

**SEACOAST SWIMMING ASSOCIATION  
UNH SPECIALTY MEET**

University of New Hampshire Swazey Pool  
Durham, NH

January 8-10, 2010

Sanctioned by N.E. Swimming NE-10-13/NE10-13-TT

**SITE: U.N.H.:** Swazey Pool, Durham, New Hampshire, is a 6 lane, 25-yard pool with non-turbulent lane lines, fully-automatic Colorado Electronic Timing System. The pool is equipped with a six-lane scoreboard and a diving well warm-up and warm-down area. The starting end is minimum four feet deep. A large 650-seat balcony area is available for spectators. The pool deck capacity is 206 persons. The competition course has not been certified in accordance with 104.2.2C(4).

**MEET WARM-UP TIMES:**

Friday PM Warm-up: 4:30PM

Saturday AM Warm-up 7:00 AM; Saturday PM Warm-up 12:30 PM

Sunday AM Warm-up 7:00 AM; Sunday PM Warm-up 12:30 PM

**MEET DIRECTOR:** Tim Paiva – [tim@seacoastswimming.com](mailto:tim@seacoastswimming.com) - 603-759-6194

**ENTRY CHAIR:** Marc Jacobs - [entries@seacoastswimming.com](mailto:entries@seacoastswimming.com) - 207-384-7061

**MEET REFEREE:** Matt Strong – [matt.strong@siemens.com](mailto:matt.strong@siemens.com) - 603-502-7223

**ELIGIBILITY:** All contestants must be 2010 USA Swimming registered athletes. *All swimmers must be registered before the entry is submitted. Teams that enter unregistered swimmers will be subject to a fine of \$100 per unregistered swimmer.* **New England teams entering the meet are required** to check their entries with the online registration check tool on the New England Swimming web site. Please contact the New England Swimming Office for registration information. Disabled swimmer forms are available from the New England Swimming Office. New England Swimming Office: 20 Cleveland Road, Needham MA 02492, 781-449-0270, <mailto:office@neswim.com>.

**ENTRY INFORMATION:** Entry and disclaimer forms must be completed and received by December 16, 2009. Entries will be accepted on and after November 20, 2009. Send entries to: [entries@seacoastswimming.com](mailto:entries@seacoastswimming.com). Please do an electronic entry, please do not send a hard copy of the entry. Make checks payable to Seacoast Swimming Association. Mail completed forms to: **SSA Thanksgiving Classic c/o 4 Cailey Anna Lane, Dover, NH 03820 – 603-759-6194**. Entries should be sent by certified mail, return receipt requested to insure delivery. All forms must be typed or printed legibly and must contain swimmers' ages and USS numbers. There will be no refunds for entries accepted, or entries rejected due to improper entry. All swimmers must be registered with USA Swimming before the entry is submitted. *Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made per the New England policy.* . *Seacoast Swimming Association may reserve up to 75% for its own team and any other teams (New England and/or out of district) that it may want to invite to the meet. The other 25% of the swims will be open to other teams to submit entries. If on the first day of acceptance, those meet entries exceed the 25% still available in the meet, there will be a lottery of those teams. The New England Swimming Office will run the lottery. In order to make sure that the meet is neither over subscribed nor under subscribed, all teams included in the 75% must submit their entry and payment at least on week before the date of first acceptance.*

**COMPUTER ENTRIES:** If your team has a computerized entry system using the Hy-Tek program, e-mail entry file as an attachment (.cl2 or .sd3 format) to entries@seacoastswimming.com. Insure that team address and contact information are entered correctly in this file as this info will be used as your team contact for meet information. Send all e-mail correspondence regarding this meet to the above e-mail address. **Please put your team initials in the subject of all emails sent to us regarding this meet.** For e-mail entries, payment and disclaimer form must be received within 4 days of receipt of the e-mail entry. If the payment is received within 4 days of the e-mail entry, the date of receipt of the e-mail entry file will be considered the date your entry for the meet was received by Seacoast Swimming. If payment is not received within 4 days of the e-mail entry, the entry will be considered received as of the date that the payment and disclaimer form are received.

**ENTRY LIMITS:** Athletes may enter and swim in a maximum of 5 events per day.

**ENTRY TIME UPDATES:** Entry times may be updated until 7 days before the meet by e-mail file only, provided no new entries are included and no other changes are made to the entry file. Anything but a file identical to the original entry file with times updated will be rejected. If additional entries are to be accepted, a separate file and entry fees must be submitted.

**ENTRY FEES:** \$4.00 per event for electronic entries; \$ 4.50 per entry for entries that must be entered by hand.

**SWIMMER PARTICIPATION FEE:** each entry fee must be accompanied by a \$4 per swimmer, "Swimmer Participation Fee".

**ENTRY TIMES:** All entries must be in yard times or meter times converted to yard times using the conversion .88 times total number of seconds.

**PROGRAMS:** \$2 per session

**ADMISSION:** \$1 per session

**MEET FORMAT:** The meet will be swum as timed finals. The meet will be computer seeded based upon a positive check-in at the beginning of each session. Swimmers must check in or they will be scratched from the session. Late arrivals may be un-scratched for remaining unseeded events. Seeded event sheets will be posted after completion of the bullpen check-in. Swimmers may swim in no more than five events per day, including time trials.

The Meet Director reserves the right to limit the number of heats of the 400IM and 500 Free on Friday night. Teams will be notified as soon as possible if we need to limit the heats. Any swimmers who enter these events and is cut will have their entry money refunded.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time. **Athletes must, at all times, enter the pool only from the starting block end. This applies to the warm-up area also.**
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No camera cell phones are permitted in the locker rooms.
6. There is no smoking and no pets are permitted anywhere in the facility.

**8 & UNDER 25 YARD EVENTS:** 25 yard events will be swum from the blocks at the start end with 3 button electronic finish at the finish end.

**WARMUPS:** Warm-ups may be divided. Warm-up schedule will be distributed to each team participating in the meet. No diving during warm-up except in designated sprint lanes

**DISABLED SWIMMERS:** Disabled swimmer forms are available from the New England Swimming Office.

**OFFICIALS AND TIMERS:** Volunteer officials and timers will be appreciated.

**RULES:** 2010 U.S. Swimming rules will govern all competition and decisions by the meet referee will be final, unless a written protest is lodged within 30 minutes of the heat swum.

**MISCELLANEOUS:** All coaches should check in with the Clerk of Course upon arrival at the pool to pick up coaches' packets. Coaches are responsible for the behavior of their swimmers at all times. Any damage to the premises or equipment is the responsibility of those doing the damage. Seacoast Swimming Association and the University of New Hampshire assume no responsibility for lost or stolen property. No one is permitted on deck except athletes, coaches, timers and officials.

**DIRECTIONS:** Take the Route 155A exit off Route 4 in Durham. The Swazey Pool is in the athletic complex on the right.

**PARKING:** Ample parking is available in the lot across the street from the athletic complex.

**AWARDS:** Custom ribbons for the first six places.

**EVENT LISTING:**

<b>SESSION 1</b> <b>FRIDAY, JANUARY 8</b> <b>WARM-UP 4:30 PM, MEET START 5:15PM</b>		
12-Under		12-Under
1	200 IM	2
Open		Open
3	400 IM	4
5	500 FREE	6
<b>SESSION 2</b> <b>SATURDAY AM, JANUARY 9</b> <b>WARM-UP 7:00 AM, MEET START 8:00 AM</b>		
13-14 WOMEN		13-14 MEN
7	100 FREE	8
13	200 BACK	14
19	100 BREAST	20
25	200 FLY	26
31	50 FREE	32
9-10 WOMEN		9-10 MEN
9	100 FREE	10
15	100 BACK	16
21	100 BREAST	22
27	100 FLY	28

8 & U WOMEN		8 & U MEN
11	25 BACK	12
17	25 BREAST	18
23	25 FLY	24
29	25 FREE	30
<b>SESSION 3</b>		
<b>SATURDAY PM, JANUARY 9</b>		
<b>WARM-UP 12:30 PM, MEET START 1:30 PM</b>		
SENIOR WOMEN		SENIOR MEN
33	100 FREE	34
37	200 BACK	38
41	100 BREAST	42
45	200 FLY	46
49	50 FREE	50
11-12 WOMEN		11-12 MEN
35	100 FREE	36
39	100 BACK	40
43	100 BREAST	44
47	100 FLY	48
<b>SESSION 4</b>		
<b>SUNDAY AM, JANUARY 10</b>		
<b>WARM-UP 7:00 AM, MEET START 8:00 AM</b>		
13-14 WOMEN		13-14 MEN
51	200 FREE	52
57	100 FLY	58
63	200 BREAST	64
69	100 BACK	70
75	200 IM	76
9-10 WOMEN		9-10 MEN
53	50 FREE	54
59	50 FLY	60
65	50 BACK	66
71	50 BREAST	72
77	100 IM	78
8 & UNDER WOMEN		8 & UNDER MEN
55	50 FREE	56
61	50 FLY	62
67	50 BACK	68
73	50 BREAST	74
<b>SESSION 5</b>		
<b>SUNDAY PM, JANUARY 10</b>		
<b>WARM-UP 12:30 PM, MEET START 1:30 PM</b>		
SENIOR WOMEN		SENIOR MEN
79	200 FREE	80

83	100 FLY	84
87	200 BREAST	88
91	100 BACK	92
95	200 IM	96
11-12 WOMEN		11-12 MEN
81	50 FREE	82
85	50 FLY	86
89	50 BACK	90
93	50 BREAST	94
97	100 IM	98