



Sunkist Week is here!

Come swim with Sunkist and try out the team for free!!

August 16-20

4:30 to 5:30pm

Flowood YMCA

Sunkist Swim Team is a year-round swimming program offering training and competition for children of all ages and abilities. Head Coach David Orr is a certified professional coach with years of swimming experience.

Sunkist is a nationally recognized USA Swimming club and Mississippi's most successful swimming program. Sunkist has won 32 state championships. Sunkist swimmers have received scholarships to top swimming universities in the country, have broken numerous state records and even a few national records. Sunkist has a rich history and tradition of competitive success, offering the best swimming training in Mississippi since 1975.

Sunkist introduces kids to the sport of swimming in a fun, safe and healthy environment. Sunkist teaches proper swimming technique of all the strokes, dramatically improving speed and endurance. Sunkist provides children with a healthy aerobic activity that promotes positive character values such as good sportsmanship, goal setting, confidence building and teamwork.

Sunkist Swim Team offers skills and friendships to cherish for a lifetime.

For more information please visit our website:

www.sunkistswimteam.com

Or contact Coach Orr at coachdavidorr@gmail.com or (601) 664-6814

Come see what Sunkist is all about!

Aquatic Excellence Since 1975