



## Board of Directors Meeting

Tuesday, Sept 21, 2021 • 8:30 PM

Zoom Meeting – See Link Below

### MEETING AGENDA

1. Welcome and Roll Call
2. Declaration of Conflict of Interest Statement
3. Review and Approve July 2021 Meeting Minutes
4. Consent Agenda
  - Membership/Registration Coordinator Report
  - Executive Secretary Report
  - Finance Report
4. Current Business
  - Finance Brief Update
  - Athletes Reps for BOD & HOD
  - BOD Appointments
  - Convention/USA Swimming Annual Business Mtg Legislation
5. Announcements/Information
6. Adjournment

Betsy Purcell is inviting you to a scheduled Zoom meeting.  
Topic: MWS BOD Meeting  
Time: Sep 21, 2021 08:30 PM Central Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/94741310359?pwd=VWVDbERScjNKZDNBK2k5RzhlaFFGQT09>

Meeting ID: 947 4131 0359

Passcode: 352708

General Chair	Betsy Purcell
Adm Vice Chair	Toby Rees
Senior Vice Chair	Jimmy Parmenter
Age Group Chair	Emma McEntarffer
Treasurer	Stefanie Martinez
Finance Chair	Tony Storer
Safe Sport Chair	Aidan Cho
Coaches' Rep	Katherine Anglin
Sr Athlete Rep	Diana Brailita
Jr AthleteRep	Drayton Beber
At Large Athlete	Michael Sambula
Delegate At Large	Jeff Nelson
Delegate At Large	Docker Hartfield
Operational Risk	Lori Howard
Technical Chair	Erica Storms
Registration	Scot Sorensen
Official Chair	Debra Pearson
Past General Chair	Carol Olson
Executive Secretary	Betty Kooy



**MINUTES** DRAFT  
**DATE:** 07/20/2021  
**TIME:** 8:30 p.m.  
**LOCATION** Zoom Conference Call

### Call to Order

- Midwestern Board of Directors
- Board Meeting
  - Called to order – Betsy Purcell 8:32 p.m.; Quorum present
  - Purpose of Meeting: Regular BOD Meeting
- Roll Call by Zoom sign-in
  - Attendees: Betsy Purcell, Toby Rees, Jimmy Parmenter, Emma McEntarffer, Jay Thiltgen, Stefanie Martinez, Scot Sorensen, Tony Storer, Lori Howard, Steve Marchitelli, Aidan Cho, Katherine Anglin, Jeff Nelson, Sam Bach , Betty Kooy
  - Absent: Debra Pearson, Marti Walstad, Diana Brailita, Maris Grabill, Carol Olson
  - Guest: Erica Storms
- Declaration of Conflict of Interest Statement: Summarized by Betsy Purcell; no declarations

### Approval of Previous Minutes

- No corrections to May Minutes.
- Motion to Accept May Minutes -Toby Rees; Seconded-Steve Marchitelli; Approved

### Consent Agenda

- Documents
  - Executive Secretary
  - Membership/Registration Coordinator Report
  - Safe Sport Coordinator Report

Noted one more Safe Sport Recognized club – Lincoln Select Swimming
- Motion to Accept Consent Agenda Items -Scot Sorensen; Seconded-Aiden Cho; Approved

### Current Business

- Finance – Tony Storer
  - Shared Documents: Balance sheet, P & L, run on 07/19/2021
  - Balance sheet showing about \$10,000 ahead of budget; line items for 2021 close to budget
  - Meet numbers are picking up; no surprises
    - Motion to accept the Financial Report Steve Marchitelli, Jimmy Parmenter Seconded; Approved
  - Proposed budget for 2022 sent late; Excel spreadsheet
    - Requests were taken into account (perhaps adjusted due to uncertain forecast)
    - Budget was built conservatively
- Several items need to be adjusted  
Motion to send proposed budget back to committee to be reviewed; Motion - Steve Marchitelli, Seconded by Jimmy Parmenter; Approved
- Championship Meet – Betty Kooy
  - Working on entries for the meet – early 8 teams, 45 athletes

- Will keep two MM databases – one with ‘automatic’ and one with ‘secondary’ added – Rationale: to see where numbers actually are and to be able to adjust to the maximum number in events
- Athlete Reps for BOD and HOD – Betsy
  - Requests for nominations were sent; four (4) viable candidates for Junior Athlete Rep were received
    - Emma recommended voting at Long Course Championship, by club
    - Betty will summarize applications which will be distributed to clubs at the LC meet; Emma will distribute; Votes will be turned in to the Clerk of Course at the meet
  - One (1) Junior athlete to be elected; At-Large appointed by General Chair with consent of BOD
  - HOD delegates/committee members – appointed from athlete nominations by GC, consent of BOD
- New BOD Members
  - New BOD terms begin September 1
  - Erica Storms (Technical Chair) was present at meeting
  - Meeting notices were sent to incoming BOD members
- USA Swimming Convention Update
  - Convention Delegates’ names due by September 1
  - Business meeting in Colorado Springs – must be invited to physically attend
  - Committee meetings probably held via Zoom in the two weeks prior to September 23-25.
  - Need to budget for Zone meetings – possible in Spring
- LEAP – MW deadline March, 2022 – Betsy
  - Still working at getting started to get required items done
  - Governance Committee will take lead with the help of others
  - Need for training in fall – coach, officials, BOD orientation, Swimposium  
Planning committee working on dates and location  
Tentative dates September 18-19
  - Fall banquet – under Admin Vice - working on it (September 19?)
  - If willing to volunteer contact Betsy or Betty via email

### Announcement and Information

- Sanction Committee
  - Doodle poll has been circulated to determine dates for meeting (soon) – to set tentative meet schedule for 2021-2022 Short Course
  - Waiting on some long-time hosts who have not received permission to host meets from their schools
- Tony noted no big issues at Capital City Classic; people outside fence; tents everywhere
- Steve – Sectional meet in Lenexa went well; 502 swimmers
  - Betsy noted the CZ Area 1 opened their meets in Pleasant Prairie and Minnesota
- Short discussion on length of meets; noted USA Swimming’s stance; Jay remarked on need for some LONG meets
- Thanks to outgoing BOD members Jay Thiltgen, Technical Chair; Steve Marchitelli, Officials Chair; Marti Walstad, Senior Athlete Representative; Debra Pearson, Delegate at Large; Sam Bach, Delegate at Large.
- Next Meeting:
  - Date in September TBD; MW Board of Directors Meeting – Virtual Zoom Meeting – 8:30 p.m.  
Date for September HOD – tentative September 19; Location TBD

### Adjournment

- Motion to adjourn-Steve Marchitelli; Seconded – Toby Rees; Passed
- Time: 9:28 p.m.
- Submitted by: Betty Kooy, Secretary



To: MWS Board of Directors

From: Scot Sorensen, Membership/Registration Coordinator

Date: September 16, 2021

	<b>2021 Membership</b> June 1, 2020 – August 31, 2021	<b>2020 Membership</b> September 1, 2019 – August 31, 2020	<b>Increase / Decrease</b>
<b>Premium Athletes - Renew</b>	1,647	1,837	- 190
<b>Premium Athletes - New</b>	428	492	- 64
<b>Seasonal Athletes - Renew</b>	74	5	+ 69
<b>Seasonal Athletes - New</b>	47	4	+ 43
<b>Flex Athletes - Renew</b>	107	108	- 1
<b>Flex Athletes - New</b>	75	55	+ 20
<b>Flex Athletes - Upgrade</b>	32	12	+ 20
<b>Outreach Athletes - Renew</b>	36	42	- 6
<b>Outreach Athletes - New</b>	5	15	- 10
<b>Athletes - Total</b>	2,419	2,558	- 139
<b>NATH Members</b>	364	363	+ 18

- These are the final transaction numbers for the 2020 and 2021 membership years.
- SWIMS is about to undergo a major renovation in advance of online membership registration through the clubs beginning in September 2022. More information will be released to club registrars as this roll out begins.
- Because of vendor platform issues, CAT and APT have had issues dumping into SWIMS. NHQ and the vendor are working diligently to resolve this dilemma as quickly as possible.



**BOD Report  
Executive Secretary  
September 21, 2021**

- **Sanctions/Meet Schedules–**  
**Fall and Winter Meets** – Fall and Winter meet requests have been received. We are working to get fall meets sanctioned, at least through December. Currently we have 10 meets that have been sanctioned and posted (squad meets do not get posted in the Meet/Events). There are 14 more in the pipeline. There are approximately 22 meets after January that have been requested. Clubs are still requesting meets when they are able to secure a venue. The sanction committee still has not made any firm decisions on the end-of-season meets.  
**Summer Meets** – We will request summer meet requests due by December 15, 2021 for summer 2022.
- **Athlete Election** – Athlete election did take place at the Long Course meet. Drayton Beber will be the Junior Athlete and David Sambula-Monzalvo will be the At-Large Athlete delegate.
- **Coach of the Year** – Nominees have been received and ballots are going out for voting for Senior Coach of the Year and Age Group Coach of the Year.
- **USA Swimming Convention** – The Annual Business Meeting of USA Swimming will take place September 24-25 via online. MW will have six voting delegates plus one at-large voting delegate.
- **Awards** – Awards are still in the planning stages. The certificates are in the printing stages. The bag tags have been received. Top 8 for both long and short course have been posted. Awards/certificates are given to Top 8 both short and long course, Top 3 IMX by ages both short and long course, MW record breakers both short and long course, Academic awards for HS swimmers, and Swimmer of the Year awards by age group both short and long course..

# Midwestern Swimming, Inc.

## Balance Sheet

As of September 17, 2021

	TOTAL
<b>ASSETS</b>	
Current Assets	
Bank Accounts	
102 Wells Fargo	90,122.50
122 Savings Wells Fargo	65,102.04
124 CD FNBO	102,834.84
Bill.com Money Out Clearing	1,107.06
<b>Total Bank Accounts</b>	<b>\$259,166.44</b>
<b>Total Current Assets</b>	<b>\$259,166.44</b>
<b>TOTAL ASSETS</b>	<b>\$259,166.44</b>
<b>LIABILITIES AND EQUITY</b>	
Liabilities	
Current Liabilities	
Other Current Liabilities	
201 Prepaid USS Registrations	15,593.00
211 Accrued PR Taxes	1,512.72
<b>Total Other Current Liabilities</b>	<b>\$17,105.72</b>
<b>Total Current Liabilities</b>	<b>\$17,105.72</b>
<b>Total Liabilities</b>	<b>\$17,105.72</b>
Equity	
3900 Retained Earnings	232,472.74
Net Income	9,587.98
<b>Total Equity</b>	<b>\$242,060.72</b>
<b>TOTAL LIABILITIES AND EQUITY</b>	<b>\$259,166.44</b>

# Midwestern Swimming, Inc.

## Profit and Loss

January 1 - September 17, 2021

	TOTAL
Income	
420 Interest Income	5.98
423 Zone Meet	7,114.99
425 Officials Income	1,496.71
431 MWS LSC Long Course	25,130.50
432 MWS LSC Short Course	18,838.50
441 MWS Sanction Fee	5,896.50
442 MWS Splash Fee	37,735.75
442.1 Splash Fee - SC Championships	1,898.00
<b>Total 442 MWS Splash Fee</b>	<b>39,633.75</b>
443 MWS Fines	200.00
451 USS Athlete Membership	
451.1 Athlete-Premium	55,144.00
451.2 Athlete-Seasonal	4,144.00
451.3 Athlete-Upgrade	882.00
451.31 Athlete-Flex	2,680.00
451.4 Athlete-Outreach	90.00
451.5 Athlete-Txfr	860.00
<b>Total 451 USS Athlete Membership</b>	<b>63,800.00</b>
452 USS Nonathlete Members	8,296.00
453 USS Club Memberships	1,860.00
<b>Total Income</b>	<b>\$172,272.93</b>
GROSS PROFIT	<b>\$172,272.93</b>
Expenses	
523 Zone Meet Exp	5,052.85
526 Diversity Support	
526.1 Outreach Meet Support	2,111.50
<b>Total 526 Diversity Support</b>	<b>2,111.50</b>
527 Safe Sport	47.96
531 MWS LSC LongCourse	24,439.44
532 MWS LSC ShortCourse	19,656.80
541 Athlete Reimbursement	
541.1 Sectional & Sr. Zone Reimburse	6,418.04
541.2 Grand Prix Reimb	3,945.50
541.3 Nationals & Jr. Nationals	2,588.50
541.4 Olympic Trials	437.23
<b>Total 541 Athlete Reimbursement</b>	<b>13,389.27</b>

# Midwestern Swimming, Inc.

## Profit and Loss

January 1 - September 17, 2021

	TOTAL
551 USS Athlete Registration	
551.1 Athlete-Premium	48,516.00
551.2 Athlete-Seasonal	3,360.00
551.3 Athlete-Flex	920.00
551.4 Athlete-Outreach	90.00
<b>Total 551 USS Athlete Registration</b>	<b>52,886.00</b>
552 USS NonAthlete Reg	6,912.00
553 USS Club Registrations	560.00
554 Club Rebates	975.00
566 Insurance	306.00
568 Service Charge	26.00
569 Returned Checks	5,000.00
571 Administration	1,884.00
571.1 Admin - Professional Fees	9,309.37
<b>Total 571 Administration</b>	<b>11,193.37</b>
572 Office Supplies	319.89
573 Admin Internet	779.88
575 Admin Postage	84.68
576 Admin Travel/Training	
576.1 Admin Travel-Mileage Reimburse	89.60
<b>Total 576 Admin Travel/Training</b>	<b>89.60</b>
578 Officials Expense	601.03
578.2 Meet Costs	991.99
<b>Total 578 Officials Expense</b>	<b>1,593.02</b>
581 Exec Secretary - Wage	15,383.25
582 Payroll Taxes	1,176.82
589 LSC Awards Banquet	
589.2 Awards	67.39
<b>Total 589 LSC Awards Banquet</b>	<b>67.39</b>
595 Miscellaneous Expense	583.00
596 BOD Meeting Expenses	51.23
Unapplied Cash Bill Payment Expense	0.00
<b>Total Expenses</b>	<b>\$162,684.95</b>
NET OPERATING INCOME	<b>\$9,587.98</b>
NET INCOME	<b>\$9,587.98</b>



# Midwestern Swimming, Inc.

## Budget vs. Actuals: 2021 Proposed Budget - FY21 P&L

January - December 2021

	TOTAL			
	ACTUAL	BUDGET	OVER BUDGET	% OF BUDGET
<b>Income</b>				
420 Interest Income	5.98	25.00	-19.02	23.92 %
423 Zone Meet	7,114.99	5,600.00	1,514.99	127.05 %
425 Officials Income	1,496.71		1,496.71	
431 MWS LSC Long Course	25,130.50	18,666.00	6,464.50	134.63 %
432 MWS LSC Short Course	18,838.50	18,604.80	233.70	101.26 %
441 MWS Sanction Fee	5,896.50	1,591.20	4,305.30	370.57 %
442 MWS Splash Fee	37,735.75	55,080.00	-17,344.25	68.51 %
442.1 Splash Fee - SC Championships	1,898.00		1,898.00	
<b>Total 442 MWS Splash Fee</b>	<b>39,633.75</b>	<b>55,080.00</b>	<b>-15,446.25</b>	<b>71.96 %</b>
443 MWS Fines	200.00		200.00	
451 USS Athlete Membership		158,400.00	-158,400.00	
451.1 Athlete-Premium	55,144.00		55,144.00	
451.2 Athlete-Seasonal	4,144.00		4,144.00	
451.3 Athlete-Upgrade	882.00		882.00	
451.31 Athlete-Flex	2,680.00		2,680.00	
451.4 Athlete-Outreach	90.00		90.00	
451.5 Athlete-Txfr	860.00		860.00	
<b>Total 451 USS Athlete Membership</b>	<b>63,800.00</b>	<b>158,400.00</b>	<b>-94,600.00</b>	<b>40.28 %</b>
452 USS Nonathlete Members	8,296.00	20,910.00	-12,614.00	39.67 %
453 USS Club Memberships	1,860.00	7,180.80	-5,320.80	25.90 %
<b>Total Income</b>	<b>\$172,272.93</b>	<b>\$286,057.80</b>	<b>\$ -113,784.87</b>	<b>60.22 %</b>
<b>GROSS PROFIT</b>	<b>\$172,272.93</b>	<b>\$286,057.80</b>	<b>\$ -113,784.87</b>	<b>60.22 %</b>
<b>Expenses</b>				
523 Zone Meet Exp	5,052.85	12,000.00	-6,947.15	42.11 %
526 Diversity Support		2,000.00	-2,000.00	
526.1 Outreach Meet Support	2,111.50		2,111.50	
<b>Total 526 Diversity Support</b>	<b>2,111.50</b>	<b>2,000.00</b>	<b>111.50</b>	<b>105.58 %</b>
527 Safe Sport	47.96	200.00	-152.04	23.98 %
531 MWS LSC LongCourse	24,439.44	20,012.40	4,427.04	122.12 %
532 MWS LSC ShortCourse	19,656.80	19,951.20	-294.40	98.52 %
541 Athlete Reimbursement		15,000.00	-15,000.00	
541.1 Sectional & Sr. Zone Reimburse	6,418.04		6,418.04	
541.2 Grand Prix Reimb	3,945.50		3,945.50	
541.3 Nationals & Jr. Nationals	2,588.50		2,588.50	
541.4 Olympic Trials	437.23		437.23	
<b>Total 541 Athlete Reimbursement</b>	<b>13,389.27</b>	<b>15,000.00</b>	<b>-1,610.73</b>	<b>89.26 %</b>
551 USS Athlete Registration		140,800.00	-140,800.00	
551.1 Athlete-Premium	48,516.00		48,516.00	
551.2 Athlete-Seasonal	3,360.00		3,360.00	
551.3 Athlete-Flex	920.00		920.00	
551.4 Athlete-Outreach	90.00		90.00	

# Midwestern Swimming, Inc.

## Budget vs. Actuals: 2021 Proposed Budget - FY21 P&L

January - December 2021

	TOTAL			
	ACTUAL	BUDGET	OVER BUDGET	% OF BUDGET
<b>Total 551 USS Athlete Registration</b>	<b>52,886.00</b>	<b>140,800.00</b>	<b>-87,914.00</b>	<b>37.56 %</b>
552 USS NonAthlete Reg	6,912.00	20,000.00	-13,088.00	34.56 %
553 USS Club Registrations	560.00	2,400.00	-1,840.00	23.33 %
554 Club Rebates	975.00		975.00	
566 Insurance	306.00	320.00	-14.00	95.63 %
568 Service Charge	26.00	200.00	-174.00	13.00 %
569 Returned Checks	5,000.00		5,000.00	
571 Administration	1,884.00	2,500.00	-616.00	75.36 %
571.1 Admin - Professional Fees	9,309.37	10,500.00	-1,190.63	88.66 %
<b>Total 571 Administration</b>	<b>11,193.37</b>	<b>13,000.00</b>	<b>-1,806.63</b>	<b>86.10 %</b>
572 Office Supplies	319.89	750.00	-430.11	42.65 %
573 Admin Internet	779.88	400.00	379.88	194.97 %
574 Admin Phone		250.00	-250.00	
575 Admin Postage	84.68		84.68	
576 Admin Travel/Training				
576.1 Admin Travel-Mileage Reimburse	89.60		89.60	
<b>Total 576 Admin Travel/Training</b>	<b>89.60</b>		<b>89.60</b>	
578 Officials Expense	601.03	2,500.00	-1,898.97	24.04 %
578.2 Meet Costs	991.99		991.99	
<b>Total 578 Officials Expense</b>	<b>1,593.02</b>	<b>2,500.00</b>	<b>-906.98</b>	<b>63.72 %</b>
579 USA Swim Conference Expenses		350.00	-350.00	
581 Exec Secretary - Wage	15,383.25	24,635.83	-9,252.58	62.44 %
582 Payroll Taxes	1,176.82		1,176.82	
589 LSC Awards Banquet		1,200.00	-1,200.00	
589.2 Awards	67.39		67.39	
<b>Total 589 LSC Awards Banquet</b>	<b>67.39</b>	<b>1,200.00</b>	<b>-1,132.61</b>	<b>5.62 %</b>
595 Miscellaneous Expense	583.00	150.00	433.00	388.67 %
596 BOD Meeting Expenses	51.23		51.23	
Unapplied Cash Bill Payment Expense	0.00		0.00	
<b>Total Expenses</b>	<b>\$162,684.95</b>	<b>\$276,119.43</b>	<b>\$ -113,434.48</b>	<b>58.92 %</b>
<b>NET OPERATING INCOME</b>	<b>\$9,587.98</b>	<b>\$9,938.37</b>	<b>\$ -350.39</b>	<b>96.47 %</b>
<b>NET INCOME</b>	<b>\$9,587.98</b>	<b>\$9,938.37</b>	<b>\$ -350.39</b>	<b>96.47 %</b>



## **2021-2022 BOARD OF DIRECTORS MEETING SCHEDULE**

### **Tuesday, September 21, 2021**

8:30 PM • Zoom Meeting

Committee Report Deadline: September 15, 2021

### **Tuesday, November 16, 2021**

8:30 PM • Zoom Meeting

Committee Report Deadline: November 10, 2021

### **Tuesday, January 18, 2022**

8:30 PM • Zoom Meeting

Committee Report Deadline: January 12, 2022

### **Tuesday, March 15, 2022**

8:30 PM • Zoom Meeting

Committee Report Deadline: March 9, 2022

### **Tuesday, May 17, 2021**

Time: 8:30 PM • Zoom Meeting

Committee Report Deadline: May 11, 2022

### **Tuesday, July 19, 2021**

8:30 PM • Zoom Meeting

Committee Report Deadline: July 13, 2022

## **2021-2022 HOUSE OF DELEGATES MEETING SCHEDULE**

### **Fall Meeting – Tentative – October 17, 2021**

Location/Time: TBD.

Committee Report Deadline: TBD

### **Spring Meeting • TBD**

Location/Time: TBD

Committee Report Deadline: TBD

**USA SWIMMING**  
**RULES & REGULATIONS COMMITTEE**  
**PROPOSED**  
**AMENDMENTS TO 2021 RULES AND REGULATIONS**  
**FOR THE SEPTEMBER 25<sup>TH</sup>**  
**SPECIAL MEETING OF THE HOUSE OF DELEGATES**

<b>No.</b>	<b>Description</b>	<b>Location</b>	<b>Recommendation</b>
R-1	To update the composition and athlete representative requirements of the National Board of Review to provide for 1/3 members who meet the USOPC's definition of "athlete representative".	402.1	Approval
R-2	To update the composition and athlete representative requirements of the National Board of Review to provide for 1/3 members who meet the USOPC's definition of "athlete representative".	407.1.4	Approval
R-3	To provide for a USA Swimming Coach Advisory Council (CAC)	(new) 501.1.2	Postponed
R-4	To allow USA Swimming's House of Delegates to comply with USOPC Bylaw requirements	Corporate Bylaws 6.1.1 thru .9	Not Yet Reviewed

**USA SWIMMING**  
**RULES & REGULATIONS COMMITTEE**  
**PROPOSED**  
**AMENDMENTS TO RULES AND REGULATIONS**  
**FOR THE SEPTEMBER 25<sup>TH</sup>**  
**SPECIAL MEETING OF THE HOUSE OF DELEGATES**

R-1	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 1 **Location:** Page 93 – **402.1 – National Board of Review**
- 2 **Proposed by:** Board of Directors
- 3 **Purpose:** To update the composition and athlete representative requirements of the National Board of Review to  
4 provide for 1/3 members who meet the USOPC’s definition of “athlete representative”.
- 5 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
- 6 **Effective Date:** September 25, 2021

**ARTICLE 402**  
**BOARD OF REVIEW MEMBERSHIP**

9 **402.1 NATIONAL BOARD OF REVIEW** — The Chair and one or more Vice Chair(s) of the National Board of Review shall  
10 be appointed by the Board Chair, with the advice of the Secretary & General Counsel. The term of the Chair and Vice Chair(s)  
11 shall be two years with a limit of five (5) full terms each may serve. Each case submitted to the National Board of Review shall be  
12 assigned by the Chair of the National Board of Review to a panel consisting of members of the National Board of Review  
13 Committee, unless conflicts or other reasons require panel members who are not members of such Committee. Each hearing  
14 panel shall consist of not fewer than three (3) members and not more than five (5) members, ~~one of whom shall be an athlete~~  
15 ~~member, to hear and decide the case~~ with a sufficient number of eligible athlete representatives so as to satisfy the requirement  
16 that such athletes constitute one third (33.3%) of the hearing panel, to hear and decide the case. The appointment of any  
17 member to a hearing panel who is not a member of the National Board of Review Committee shall be confirmed by the Board  
18 Chair and the Secretary & General Counsel.

R-2	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 19 **Location:** Page 98 – **407.1 – Procedure**
- 20 **Proposed by:** Board of Directors
- 21 **Purpose:** To update the composition and athlete representative requirements of the National Board of Review to  
22 provide for 1/3 members who meet the USOPC’s definition of “athlete representative”.
- 23 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
- 24 **Effective Date:** September 25, 2021

**ARTICLE 407**  
**APPEAL FROM NATIONAL BOARD OF REVIEW TO BOARD OF DIRECTORS**

27 **407.1 PROCEDURE**

28 .1-.3 [no changes]

29 .4 Unless the Board of Directors by majority vote decides otherwise, the review by the Board of Directors shall be on the basis  
30 of the record and written briefs and shall not be a de novo hearing. The Secretary & General Counsel may establish a  
31 hearing panel consisting of at least five (5) members (all of whom must be members of the Board of Directors and at least  
32 ~~twenty percent (20%)~~ one third (33.3%) of whom must be ~~athlete members~~ 10-Year Athlete representatives) to hear any  
33 appeal, including appeals conducted as *de novo* hearings. The decision of the hearing panel shall be final with the same

34 force and effect as if the full Board of Directors heard the matter.

R-3	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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35 **Location:** Page 103 – **501.1 Operating Committees**  
36 Page 5 – **4.1 General Membership**

37 **Proposed by:** Shawn Smith – Age Group Development Committee  
38 Lauren Hurt – Club Development Committee  
39 Allison Beebe – Senior Development Committee  
40 Beth Winkowski – Senior Development Committee  
41 Herb Schwab – Rules & Regulations Committee  
42 Andrew Gemmell – International Relations Committee  
43 Lucy Duncan – Credentials/Election Committee

44 **Purpose:** To provide for a USA Swimming Coach Advisory Council.

45 **Recommendation:** *The Rules and Regulations Committee has postponed a recommendation pending further clarification from*  
46 *proposer.*

47 **Effective Date:** September 25, 2021

48 **501.1 OPERATING COMMITTEES** — the following committees shall report to the President/CEO (or his/her designee):

49 .1 *[no changes]*

50 **.2 COACH ADVISORY COUNCIL**

51 A The Coach Advisory Council (CAC) shall consist of eighteen (18) voting members comprised of the following:

52 (1) Twelve (12) coaches, with no less than three (3) from each gender, who are USA Swimming non-athlete coach  
53 members in good standing directly elected by USA Swimming non-athlete coach members in good standing. A  
54 minimum of one (1) individual from each zone's geographic area shall be maintained among the members who  
55 are elected under this provision; and

56 (2) Six (6) 10-Year Athlete representatives and/or 10-Year+ Athlete representatives appointed by the AAC.

57 B The CAC members shall be elected in accordance with the CAC Policy Manual.

58 C The Chair, Vice-Chair, and Secretary shall be elected by its voting members.

59 D Each CAC member shall serve a three (3) year term, staggered so that one-third (33.3%) of such members are elected  
60 each year.

61 E The CAC shall lead, direct, and represent the voice, opinions, and viewpoints of all non-athlete coach members within  
62 USA Swimming.

63 *[re-number remaining]*

R-4	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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64 **Location:** Page 13 – **Corporate Bylaws Article 6.1 Organization**

65 **Proposed by:** Shawn Smith – Age Group Development Committee  
66 Lauren Hurt – Club Development Committee  
67 Allison Beebe – Senior Development Committee Chair  
68 Beth Winkowski – Senior Development Committee  
69 Herb Schwab – Rules & Regulations Committee  
70 Andrew Gemmell – International Relations Committee  
71 Lucy Duncan – Credentials/Election Committee

72 **Purpose:** To allow USA Swimming's House of Delegates to comply with USOPC Bylaw requirements.

73 **Recommendation:** *The Rules and Regulations Committee has not yet reviewed this proposal.*

74 **Effective Date:** September 26, 2021. The provisions of the legislation shall automatically terminate as of September 30,  
75 2023 unless the House of Delegates agree by a majority vote to extend these provisions for an additional  
76 one-year period prior to the aforementioned date.

77 **ARTICLE 6**  
78 **HOUSE OF DELEGATES**

79 [Effective until September 30, 2023 unless the House of Delegates agree by a majority vote to extend for an additional one-year  
80 period prior to the aforementioned date, or adopt as permanent legislation by a two-thirds (2/3) vote.]

81 **6.1 ORGANIZATION MEMBERS** – the following shall be the voting members of the House of Delegates:

- 82 .1 ~~All voting members of the Board of Directors; , Zone Directors, the National Team Steering Committee, the National Team~~  
83 ~~Athletes Committee, the Age Group Development Committee, the Rules & Regulations Committee, the~~  
84 ~~Registration/Membership Committee, the Credentials/Elections Committee, the Senior Development Committee, and past~~  
85 ~~USA Swimming Presidents or Board Chairs (as applicable) shall be members of the House of Delegates. Membership on~~  
86 ~~any committee notwithstanding, USA Swimming employees shall not be members of the House of Delegates.~~
- 87 .2 Coach Director, Non-Coach Director and Athlete Director from each Zone, and the Junior Athlete Representatives from  
88 each Zone;
- 89 .3 Four (4) athlete representatives from each Zone elected by the LSC Athlete Representatives (as defined in the then current  
90 Required LSC Bylaws) from within each respective Zone;
- 91 .4 Three (3) non-coach, non-athlete members from each Zone selected by each respective Zone's Coach and Non-Coach  
92 Directors;
- 93 .5 Seven (7) members of the Rules & Regulations Committee to include the Committee Chair, one (1) athlete member, and  
94 five (5) non-athlete members selected by the voting members of the Committee;
- 95 .6 All coach members of the National Team Steering Committee;
- 96 .7 Ten (10) members of the Age Group Development Committee to include at least five (5) coach members, three (3) non-  
97 athlete members, and two (2) athlete members selected by the voting members of the Committee;
- 98 .8 Ten (10) members of the Senior Development Committee to include at least five (5) coach members, three (3) non-athlete  
99 members, and two (2) athlete members selected by the voting members of the Committee;
- 100 .9 Seven (7) coach members of the Coach Advisory Council selected by the voting members of the Council;
- 101 .210 ~~The Thirteen (13) members of the AEC. Athletes' Executive Committee and ten (10) National Representatives, five (5) being~~  
102 ~~appointed each year by the Athletes Chair and each serving a two (2) year term, shall be members of the House of~~  
103 ~~Delegates. The National Representatives and their alternates must at the time of their appointment be engaged in senior~~  
104 ~~swimming, or have competed in USA Swimming Championships within five (5) years preceding their appointment. The~~  
105 ~~Board Chair may appoint, from a slate of nominees submitted by the Athletes Committee, such further at large athlete~~  
106 ~~members so as to bring the total athlete representation in the House of Delegates to at least twenty percent (20%).~~
- 107 .3 ~~The following from each LSC shall be members of the USA Swimming House of Delegates: the chair of its Administrative,~~  
108 ~~Senior, and Age Group divisions; the athletes' representative to the LSC; the coaches' representative to the LSC; and its~~  
109 ~~General Chair. An alternate for each of the delegates may also be elected. Information that may be of assistance to the~~  
110 ~~House of Delegates at its next meeting shall be provided in a conspicuous place on the website.~~
- 111 .11 One (1) non-coach, non-athlete member from each LSC as selected by each respective LSC's Board of Directors;
- 112 .12 Three (3) coach members from each LSC as selected by each respective LSC's Board of Directors, except for the five (5)  
113 LSCs with the smallest number of registered athletes shall select two (2) coach members and the five (5) LSCs with the  
114 largest number of registered athletes shall select four (4) coach members. The size of the LSCs shall be determined by the  
115 number of registered athletes as of August 31 of the prior calendar year;
- 116 .4 ~~Any organization, as set forth in 2.3.2 of these Bylaws, which conducts a program in competitive swimming, or which is~~  
117 ~~composed of persons joined together in support of swimming or some aspect of it, may make application for membership to~~  
118 ~~USA Swimming. The Board of Directors or its designee shall determine whether an organization meets the criteria set forth~~  
119 ~~in this Article and may recommend ratification of membership by the House of Delegates. Additionally, if the organization is~~  
120 ~~national in character, the Board of Directors or its designee may recommend to the House of Delegates that the~~  
121 ~~organization be allowed to appoint a maximum of five (5) members to the House of Delegates.~~

Proposed Amendments to Rules & Regulations  
August 2021

- 122 .13 A sufficient number of 10-Year Athletes and 10-Year+ Athletes whose voting power shall constitute one-third (33.3%) of the  
123 total House of Delegates and shall include the voting members of the AAC, the 10-year Athlete members of the AEC, and  
124 the 10-year Athlete members of the Board of Directors. This may be achieved by actual votes or by weighted voting. A  
125 minimum of twenty percent (20%) must be 10-Year Athlete representatives and the remainder may be 10-Year+ Athlete  
126 representatives; any weighted voting must preserve these proportions.
- 127 .14 10-Year Athlete representatives and 10-Year+ Athlete representatives shall be directly elected by athletes who meet the  
128 same standards as 10-Year Athletes.
- 129 ~~.5 The United States delegates to, and swimming technical committee members of, the Federation Internationale de Natation~~  
130 ~~and the Union Americana de Natacion shall automatically be members of the House of Delegates.~~
- 131 ~~.6 Each of the Armed Forces may appoint one (1) member, provided it is actively engaged in senior swimming activity.~~
- 132 ~~.7 The Board Chair, in consultation with the National Team Steering Chair, shall appoint, on an annual basis, twenty five (25)~~  
133 ~~members selected from coaches who had athletes that qualified for the preceding Olympic Trials and from members that~~  
134 ~~served as the manager or assistant manager on a national team or junior national team trip within the past four (4) years.~~  
135 ~~The appointments shall provide for a reasonable geographic representation of USA Swimming Membership.~~
- 136 ~~.8 The Board Chair shall be empowered to appoint up to ten percent (10%) of the total membership as members of the House~~  
137 ~~of Delegates. One fourth (1/4) of all those appointed shall be appointed in equal numbers from members, other than~~  
138 ~~athletes, of the five (5) LSCs having the largest number of registered athletes as of August 31 of the prior calendar year.~~
- 139 .915 All members of the House of Delegates shall serve until their successors are selected, except that membership may be  
140 terminated by resignation filed with the Secretary. All LSC members under 6.1 must be selected on or before July 1 of each  
141 year and written certification thereof must be sent to the Secretary on or before July 15. No substitution of a member may  
142 be made unless written certification thereof is given to the Convention Credentials Committee Chair on or before the House  
143 of Delegates is called to order.
- 144 .16 Membership on any committee notwithstanding, USA Swimming employees shall not be members of the House of  
145 Delegates.



**USA SWIMMING**  
**RULES & REGULATIONS COMMITTEE**  
**PROPOSED**  
**AMENDMENTS TO 2021 RULES AND REGULATIONS**

No.	Description	Location	Recommendation
R-1	To remove the definition of bullying from the Rulebook.	Official Glossary	Approval
R-2	To align the definition of Personal Care Assistant with the U.S. Center for SafeSport Minor Athlete Abuse Prevention Policy.	Official Glossary	Approval
R-3	To reassign responsibility of the Policy Manual from the Board of Directors to staff and to further specify that the Policy Manual contains operating policies.	Official Glossary	Approval
R-4	To align the term “assistant” with the defined term Personal Assistant	Various	Approval
R-5	To specify the events to be contested in Development competitions	(new) 102.1.3	No Recommendation
R-6	To give swimmers alternatives related to swim-offs consistent with previous practice/interpretations of the Rules and Officials Committees.	102.5.2	Approval
R-7	To specify the minimum number of officials required for development competitions is the same as that of dual and intra-squad meets.	102.10.4	No Recommendation
R-8	To use “athlete first” language when referring to athletes who are deaf or hard of hearing	103.18 & 105.3.1	Approval
R-9	To remove reference to personal (care) assistants only being required to be a member of USA Swimming if also acting in a coaching capacity. A Personal (Care) Assistant who meets any of the provisions of Corporate Bylaw 2.6.6 is required to be a non-athlete member of USA Swimming.	105.1.3 C	Approval
R-10	To use “athlete first” language when referring to athletes who have cognitive impairments	105.4	Approval
R-11	To reflect current practices and the Times and Recognition Policy Manual	202.6.4, 202.8.1, & .2	Approval
R-12	To reduce the number of swimmers at two-course meets in order to address frequent overcrowding at Sectional meets.	204.9.3	Approval
R-13	To specify Development Competition program as part of the Age Group Program	(new) 205.11	Not Yet Reviewed
R-14	To include the preceding Open Water Olympic Head Coach as a member of the National Steering Committee.	501.1.2 A (1)	Approval
R-15	To ensure all non-athlete members of USA Swimming receive annually a printed copy of the Rule Book as a benefit of membership.	(new) 503.1 & .2	Approval
R-16	To add the Diversity, Equity, and Inclusion (DEI) Chair/Coordinator as a member of the LSC Board of Directors.	Required LSC Bylaws Template	Approval

**USA SWIMMING**  
**RULES & REGULATIONS COMMITTEE**  
**PROPOSED**  
**AMENDMENTS TO RULES AND REGULATIONS**

R-1	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 1 **Location:** Page 15 – **Official Glossary**
- 2 **Proposed by:** Safe Sport Committee
- 3 **Purpose:** To remove the definition of bullying as references were eliminated from the USA Swimming Code of Conduct  
4 and is now addressed by the SafeSport Code for the U.S. Olympic and Paralympic Movement.
- 5 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
- 6 **Effective Date:** Immediately
- 7 **BULLYING** — ~~the severe or repeated use, regardless of when or where it may occur, by one or more USA Swimming members~~  
8 ~~of an oral, written, electronic or other technological expression, image, sound, data or intelligence of any nature (regardless~~  
9 ~~of the method of transmission), or a physical act or gesture, or any combination thereof, directed at any other member or~~  
10 ~~Participating Non-Member that to a reasonably objective person has the effect of: (i) causing physical or emotional harm to~~  
11 ~~the other person or damage to the other person's property; (ii) placing the other person in reasonable fear of harm to~~  
12 ~~himself/herself or of damage to his/her property; (iii) creating a hostile environment for the other person at any USA~~  
13 ~~Swimming activity; (iv) infringing on the rights of the other person at any USA Swimming activity; or (v) materially and~~  
14 ~~substantially disrupting the training process or the orderly operation of any USA Swimming activity (which shall include,~~  
15 ~~without limitation, practices, workouts and other events of a member club, LSC or Zone).~~

R-2	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 16 **Location:** Page 15 – **Official Glossary**
- 17 **Proposed by:** Safe Sport Committee & National Disability Committee
- 18 **Purpose:** To align the definition of Personal Assistant with the U.S. Center for SafeSport Minor Athlete Abuse  
19 Prevention Policy.
- 20 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
- 21 **Effective Date:** Immediately
- 22 **PERSONAL ASSISTANT** — ~~person assigned to aid a disabled swimmer~~ an individual who assists an athlete requiring help with  
23 activities of daily living and preparation for athletic participation. A Personal Assistant provides support unique to the needs  
24 of the athlete(s) in their care. This support may include, but, is not limited to, mobility guidance, assistance with transfer,  
25 entering/exiting the pool, dressing, showering, toileting, medication administration, and communication. Some athletes  
26 require a Personal Assistant to enable successful participation in the sport, while others need help to assure personal safety  
27 in practice and meet environments.

R-3	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 28 **Location:** Page 15 – **Official Glossary**
- 29 **Proposed by:** Board of Directors
- 30 **Purpose:** To reassign responsibility of the Policy Manual from the Board of Directors to staff and to further specify that  
31 the Policy Manual contains operating policies and to align with current practices.
- 32 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
- 33 **Effective Date:** Immediately
- 34 **POLICY MANUAL** — document ~~adopted~~ maintained by the USA Swimming Board of Directors President/CEO that specifies

35 operating policies and procedures not contained in Rules & Regulations.

R-4	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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36 **Location:** Page 15 – **Official Glossary**  
37 Page 57 – **105.1 General**  
38 Page 58 – **105.4 Cognitively Disabled**  
39 Page 126 – **701.24 Swimmers with Disabilities**

40 **Proposed by:** Safe Sport Committee & National Disability Committee

41 **Purpose:** To align the term “assistant” with the defined term Personal Assistant.

42 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

43 **Effective Date:** Immediately

44 **TAPPER** — ~~p~~Personal ~~a~~Assistant who uses a pole with a soft-tipped end to tap a blind or visually-impaired swimmer as  
45 notification of turns and ~~the~~ finish.

46 **105.1 GENERAL**

47 .1 [no changes]

48 .2 **Responsibilities**

49 A **Swimmer** — The swimmer (or the swimmer's coach) is responsible for notifying the Referee, prior to the competition,  
50 of any disability of the swimmer and of the requested modification. The swimmer/coach shall provide ~~any~~ Personal  
51 ~~a~~Assistant(s) or any equipment (tappers, deck mats, etc.) if required.

52 **105.4 COGNITIVELY DISABLED** — A swimmer may be permitted to have ~~an~~ Personal ~~a~~Assistant on the deck when  
53 necessary. No other specific rule modifications are required other than patience and clarity in communicating instructions.

54 **701.24 SWIMMERS WITH DISABILITIES**

55 .1 [no changes]

56 .2 **Responsibilities**

57 A **Swimmer** — The swimmer (or the swimmer's coach) is responsible for notifying the Referee, prior to the  
58 competition, of any disability of the swimmer and of the requested modification. The swimmer/coach shall  
59 provide ~~any~~ Personal ~~a~~Assistant(s) or any equipment (tappers, deck mats, etc.) if required.

R-5	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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60 **Location:** Page 26 – **(new) 102.1 Events**

61 **Proposed by:** Age Group Development Committee

62 **Purpose:** To specify the events to be contested in Development competitions.

63 **Recommendation:** *The Rules and Regulations Committee makes no recommendation.*

64 **Effective Date:** Immediately

65 **102.1 EVENTS** — Meets should be planned to terminate within a maximum period of eight (8) hours of competitive events for  
66 any group of swimmers in any one day and to provide adequate meal and rest breaks and properly supervised sheltered rest  
67 areas. Refer to 205.3.1 F for additional provisions.

68 .1-.2 [no changes]

69 .3 **DEVELOPMENT COMPETITION EVENTS** – Competitions may be composed of events selected from the following  
70 recognized list of events:

71 **12 Years and Younger**  
72 25, 50, 100 freestyle  
73 25, 50 backstroke  
74 25, 50 breaststroke

- 75 25, 50 butterfly
- 76 100 individual medley
- 77 100, 200 freestyle relay
- 78 100, 200 medley relay
- 79 100, 200 mixed competition category freestyle relay
- 80 100, 200 mixed competition category medley relay
- 81 [re-number remaining]

R-6	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 82 **Location:** Page 29 – **102.5 Seeding, Lane Assignments, Swim-Offs, and Order of Heats**
- 83 **Proposed by:** Lake Erie Swimming
- 84 **Purpose:** To give swimmers alternatives related to swim-offs consistent with previous practice/interpretations of the
- 85 Rules and Officials Committees.
- 86 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
- 87 **Effective Date:** Immediately

88 **102.5 SEEDING, LANE ASSIGNMENTS, SWIM-OFFS, AND ORDER OF HEATS**

89 .1 [no changes]

90 .2 **Swim-Offs** —A swim-off is considered to be part of the total preliminary process of qualifying for the finals. In no case may  
91 a swimmer with a faster time displace another who placed ahead of him within a heat as the result of a decision by the  
92 Referee or Place Judges in accordance with Section 102.24. If this situation results in disputed qualifications, all swimmers  
93 having times tied or within the disputed times shall swim-off the event to qualify for the disputed place or places in the final  
94 unless the swimmers, coaches, and Referee mutually agree to resolve the tie in an alternative manner, such as coin toss or  
95 racing a different distance/event. The swim-off shall be timed and judged in the same manner as the original event unless a  
96 subsequent timing system malfunction requires that an adjustment be made. For the seeding of finals, the times used for  
97 the swimmers involved shall be the times achieved in their original preliminary heats. This elimination may be held at any  
98 time set by the Referee, but not more than 45 minutes after the last heat of any event in which any one of these swimmers  
99 is competing in that session. In the case of a disqualification in a swim-off, the swimmer so disqualified is relegated to the  
100 lowest qualifying position for which he/she is competing. Disqualification in a swim-off for a qualifying position shall not  
101 eliminate a swimmer from eligibility to compete in the accompanying finals, or as an alternate. If disqualifications leave a  
102 vacancy for the full complement of finalists, swim-offs shall be continued among the disqualified swimmers until a full  
103 complement of finalists is assured.

104 **Note:** It shall be the swimmer's responsibility to become acquainted with information pertaining to swim-offs, final events  
105 and the participants therein.

R-7	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 106 **Location:** Page 34 – **102.10 Officials**
- 107 **Proposed by:** Age Group Development Committee & National Officials Committee
- 108 **Purpose:** To specify the minimum number of officials required for development competitions is the same as that of dual
- 109 and intra-squad meets.
- 110 **Recommendation:** *The Rules and Regulations Committee makes no recommendation.*
- 111 **Effective Date:** Immediately
- 112 **102.10 OFFICIALS**
- 113 .1-.3 [no changes]
- 114 .4 **Minimum Number of Officials Required for Development, Dual and Intra-Squad Meets**
- 115 1 Referee, who may also act as a stroke and turn judge
- 116 1 Starter

- 117 1 Other Stroke and Turn Judge (may be the Starter)
- 118 1 Announcer
- 119 3 Timers per lane (one minimum if automatic timing equipment with touchpads is used)
- 120 1 Administrative Official
- 121 1 Place Judge
- 122 Relay Take-off Judges (if applicable)
- 123 Timing Equipment Operators (as needed)
- 124 Marshal(s) (number determined by the LSC)

R-8	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 125 **Location:** Page 51 – **103.18 /NC/ Loudspeaker Start System**
- 126 Page 58 – **105.3 Deaf and Hard of Hearing**
- 127 **Proposed by:** Disability Committee
- 128 **Purpose:** To use “athlete first” language when referring to athletes who are deaf or hard of hearing.
- 129 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
- 130 **Effective Date:** Immediately

131 **103.18 /NC/ LOUDSPEAKER START SYSTEM** — An electronic sound generating device shall be provided to give the  
132 starting and recall signal. Loudspeakers may be mounted underneath or on the side of each starting platform, between every two  
133 platforms, on each side of the racing course, or positioned behind the starting platforms in such a manner that equitable  
134 dispersion of sound to all lanes is assured. The device shall also activate a strobe light, or similar visual signal, located on the  
135 starter’s side of the course approximately 15 feet forward from the starting end, to indicate the start to manual timers and  
136 swimmers who are deaf and or hard-of-hearing swimmers. The start system may include an underwater recall speaker and final  
137 lap signal option.

138 **105.3 DEAF AND OR HARD OF HEARING**

- 139 .1 Swimmers who are ~~Deaf and or~~ deaf and or hard of hearing swimmers require a visual starting signal, i.e., a strobe light and/or  
140 Starter’s arm signals. The Referee may reassign lanes within the swimmer’s heat, i.e., exchanging one lane for another, so  
141 that the strobe light or Starter’s arm signal can more readily be seen by the swimmer who is deaf or hard of hearing  
142 swimmer. Standard Starter’s arm signals are shown in Figures 1 and 2. A false start rope is required in the event of a recall,  
143 provided the meet host is notified by the entry deadline that a swimmer who is deaf or hard of hearing swimmer will be  
144 participating.

R-9	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 145 **Location:** Page 57 – **105.1 General**
- 146 **Proposed by:** Safe Sport Committee & National Disability Committee
- 147 **Purpose:** To remove reference to personal assistants only being required to be a member of USA Swimming if also  
148 acting in a coaching capacity. A Personal Assistant who meets any of the provisions of Corporate Bylaw 2.6.6  
149 is required to be a non-athlete member of USA Swimming.

150 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

151 **Effective Date:** Immediately

152 **105.1 GENERAL**

153 .1-2 [no changes]

154 .3 **Modifications** — Aids to buoyancy or speed are not allowed (See 102.8.1E). Some of the modifications which the Referee  
155 may make to accommodate the swimmer with a disability are:

- 156 A A change in starting position.
- 157 B Reassignment of lanes within a heat, e.g., exchanging Lanes 2 and 7.
- 158 C Allowing the swimmer to have a ~~p~~Personal ~~a~~Assistant(s). A Personal Assistant that meets any of the requirements of

159 Corporate Bylaw 2.6.6 shall be a member of USA Swimming. ~~A personal assistant is not required to be a member of~~  
160 ~~USA Swimming unless acting in a coaching capacity.~~ Other allowable modifications are further described in this  
161 section under the type of disability.

R-10	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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162 **Location:** Page 58 – **105.4 Cognitively Disabled**

163 **Proposed by:** Disability Committee

164 **Purpose:** To use “athlete first” language when referring to athletes who have cognitive impairments.

165 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

166 **Effective Date:** Immediately

167 **105.4 COGNITIVELY DISABLEDITIES** — A swimmer with a cognitive disability may be permitted to have an Personal  
168 Assistant on the deck when necessary. ~~No other specific rule modifications are required other than patience and clarity in~~  
169 ~~communicating instructions.~~ Specific circumstances may allow rule modifications as communicated and approved in accordance  
170 with Rule 105.1.2 to be granted. Patience and clarity in communication is often required for a swimmer with a cognitive disability.

R-11	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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171 **Location:** Page 65 – **202.6 Requirements for Approval**

172 Page 67 – **202.8 Requirements for Observed Swims**

173 **Proposed by:** Times and Recognition Committee

174 **Purpose:** To reflect current practices and the Times and Recognition Policy Manual.

175 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

176 **Effective Date:** Immediately

177 **202.6 REQUIREMENTS FOR APPROVAL** — Approval of competition may be issued, withheld or withdrawn by an LSC in  
178 accordance with the following regulations:

- 179 .1 Approvals may be issued to non-member clubs/organizations for meets conducted in accordance with USA Swimming  
180 technical rules.
- 181 .2 Applicants for approval of an open water competition shall complete the application provided by USA Swimming.
- 182 .3 Approvals may be issued to member clubs for closed competition (such as YMCAs) conducted in accordance with USA  
183 Swimming technical rules.
- 184 .4 Approvals may be issued to member clubs or to LSCs for open competition conducted in accordance with USA Swimming  
185 technical rules if that competition has been specifically approved by the ~~Program & Events Committee Coordinator~~ Times &  
186 Recognition Committee staff leader (or his/her designee).

187 **202.8 REQUIREMENTS FOR OBSERVED SWIMS** — Swims may be observed by assigned USA Swimming or YMCA officials  
188 for conformance with USA Swimming technical rules in a meet conducted under other than USA Swimming rules. Official times  
189 achieved as observed swims may be submitted for entry into the SWIMS database if all of the following conditions are met:

- 190 .1 The meet must be a season-culminating Championship, e.g., League, Conference, District, Sectional, State, Regional, or be  
191 specifically approved by the ~~Program & Events Committee Coordinator~~ Times & Recognition Committee staff leader (or  
192 his/her designee). A time trial held in conjunction with the season-culminating championship meet that is officiated in  
193 accordance with the same standard as the championship meet may also be observed.
- 194 .2 Requests for observers for certification of times from meets in the championship progression must be made to the host LSC  
195 in accordance with LSC procedures at least 10 days prior to the meet. Applications for observation of all other meets must  
196 be made to the host LSC at least 10 days prior to the meet. Authorization of such non-championship meets must then be  
197 approved by the ~~Program & Events Committee Coordinator~~ Times & Recognition Committee staff leader (or his/her  
198 designee).

R-12	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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199 **Location:** Page 71 – **204.9 Sectional Championships**  
200 **Proposed by:** Senior Development Committee  
201 **Purpose:** To reduce the number of swimmers at two-course meets in order to address frequent overcrowding at  
202 Sectional meets.  
203 **Recommendation:** *The Rules and Regulations Committee recommends approval.*  
204 **Effective Date:** Immediately  
205 **204.9 SECTIONAL CHAMPIONSHIPS**  
206 .1-.2 [no changes]  
207 .3 The goal size for the Sectional meet is 700 athletes. If 800 or more athletes enter a given meet, the Section shall either  
208 (a) tighten the time standards (but not faster than the maximum standards established by the Senior Development  
209 Committee), or (b) split the meet into two meets for the following year. For meets held in two courses, the goal size of the  
210 meet is ~~1,000~~ 800 athletes. If ~~1,100~~ 900 or more athletes enter a given meet, the Section shall either (a) tighten the time  
211 standards (but not faster than the maximum standards established by the Senior Development Committee), or (b) limit  
212 the out-of-section athletes (this number should be equal to the difference between the entry cap and the number of  
213 swimmers entered by in-section teams), or (b c) split the meet into two meets for the following year.

R-13	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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214 **Location:** Page 75 – **(new) 205.11 Development Competition Program**  
215 **Proposed by:** Age Group Development Committee  
216 **Purpose:** To specify Development Competition program as part of the Age Group Program.  
217 **Recommendation:** *The Rules and Regulations Committee has not yet reviewed the proposal.*  
218 **Effective Date:** Immediately  
219 **205.11 DEVELOPMENT COMPETITION PROGRAM**  
220 .1 Development competitions are limited to athletes ages 12 and under offering events listed in 102.1.3.  
221 .2 The Development competition season shall be defined by three, ten-week seasons with dates defined by the Age Group  
222 Development Committee not later than February 15 annually.  
223 .3 Athletes shall be limited to participating in four Development competitions per season.  
224 .4 Development competitions shall may operate as multi-day, multi-session meets. Sessions shall be planned to allow the  
225 events not to exceed two hours in length. Athletes shall only participate in one session per sanctioned competition.  
226 .5 Member clubs hosting Development competitions shall not be charged sanction fees of more than \$50 per 10-week season.  
227 Development competitions shall not be subject to splash fees, surcharges or other fees by the LSC.

R-14	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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228 **Location:** Page 103 – **501.1 Operating Committees**  
229 **Proposed by:** National Steering Committee  
230 **Purpose:** To include the preceding Open Water Olympic Head Coach as a member of the National Steering Committee.  
231 **Recommendation:** *The Rules and Regulations Committee recommends approval.*  
232 **Effective Date:** Immediately  
233 **.2 NATIONAL TEAM STEERING COMMITTEE**  
234 A **Membership:** The National Team Steering Committee shall consist of:

- 235 (1) ~~Eight (8)~~ Nine (9) coaches selected as follows;
- 236 Preceding Head Men's Olympic Coach (4)
- 237 Preceding Head Women's Olympic Coach (4)
- 238 Preceding Head Open Water Olympic Coach
- 239 The Head Women's Coach for the two (2) Long Course World Championships preceding the Olympic Games (2)
- 240 The Head Men's Coach for the two (2) Long Course World Championships preceding the Olympic Games (2)
- 241 Two coaches appointed by the President/CEO (or his/her designee) in consultation with the National Team
- 242 Managing Director (2)
- 243 Any vacancies on the committee shall be filled by appointment by the President/CEO (or his/her designee) in
- 244 consultation with the National Team Managing Director.
- 245 (2)-(5) [no changes]

R-15	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 246 **Location:** Page 107 – (new) 503 Rulebook
- 247 **Proposed by:** National Officials Committee
- 248 **Purpose:** To ensure all non-athlete members of USA Swimming receive annually a printed copy of the Rulebook as a
- 249 benefit of membership.
- 250 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

251 **ARTICLE 503**

252 **RULEBOOK**

- 253 **503.1** USA Swimming shall annually publish an updated Rules & Regulations (Rulebook). It shall be posted on the USA
- 254 Swimming website by January 1 of each year.
- 255 **503.2** Each non-athlete member of USA Swimming shall annually receive a printed copy of the Rulebook as a benefit of
- 256 membership. Such Rulebooks shall be mailed out as close to January 1 as possible or immediately upon a non-athlete's
- 257 membership registration received prior to September 1.



R-16	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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258 **Location:** 5.1 Members – Required LSC Bylaws Template  
259 6.2 Other Directors – Required LSC Bylaws Template  
260 **Proposed by:** LSC Development Committee, Athlete Executive Committee, and Diversity, Equity, and Inclusion Committee  
261 **Purpose:** To add the Diversity, Equity & Inclusion (DEI) Chair/Coordinator as a member of the LSC Board of Directors.  
262 **Recommendation:** *The Rules and Regulations Committee recommends approval.*  
263 **Effective Date:** January 1, 2023

ARTICLE 5  
BOARD OF DIRECTORS

266 5.1 MEMBERS - The Board of Directors shall consist of the following officers, committee chairs, *coordinators*  
267 and representatives of XXSI, together with those additional members designated in Sections 5.2 and 5.3:<sup>10</sup>

- 268 .1 General Chair
- 269 .2 Administrative Vice-Chair
- 270 .3 Finance Vice-Chair
- 271 .4 Coach Representative
- 272 .5 Athlete Representatives (2)
- 273 .6 Secretary
- 274 .7 Treasurer
- 275 .8 Senior Vice-Chair
- 276 .9 Age Group Vice-Chair
- 277 .10 Safe Sport *Chair/Coordinator*
- 278 .11 At-Large Athlete Board Members [as needed]
- 279 .12 Diversity, Equity & Inclusion (DEI) *Chair/Coordinator*<sup>15</sup>

280 6.2 OTHER DIRECTORS

281 .1-.2 [no changes]

282 .3 COMMITTEE CHAIRS/COORDINATORS/AT-LARGE BOARD MEMBERS

283 A. *The following committee chairs/coordinators/at-large Board members shall be elected by the House of*  
284 *Delegates:* [List as appropriate]

285 B. *The following committee chairs/coordinators/at-large Board members shall be elected as follows:* [List  
286 as appropriate]

287 EXAMPLES:

288 (1) *The Officials Chair shall be elected by the Officials Committee in accordance with XXSI*  
289 *Policies and Procedures.*

290 (2) *At-Large Board members shall be elected by the regions they represent in accordance with the*  
291 *rules of each region or the XXSI Policies and Procedures.*

292 (3) *The Athlete At-Large Board members shall be elected by the athletes at the same time as the*  
293 *Athlete Representatives.*

294 C. *The following committee chairs/coordinators/ at-large Board members shall be appointed by the*  
295 *General Chair with advice and consent of the Board of Directors:* [List as appropriate]

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<sup>10</sup> *Each LSC may add to this list other positions in accordance with its needs, but may not remove any of the listed positions. Typical positions on many Boards include: Officials Chair, Registration/Membership Coordinator, Technical Planning Chair, ~~Diversity Chair~~, Disability Chair, Operational Risk Chair/Coordinator, and Non-Athletes At-Large.*

<sup>15</sup> *Insert the DEI Chair/Coordinator into the proper section of 6.2 as appropriate for your LSC.*