



# Roger Hill Memorial Invite

May 28-31, 2015  
Lawrence, KS



MVS Sanction	<ul style="list-style-type: none"> <li>Held under the sanction of Missouri Valley Swimming, Inc. on the behalf of US Swimming, Inc.</li> <li>Sanction Number: MV-15-69</li> </ul>
Type of Meet	12 & Under, 13-14, Open – Timed Finals
Location	Lawrence Indoor Aquatic Center 4706 Overland Drive Lawrence, KS 66049
Facility	<ul style="list-style-type: none"> <li>50 meter, 10 lane with non-turbulence racing lane ropes. Horn start &amp; custom-designed starting blocks with Colorado Timing System will be used. Pool depth at the start end is 13 feet and pool depth at the turn end is 4 feet.</li> <li>This competition course has been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C(4).</li> <li>All sessions will run in eight (8) lanes</li> </ul>
Heat Sheets	<p>Heat Sheet will be available for sale at all sessions. Heat sheets for all sessions will be available for \$10, and individual session heat sheets will be available for \$3.</p> <p>Heat sheets will also be sold through Meet Mobile to offer a paperless option. Meet Mobile heat sheets will be available at the beginning of warm ups Thursday without standing in a line!</p>
Start Times	<p>Friday/Saturday/Sunday morning will be assigned warm up Friday/Saturday/Sunday afternoon warm ups will all be open warm up.</p> <p><b>Thursday:</b> Pool opens at 3:30: PM Pace lanes (1 &amp; 10) open at 4:30 PM Start lanes (2 &amp;9) open at 4:45 PM Meet start: 5:30 PM</p> <p><b>Friday:</b> AM Session: Warm up starts at 7:20 AM Meet Starts at 8:30 AM</p>

	<p>PM Session: Pool opens at 11:20 AM  Pace lanes (1 &amp; 10) open at 12:00 PM  Start lanes (2 &amp; 9) open at 12:10 PM  Meet start: 12:30 PM</p> <p><b>Saturday:</b>  AM Session: Warm up starts at 7:20 AM  Meet Starts at 8:30 AM  PM Session: Pool opens at 11:20 AM  Pace lanes (1 &amp; 10) open at 12:00 PM  Start lanes (2 &amp; 9) open at 12:10 PM  Meet start: 12:30 PM</p> <p><b>Sunday:</b>  AM Session: Warm up starts at 7:20 AM  Meet Starts at 8:30 AM  PM Session: Pool opens at 11:20 AM  Pace lanes (1 &amp; 10) open at 12:00 PM  Start lanes (2 &amp; 9) open at 12:10 PM  Meet start: 12:30 PM</p> <p><b><i>Additional start lanes may be opened if it becomes necessary.</i></b></p>
<b>Warm-Ups</b>	<p>Thursday Evening, Friday/Saturday/Sunday afternoon sessions, will all be open warm up.</p> <p>12 &amp; Under Sessions will have assigned warm up lanes and times. Team assignments will be sent out before the start of the meet.</p>
<b>Contacts</b>	<p>Meet Director: Danica Thompson  <a href="mailto:aquadanicahawk@gmail.com">aquadanicahawk@gmail.com</a>  (785) 979-7183</p>
<b>Officials</b>	<p>Meet Referee: Craig Hill  Email: <a href="mailto:cmhill@pts-llc.com">cmhill@pts-llc.com</a>  Phone: (573) 808-5538</p> <p>Administrative Official: Angela Callahan  Email: <a href="mailto:jmcamc@kc.rr.com">jmcamc@kc.rr.com</a></p> <p>The Lawrence Aquahawks welcome any visiting USA officials who would like to officiate at this meet. If you are able to officiate, please contact the Meet Referee Craig Hill at <a href="mailto:cmhill@pts-llc.com">cmhill@pts-llc.com</a>.</p> <p>Attending stroke and turn judges from any LSC should come prepared to volunteer their services. Teams attending the meet should contact the Meet Referee with the names of MVS stroke and turn judges who are available through their team.</p>

	Officials must display 2015 USA Swimming membership credentials while acting in any official capacity on the deck of the pool.
<b>Disability Swimmers</b>	<ul style="list-style-type: none"> <li>• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director and/or host club.</li> <li>• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li> </ul>
<b>Entries</b>	<p><b>12 &amp; Under:</b> may enter 4 events a day, and a total of 13 events</p> <p><b>13 &amp; Older:</b> may enter 4 events a day, and a total of 13 events</p> <p>Entries Chair: Alissa Dundes <a href="mailto:entries@aquahawks.org">entries@aquahawks.org</a></p> <p>All entries should be submitted to the Entries Chair no sooner than the opening date and no later than the entry deadline. All entries must be submitted via email using the host-provided Hy-Tek meet event file OR an .sd3 or .hyv Hy-Tek compatible event file.</p>
<b>Deadline</b>	<b>Entry deadline is 8:00pm Sunday, May 24<sup>rd</sup>, 2015.</b> Entries will be prioritized by time of receipt. This meet may fill up early, so meet entries submitted by the deadline will not be guaranteed a spot in the meet. All entries must also include the coach's name and the name and phone number of the team's entries chairperson.
<b>Fees</b>	<p>Individual events: \$4.50 per event</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: Lawrence Aquahawks</li> <li>• Mail payment to: Lawrence Aquahawks 4105 W. 6th Street Ste. A-3 Lawrence, KS 66049</li> </ul> <p>Deck entries will be allowed and the cost is double the cost for individual events. Deck entries must be handed in before the end of the previous days sessions. Deck entries will not be allowed for events happening on the same day.</p>
<b>Limited Events</b>	<p>The following events <b>MAY</b> be limited if time does not permit acceptance of all entries: Open 800 Free, 1500 Free.</p> <p><b>If the 800 and/or 1,500 are limited:</b> The 800 and 1500 will be swum as 14&amp;U and Open age groups; these age groups will swim combined but placed separately with a maximum of 40 total female and 40 total male swimmers. However, the top 40 must include at least 12 14&amp;U swimmers if there are at least 12 entered in the event. If more than the maximum entries are</p>

	<p>received for either gender, it may be possible to exceed the entry limits only if there is less than the entry limit entered by the other gender in that event. As a result, it may be necessary to combine male and female swimmers in the same heats to allow for the most number of competitors to swim these events. Coaches will be notified by email which swimmers are affected by limits prior to meet.</p>
<p><b>Distance Check-In</b></p>	<p>Positive Check In is required for the following events: 1,500 Free, 400 Free, 800 Free, and 400 IM. The 1,500 Free, 800 Free, and 12 &amp; Under 400 Free will be swum fastest to slowest.</p> <p>There will not be any penalty for swimmers in positive check in events. Swimmers will automatically be scratched from that event.</p> <p><b>Swimmers must provide their own timers and counters for the 1,500 Free, 800 Free, and their own timers for the 12 &amp; Under 400 Free.</b></p>
<p><b>Seeding</b></p>	<p>Entries shall be seeded according to USA Swimming rules. The Timed Finals (except positive check-in events) will be pre-seeded prior to the meet by Hy-Tek Meet Manager.</p> <p>For this meet, the seeding order is: 1) 'conforming times' (LCM) 2) 'nonconforming times' (SCM then SCY)</p> <p>Positive check in is required for events swum on Thursday evening.</p> <p>Thursday evening events will be swum fastest to slowest.</p>
<p><b>Scratches</b></p>	<p>Thursday evening event scratch deadline will be 4:50 PM Thursday evening.</p> <p>In order to run an efficient meet, scratches will be due by the end of afternoon sessions of the previous afternoon for the next day's events.</p>
<p><b>Awards</b></p>	<p>Ribbons will be awarded to 10 &amp; Under, 11-12, 13-14, and Open age groups for the top 8 finishers.</p>
<p><b>Meet Rules</b></p>	<ul style="list-style-type: none"> <li>• Current USA Swimming and Missouri Valley Swimming Rules and Regulations will govern the conduct of this meet and will serve as the official guide for technical and procedural rules.</li> <li>• MVS Safety Guidelines and Warm-up procedures will be in effect. The Meet Announcer will be available during the warm-up sessions to assist with announcing procedures and conduct of the warm-up period.</li> <li>• Current (2015) USA Swimming membership is required for</li> </ul>

coaches and working officials to be on deck. Coaches must be current with all safety certifications and background check requirements. At the request of the Meet Referee or special designee, coaches and officials must present their USA Swimming credentials. Persons without a valid 2015 USAS Coach Membership will not be allowed access to the deck area and will not be allowed to participate in any coaching capacity.

- Any swimmer entered in the meet unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

- Coaches meetings may be held 15 minutes prior to the start of each preliminary session and/or other times as requested by the Meet Referee.

To assure coaches and officials adequate visibility of the swimming venue, all spectators, including athletes, are requested to remain four (4) feet or more from the edge of the pool.

- Spectators should be seated in the bleachers on the north side of the pool. Spectators are not allowed to be on the pool deck.

- The starting procedure and 'no recall' provision of USA Swimming Rules shall be used. Flyover starts may be used for all events during the preliminary sessions.

- The meet will be paced at the discretion of the Meet Referee. At the request of the swimmer's coach and at the discretion of the Meet Referee, at least 15 minutes will occur between swims for the same individual.

- Each coach and/or unattached swimmer will be provided with Hy-Tek printouts of team entries by swimmer and scratch sheets for each session. It is the responsibility of each coach and/or swimmer to indicate which events are to be scratched and to return the sheets to the Clerk of the Course by the scratch deadline prior to each session.

	<ul style="list-style-type: none"><li>• Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the blocks.</li><li>• It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</li></ul>
<b>Concessions</b>	Food concessions and dry concessions will be available for purchase in the lobby of the Lawrence Indoor Aquatic Center.
<b>Final Results</b>	Final Results will be posted on the Missouri Valley website and may include the swimmer's name, age, times and USA Swimming number. Final results will also be posted on the Aquahawks website at <a href="http://www.aquahawks.org">www.aquahawks.org</a>

## Hotels

Rooms have been blocked at the following Lawrence hotels:

### Hampton Inn:



2300 W 6<sup>th</sup> St  
Lawrence, KS 66049  
(785) 841-4994

### Holiday Inn Express:



3411 S.W. Iowa  
Lawrence, KS 66046  
(785) 749-7555

### Holiday Inn:



200 McDonald Dr  
Lawrence, KS 66044  
(785) 841-7077

### Comfort Inn:



BY CHOICE HOTELS

151 McDonald Dr  
Lawrence, KS 66044  
(785) 330-7241

### Econo Lodge:



BY CHOICE HOTELS

2525 W 6<sup>th</sup> St  
Lawrence, KS 66049  
(785) 841-8410

## Roger Hill Memorial Invite Order of Events

<u>Warm Up: 3:30 pm</u>	<u>Thursday Evening</u>	<u>Meet Start: 5:30 pm</u>
1	Open 1500 Freestyle	2
3	12 & U 400 Freestyle	4

*Swimmers must provide their own timers and counters for the Open 1500 Free and their own timers for the 12 & Under 400 Free.*

<u>Warm Up: 7:20 am</u>	<u>Friday Morning</u>	<u>Meet Start: 8:30 am</u>
5	12 & U 100 Butterfly	6
7	12 & U 50 Breaststroke	8
9	12 & U 100 Freestyle	10

<u>Warm Up: 11:20 am</u>	<u>Friday Afternoon</u>	<u>Meet Start: 12:30 pm</u>
11	13-14 100 Backstroke	12
13	Open 100 Backstroke	14
15	13-14 200 Butterfly	16
17	Open 200 Butterfly	18
19	13-14 200 Breaststroke	20
21	Open 200 Breaststroke	22
23	13-14 100 Freestyle	24
25	Open 100 Freestyle	26
27	Open 800 Freestyle	28

*Swimmers must provide their own timers and counters for the Open 800 Free.*

<u>Warm Up: 7:20 am</u>	<u>Saturday Morning</u>	<u>Meet Start: 8:30 am</u>
29	12 & U 50 Freestyle	30
31	12 & U 100 Breaststroke	32
33	12 & U 50 Backstroke	34
35	12 & U 200 IM	36

<u>Warm Up: 11:20 am</u>	<u>Saturday Afternoon</u>	<u>Meet Start: 12:30 pm</u>
37	13-14 200 Freestyle	38
39	Open 200 Freestyle	40
41	13-14 100 Butterfly	42
43	Open 100 Butterfly	44
45	13-14 50 Freestyle	46



47	Open 50 Freestyle	48
49	13-14 400 IM	50
51	Open 400 IM	52

<b><u>Warm Up: 7:20 am</u></b>	<b><u>Sunday Morning</u></b>	<b><u>Meet Start: 8:30 am</u></b>
53	12 & U 100 Backstroke	54
55	12 & U 50 Butterfly	56
57	12 & U 200 Freestyle	58

<b><u>Warm Ups: 11:20 am</u></b>	<b><u>Sunday Prelims</u></b>	<b><u>Meet Start: 12:30 pm</u></b>
59	13-14 200 IM	60
61	Open 200 IM	62
63	13-14 200 Backstroke	64
65	Open 200 Backstroke	66
67	13-14 100 Breaststroke	68
69	Open 100 Breaststroke	70
71	13-14 400 Freestyle	72
73	Open 400 Freestyle	74