



YMCA Seahorse Swim Team



NORTH CAROLINA SWIMMING



YMCA of Catawba Valley  
Building Strong Kids, Strong Families, Strong Communities

# ADULT AQUATIC FITNESS

Improve Your Swim Technique, Endurance, And Speed

## Registration Form

Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency contact: \_\_\_\_\_

### Monthly Fee:

Members \$35

Program Participant \$50

### Annual Fee: \$35

Fees include: membership of US Masters Swimming, access online coaching at [www.usms.org](http://www.usms.org), subscription to swimmer magazine, opportunity to participate in USMS workout across the country, e-newsletter, additional insurance coverage and sponsor discount and more.

For more information contact Rob Scott at (828) 320-8620 / [swim4rob@yahoo.com](mailto:swim4rob@yahoo.com)

**WAIVER OF LIABILITY:** In consideration of being permitted to enter the YMCA for any purpose, including, but not limited to observation, use of facilities or equipment, or participation in any way, the undersigned, for himself or herself and any personal representatives, heirs and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering will, inspect such premises and facilities. It is further warranted that such entry into the YMCA for observation, participation or use of any facilities or equipment constitutes an acknowledgement that such premises and all facilities and equipment thereon have been inspected and that the undersigned finds and accepts same as being safe and reasonably suited for the purposes of such observation or use.

**WAIVER FOR PUBLICITY:** The undersigned hereby agrees that images or video taken of the guest or the guest's family during but not limited to observation, use of facilities or equipment, or participation in any way may be used in any legal manner without payment to the guest. The undersigned has read and understands the terms of this document and hereby makes this agreement and pays the guest fee in exchange for the privilege of entry into the YMCA including, but not limited to, observation, use of facilities or equipment, or participation in any way.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



We build strong kids, strong families, strong communities.

Hickory Foundation YMCA  
701 1st Street NW, Hickory, NC 28601  
(828)324-2858 | [www.ymcacv.org](http://www.ymcacv.org)



Member Agency  
Catawba County United Way