WARM UP SCHEDULE - KC SPLASHDOWN - NOVEMBER 13 - 15, 2009											
								LANES 9 - 12 ARE IN THE DIVE WELL			
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	LANE 11	LANE 12
FRIDAY PM - SESSION 1 - 3:00PM to 3:30PM											
SABW	SABW	SABW	SABW	SABW	SABW	SABW	SABW	SABW	SABW	SABW	SABW
FRIDAY PM - SESSION 2 - 3:30PM to 4:00PM											
TSS	TSS	TSS	WRN	WRN/COOL	COOL	FTLL	GRYG	NLU	NLU	NLU	NLU
							MCV,RR				
SATURDAY AM - SESSION 1 - 6:45AM to 7:10AM											
SABW	SABW	SABW	SABW	SABW	SABW	SABW	SABW				
SATURDAY AM - SESSION 2 - 7:10AM to 7:35AM											
FTLL	FTLL	KCB	KCB	KCB	KCB	KCB	KCB	KCB	KCB	KCB	KCB
SATURDAY AM - SESSION 3 - 7:35AM to 8:00AM											
WRN	WRN	WRN	NLU	NLU	NLU	COOL	GRYG/RR	TSS	TSS	TSS	TSS
SATURDAY PM - SESSION 1 - 12:00PM to 12:30PM					**(approximate time - session will begin immediately after finish of AM session)**						
WRN	WRN	NLU	NLU	NLU	NLU	SABW	SABW	SABW	SABW	SABW	SABW
SATURDAY PM - SESSION 2 - 12:30PM to 1:00PM					**(approximate time - session will begin 30 minutes after finish of AM session)**						
FTLL	FTLL	TSS	TSS	COOL	COOL	KCB	KCB	KCB	KCB	KCB	KCB
RR,GYRG											

WARM UP SCHEDULE - KC SPLASHDOWN - NOVEMBER 13 - 15, 2009

LANES 9 - 12 ARE IN THE DIVE WELL

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	LANE 11	LANE 12
SUNDAY AM - SESSION 1 - 6:45AM to 7:10AM											
SABW	SABW	SABW	SABW	SABW	SABW	SABW	SABW				
SUNDAY AM - SESSION 2 - 7:10AM to 7:35AM											
NLU	NLU	NLU	TSS	TSS	TSS	COOL	RR,MCV	FTLL	FTLL	FTLL	
SUNDAY AM - SESSION 3 - 7:35AM to 8:00AM											
KCB	KCB	KCB	KCB	KCB	KCB	KCB	KCB	KCB	KCB	KCB	KCB
SUNDAY PM - SESSION 1 - 12:00PM to 12:30PM					**(approximate time - session will begin immediately after finish of AM session)**						
KCB	KCB	KCB	KCB	KCB	KCB	KCB	KCB	COOL	COOL	FTLL	FTLL
											MCV, RR
SUNDAY PM - SESSION 2 - 12:30PM to 1:00PM					**(approximate time - session will begin 30 minutes after finish of AM session)**						
TSS	TSS	NLU	NLU	NLU	SABW	SABW	SABW	SABW	SABW	SABW	SABW

COOL	= Community of Olathe
FTLL	= Fort Leavenworth
GRYG	= Grand River YMCA
KCB	= Kansas City Blazers
MCV	= Miami County Vipers
NLU	= Northland United Swim Team
RR	= Raytown Riptides
SABW	= KC Swim Academy Blue Waves
TSS	= Tiger Sharks Swim Team
WRN	= Warrensburg Piranhas Swim Team