



# YBAC Hurricanes Spring LC Invitational

Hosted by YBAC Hurricanes

May 20 – 22, 2016

The Greensboro Aquatic Center

1921 West Lee Street, Greensboro, NC 27403

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

**Sanction # NC16103**



<b>MEET DIRECTOR</b> Roberta McDevitt  swimwife@hotmail.com	<b>MEET ENTRY COORDINATOR</b> David McDevitt 1346 S Main St. Burlington, NC 27215 336-395-9622 dmcdevitt@acymca.org
<b>MEET REFEREE</b> Brad Martin 336-906-3132 Brad.martin@xposc.com	<b>MEET MARSHAL</b> David McDevitt

## FACILITY

The Greensboro Aquatic Center is a state-of-the-art indoor facility with three pools which opened in August 2011. The main competition pool is 9-10 feet deep at both ends. 8 lanes 50 Meter course will be used for competition. All lanes feature non-turbulent lane lines and Colorado starting blocks. Eight lanes will be used for this competition. The Colorado electronic timing system will be used. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The Diving well with seven lanes will be open for continuous warm up and down. Seating for 1800 spectators is available. Parking will be available for \$5 per day with unlimited entry and exit. Free parking will be provided for coaches and officials working the meet.

## MEET FORMAT

This is a timed final Age Group/Senior, pre-seeded meet unless otherwise indicated.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	4:30 PM	5:30 PM	Open
2	Saturday AM	7:00 AM	7:45 AM	12 & Under Girls
3	Saturday Mid-Day	10:30 AM	11:15 AM	12 & Under Boys
4	Saturday PM	1:30 PM	2:30 PM	13 & Older
5	Sunday AM	7:00 AM	7:45 AM	12 & Under Girls
6	Sunday Mid-Day	10:30 AM	11:15 AM	12 & Under Boys
7	Sunday PM	1:15 PM	2:15 PM	13 & Older

## DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Wednesday 5/11	11:30 PM	Entry deadline
Friday 5/20	5:00 PM	Positive check in for 400 Free & 400 IM
Saturday 5/21	7:30 AM	Positive check in for 12 & Under 200 IM
Saturday 5/21	11:00 AM	Positive check in for 12 & Under 200 IM
Sunday 5/22	7:30 AM	Positive check in for 12 & Under 200 Free
Sunday 5/22	11:00 AM	Positive check in for 12 & Under 200 Free

### SAFETY

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

### RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited.

### ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet.

### SWIMMERS WITH DISABILITIES

YBAC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit YBAC's ability to accommodate all requests.

### ENTRIES

Entries submitted in Hy-tek format require no hard copy entry forms. Email is preferred for electronic entries. A completed and signed Entry Summary Sheet and payment in full must be received by the Meet Entry Coordinator by the start of the meet. A swimmer's age on the first day of the meet will determine their age for the entire meet. YBAC entries will be entered first and then accept teams/entries in the order received, until the four hour rule is reached. Entries received thereafter will be returned immediately.

### ENTRY LIMITATIONS

Swimmers may swim a maximum of 4 individual events per day and a total of 9 individual events for the meet. 400 Freestyle and 400 IM may be limited to **first 48 swimmers entered** in the meet. If swimmers entries cannot be accommodated, swimmers will be permitted to enter another event. Sessions may be modified to meet the 4 hour rule

**ENTRY VERIFICATION** An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

**ENTRY DEADLINES** The Meet Entry Coordinator must receive entries by Wednesday, May 11, 11:30 PM. Late entries may be accepted at the discretion of the Meet Referee.

**ENTRY FEES**

<b>Make checks payable to: Alamance County Community YMCA</b>	
<b>All fees are non-refundable</b>	
Individual Event	\$4.00 per event – NCS Teams; \$5.00 per event – Non-NCS Teams
NCS Travel Fund	\$3.00 per swimmer
Facility Surcharge	\$15.00 per swimmer
Late Entry Fee	Double the event fee listed above

**SEEDING** The conforming time standard for this meet is long course meters. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

**CHECK-IN** A positive check-in, at the clerk of course, will be required for the following events: 400 Free & 400 IM & 12&U 200 Free & 200 IM. Check in for event will be 30 minutes prior to session start to scratch, seed, and produce meet programs. Swimmers that fail to check in will be scratched from the event and not seeded. In the positive check-in events, a swimmer who has checked in, been seeded, and fails to compete in said event, shall be barred from his/her next individual event.

**SCRATCHES** There will be no penalty for scratching pre-seeded events at the block.

**SCORING** All scoring will be on a sixteen (16) place basis.

**AWARDS** Ribbons will be awarded: 1<sup>st</sup> through 8<sup>th</sup> place for "A", "BB", "B" & "C" times in the following age groups 8&U, 9/10, 11/12, 13/14, 15&O; Best times ribbons will be awarded for 12 & Under Session.

Iron Man & Iron women Awards will be presented to the top male & female with the highest combined points in the following events:

- 8 & U: 200 Free, 100 Fly, 200 IM
- 9/10: 200 Free, 100 Fly, 200 IM
- 11/12: 400 Free, 100 Fly, 200 IM
- 13/14 & 15&O: 400 IM, 200 Breast, 200 Fly

Swimmers must compete legally in all three events to be eligible for the Iron Man & Iron Woman award. In case of tie winner will be swimmer with the highest Hy-Tek Power Point Score

First place Team will receive a Banner

**RESULTS** Results will be posted on YBAC's website within 24 hours of the meets conclusion & sent to all teams via email attachment.

**COACHES** All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards at all times while on deck. Coach Meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

**OFFICIALS/TIMERS/  
VOLUNTEERS**

There will be a need for officials and timers. YBAC welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be called by the meet referee prior to the start of each session in the hospitality area.

**HOSPITALITY/  
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

**WARM-UP**

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down (if available). There is to be no diving or horseplay in this area.

**WAIVER/RELEASE**

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. YBAC Hurricanes, Greensboro Aquatic Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

## ORDER OF EVENTS

**Friday May 20, 2016**

**Warm-up: 4:30 PM; Meet Start: 5:30 PM**

Girls/Women	Event	Boys/Men
1	Open 400 Free	2
3	Open 400 IM	4

**\*\*\*swimmers will need to provide their own timer for Friday Events**

**Saturday May 21, 2016**

**Warm-up: 7:00 AM; Meet Start: 7:45 AM**

**Warmup: 1030 AM / Meet Starts 11:15**

Girls/Women	Event	Boys/Men
5	12 & Under 50 Butterfly	10
6	12 & Under 50 Backstroke	11
7	12 & Under 200 IM	12
8	12 & Under 100 Freestyle	13
9	12 & Under 100 Breaststroke	14

**Saturday, May 21, 2016**

**Warm-up: 1:30 PM; Meet Start: 2:30 PM**

Girls/Women	Event	Boys/Men
15	13 & Older 200 Freestyle	16
17	13 & Older 100 Butterfly	18
19	13 & Older 50 Freestyle	20
21	13 & Older 200 Breaststroke	22
23	13 & Older 100 Backstroke	24

**Sunday, May 22, 2016**

**Warm-up: 7:00 AM; Meet Start: 7:45 AM**

**Warmup: 1030 AM / Meet Starts 11:15**

Girls/Women	Event	Boys/Men
25	12 & Under 50 Freestyle	30
26	12 & Under 50 Breaststroke	31
27	12 & Under 100 Butterfly	32
28	12 & Under 100 Backstroke	33
29	12 & Under 200 Free	34

**Sunday, May 22, 2016**

**Warm-up: 1:30 PM; Meet Start: 2:30 PM**

Girls/Women	Event	Boys/Men
35	13 & Older 200 Butterfly	36
37	13 & Older 100 Freestyle	38
39	13 & Older 200 IM	40
41	13 & Older 100 Breaststroke	42
43	13 & Older 200 Backstroke	44

**YBAC Hurricanes Spring Invitational  
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to:  
YBAC Hurricanes  
ATTN: David McDevitt  
1346 S Main St. Burlington, NC 27215  
Email to: dmcdevitt@acymca.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$4.00 per event (NCS Teams) \$5.00 per event (non-NCS Teams)	
Swimmers (Travel Fund & Facility Surcharge)		\$18.00 per swimmer	
<b>Total Fees Due</b>			

**Waiver, Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. YBAC Hurricanes, Greensboro Aquatic Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

\_\_\_\_\_  
SIGNATURE (Coach or Club Representative)

\_\_\_\_\_  
CLUB

\_\_\_\_\_  
TITLE

\_\_\_\_\_  
DATE