

Colonies Zones SCY Championship

The Colonies Zone Short Course Yards Championship Meet was held April 19-21 at the University of Maryland College Park. There were 420 swimmers entered in the meet, with 48 of our LMSC swimmers from Bowie Aquatic Club, Howard-Catonsville YMCA, Maryland Athletic Club, Maryland Masters, and Merritt Marlins.

First place finishers included: Bonnie Bloom, Jennifer VanWagoner, Julie Peterson, Holly Kleiderlein, Kathy Webster, Emily Watts, Juliana Harris, Amy Pittroff, Deborah Zimic, Bonnie Johnston, Lynne Bragg, Lesley Francis, Tim McGough, John Enterline, Bob Johnston, Lou McComas, John Collings. Zone meet records were broken by Deborah Zimic in the 40-44 500 free and 1000 free; Bonnie Johnston in the 50-54 50 free and 50 back; Bob Johnston in the 65-69 100 breast.

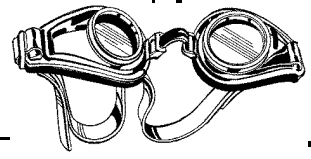
2001 USMS POOL ALL-AMERICANS

Those USMS swimmers who have placed first in at least one event in the National Top Ten times in either long course meters, short course meters, or short course yards, are named All-Americans. The Maryland LMSC had four of their swimmers attain All-American status for 2001. CONGRATULATIONS! They are:

Katherine Branch 40-44
Nancy Brown 65-69
Doris Russell 80-84
Rob Kinnear 19-24

It's Party Time!

- June 1 – UMBC Picnic – 4:00 pm – Amy Pittroff's home – Ellicott City. Bring a side dish or dessert.
- June 8 – LMSC Awards Banquet – 7:00 pm – BWI Holiday Inn – Linthicum
- June 16 – SPY Picnic – Following the Bay Swim, about 3:30pm – Carolyn Voorhees' home – Arnold. Bring a dish to share.
- June 29 – Viki Anders' Wedding – at The Plunge for Patients – Wildwood, NJ



Top Ten

The 2001-2002 Maryland LMSC Top Ten is almost compiled. If you swam in any SCY meets outside of Maryland (other than Zones, Y Nationals, USMS Nationals), please send a copy of the meet results or the website address to Barb Protzman no later than June 1.

<p>inside . . .</p> <p>2002 Maryland LMSC Awards Banquet</p> <p style="writing-mode: vertical-rl; transform: rotate(180deg);">LAYOUT AND DESIGN BY SHERIF SHAALAN</p>	<p> Colonies Zones SCY Championship _____ page 1 It's Party Time! _____ page 1 2001 USMS Pool All-Americans _____ page 1 Top Ten _____ page 1 2002 "Y" Nationals in Florida _____ page 2 2001 USMS SCM TOP TEN _____ page 3 in other news . . . _____ page 3 2002 USMS Colonies Zone Meet Day 2 & 3 _____ page 4 Masters Swim Calendar _____ page 5 Plunge for Patients _____ page 6 2002 Maryland LMSC Awards Banquet _____ page 7 </p>
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2002 "Y" NATIONALS IN FLORIDA

The 2002 YMCA Masters National Championship was held on April 18-21 at the International Swimming Hall of Fame in Ft. Lauderdale, FL. There were 654 swimmers entered in the meet and 75 swimmers from the Anne Arundel County YMCA. The weather was perfect and everyone had a great time. Overall team results saw AACY finish: Women 2nd large team, Men 4th large team, Combined 4th large team. This year's Y social was a sit-down dinner at the Ft. Lauderdale Convention Center, followed by lots of dancing. We had one dance casualty, as Joan Libby wrenched an already bad knee and ended up in a wheel chair the next day!

Swimmers are deemed National Champions if they finish first in an individual or relay event: Viki Anders, Pam Breza, Nancy Brown, Colleen Chandler, Rachel Frentsos, Sally Iliff, Susan Jones, Doris Russell, Carolyn Voorhees, Carl Christensen, Chuck Eremchuk, Ray Edelhoff, Jack Iliff, Chris Ostrom, Gary Trimble. Two of our swimmers were also Y National Record Breakers – Carolyn Voorhees, 40-44, 50 Free - 25.37; Chris Ostrom, 55-59, 50 Fly - 26.30.

The meet was a family affair: Relatives included - Husband/Wife – Mike & MaryAnn Collins, Al & Leigh Gruber, Jack & Sally Iliff, Steve & Sue Jones, Art & Joan Libby, Ted & Linda Rudie; Mother/Daughter – Nancy Brown & Jill Springer, Vanda Nohinek & Gladney McKay; Mother/Son – Marge & Ted Rudie; Brothers – Matt, Mike, & Chris Marcy.

Other special people at the meet included: Mother-to-be – Rachel Frentsos (4 months along); Brides-to be – Viki Anders (June 29), Connie Lindsey (May 11); Birthday girl – Connie Lindsey aged up to 50 on 4/20. Long distance team members remain loyal over the years and return to swim with us – Connie Lindsey (TX), Frances Weston (FL), Pam Breza (FL), Gary Trimble (FL), Marge Rudie (CO), Vanda Nohinek (CO), Chris Marcy (NC), Mike Marcy (FL), Betsy Chambers (VA

and the Atlantic). Missing in Action were Marjorie Pearsall and Debbie Dudas. Due to weather conditions in Baltimore, their flights were delayed, causing them to miss connections and ultimately the entire meet. Some team members were attending their first ever Y National meet – Paul Cain, Bonnie Ferreira, Al Gruber, Leigh Gruber, Lisa Hannon, Art Libby, Chris Marcy, Mike Marcy, Vanda Nohinek, Geoff Revett, Debbie Rice, and Nancy Shaffer.

AACY had the usual assortment of fun. This year's featured performer as Elvira was Brian Wells. The Smoothie Contest winner was John Protzman who even shaved his head in order to win! Marti Betz tried toast flambé for breakfast and nearly caused an evacuation of the entire Holiday Inn! Pam Breza arranged a lovely team social at the Hall of Fame, complete with entertainment by her stepson.

It takes a lot of teamwork to keep a team of 75 organized. Special Thanks to: Nancy Brown, Charlie Straining (our team massage therapist), Pam Breza, Regina, Brenda Kelbaugh and friends Linda & Ann, Linda Rudie, Gladney McKay, Marie & Yu-Jin Lee, Diane Jackins, Colleen Winans, Sue & Steve Jones, Chuck Eremchuk, Bill & Helen Rodgers, Gary Trimble, Cheryl Kinney, Geoff Revett.

The word is that next year's meet will be held in either Sarasota, FL or Indianapolis, IN.

For complete meet results see:
www.ymcaswimminganddiving.org.



2001 USMS SCM TOP TEN

Rachel Frentsos 30-34
200 Free 2:21.72 8th

Mary Ruppe 30-34
200 Free 2:20.91 7th
400 IM 5:29.29 7th

Emily Watts 30-34
800 Free 10:01.05 4th
1500 Free 19:09.73 2nd
400 IM 5:34.01 8th

Kathy Webster 30-34
400 Free 5:04.56 10th
800 Free 10:26.00 6th
200 Back 2:44.75 9th
200 Fly 2:44.53 8th

Carolyn Voorhees 40-44
50 Free 28.32 3rd
100 Free 1:03.95 6th
50 Fly 32.18 6th
100 IM 1:14.61 7th

Katherine Branch 40-44
400 Free 5:02.88 5th
800 Free 10:15.19 3rd
1500 Free 19:18.62 1st
200 Back 2:40.01 3rd
200 Fly 2:47.47 5th
400 IM 5:52.85 2nd

Colleen Chandler 40-44
200 Brst 3:14.04 10th

Pam Breza 55-59
50 Free 36.61 9th
100 Brst 1:46.57 8th

Nancy Brown 65-69
200 Free 3:10.16 1st
50 Back 45.12 1st
100 Back 1:38.90 2nd
200 Back 3:34.81 2nd

Sarah Allnutt 75-79
50 Free 53.03 7th
50 Back 54.59 6th
50 Fly 1:04.96 4th
100 IM 2:12.74 4th

Luke Daniel 45-49
200 Fly 2:45.03 5th

Peter Oroszlan 55-59
50 Brst 37.23 9th

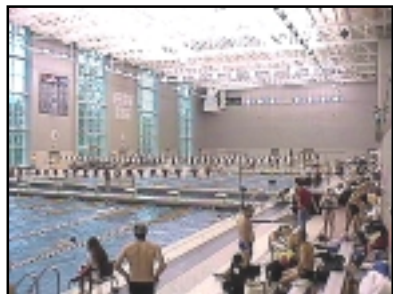
Bill Rodgers 65-69
100 Fly 1:56.33 10th
200 Fly 4:20.89 6th

in other news . . .

- Bill Rodgers traveled halfway around the world to attend the 9th FINA World Masters Swimming Championship in Christchurch, New Zealand. The LCM event was held March 23-30, 2002 at the new Queen Elizabeth II Park Aquatic Center. Bill, in the 70-74 age group, placed 8th in the 100 and 200 fly and 9th in the 400 IM.
- Best of luck to the Maryland Swimmers attending USMS Nationals in Hawaii May 14-17 – Bonnie and Bob Johnston, Carolyn Voorhees.
- Krissy Corbett Jenkins (UMBC) is expecting her first child in July.
- Rachel and Jerry Frentsos are expecting their first child in October. They have moved to Annapolis where Jerry is working as the nutritionist for the Naval Academy athletic teams and Rachel is now a realtor.
- Mike and MaryAnn Collins (SPY) will be moving to Colorado in June where Mike will be working at the Air Force Academy.
- Rumors abound that the International Swimming Hall of Fame is being moved. The official word from ISHOF manager Stu Marvin is that the facility is aging (the main pool was built in 1965) and needs major renovations, so they are going to rebuild it on the same site. The exact plans have not been finalized yet, but they plan to have one 50-meter pool available at all times during the construction. It should be completed by 2005.

2002 USMS COLONIES ZONE MEET—DAY 2 AND 3— A SMASHING SUCCESS

By Mark Hurley (Merritt Masters)



The water in the pools was as smooth as glass. The backstroke flags were still and the starting blocks awaited their competitors. One by one, over four hundred athletes filed into the University of Maryland Campus Recreation Center's Natatorium. Many of those who had not been there before were undoubtedly awestruck by the facility's state of the art design. No doubt, there was a sense of pride in that this fabulous, no, fantastic natatorium was all for these competitors' use for the next two days. Wow!

Swimmers lost no time in getting into the water to warm up and to get a feel for the pools. And, there were lots of them! The two competition and the instructional pools looked much like rush-hour traffic! (At least one person tried all three pools for warming up. Hey . . . I did that!) In all too short of time, warm-ups were over. The time to compete had arrived.

The playing of the National Anthem appropriately marked the beginning of competition each day. That being done, the first event was announced. Heats within each event went off in rapid succession, due to the fact that 16 lanes were available for competition. Odd-numbered heats were held in the west pool while even-numbered heats were held in the east pool. (The instructional pool was available all day for warm-downs.) Competitors really had to be on their toes to be ready for their own event or risked missing out! The days passed all too quickly and before you knew it, the events were done for the day.

Most importantly, the meet gave many folks the opportunity to renew old acquaintances and to make new ones. Without exception, folks congratulated each other for doing their personal best, which is what United States Masters Swimming is all about. For those who were new to all of this, it was an excellent opportunity to observe and learn from other athletes. Hopefully, everyone, who went away from the meet, took with them some new experience. Besides, the event's official tee shirts were way too "kewl," featuring the Maryland Terps' mascot, to resist!

How did the Maryland LMSC contingent do? In reviewing the results (see www.colonieszone.org), Maryland did well in taking first, second and third place in a number of events. Way to go, Maryland LMSC! Are we ready to kick butt *next year*? And . . . who wouldn't want to go back there? In a Philadelphia minute, we would!

Dave Diehl and the Terrapin Masters deserve a standing ovation for the obvious hard work it took to organize and carry out this meet. From the friendly faces at the registration desk to the officials (God love 'em), everyone worked as a team to ensure the success of this meet. Nobody could have done it better!

A final word of thanks should go to all of the participants. Without them, this would not have been a success. See ya next year . . . Lord willin' an' the crick don't rise!

Masters Swim Calendar

5/26/2002	Jim McDonnell 2-Mile Swim - Lk Audubon, Reston, VA OW; Reston Masters Swim Team, 703-845-SWIM (7946); Lynn Hazlewood, lynhzlwd@usms.org ; restonmasters.org ;
6/1/2002	7.5 Mi Swim Across the Mouth of the Potomac River - Between Virginia & Maryland OW; Cheryl Wagner, 3103 Hawthorne Dr NE, Washington, DC 20017-1040, 202-387-2361(h), 202-478-0948 (fax), cherylw@crosslink.net ; www.crosslink.net/~cherylw/pr2002i.htm
6/15/2002	Jack King 1 Mi Ocean Swim - Virginia Beach, VA OW; Betsy Durrant, 211 66th St, Virginia Beach, VA 23451, 757-422-6811(h), durrant6@cox.net ; www.vaswim.org/UpcomingSwimMeets/JKEntry02.pdf ; Sanctioned by VA LMSC #122-0007; Pre-entry (6/8/2002) & Deck-entry (by 9 PM 6/13/2002)
6/16/2002	4.4 Mi Chesapeake Bay Swim & 1 Mi Bay Challenge - Baltimore, MD OW; Lin-Mark Computer Sports, 7 Westwood Dr, Mantua, NJ 08051, 856-468-0010, lin-mark@lin-mark.com ; 4.4 Mile Swim is CLOSED; http://www.lin-mark.com/entryGCBS02.htm
6/23/2002	Patriot Masters LC Classic - George Mason Univ, Fairfax, VA LCM; Cheryl Ward, 4207 Univeersity Dr, Fairfax, VA 22030, 703-359-5366, cherylaward@yahoo.com ; www.pvmasters.org/entry/gmup0602.pdf ; Entry Deadline 6/21/2002
6/30/2002	1 Mi & 3 Mi Plunge for Patients Ocean Swim - Wildwood, NJ OW; Vicki Anders, 6 Lingate Rd, Owings Mills, MD 21117, 410-502-5395, andervi@jhmi.edu ; Benefit for cancer patients at Johns Hopkins; www.hopkinscancercenter.org/news/plunge.cfm
6/30/2002	Terrapin Masters 800/1500 Meet - U of MD, College Park, MD LCM; Dave Diehl, 12511 Littleton St, Silver Spring, MD 20906-4253, 301-946-0649(h), 301-314-5372(w), DD119@umail.umd.edu ; www.crosslink.net/~cherylw/meet800.htm ; Pre-entry (6/24/2002) & Deck-entry
7/13/2002	2002 USMS 2-Mile Cable Championship - Chris Greene Lake, Charlottesville, VA OW; Patty Powis, 2112 Waters Mill Pointe, Richmond, VA 23235-2915, 804-272-7291, pmpowis@vcu.edu ; Sponsored by Virginia Masters Swim Team; www.usms.org/longdist/ldnats02/2micblentry.pdf ;
7/13/2002	1, 2, 3, 4, and 5 Mile Maryland Swims for Life - Chester River, Chestertown, MD OW; Dawson Nash, PO Box 12211, Washington, DC 20005, 202-686-2150, swimmerdn4321@aol.com ; www.crosslink.net/~cherylw/sfl2002i.htm
7/13/2002	1 Mi Swim for the Dolphins - Wildwood Crest, NJ OW; L & M Computer Sports, 89 Park Dr, Berlin, NJ 08009, 856-767-1337, info@lmsports.com ; Dave Hirsch, Beach Patrol, 609-465-5590; www.lmsports.com
7/27/2002	1 Mi Ocean Swim - Ocean City, NJ OW; L & M Computer Sports, 89 Park Dr, Berlin, NJ 08009, 856-767-1337, info@lmsports.com ; Darren Hickman, 609-926-9191, darrenhickman@hotmail.com ; www.lmsports.com
7/27/2002	2002 USMS 2 Mile Open Water Championship - Lake Erie, Cleveland, OH OW; Doug Brogan, 398 Elmwood Rd., Bay Village, OH 44140-2417, 440-835-0142, FitTogether@aol.com ; Sponsored by O*H*I*O Masters; www.usms.org/longdist/ldnats02/2mientry.pdf
8/4/2002	1 Mi Ocean Swim - Wildwood, NJ OW; L & M Computer Sports, 89 Park Dr, Berlin, NJ 08009, 856-767-1337, info@lmsports.com ; Ruth Manlandro, 609-522-5652; www.lmsports.com
8/4/2002	DC Masters LC Meet - Fairfax, VA LCM; Joann Leilich, 7209 Hansford Ct, Springfield, VA 22151, 703-354-2130, Joann@trainmaster.com ; Jayne Bruner, brunerjc@comcast.net ; www.pvmasters.org ; Pre-entry (7/27/2002) & Deck-entry
8/15/2002-8/18/2002	2002 USMS Long Course Nationals - Cleveland State Univ, Cleveland, OH LCM; Pieter Cath, 35400 Bainbridge Rd, Solon, OH 44139, 440-248-8270, cath.p@worldnet.att.net
9/1/2002	1.5 Mi Pageant Ocean Swim - Atlantic City, NJ OW; Bill Brooks, Atlantic City Beach Patrol, 3716 Boulevard Ave, Atlantic City, NJ 08041, 609-343-3794, 609-347-5211 (fax); www.acswim.org
9/7/2002	10K FINA World Cup for USA - Masters Category - Atlantic City, NJ OW; Sid Cassidy, Room 108, City Hall, Atlantic City, NJ 08401, 609-343-3794, 609-347-5211(fax), gcass@aol.com ; www.acswim.org
9/21/2002	1 Mi Escape from Fort Delaware - Delaware River, Ft Delaware to Delaware City, DE OW; Ray Teden, 302-322-9584, Rap601@aol.com
5/15/2003-5/18/2003	2003 USMS SC Championships - Mona Plummer Aquatic Complex, ASU, Tempe, AZ SCY; Mark Gill, 202 E Baseline Rd #146, Tempe, AZ 85283, 480-775-1485, mark.gill@asu.edu
8/14/2003-8/17/2003	2003 USMS LC Championships - Sonny Werblin Rec Center, Rutgers University, Piscataway, NJ LCM; Edward Nessel, 10 Irene Ct, Edison, NJ 08820-1024, 908-561-5339, 908-769-2892 (fax), ednessel@aol.com
5/15/2002-9/30/2002	2002 USMS 5K/10K Postal Championship PST-LD; Jill Wright, 1626 Williams St, Boise, ID 83706-3576, 208-338-5287, swimjmw@aol.com ; Sponsored by Sawtooth Masters; www.usms.org/longdist/ldnats02/5k10kentry.pdf ; Entry Deadline 10/10/2002

The Johns Hopkins
“Plunge for Patients”
Presented by AVENTIS
PHARMACEUTICALS
Hosted by MOREYS PIERS

One Mile Fun Walk
5K & 10K Beach Runs
Saturday, June 29, 2002 at 8:00 a.m.

VIKI AND CHARLIE’S WEDDING
DINNER AND PARTY
(EVERYONE IS WELCOME)
Saturday, June 29, 2002, 5-9 p.m.

One and Three Mile Swims
Sunday, June 30, 2002 at 8:00 a.m.

Beyond the Breakers Novice Swim
Sunday, June 30, 2002 at 10:30 a.m.

2 DAY SPLIT BIATHLON – ENTER A RUN
AND SWIM AND RECEIVE BIATHLON
AWARD

ALL EVENTS AT BEACH TENTS BY THE BIG
FERRIS WHEEL AT SCHELLINGER AVE &
THE BEACH IN WILDWOOD, NJ

COME TAKE THE PLUNGE!!

The “Plunge for Patients” is a major fund-
raiser that benefits the Johns Hopkins
Patient and Family Fund by assisting
patients and their families with expenses not
covered by medical insurance.

The weekend-long event is held in
Wildwood, New Jersey.

Participants can register to run or swim in
whatever race they choose and will be
treated to a post-race beach party after each event!

For further information, please contact
Viki Anders at 410-502-5395 or

Andervi@jhmi.edu.

You can also visit the

“Plunge for Patients” website at:
<http://www.hopkinscancercenter.org/news/plunge.cfm>

Your tax deductible donation supports cancer patients.

2002 MARYLAND LMSC AWARDS BANQUET

SATURDAY, JUNE 8 at 7:00 pm

BWI Holiday Inn
890 Elkridge Landing Rd,
Linthicum, MD 21090

Cost: \$28.00 Per Person

Menu:

Salads, Chicken, Roast Beef, Veggies, Dessert, Beer, Wine, Sodas

Featuring:

LMSC Awards – Swimmer Of The Year, Swim Series Challenge
Team Awards
Talent Show
DJ and Dancing

Attire: Casual Dressy

Directions: From Rt. 95, take I-195 towards BWI.
Take exit 1A, Rt 170 north.
Take a left at the second light on Elkridge Landing Rd.
The Holiday Inn is 1-1/2 miles on the left.

RSVP by June 1 to: Barbara Protzman
7919 Main Falls Circle
Catonsville, MD 21228
(410) 788-2964
swimbarb@hotmail.com

Make your checks payable to: USMS, Maryland Association

Name: _____

Number attending: _____ x \$28 = _____