

COLLEGE AREA SWIM TEAM 12 & UNDER PENTATHLON

DECEMBER 5, 2009



Girls				Boys		
	A/OPEN min	Age	Dist/Stroke	A/OPEN min		
Warmup 7:30am Saturday, DEC. 5, 2009 Meet Starts 9:00am						
1	55.60	8/U	A/B	50 FLY	56.40	2
3	38.30	9	A	50 FLY	38.20	4
5	38.30	10	A	50 FLY	38.20	6
7	34.30	11	A	50 FLY	34.50	8
9	34.30	12	A	50 FLY	34.50	10
11	57.80	8/U	A/B	50 BACK	56.30	12
13	40.50	9	A	50 BACK	40.40	14
15	40.50	10	A	50 BACK	40.40	16
17	36.20	11	A	50 BACK	36.60	18
19	36.20	12	A	50 BACK	36.60	20
21	1:02.80	8/U	A/B	50 BRST	1:01.20	22
23	45.60	9	A	50 BRST	45.60	24
25	45.60	10	A	50 BRST	45.60	26
27	40.80	11	A	50 BRST	41.00	28
29	40.80	12	A	50 BRST	41.00	30
31	48.60	8/U	A/B	50 FREE	47.30	32
33	33.90	9	A	50 FREE	34.10	34
35	33.90	10	A	50 FREE	34.10	36
37	30.70	11	A	50 FREE	30.80	38
39	30.70	12	A	50 FREE	30.80	40
41	2:01.40	8/U	A/B	100 IM	1:58.20	42
43	1:26.60	9	A	100 IM	1:26.90	44
45	1:26.60	10	A	100 IM	1:26.90	46
47	1:17.70	11	A	100 IM	1:17.70	48
49	1:17.70	12	A	100 IM	1:17.70	50

NOTES:

- 8 & Under Swimmers must meet the "B" time standards for all events.
- Except for 8/unders, swimmers must have "A" times in at least 2 of the 5 events, and enter at the A minimum time for any "non-A" events.

COLLEGE AREA SWIM TEAM

12 & UNDER SHORT COURSE PENTATHLON

December 5, 2009

SANCTION: This meet is sanctioned by USA Swimming and issued by San Diego-Imperial Swimming #SI-09-32.

POOL: Salvation Army Ray and Joan Kroc Community Center pool. 6845 University Ave, San Diego, CA 92115. 25 yd, 8-lane. Warmup area available during meet. Plenty of rest rooms and showers. Snack Bar provided by Salvation Army.

ELIGIBILITY: Open to SI and Out-of-District USA swimmers who hold a valid 2009 or 2010 USA Swimming Card issued no later than 2:30 pm on Wednesday, November 25, 2009. All USA Swimming registration numbers will be verified with the SWIMS registration database.

RULES: Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in for the first ten events will close at 8:30 am. Check-in for the remaining events will close at start of the session.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event, will be barred from their next individual event and will not be allowed to swim that race.
- **Timeline.** An estimated timeline and timing assignments will be posted on www.castswim.com the Wednesday before the meet.

Entry Fees: Entry fee is \$33.00 (includes NCA surcharge of \$8.00) Please make a check out to NCA. All entries are due to either the NCA mailbox or mailed directly to Hartwell by Friday Nov 13th. The mailing address is 3972 San Martine Way, San Diego, Ca. 92130. You must have a 2009 or 2010 annual USA swim card to compete in this meet. Please submit short course times only. **You must have 2 A times in 2 different events to compete in this meet.** All events that you do not have A times in, you may enter at the A minimum. If you have a long course qualifying time, please note that on the consolidated card. We still need to enter you at the sc min time standard. Questions, ask your coach. An estimated timeline and warm-up time will be posted online the Thursday before the meet. This meet, we would like you to swim all 5 events!

Reminder: NCA tarps are for swimmers only.

Parents and siblings are encouraged to "camp-out" close by but not under the tarps. If you can transport a tarp or 2 please let me know.

Please remember our team timing responsibilities. If you sign up for this meet, you need to agree to time for a portion of the meet.

Thanks in advance for your cooperation.

If you send a child with another parent, that parent will have to time for you.

All timers are entered into our end of LC season raffle for 3 free months of swimming!

AWARDS: Trophies 1-8 in each single age group based upon total HyTek Power Points accumulated. Swimmers must compete in all 5 events in order to be eligible for awards. (A DQ does not make them ineligible.)