____ Deaf _____ Physical _____

EXTENT OF DISABILITY: Be specific, e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

THE FOLLOWING PERSON(S) WILL ACCOMPANY THE SWIMMER FOR ANY NEEDED ASSISTANCE:

TYPE OF MEDICATION _____

PURPOSE OF MEDICATION _____

PARENT'S OR GUARDIAN'S NAME _____

PARENT'S OR GUARDIAN'S SIGNATURE _____

ATHLETES'S SIGNATURE _____

PHYSICIAN'S NAME (please print) _____

PHYSICIAN'S ADDRESS _____

PHYSICIAN'S PHONE NUMBER _____

I have examined the above Entrant and, in my opinion, there is no mental of physical reason why he or she should not participate in USA Swimming competition.

Physician's signature

Date

Team Entry Summary Report Sheet

Total number of swimmers _____ x\$5.00= _____
(MSI surcharge)

Total number of relay only swimmers _____ x\$5.00= _____
** must list swimmer's name
on the last page given with meet
information [pg.12].*

Total number of individual entries _____ x\$3.00= _____

Total number of relay entries _____ x\$10.00= _____

Total Entry Fees \$ _____

Send Official Results to:

Name _____

Address _____

Phone: _____ (cell) _____ (work) _____

Club Name and Club Code _____

Coaches attending the meet

Officials attending the meet

