

TSUNAMI SWIM TEAM OF KANSAS CITY
Presents the
17th Annual Fall Round-up Swim Meet
November 6 – 8, 2009

Sanction: Sanctioned by Missouri Valley Swimming on behalf of USA Swimming.
Sanction Number: **MV-09-115**

Type of Meet: Age Group and Open, 8 & Under – Timed Finals

Location: Henley Aquatic Center
18200 E State Route 78 Hwy
Independence, MO

Course: 25 Yards, 8 lanes, non-turbulent lane lines. One lane cool down/warm up throughout the meet. "This pool is an approved venue for purposes of this sanction; additional certification pursuant to USA Swimming Rules and Regulations will be required for national or international records achieved at this event."

Timing: Daktronic Timing System with 2 back-up timers per lane and an 8 line scoreboard will be used. Each team will be assigned lanes to time during the meet. Hy-Tek Meet Manager software with Interface will be employed.

Rule Authority:

- MVS Safety Guidelines and warm-up procedures will apply.
- All coaches and deck officials must be able to prove, to the satisfaction of the referee, that they hold a current USA Swimming membership.
- All swimmers must be registered and in good standing with USA Swimming for 2009.
- The swimmer's age on the first day of the meet determines age for the entire meet.
- Registration for Missouri Valley athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered will not be allowed to swim in this meet.
- Flyover starts will be used as necessary to ensure that meet sessions are completed in a timely manner.
- "All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee." Suits worn in competition must be non-transparent. The use of more than one swimsuit at a time is prohibited, as well as any competition suits not on the FINA approved list. The Referee shall have the authority to bar offenders from the competition until they comply with the rule."

Warm-Up and Starting Times:

Friday

Warm-ups TST 4:20 pm – 5:00 pm
All teams/All ages 5:00 pm – 5:45 pm

Start: 6:00 pm

Saturday & Sunday

Warm-ups (12 & under's) 7:00am – 7:30 am/7:30am – 8:00am
Start: 8:15am

Warm-ups 8 & under 12:15 – 12:45 pm
Open 12:15 – 12:45 pm/12:45 – 1:15 pm
Start: no earlier than 1:30 pm

Swimmers may not dive into the pool during general warm-up. Swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events for that session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm up. Warm up assignments will be available at the start of each warm-up period.

Eligibility: Open to swimmers who are registered in accordance with 2009 USA Swimming and MVS regulations. Age of the contestant on November 6, 2009, will determine eligibility for the entire meet. Competitor's USA Swimming registration number must appear on the entry form. No entries will be accepted unless the entrant is registered in accordance with the rules of the meet. Registration will be verified by the MVS Registration Chairperson.

Entry Procedure: Entries must be submitted by e-mail using Hy-Tek software. Entry fees must be accompanied by a Team Manager print out or hard copy (Meet Summary Sheet) for use as a backup. Entries not in the Hy-Tek format will not be accepted. All entries must include the swimmer's 2009 USA Swimming registration number. The meet will be pre-seeded, except for the Open 500 Freestyle and 400 IM events which will be deck-seeded, based upon entry times. "No-time" entries will be accepted and will be seeded in the slowest heats. The number of swimmers for this meet will be limited to ensure that appropriate sessions will be conducted within the USA Swimming 4-hour planning rule. As a result, it is possible that some entries received prior to the entry deadline may NOT be entered in the meet. Swimmers will be entered based upon the date entries are received by the Entries Chairman. A team's entries may be split if the maximum number of entries has been reached. The Entries Chairman and Referee will make the final determination. Teams will be notified as soon as possible if their swimmers are not entered in the meet. Entry times must be in short course yard times.

Entry Fees: All fees must accompany entry forms and must be received by the deadline.

Individual Events:	\$3.50 per event
Relay Events:	\$5.00 per relay

Late entry fees (after deadline, are \$7.00 per individual event & \$10.00 per relay) and Deck entries will be accepted only if there are open lanes. Swimmers who scratch and add events are subject to late entry fees and will be placed only in available open lanes. No new heats will be created.

Make Entry checks payable to: "Tsunami Swim Team of Kansas City"

Entry Deadline: Entries must be received by the Entries Chair by 5:00 pm on Sunday, November 1, 2009. All entries must also include the coach's name and the name and phone number of the team's entries chairperson. Teams are to e-mail all entries.
Mail all entries/fees to:

**Debbie Maynard
1208 NE 95th Terrace
Kansas City, MO 64155
816-468-1676 Home**

dmaynardmail@yahoo.com

Entry Limit:

Swimmers will be limited to two individual events for Session 1. All Swimmers limited to four individual events per day with the exception: 8 & Unders may swim 5 individual events in Session 3. 11-12 year olds may swim 5 individual events for Sessions 4. Entries received that exceed these maximums will have the last entry(s) of that session dropped. When a swimmer is eligible to swim in more than one session per day, the swimmer may only swim one session per day.

Entries are limited in the Open 400 IM, and 500 Free events to the limits identified below and will be deck-seeded. Entries will be accepted based on fastest seed time. If more than the maximum entries are received for either sex, it may be possible to exceed the maximum number of swimmers if there are less than the maximum in the other sex.

Event Entry Limits	Women	Men	Total Swimmers
400 IM	24	24	48
500 Free	32	32	64

Coaches will be contacted if they have swimmers who are not entered into a distance event they have requested. The 400 IM, and 500 Free will be swum alternating girls and boys, fast to slow. **Positive check-in will be required for these events.** Swimmers in these distance events will be required to provide 2 back-up timers and lap counters for their swims.

Meet Referee:**Amy Hoppenrath**AHoppenrath@AccelerAction.com**Meet Director:**

Lisa Cocks

lisasemrad@hotmail.com**John Maynard**jrmtri@yahoo.com**Heat Sheets:**

Heat Sheets will be available.

Concessions:

Food and Drink will be available at the Concession Stand outside the pool area. The cafeteria will be utilized as a crash area. As a result, no coolers should be brought into the pool area.

Swim Apparel:

Action Accents

Awards:Ribbons 1st through 8th for 12 & Under swimmers.

Participation Awards may be offered for swimmers entered in the Open events.

Timers/Judges:

Each participating club will be requested to provide back-up timers during the various sessions of the meet. Swimmers competing in distance events are required to provide back-up timers and lap counters for their swims. Teams are also encouraged to provide certified stroke and turn judges. Interested teams should contact Lisa Cocks to make arrangements.

Final Results:

Teams which submitted meet entries using Hy-tek will receive the same disk back containing the meet's final results within 30 minutes after the end of the entire meet.

"Final Hy-Tek Results will be posted on the Missouri Valley Website and the Tsunami Swim Team website and may include the swimmer's name, age, times and USA Swimming number."

ORDER OF EVENTS		
Friday Evening		
1	10 & Under 200 IM	2
3	11-12 200 IM	4
5	13 & Over 200 IM	6
7	11-12 100 Fly	8
9	10 & Under 200 Free	10
11	Open 500 Free	12

ORDER OF EVENTS		
Saturday Morning		
13	10 & Under 50 Breast	14
15	11-12 50 Breast	16
17	10 & Under 50 FR	18
19	11-12 50 FR	20
21	10 & Under 100 Back	22
23	11-12 100 Back	24
25	10 & Under 100 IM	26
27	11-12 100 IM	28
29	12 & Under 200 Free Relay	30

Saturday Afternoon		
31	8 & Under 100 Free Relay	32
33	Open 100 Free	34
35	8 & Under 25 Free	36
37	Open 200 Back	38
39	8 & Under 25 Back	40
41	Open 100 Breast	42
43	8 & Under 25 Breast	44
45	Open 50 Free	46
47	8 & Under 25 Fly	48
49	Open 200 Fly	50

ORDER OF EVENTS		
Sunday Morning		
51	11-12 200 Free	52
53	10 & Under 100 Breast	54
55	11-12 100 Breast	56
57	10 & Under 50 Fly	58
59	11-12 50 Fly	60
61	10 & Under 100 FR	62
63	11-12 100 Free	64
65	10 & Under 50 Back	66
67	11-12 50 Back	68
69	12 & Under 200 Med. Relay	70

Sunday Afternoon		
71	Open 200 Free	72
73	Open 100 Fly	74
75	Open 200 Breast	76
77	Open 100 Back	78
10 Minute Break		
79	Open 400 IM	80