

## Duke Aquatics

### Relay Results

**2010 Long Course Speedo Champions Series 15-Jul-10 to 18-Jul-10 LC Meters**  
**Duke Aquatics [DUKE-NC] Coach: Eric Steidinger**

**Event # 15 Female Senior 400 Free**

4:01.34L F	A Relay	Duke Aquatics	7	24
Maija Roses (14)		Meghan Smith (18)	Supriya Davis (16)	Mackenzie Robinson (17)
	28.49	59.43	1:28.69	2:00.82
	(28.49)	(30.94)	(29.26)	(32.13)
	2:29.41	3:00.63	3:29.55	4:01.34
	(28.59)	(31.22)	(28.92)	(31.79)

**Event # 16 Male Senior 400 Free**

3:44.86L F	A Relay	Duke Aquatics	9	18
Ben Hwang (19)		Willson D. Buchanan (20)	Christopher Dong (16)	Nick Creidler (18)
	24.76	52.37	1:19.11	1:48.54
	(24.76)	(27.61)	(26.74)	(29.43)
	2:16.11	2:46.53	3:14.17	3:44.86
	(27.57)	(30.42)	(27.64)	(30.69)

**Event # 23 Female Senior 800 Free**

8:45.95L F	A Relay	Duke Aquatics	8	22
Ashley G. Twichell (21)		Meghan Smith (18)	Mackenzie Robinson (17)	Supriya Davis (16)
	30.14	1:02.73	1:36.20	2:09.28
	(30.14)	(32.59)	(33.47)	(33.08)
	2:39.36	3:12.69	3:47.24	4:21.60
	(30.08)	(33.33)	(34.55)	(34.36)
	4:51.41	5:25.00	5:59.70	6:34.42
	(29.81)	(33.59)	(34.70)	(34.72)
	00.00	7:37.09	8:11.59	8:45.95
	(394.42)	(7:37.09)	(34.50)	(34.36)

**Event # 33 Female Senior 400 Medley**

4:31.08L F	A Relay	Duke Aquatics	7	24
Mackenzie Robinson (17)		Maija Roses (14)	Meghan Smith (18)	Supriya Davis (16)
	34.11	1:08.98	1:44.72	2:24.55
	(34.11)	(34.87)	(35.74)	(39.83)
	2:55.25	3:31.14	3:59.95	4:31.08
	(30.70)	(35.89)	(28.81)	(31.13)

**Event # 34 Male Senior 400 Medley**

4:16.08L F	A Relay	Duke Aquatics	8	22
Willson D. Buchanan (20)		Christopher Dong (16)	Nick Creidler (18)	Ben Hwang (19)
	33.63	1:10.08	1:43.07	2:19.63
	(33.63)	(36.45)	(32.99)	(36.56)
	2:48.77	3:22.58	3:48.38	4:16.08
	(29.14)	(33.81)	(25.80)	(27.70)

**Duke Aquatics**

**Individual Meet Results**

**2010 Long Course Speedo Champions Series 15-Jul-10 to 18-Jul-10 LC Meters**  
**Duke Aquatics [DUKE-NC] Coach: Eric Steidinger**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Buchanan, Willson D (20) F</b>					
2:05.16L	P	# 10 Male Senior 200 Free	85	---	---
		28.65 59.87 1:32.53 2:05.16 (28.65) (31.22) (32.66) (32.63)			
4:34.97L	P	# 18 Male Senior 400 Free	63	---	---
		30.38 1:03.75 1:39.05 2:13.99 2:49.44 3:24.57 4:00.58 4:34.97 (30.38) (33.37) (35.30) (34.94) (35.45) (35.13) (36.01) (34.39)			
56.83L	P	# 26 Male Senior 100 Free	82	---	---
		27.42 56.83 (27.42) (29.41)			
1:10.08L	F	# 34 Male Senior 400 Medley	---	---	---
		33.63 (33.63)			

**Duke Aquatics**

**Individual Meet Results**

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**Duke Aquatics [DUKE-NC] Coach: Eric Steidinger**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Creidler, Nick (18) F</b>					
2:17.94L	P	# 8 Male Senior 200 Fly	45	---	2.25
		29.83 1:04.08 1:40.95 2:17.94 (29.83) (34.25) (36.87) (36.99)			
2:05.65L	P	# 10 Male Senior 200 Free	86	---	4.18
		28.92 59.83 1:32.25 2:05.65 (28.92) (30.91) (32.42) (33.40)			
5:02.13L	P	# 14 Male Senior 400 IM	45	---	5.71
		30.33 1:05.24 1:45.29 2:24.10 3:09.47 3:54.33 4:28.94 5:02.13 (30.33) (34.91) (40.05) (38.81) (45.37) (44.86) (34.61) (33.19)			
4:25.91L	P	# 18 Male Senior 400 Free	61	---	11.35
		29.82 1:02.78 1:35.60 2:08.68 2:42.62 3:16.72 3:52.00 4:25.91 (29.82) (32.96) (32.82) (33.08) (33.94) (34.10) (35.28) (33.91)			
1:17.68L	P	# 22 Male Senior 100 Breast	50	---	6.02
		36.21 1:17.68 (36.21) (41.47)			
1:03.29L	T	# 220 Male Senior 100 Fly	2	---	1.17
		29.58 1:03.29 (29.58) (33.71)			

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**Individual Meet Results**

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Davis, Supriya (16) F</b>					
2:25.01L	P	# 7 Female Senior 200 Fly	40	---	-5.52
		32.43 1:08.34 1:46.21 2:25.01 (32.43) (35.91) (37.87) (38.80)			
4:37.12L	P	# 17 Female Senior 400 Free	47	---	-9.02
		31.86 1:06.82 1:41.89 2:17.38 2:52.05 3:27.81 4:02.92 4:37.12 (31.86) (34.96) (35.07) (35.49) (34.67) (35.76) (35.11) (34.20)			
1:05.49L	P	# 19 Female Senior 100 Fly	46	---	-0.68
		30.81 1:05.49 (30.81) (34.68)			
2:10.46L	T	# 109 Female Senior 200 Free	2	---	-4.89
		30.03 1:02.75 1:36.52 2:10.46 (30.03) (32.72) (33.77) (33.94)			
1:00.60L	T	# 225 Female Senior 100 Free	3	---	-2.44
		29.15 1:00.60 (29.15) (31.45)			

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Time	F/P/S	Event	Place	Points	Improv
<b>Dong, Christopher (16) F</b>					
2:19.76L	P	# 4 Male Senior 200 IM	60	---	-0.75
		30.59 1:09.27 1:46.84 2:19.76 (30.59) (38.68) (37.57) (32.92)			
1:08.22L	P	# 22 Male Senior 100 Breast	21	---	1.04
		32.42 1:08.22 (32.42) (35.80)			
1:08.46L	F	# 22 Male Senior 100 Breast	22	---	1.28
		32.16 1:08.46 (32.16) (36.30)			
2:28.42L	F	# 28 Male Senior 200 Breast	12	5	1.79
		33.67 1:12.13 1:50.20 2:28.42 (33.67) (38.46) (38.07) (38.22)			
2:30.81L	P	# 28 Male Senior 200 Breast	16	---	4.18
		34.82 1:13.10 1:51.93 2:30.81 (34.82) (38.28) (38.83) (38.88)			
1:03.01L	T	# 120 Male Senior 100 Fly	4	---	0.66
		28.85 1:03.01 (28.85) (34.16)			

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### Individual Meet Results

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**Duke Aquatics [DUKE-NC] Coach: Eric Steidinger**

Time	F/P/S	Event	Place	Points	Improv
<b>Howard, Chelsea (17) F</b>					
2:33.84L	P	# 3 Female Senior 200 IM 31.09 1:11.00 1:58.92 2:33.84 (31.09) (39.91) (47.92) (34.92)	79	---	4.98
28.65L	P	# 5 Female Senior 50 Free	68	---	1.01
1:09.36L	P	# 11 Female Senior 100 Back 33.55 1:09.36 (33.55) (35.81)	55	---	1.62
1:07.21L	P	# 19 Female Senior 100 Fly 30.51 1:07.21 (30.51) (36.70)	73	---	5.38
1:01.93L	P	# 25 Female Senior 100 Free 29.63 1:01.93 (29.63) (32.30)	71	---	1.68
2:32.18L	P	# 31 Female Senior 200 Back 35.46 1:14.23 1:53.56 2:32.18 (35.46) (38.77) (39.33) (38.62)	59	---	2.35
28.38L	T	# 105 Female Senior 50 Free	3	---	0.74

**Duke Aquatics**

**Individual Meet Results**

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**Duke Aquatics [DUKE-NC] Coach: Eric Steidinger**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Hwang, Ben (19) F</b>					
23.78L	P	# 6 Male Senior 50 Free	11	---	---
23.83L	F	# 6 Male Senior 50 Free	14	3	---
52.37L	F	# 16 Male Senior 400 Free	---	---	---
		24.76			
		(24.76)			
52.90L	F	# 26 Male Senior 100 Free	20	---	---
		25.16 52.90			
		(25.16) (27.74)			
52.94L	P	# 26 Male Senior 100 Free	23	---	---
		25.32 52.94			
		(25.32) (27.62)			

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**Duke Aquatics [DUKE-NC] Coach: Eric Steidinger**

Time	F/P/S	Event	Place	Points	Improv
<b>Robinson, Mackenzie (17) F</b>					
2:24.53L	F #	3 Female Senior 200 IM	21	---	-1.97
		30.91 1:07.57 1:51.81 2:24.53 (30.91) (36.66) (44.24) (32.72)			
2:24.91L	P #	3 Female Senior 200 IM	21	---	-1.59
		30.88 1:07.08 1:51.64 2:24.91 (30.88) (36.20) (44.56) (33.27)			
2:23.05L	P #	7 Female Senior 200 Fly	25	---	1.54
		31.41 1:06.96 1:44.03 2:23.05 (31.41) (35.55) (37.07) (39.02)			
2:25.26L	F #	7 Female Senior 200 Fly	32	---	3.75
		31.27 1:07.70 1:45.56 2:25.26 (31.27) (36.43) (37.86) (39.70)			
2:11.47L	P #	9 Female Senior 200 Free	60	---	-2.81
		30.55 1:03.67 1:37.66 2:11.47 (30.55) (33.12) (33.99) (33.81)			
5:05.12L	F #	13 Female Senior 400 IM	14	3	-2.90
		31.96 1:08.06 1:46.61 2:25.29 3:10.57 3:56.55 4:31.14 5:05.12 (31.96) (36.10) (38.55) (38.68) (45.28) (45.98) (34.59) (33.98)			
5:07.21L	P #	13 Female Senior 400 IM	19	---	-0.81
		32.06 1:08.17 1:46.75 2:25.27 3:10.83 3:57.56 4:32.46 5:07.21 (32.06) (36.11) (38.58) (38.52) (45.56) (46.73) (34.90) (34.75)			
1:04.87L	P #	19 Female Senior 100 Fly	33	---	-0.12
		30.86 1:04.87 (30.86) (34.01)			
1:04.89L	F #	19 Female Senior 100 Fly	31	---	-0.10
		30.52 1:04.89 (30.52) (34.37)			
1:01.03L	P #	25 Female Senior 100 Free	59	---	-0.24
		29.35 1:01.03 (29.35) (31.68)			
2:23.96L	F #	31 Female Senior 200 Back	22	---	0.41
		34.35 1:10.34 1:47.46 2:23.96 (34.35) (35.99) (37.12) (36.50)			
2:25.12L	P #	31 Female Senior 200 Back	31	---	1.57
		34.69 1:11.10 1:48.47 2:25.12 (34.69) (36.41) (37.37) (36.65)			
1:08.98L	F #	33 Female Senior 400 Medley	---	---	-1.19
		34.11 (34.11)			

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Time	F/P/S	Event	Place	Points	Improv
<b>Roses, Maija (14) F</b>					
2:23.60L	F	# 3 Female Senior 200 IM	26	---	1.36
		31.49 1:10.76 1:50.92 2:23.60 (31.49) (39.27) (40.16) (32.68)			
2:25.47L	P	# 3 Female Senior 200 IM	27	---	3.23
		31.75 1:11.47 1:52.57 2:25.47 (31.75) (39.72) (41.10) (32.90)			
27.51L	P	# 5 Female Senior 50 Free	25	---	-0.42
27.55L	F	# 5 Female Senior 50 Free	29	---	-0.38
2:11.98L	P	# 9 Female Senior 200 Free	68	---	0.91
		30.15 1:03.37 1:37.96 2:11.98 (30.15) (33.22) (34.59) (34.02)			
1:09.39L	P	# 11 Female Senior 100 Back	56	---	-2.05
		34.23 1:09.39 (34.23) (35.16)			
5:14.36L	P	# 13 Female Senior 400 IM	43	---	5.37
		32.89 1:10.74 1:53.74 2:36.45 3:19.34 4:03.70 4:39.66 5:14.36 (32.89) (37.85) (43.00) (42.71) (42.89) (44.36) (35.96) (34.70)			
59.43L	F	# 15 Female Senior 400 Free	---	---	-0.18
		28.49 (28.49)			
4:38.94L	P	# 17 Female Senior 400 Free	52	---	-1.29
		30.98 1:04.94 1:40.13 2:15.49 2:51.53 3:27.68 4:03.87 4:38.94 (30.98) (33.96) (35.19) (35.36) (36.04) (36.15) (36.19) (35.07)			
1:07.57L	P	# 19 Female Senior 100 Fly	80	---	-1.01
		31.38 1:07.57 (31.38) (36.19)			
1:13.75L	F	# 21 Female Senior 100 Breast	18	---	0.10
		34.89 1:13.75 (34.89) (38.86)			
1:14.31L	P	# 21 Female Senior 100 Breast	17	---	0.66
		35.41 1:14.31 (35.41) (38.90)			
1:00.87L	P	# 25 Female Senior 100 Free	57	---	1.26
		29.23 1:00.87 (29.23) (31.64)			
2:39.00L	F	# 29 Female Senior 200 Breast	9	9	3.26
		36.33 1:16.60 1:58.13 2:39.00 (36.33) (40.27) (41.53) (40.87)			
2:41.85L	P	# 29 Female Senior 200 Breast	10	---	6.11
		37.25 1:18.35 2:00.74 2:41.85 (37.25) (41.10) (42.39) (41.11)			

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Time	F/P/S	Event	Place	Points	Improv
<b>Smith, Meghan (18) F</b>					
2:24.98L	P	# 3 Female Senior 200 IM	22	---	-2.07
		30.56 1:08.37 1:51.15 2:24.98 (30.56) (37.81) (42.78) (33.83)			
2:25.01L	F	# 3 Female Senior 200 IM	23	---	-2.04
		30.45 1:07.72 1:51.44 2:25.01 (30.45) (37.27) (43.72) (33.57)			
2:19.26L	P	# 7 Female Senior 200 Fly	7	---	-3.72
		31.01 1:05.78 1:41.99 2:19.26 (31.01) (34.77) (36.21) (37.27)			
2:21.02L	F	# 7 Female Senior 200 Fly	8	11	-1.96
		30.64 1:06.16 1:43.42 2:21.02 (30.64) (35.52) (37.26) (37.60)			
2:11.54L	P	# 9 Female Senior 200 Free	62	---	0.90
		31.39 1:04.71 1:38.21 2:11.54 (31.39) (33.32) (33.50) (33.33)			
5:03.65L	F	# 13 Female Senior 400 IM	17	---	-8.87
		30.86 1:06.54 1:46.55 2:25.72 3:08.85 3:53.54 4:28.74 5:03.65 (30.86) (35.68) (40.01) (39.17) (43.13) (44.69) (35.20) (34.91)			
5:07.75L	P	# 13 Female Senior 400 IM	20	---	-4.77
		31.33 1:07.34 1:47.95 2:27.47 3:12.15 3:57.27 4:32.83 5:07.75 (31.33) (36.01) (40.61) (39.52) (44.68) (45.12) (35.56) (34.92)			
1:05.05L	P	# 19 Female Senior 100 Fly	38	---	-1.53
		30.56 1:05.05 (30.56) (34.49)			
1:19.65L	P	# 21 Female Senior 100 Breast	39	---	-1.89
		37.64 1:19.65 (37.64) (42.01)			
2:50.27L	P	# 29 Female Senior 200 Breast	31	---	1.40
		39.04 1:21.86 2:06.44 2:50.27 (39.04) (42.82) (44.58) (43.83)			
2:50.45L	F	# 29 Female Senior 200 Breast	26	---	1.58
		38.82 1:22.52 2:06.51 2:50.45 (38.82) (43.70) (43.99) (43.94)			
2:31.48L	P	# 31 Female Senior 200 Back	58	---	-0.04
		35.91 1:14.28 1:52.72 2:31.48 (35.91) (38.37) (38.44) (38.76)			

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>							<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Twichell, Ashley G (21) F</b>											
8:59.64L	F	# 1 Female Senior 800 Free							7	12	6.10
		31.80 1:05.35 1:38.89 2:12.80 2:46.66 3:20.68 3:54.65 4:28.79									
		(31.80) (33.55) (33.54) (33.91) (33.86) (34.02) (33.97) (34.14)									
		4:55.53 5:37.08 6:10.99 6:45.20 7:19.15 7:53.54 8:22.62 8:59.64									
		(26.74) (41.55) (33.91) (34.21) (33.95) (34.39) (29.08) (37.02)									
2:09.98L	P	# 9 Female Senior 200 Free							45	---	0.70
		30.41 1:03.19 1:36.70 2:09.98									
		(30.41) (32.78) (33.51) (33.28)									
4:24.04L	F	# 17 Female Senior 400 Free							7	12	4.00
		30.51 1:02.90 2:43.26 3:16.94 00.00 00.00 3:50.91 4:24.04									
		(30.51) (32.39) (1:40.36) (33.68) (196.94) (00.00) (3:50.91) (33.13)									
4:24.86L	P	# 17 Female Senior 400 Free							9	---	4.82
		30.67 1:03.32 1:36.79 2:10.31 2:43.91 3:17.73 3:51.60 4:24.86									
		(30.67) (32.65) (33.47) (33.52) (33.60) (33.82) (33.87) (33.26)									
2:09.28L	F	# 23 Female Senior 800 Free							---	---	---
		30.14 1:02.73 1:36.20									
		(30.14) (32.59) (33.47)									
16:52.76L	F	# 27 Female Senior 1500 Free							1	20	-1.53
		31.42 1:04.76 1:38.61 2:12.34 2:46.03 3:19.63 3:50.28 4:27.08									
		(31.42) (33.34) (33.85) (33.73) (33.69) (33.60) (30.65) (36.80)									
		5:00.95 5:34.70 6:08.47 6:42.46 7:15.99 7:49.83 8:23.59 8:57.61									
		(33.87) (33.75) (33.77) (33.99) (33.53) (33.84) (33.76) (34.02)									
		9:31.43 10:05.57 10:39.63 11:13.42 11:47.37 12:21.55 12:55.66 13:29.72									
		(33.82) (34.14) (34.06) (33.79) (33.95) (34.18) (34.11) (34.06)									
		14:03.71 14:37.87 15:12.02 15:46.23 16:19.96 16:52.76									
		(33.99) (34.16) (34.15) (34.21) (33.73) (32.80)									