

# Kansas City Blazers

## Wheels or Worms

### Sunday, November 29, 2009

- Location:** Roeland Park Aquatic Center
- Meet Type:** Invitational, designed for swimmers who compare to the following KCB criteria: all Blazer Novice swimmers, inexperienced Blazer Blue swimmers, or new *and* inexperienced Blazer Advanced Blue Swimmers.
- Sanction:** Held under the MAL blanket sanction.
- Officials:** Meet Director: Derek Shipp (913) 362-2127 ext. 213 or derek.shipp@jocogov.org  
Other Officials: Certified MVS and USA Swimming officials
- Rules:** 2009 USA Swimming Rules and Missouri Valley Safety Guidelines and Warm up Procedures shall be in effect. Swimmers must be registered USA Swimming athletes for 2009.
- Entry Limit:** Each swimmer is limited to three individual events.
- Entries:** Entries should be submitted electronically no later than Tuesday, November 20 using a Hy-Tek Commlink file. Entry times should be in short course yards, and No Time entries are acceptable. The meet will be pre-seeded based upon entry times, and deck entries will only be accepted with open lanes in existing heats. Age groups will be separated for the compilation of results to 8 & Under, 9-10, 11-12, and 13 & Over.
- Awards:** Heat winners will receive a brand new car. Those less fortunate will receive a worm and have to eat it.
- Entry Fees:** \$15.00 per swimmer
- Schedule:** Warm ups: 8:20AM  
Meet Starts: 9:00AM

<u>Girls</u>	<u>Order Of Events</u>	<u>Boys</u>
1	8 & Under 50 Free	2
3	Open 100 Free	4
5	Open 200 Free	6
7	8 & Under 25 Fly	8
9	Open 50 Fly	10
11	Open 100 Fly	12
13	8 & Under 25 Back	14
15	Open 50 Back	16
17	Open 100 Back	18
19	8 & Under 25 Breast	20
21	Open 50 Breast	22
23	Open 100 Breast	24
25	Open 100 I. M.	26
27	Open 200 I. M.	28
29	Mixed Open 500 Free	29
30	Mixed Open 400 IM	30

Both the 500 Fr and the 400 IM events will be deck seeded based only on the 500 Fr times. This will put the swimmers in the same heat for both events and allow swimmers entered in both event ample time to recover between events.