FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EVERYBODY SWIMS
EVERYBODY WINS

YMCA OF GREATER WESTFIELD
WAVE SWIM TEAM

SCHOOL VACATION WEEK STROKE CLINIC!!!

THIS CLINIC IS FOR SWIMMERS WHO WISH TO REFINE THEIR STROKE TECHNIQUE AND STAY IN SHAPE BETWEEN THE END OF THE WINTER SEASON AND THE START OF THE SUMMER SEASON. PREVIOUS COMPETITIVE EXPERIENCE IS RECOMMENDED BUT NOT REQUIRED. ALL SWIMMERS SHOULD HAVE A BASIC UNDERSTANDING OF THE 4 COMPETITIVE STROKES.

The program will run for 1 week from
April 21 – April 25, 2014
Mon thru Fri 10:45am – NOON
COST: $25.00

YMCA Registration Form: Wave Stroke Clinic

Name_____ Phone #_____ Email Address_____

Address_____ City/State/Zip_____ Age _____

Emergency Contact Name_____ Phone #_____

Parents Signature _____ (Please print) _____

Y Member Yes __ No __ Amount enclosed _____

ALL participants – players, parents, coaches, staff and spectators are expected to uphold the YMCA character development values of HONESTY, CARING, RESPECT AND RESPONSIBILITY. Individuals that do not adhere to these standards will forfeit their opportunity to participate in this program. The YMCA is not responsible for property left in the building or for personal injuries occurring on YMCA property. Please confirm with your signature that you understand the above mentioned focus of this program and release of liability.

For More Information contact: Jamie Bloom Head Coach jbloom@westfieldymca.org 413-568-8631 x 312