

THE MARYLAND LMSC OF UNITED STATES MASTERS SWIMMING PRESENTS

The 2008-2009 Carol Chidester Memorial Swim Series

 Revised 11/19/2008

Maryland is hosting a 6-meet series for 2008-2009:

- The meets will be free to all registered USMS Maryland LMSC swimmers – for those who enter online. Other LMSC swimmers are welcome for a fee of \$10 per meet. Deck entry fee is \$5 and will be permitted for Maryland LMSC swimmers only. (Fee waived for ages 60+)
- New Maryland USMS registrations will be permitted on deck and will be exempt from the meet fee. USMS renewals will not be permitted on deck.
- The event list and other details for each meet will be posted on our website.
- Each meet will use an online meet entry system. The system will be accessible via <http://maryland.usms.org> 14 days before each meet and will close at 9:00pm the day prior to the meet.
- Swimmers who enter online will be pre-seeded in the meet and in the meet program. Maryland deck entries will be inserted into open lanes or into new heat(s) as required. Online entry is strongly encouraged.
- Each swimmer will be allowed to swim up to 3 individual events and 2 relays per meet (a medley and/or free).
- Each meet will have 50-100 of each stroke, 100-200 IM's, 200 freestyle, and a 200 of another stroke. The 500/400


free and 400 IM will be done at two of the meets. The course for all meets is short course yards (SCY) with the exception of meet #6 (SCM).

- Meet results will be submitted to USMS's Results.net

We encourage you and your teammates to attend the swim series. The meets are low-key and fun. There are post-event "socials" at most meets. Details will be posted on our website.

The annual Maryland USMS membership meeting will take place prior to the November meet at Salisbury. The meeting time and exact location will be announced via the Maryland USMS email list and will be posted on our website.

The *Swim Series Challenge* will include the first 5 meets. An award will be given to each swimmer who competes in all five meets or who competes in any 12 different individual events. The awards will be presented at the 6th meet.

 We will be following the new Quality Scoring methodology for Maryland teams. Details posted under "Results" on our website.

MEET SCHEDULE:

<u>SANCTION</u>	<u>DATE</u>	<u>MEET DIRECTOR</u>	<u>LOCATION</u>	<u>CHECK-IN TIME *</u>	<u>WARM-UP TIME</u>
099-001	OCTOBER 18 (Sat.)	Patty Devanny	UMBC**	3:45 PM	4:00 PM
099-002	NOVEMBER 15 (Sat.)	Steve Hicks	Salisbury	2:30 PM	3:00 PM
099-003	DECEMBER 20 (Sat.)	Mike Jacobson	 Catonsville	2:00 PM	2:15 PM
099-004	JANUARY 17 (Sat.)	Rand Vallaincourt	AOSC	11:30 AM	12:00 PM
099-005	FEBRUARY 7 (Sat.)	Chris Stevens	Severna Park***	4:30 PM	5:00 PM
099-006	MARCH 28 (Sat.)	Rand Vallaincourt	Big Vanilla****	3:00 PM	4:00 PM

*Positive check-in required, even for online entries.
Check-in CLOSES at warm-up time. No late check-ins will be permitted.

** The UMBC meet follows another meet at that facility. We will run a modified event schedule in order to ensure the meet does not run too late. There is a chance that the meet may start earlier. We will implement a communications plan for announcing an earlier start to the meet. That plan will be posted on our website.

*** At 3:00pm in the Holy Grounds building, there will be a meeting for any MD LMSC swimmer who wishes to compete at YMCA Nationals.

**** Big Vanilla course is Short Course Meters (SCM)

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CONDUCT:

- All meets will be sanctioned and have two officials. All participants must be registered with **United States Masters Swimming (USMS)**. Visit <http://maryland.usms.org> for USMS registration and more information.
- Some meets may be seeded strictly by time. In these meets, men and women will compete together. Scores will be calculated as usual (by age group and by sex).
- The relays in all meets can be Mixed, Women, or Men. Mixed relays **MUST** consist of two men and two women.
- All members of a relay team **MUST** be from the same registered team (no unattached swimmers allowed).
- The relays will be swum according to standard USMS relay age groups (18+, 25+, 35+, 45+, 55+, 65+, 75+, 85+).

Directions to Swim Series Meet Locations:

UMBC: From the Baltimore Beltway (I-695):

Exit 12, Wilkens Avenue West. UMBC is on the left. Turn into the first entrance by the police station. Take right at the stop sign at the top of the hill. Go through the next stop light. The pool is at the foot of the highrise building at the bottom of the hill.

From I-95: Take the Catonsville exit (Rt. 166/195). Follow the exit ramp over the bridge and bear right onto the campus. The pool is directly ahead of you at the stop sign.

Salisbury YMCA -- 715 S. Schumaker Dr., Salisbury, MD 21802

Take US-50 East across the Bay Bridge, towards Salisbury. As you approach Salisbury, US-50 forks with US-50 Business Route. Stay right, this becomes US-50 Business Route and follow for 4.9 miles. Turn right onto Beaglin Park Drive and follow for 1.2 miles. Turn right onto South Schumaker Drive (4th Light) and follow for 0.6 miles and the Y is on the right. Phone number is 410-749-0101.

Catonsville YMCA – 850 South Rolling Road, Catonsville, MD 21228, (410)747.9622

From the North: Take 695 towards Glen Burnie. Take exit 12C Wilkens Ave. Make a left off the exit. Continue on Wilkens Ave. through the traffic light at Valley Road. Go straight through the Circle at Hilltop Rd. (UMBC on left). Make a right at the traffic light onto S. Rolling Rd. The Y is on the left, about 2 blocks, across from the golf course.

From the Southeast: Take 95N towards Baltimore. Take Exit 47A-B 195. Merge onto 166N (S. Rolling Rd.) to Catonsville. Continue on S. Rolling Rd. through the traffic light at Wilkens Ave. The Y is on the left, about two blocks, across from the golf course.

Arundel Olympic Swim Center:

From 695, take Rt. 97 south to Rt. 50 east. Take the first exit #22, Aris T. Allen Blvd/Rt. 665. Take the first exit onto Riva Rd. south (right). Go thru 3 lights. The Arundel Olympic Swim Center is about 50 yds. ahead on the right, next to Annapolis High School.

Woods Community Aquatic Center: (Formerly Severna Park YMCA)

From 695, take Rt. 97 south to Benfield Blvd. east. Take a right on Evergreen Rd at the traffic light at the Severna Park High School. When the road ends at Baltimore Annapolis Pike, Woods is straight ahead. Take a right, then 2 lefts to parking.

Big Vanilla: 26 Magothy Beach Road, Pasadena, Maryland

From the South: from route 50, take I-97 North to MD Route 100 EAST. Take a LEFT on MAGOTHY BEACH ROAD. Big Vanilla is on the left.

From the North: from the Baltimore Beltway, take Route I-97 South to MD Route 100 East. Take a left on MAGOTHY BEACH ROAD. Big Vanilla is on the left.

Race Director Contacts:

Patty Devanny: [devannyp AT aol.com](mailto:devannyp@comcast.net)
Steve Hicks: [dogfishinfo AT gmail.com](mailto:dogfishinfo@gmail.com)
Mike Jacobson: [mikej AT comcast.net](mailto:mikej@comcast.net)
Rand Vaillancourt: [coachrandv AT aol.com](mailto:coachrandv@aol.com)
Chris Stevens: [cwstevens AT aol.com](mailto:cwstevens@aol.com)

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ORDER OF EVENTS #1 - UMBC

1. Mixed 200 yd Freestyle #
2. Mixed 200 yd Backstroke #
3. Mixed 100 yd Butterfly
4. Mixed 50 yd Breaststroke
5. Mixed 200 yd IM
6. Mixed 50 yd Backstroke
7. Mixed 50 yd Freestyle
8. Mixed 100 yd Breaststroke
9. Mixed 50 yd Butterfly
10. Mixed 100 yd IM
11. Mixed 100 yd Backstroke
12. Mixed 100 yd Freestyle

ORDER OF EVENTS #2 - Salisbury

1. Mixed 200 yd Breaststroke
2. Mixed 50 yd Butterfly
3. Mixed 100 yd Freestyle
4. Mixed 100 yd IM
5. **200 yd RELAY**
6. Mixed 50 yd Breaststroke
7. Mixed 50 yd Backstroke
8. Mixed 100 yd Butterfly
9. Mixed 100 yd Breaststroke
10. Mixed 100 yd Backstroke
11. Mixed 50 yd Freestyle
12. Mixed 200 yd IM #
13. Mixed 200 yd Freestyle #



ORDER OF EVENTS #3 - Catonsville

1. Mixed 200 yd Butterfly
2. Mixed 50 yd Backstroke
3. Mixed 100 yd Breaststroke
4. Mixed 200 yd Freestyle
5. Mixed 100 yd IM
6. Mixed 50 yd Butterfly
7. **800 yd FREE RELAY**
8. Mixed 100 yd Backstroke
9. Mixed 50 yd Breaststroke
10. Mixed 200 yd IM
11. Mixed 100 yd Butterfly
12. Mixed 50 yd Freestyle
13. Mixed 100 yd Freestyle
14. **200 yd MEDLEY RELAY**

ORDER OF EVENTS #4 - AOSC

1. Mixed 500 yd Freestyle *
2. Mixed 50 yd Breaststroke
3. Mixed 100 yd IM
4. Mixed 200 yd Backstroke
5. Mixed 100 yd Breaststroke
6. Mixed 100 yd Freestyle
7. Mixed 50 yd Backstroke
8. Mixed 100 yd Butterfly
9. Mixed 200 yd IM
10. Mixed 50 yd Freestyle
11. Mixed 200 yd Freestyle
12. Mixed 50 yd Butterfly
13. Mixed 200 yd Breaststroke
14. Mixed 100 yd Backstroke
15. Mixed 200 Butterfly
16. **400 yd RELAY**
17. 400 yd IM

ORDER OF EVENTS #5 - Severna Park

1. Mixed 100 yd IM
2. Mixed 100 yd Backstroke
3. Mixed 50 yd Freestyle
4. Mixed 50 yd Breaststroke
5. Mixed 100 yd Butterfly
6. **THE PLUNGE**
7. Mixed 200 yd IM
8. Mixed 50 yd Backstroke
9. Mixed 200 yd Freestyle
10. Mixed 100 yd Breaststroke
11. Mixed 100 yd Freestyle
12. Mixed 50 yd Butterfly
13. **200 yd RELAY**

ORDER OF EVENTS #6 - Big Vanilla

1. Mixed 200 meter Freestyle
2. Mixed 50 meter Breaststroke
3. Mixed 100 meter Backstroke
4. Mixed 100 meter Butterfly
5. Mixed 50 meter Freestyle
6. Mixed 100 meter IM
7. Mixed 100 meter Freestyle
8. Mixed 100 meter Breaststroke
9. Mixed 200 meter IM
10. Mixed 50 meter Backstroke
11. Mixed 50 meter Butterfly
12. **200 meter RELAY**
13. Mixed 400 meter Freestyle #
14. Mixed 400 meter IM #

denotes events that may be combined, so swimmers should not sign up for both
* entries may be limited due to time constraints. Sign-up early.