



# 5th Annual Salem Harbor Open Water Swim

## Swim & fin

## Race for Salem Sound!

August 28, 2010 - Forest River Park, 98 West Ave, Salem, MA 01970

### Race Registration

1. Race: (Choose only one)     - 500 meters     - 1.5 k (1500 meters)     - 5K
2. Name: \_\_\_\_\_
3. Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_
4. Day Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_
5. Email: (write clearly) \_\_\_\_\_
6.  Male     Female    Date of birth \_\_\_\_\_ Age on race day: \_\_\_\_\_
7. Emergency contact: \_\_\_\_\_
8. Emergency contact phone: \_\_\_\_\_ Relationship to participant: \_\_\_\_\_
9. Parent/Guardian name if under 18: \_\_\_\_\_
10. My Tee shirt size is -S    -M    -L    -XL    -XXL    -Other \_\_\_\_\_

**Note: Registration must be received by August 15 to guarantee a tee shirt**

11.  I am a member of USA Swimming or US Masters. My membership number is: \_\_\_\_\_  
**If yes, you must bring identification and proof of membership to the event.**
12.  I am not a USA Swimming/US Masters member. I am adding \$10 to my check for a one-event membership to USA Swimming.
13. Total enclosed:  \$30 Entry Fee +  \$10 one day membership USA Swimming= \_\_\_\_\_

*Note: The entry fee is a tax deductible contribution to Salem Sound Coastwatch.*

**Registration fee: \$30 per person in advance, \$35 day of race. Advance checks must be received by August 26. Make checks payable to Salem Sound Coastwatch and mail to:  
Salem Sound Coastwatch, 201 Washington Street #9, Salem MA 01970**

14.  Please sign me up for Salem Sound Coastwatch's monthly e-newsletter, "SoundNet"

### Waiver of Liability

I, the undersigned (parent), intending to be legally bound, do hereby certify that I am (my child is) physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in open water and competitive swimming, including possible permanent disability and death, and I agree to assume all of those risks. I hereby waive any and all rights to claims for loss of damages arising out of my (my child's) participation in the *Race for Salem Sound Open Water Swim* against the City of Salem, clubs, host facilities, meet sponsors, or any individuals officiating at the meet or supervising such activities. I further attest and certify that I have read and understand the above waiver and assumption of risk and all information and signatures are accurate and genuine.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent/Guardian if under 18)