

**KC BLAZERS EAST  
EQUIPMENT REQUIREMENTS BY TRAINING GROUP  
2009-2010**

**SENIOR GROUP**

Finis Snorkel  
Strokemaker Paddles  
Speedo Bio-Fuse Fins (if currently using Zoomers you **do not** need to replace)  
Small Pull Buoy  
Small Kickboard  
Navy Blue "Commitment To Excellence" Blazer T-Shirt

**Gold Group**

Strokemake Paddles  
Speedo Bio-Fuse Fins (if currently using Zoomers you **do not** need to replace)  
Small Pull Buoy  
Small Kickboard  
Navy Blue "Commitment To Excellence" Blazer T-Shirt

**ADVANCED BLUE GROUP**

Strokemaker Paddles  
Small Pull Buoy  
Small Kickboard  
Navy Blue "Commitment To Excellence" Blazer T-Shirt

**BLUE GROUP**

Small Pull Buoy  
Small Kickboard  
Navy Blue "Commitment To Excellence" Blazer T-Shirt

**NOVICE GROUP**

Small Kickboard  
Navy Blue "Commitment To Excellence" Blazer T-Shirt

OPTIONAL ITEMS FOR ALL GROUPS:

Mesh Equipment Bags  
Goggle repair kits or bungee cords for goggles  
Blazer logo parkas, bags and other apparel

Swimmers should wear Lycra practice suits (any color) and goggles when training.

All swimmers are required to wear a Blazer Swim Cap, Blazer T-Shirts and a plain Navy Blue competition suit for swim meets. High Dollar competition suits such as Aqua Blades and Fast Skins are not required or recommended for kids at this level of competition.

All of the above mentioned items can be purchased at **SWIM QUIK**. Swim Quik is the KC Blazers Official Team Supplier and is proud to be a Speedo Preferred Team Dealer.

Swim Quik is located at Parkway Plaza on the Northwest corner of 135th & Roe. (4876 W. 135th Street in Leawood). Please call 913.649.8456 for further directions or with any questions.

[WWW.SWIMQUIK.COM](http://WWW.SWIMQUIK.COM)