

# New England Swimming 2012 Long Course Zone Team

## Swimmer Emergency Info & Apparel order

Fill out the below information, save it to your computer before submitting. Print and sign it and mail with your payment of \$450 (made payable to NE Swimming) **BE SURE TO HIT SUBMIT**, even though you are mailing it in) to:

NE Zone Trip, PO Box 920133, Needham, MA 02492

All questions with a \* are required answers.

### EASTERN ZONE ALL STAR SWIM MEET

August 8-11, 2012

Richmond, VA

The deadline for applications and trip fees for 14 and Under swimmers is Tuesday, July 24th with the exception of new qualifiers (for new qualifiers ONLY, applications will be accepted thru the NE 14 and Under Championship Meet – **applications must be received by the conclusion** of that meet). All times for swimmers will be updated thru the NE 14 and Under Championship Meet for the Zone Meet.

The deadline for applications and trip fees for 15-18 year old **NEW QUALIFIER** swimmers will be at the conclusion of the NE Open Championships, August 5th, 2012.

Legal Last Name

Legal First Name

Middle Initial (put a \* if no middle initial)

Preferred Name

Gender

Male

Female

Date of Birth (mm/dd/yy)

AGE as of August 8, 2012

Street Address, City, State, Zip code

Contact parent full name

Contact parent cell phone number (xxx-yyy-zzzz)

Contact parent home phone number (xxx-yyy-zzzz)

Contact parent email address (all Zone Team correspondence will occur via e-mail or thru website)

CLUB affiliation

Coach name

**Sizes for team uniforms** - suits will be Nike Swift II (please note that apparel is ordered before we receive your sizing information, so sizes may be substituted, if necessary):

Male Suit selection

Brief                  Jammer

Male suit size (24, 26, 28, 30, 32, 34, 36)

Female suit size (24, 26, 28, 30, 32, 34, 36)

T-Shirt size

Y-LG                  A-SM                  A-MED                  A-LG                  A-XL                  A-XXL

Nike Hooded Sweat Shirt size

Y-XL                  A\_SM                  A-MED                  A-LG                  A-XL                  A-XXL

Shorts size

Y-LG                  Y-XL                  A-SM                  A-MED                  A-LG                  A-XL  
A-XXL

## Emergency & Medical Information/Waiver

Every effort will be made to contact parents in the case of injury or an emergency. In the event that a child's parent or guardian cannot be reached, I give permission to the New England coaches and chaperones to act on behalf of my child to seek medical treatment, and hold harmless the above, as well as New England Swimming, Inc.

Signature of Parent or Guardian (Print full name )

Date:

Emergency Contact Name: (1st)

Contact E-mail

Day phone (xxx-yyy-zzzz)

Evening phone (xxx-yyy-zzzz)

Emergency Contact Name: (2nd)

Day Phone (xxx-yyy-zzzz)

Evening Phone (xxx-yyy-zzzz)

Name of Insurance Provider

Group # (enter N/A if not applicable)

Policy or subscriber #, or name of subscriber. Enter N/A if not applicable

**\*\*Copy the front and back of your insurance card and mail in with this form\*\***

1. Are there any special dietary restrictions that we should be aware of?
  
2. Are there any allergy issues that we should be aware of? If yes, and your child uses medication, please contact your coach to discuss the issue.
  
3. Are there any other medication issues that the coaches need to be aware of?
  
4. Are there any underlying medical issues that we should be made aware of?
  
5. Other concerns? Or special requests?

Signature (print name, and sign before returning)

Date

## Code of Conduct

All swimmers participating on the New England All-Star Zone Team are expected to follow all of the rules and standards set by the coaches and the chaperones on the trip.

1. All 11 & Over participants must travel with the group at all times unless he or she has made other arrangements ahead of time that have been approved by the coaches. One is NEVER permitted to travel alone. Please use the buddy system at all times and stay with your assigned trip group.
2. All participants are expected to be on time for all team meals, team meetings and departures. Please check in with the chaperones or coaches (10 & Unders) at the assigned times. Failure to do so will result in your immediate return home at the expense of your parents.
3. A signed medical release is on file for the participants with the coaches. Any serious medical condition will be communicated to the parents of the participants as quickly as possible.
4. Please remember that you are representing New England Swimming and you are expected to present the best possible image of the team at all times. Polite courteous behavior will be enforced at all times.
5. There will be a swim vendor and a concessions area away from the pool deck. You are expected to let your chaperone or coach know when you leave the deck to visit these areas and you must travel with a buddy.
6. Once the team has arrived at and entered the pool, no travel team participant is allowed to leave the area until the time of team departure unless accompanied by a coach or chaperone (10 & Unders must be with their parents to leave).
7. No 11 & Over participant is allowed to leave the hotel for any reason other than team departures.
8. At the hotel, no 11 & Over swimmer should be in a room of the opposite sex
9. Team travel participants (11 & Over), your chaperone MUST ALWAYS know where you are whether at the pool or at the hotel.
10. Team travel participants (11 & Over), during rest times (from 1:00 p.m. – 4:00 p.m.) swimmers are to be quietly resting and/ or sleeping in their own beds with the doors closed. If swimmers who are not competing in finals wish to socialize, some chaperones will supervise you in a designated area. Absolute quiet must be maintained on our hall so that swimmers competing in finals may get their needed sleep before finals.

11. All team travel participants (11 & Over) are expected to be present at EVERY meal. You are to stay in the meal room with the team until you have been given permission to leave by the coaches. This is our time to share important team information with everyone. Please be respectful and stay with the group.
12. Team travel participants (11 & Over), during non-sleep times at the hotel, all room doors must be propped open so that the chaperones can easily supervise activities in the rooms. Room doors will only be closed when swimmers are off of the hallway or sleeping in their own beds. At all other times, doors will be propped.
13. All swimmers must wear the New England Team uniform at all times at the pool. Swimmers must wear the team cap, suit, T-shirt, shorts, etc. at all times when at the pool. NO swimmer is allowed to wear any team gear from his or her home club at any time.
14. All team travel participants (11 & Over) are expected to attend ALL sessions of the meet, whether racing or not. All team travel participants (11 & Over) must warm-up at every preliminary session, regardless of session participation and must warm-up at every finals session in which they are participating in an individual or relay event. All swimmers are expected to utilize proper championship meet warm-up and warm-down procedures for each event, show excellent team spirit at all times, and be role models within the LSC for championship meet behavior.
15. All swimmers are expected to follow the requests and rules set forth by the chaperones and coaches, including warm-up procedures and relay order.
16. The consumption or purchase of alcohol, smoking, or chewing tobacco, or use of any other illegal drug or substance of any kind will not be allowed. In addition, any team member found or suspected to be in the presence of others (regardless of team affiliation) partaking in any of the above activities will be subject to the same punishments.

These regulations have been set with your safety in mind. We want you, and future participants, to benefit from this experience in the most positive way. By working together and acting responsibly, every participant is assured a wonderful team event. **INFRACTIONS OR VIOLATIONS OF THESE POLICIES WILL RESULT IN A SWIMMER RECEIVING DISCIPLINARY ACTION OR BEING SENT HOME EARLIER THAN SCHEDULED AT THE PARENTS EXPENSE.**

I have read the policies outlined above and agree to abide by them:

Swimmer Signature (print name and sign before returning)

Parent Signature (print name and sign before returning)

**PLEASE NOTE:** Swimmers who wish to compete in the Eastern Zone Open Water Swimming Competition may do so at their own expense. New England Swimming will not be responsible for meet entry, staffing or supervision of any kind for this competition.

**TRIP FEE** payable to New England Swimming; fees include team gear and apparel and more \$450.00 per swimmer (ages 11 and older) traveling with team  
\$200.00 per swimmer (10 and younger) traveling with parents, team breakfast at 9 am at Hotel included daily (if 10U parents would like to join team breakfast, include an additional \$50 PP, please)

A 10 and younger swimmer who wishes to travel on the team bus may do so only if accompanied by a parent and if room is available on the bus. An additional fee of \$50.00 per person (\$50.00 for the swimmer plus \$50.00 for the parent) will be applied.

**YOU CAN PAY NOW BY CREDIT CARD HERE** or, go to the PAY NOW tab on the website to submit a payment

**YOU MUST HIT SUBMIT and SAVE & PRINT THIS FORM (BEFORE YOU HIT SUBMIT): send medical release, signed code of conduct, and a copy of your insurance card with your payment of \$450 to: (make checks payable to New England Swimming)**

**NE Zone Trip, PO Box 920133, Needham, MA 02492**

How are you paying?

credit card

mailing a check

Office use only: