

ANN KETTERER INTRASQUAD MEET
Closed to Kansas City Blazers Registered Swimmers
NOVEMBER 7-8, 2009

TEST FOR SUPERIOR ATHLETES

- HOST/SPONSOR:** Kansas City Blazers Parents Association in cooperation with Johnson County Park & Recreation.
- SANCTION:** Sanctioned by Missouri Valley Swimming (MVS), on behalf of USA Swimming.
Sanction Number: **MV-09-109 (MAL Blanket)**
- MEET TYPE:** Age Group and Senior Timed Finals
- LOCATION:** Roeland Park Aquatic Center
4843 Rosewood
Roeland Park, KS 66205
- FACILITY:** Ten lane, 25-yard pool. Non-turbulent lane lines. Colorado Electronic Timing System.
- RULES:** 2009 USA Swimming Rules and Regulations and MVS Rules will govern the meet.
- START TIMES:** **SATURDAY**
Session I
13-14 and Senior
Warm-up: 7:00 – 8:15 a.m.
Meet Starts: 8:30 a.m.
- Session II**
12 & Under Age Groups and Novice
Warm-up: 1:30 – 2:15 p.m.
Meet Starts: 2:30 p.m.
- SUNDAY**
Session III
13 & Up Age Groups and Seniors
Warm-up: 7:00 – 8:00 a.m.
Meet Starts: 8:15 a.m.
- Session IV**
12 & Under Age Groups and Novice
Warm-up: 12:00 – 12:45 p.m.
Meet Starts: 1:00 p.m.
- SUITS:** Missouri Valley Swimming has expanded the scope of USA Swimming Rule 102.9 to include 14 & under age groups defined competition. Additionally, under rules interpretations for purposes of Article 102.9 of the USA Swimming Rules & Regulations, Swimwear, the use of more than one swimsuit at a time during any USA Swimming sanctioned or approved competition is prohibited, as well as any competition suits not on the FINA approved list. The Referee shall have the authority to bar offenders from the competition until they comply with the rule.

WARM-UP: MVS Safety Guidelines and Warm-Up Procedures will be in effect. Swimmers may not dive into the pool during general warm-up. During Warm-ups, Swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Any swimmer entering in any other manner may be disqualified from one or more events at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm-up.

ELIGIBILITY: Entrants must be registered as 2009 athlete members or 2010 for USA Swimming. MVS Registration Chair prior to meet will verify status. Age of swimmer on the first day of the meet determines age group classification for the entire meet.

ENTRIES: **All entries must be submitted electronically by October 29, 2009** to jhawkfaninkc@yahoo.com using HyTek software and accompanied by a Team Manager entry summary printout with payment of fees. All entries must include each swimmer's USA Swimming registration number. Also include a contact person's phone number and email address.

Entries Chair: Kevin Neeley
13525 W 74th Terrace
Shawnee, KS 66216
816-729-4308

ENTRY FEES:

	<u>Entry Fee</u>
One Day of Meet:	\$15.00 per swimmer
Two Days of Meet:	\$25.00 per swimmer

ENTRY LIMIT: Each swimmer will be allowed to swim five (5) individual events per day. Coaches will determine events.

SEEDING: This will be a pre-seeded meet.

Events 13 & Up 400 IM, and 13 & Up 500 Free will be seeded each as one event, women and men separately, swum fastest to slowest and alternate women/men. Each age group will be scored separately. (13-14/15 & Up)

SCRATCHES: Scratches should be turned in at the scoring table at least 30 minutes prior to the start of each session.

OFFICIALS:

Meet Referee:	Brad Bond
Meet Director:	Troy Laflin KCBMeetDirector@gmail.com

CONSESSIONS: Food and other refreshment will be available for purchase.

HEAT SHEETS: Heat sheets for the meet will be available for purchase.

**SCORING/
AWARDS:**

1. Superior Athlete Plaque for each male and female in each age group 10 & Under, 11-12, 13-14 /Seniors. Novice groups and 8 & Under group not eligible for this award.

Each swimmer who swims **all** events in his/her age group classification, (10 & Under/11-12/13-14/Senior) will be eligible for the Superior Athlete Plaque. Performance times in each event will be totaled. The individual with the fastest times will be the winner. Certificates awarded to 2nd through 8th place.

2. Novice group swimmers will be awarded skill ribbons: - 8 and Under
Blue = Excellent

Red = Good
White = Developing

3. Ribbons for 1st through 8th place in each event for age groups 9 & Up Novice, 9-10, 11-12, 13-14

Results posted in the pool entry area as available.

FINAL RESULTS: Final Results will be posted on the Missouri Valley Swimming website and may include the swimmers name, age, time and USA Swimming number. Also, results will be available on the KCB website (kcblazers.com) the following day in both Team Manager and Meet Manager formats.

WARM-UP PROCEDURES:

A. Pre-Meet Warm-up Period

1. Marshals will remain on duty for the entire warm-up period.
2. They will be responsible for the control and supervision of swimmers both in and out of the pool.
3. Control/supervision is key words for safe swimming.

B. Safety Guidelines-Missouri Valley Safety Guidelines will apply to warm-up sessions.

2. Coaches Responsibilities.

- a. Coaches shall instruct swimmers as to the safety guidelines and procedures to be followed at all meets. Swimmers may not dive into the pool during general warm-up. Any swimmer diving into the pool may be disqualified from one or more events at the discretion of the meet referee. Swimmers may dive during a designated sprint warm-up.
- b. Coaches shall continually supervise their swimmers during meets and practice sessions.

ORDER OF EVENTS

SATURDAY SESSION I

13 & Up Swimmers

Warm-up 7:00 – 8:15 am Meet Starts 8:30am

	<u>WOMEN'S EVENT</u>	<u>MEN'S EVENT</u>	
1	13-14	200 Free	2
3	Senior	200 Free	4
5	13-14	200 Back	6
7	Senior	200 Back	8
9	13-14	200 Breast	10
11	Senior	200 Breast	12
13	13 & Over	400 IM	14

Note: Events 13 and 14 are swim as 13 and over. These events will be scored 13-14 and Senior. These events will swim fast to slow alternating women/men.

SATURDAY SESSION II

12 & Under and Novice Swimmers

Warm-up 1:30 – 2:15pm Meet Starts 2:30pm

	<u>WOMEN'S EVENT</u>	<u>MEN'S EVENT</u>	
15	8 & Under	25 Free	16
17	10 & Under	50 Free	18
19	11 & Up Novice	50 Free	20
21	11-12	200 Free	22
23	8 & Under	25 Back	24
25	10 & Under	50 Back	26
27	11 & Up Novice	50 Back	28
29	11 – 12	100 Back	30
31	8 & Under	25 Breast	32
33	10 & Under	50 Breast	34
35	11 & Up Novice	50 Breast	36
37	11-12	100 Breast	38

SUNDAY SESSION III

13 & Up Swimmers

Warm-up 7:00 – 8:00am Meet Starts 8:15am

	<u>WOMEN'S EVENT</u>	<u>MEN'S EVENT</u>	
39	Senior	100 Free	40
41	13-14	100 Free	42
43	Senior	200 Fly	44
45	13-14	200 Fly	46
47	Senior	200 IM	48
49	13-14	200 IM	50
51	13 & Up	500 Free	52

Note: Events 51 and 52 are swim as 13 and over. These events will be scored 13-14 and Senior. These events will swim fast to slow alternating women/men.

SUNDAY SESSION IV

12 & Under and Novice Swimmers

Warm-up 12:00 – 12:45pm Meet Starts 1:00pm

	<u>WOMEN'S EVENT</u>	<u>MEN'S EVENT</u>	
53	11-12	100 Free	54
55	10 & Under	100 Free	56
57	8 & Under	25 Fly	58
59	10 & Under	50 Fly	60
61	11&Up Novice	50 Fly	62
63	11-12	100 Fly	64
65	8 & Under	100 IM	66
67	10 & Under	200 IM	68
69	11-12	200 IM	70
71	11&Up Novice	100 IM	72
73	11-12	500 Free	74

Note: Events 73 and 74 will swim fast to slow alternating women/men.