

**Niagara Swimming Zone Team (NI-NI)**  
**PO Box 54, Syracuse, NY 13214-0054**  
**Head Coach / Team Administrator Adam Zaczkowski ()**

**Meet Entry Report**

**Meet: 2011 Eastern Zone Long Course Championship (Location: Penn State University)**  
**Date: 08/10/2011 - 08/13/2011 (Ageup Date: 08/10/2011)**

**Anderson, Alyssa J (15) 091095ALYJANDE**

# 17 Girl 15-18 100 Breast 1:22.56L  
# 87 Girl 15-18 200 Breast 2:55.33L

**Anderson, Lauren Jean (14) 120496LAUJANDE**

# 91 Girl 13-14 100 Fly 1:10.66L

**Bender, Dana Kristen (12) 031299DANKBEND**

# 77 Girl 11-12 50 Back 35.59L

**Biggane, Brendan John (11) 091899BREJBIGG**

# 54 Boy 11-12 50 Fly 32.79L  
# 78 Boy 11-12 50 Back 34.62L

**Bowen, Daniel David (9) 082501DANDBOWE**

# 102 Boy 10 & Under 50 Back 39.74L

**bradshaw, david jr (10) 122000DAVJBRAD**

# 34 Boy 10 & Under 50 Breast 45.32L  
# 106 Boy 10 & Under 100 Breast 1:37.82L

**Browning, Cecile Etty (14) 032697CECEBROW**

# 3 Girl 13-14 800 Free 9:54.59L  
# 7 Girl 13-14 100 Free 1:02.93L  
# 49 Girl 13-14 200 Free 2:14.39L  
# 79 Girl 13-14 400 Free 4:44.11L  
# 117 Girl 13-14 1500 Free 18:57.96L  
# 119 Girl 13-14 50 Free 28.79L

**Browning, Karinna Mari (16) 072795KARMBROW**

# 13 Girl 15-18 800 Free 9:35.13L  
# 23 Girl 15-18 200 Fly 2:30.51L  
# 57 Girl 15-18 400 Medley 5:29.08L  
# 81 Girl 15-18 400 Free 4:34.96L  
# 125 Girl 15-18 1500 Free 18:15.42L

**Burgard, Sydney Rael (10) 020601SYDRBURG**

# 33 Girl 10 & Under 50 Breast 45.54L

**Castro, Olivia G (14) 030797OLIGCAST**

# 7 Girl 13-14 100 Free 1:02.84L  
# 49 Girl 13-14 200 Free 2:16.72L

**Chapin, Madison Claire (12) 052199MADCCHAP**

# 77 Girl 11-12 50 Back 35.58L

**Chen, Grace \* (10) 102600GRA\*CHEN**

# 31 Girl 10 & Under 100 Free 1:12.93L

# 35 Girl 10 & Under 100 Fly	1:27.06L
# 65 Girl 10 & Under 100 Back	1:24.42L
# 69 Girl 10 & Under 50 Fly	36.25L
# 101 Girl 10 & Under 50 Back	38.68L
# 135 Girl 10 & Under 50 Free	32.01L

**cook, courtney sue (16) 071895COUSCOOK**

# 9 Girl 15-18 100 Free	1:00.47L
# 45 Girl 15-18 200 Back	2:31.47L
# 51 Girl 15-18 200 Free	2:11.09L
# 93 Girl 15-18 100 Fly	1:06.72L
# 113 Girl 15-18 200 Medley	2:27.98L
# 121 Girl 15-18 50 Free	27.72L

**Corgel, Ronan Colbert (15) 052096RONCCORG**

# 46 Boy 15-18 200 Back	2:18.82L
# 58 Boy 15-18 400 Medley	5:01.41L
# 76 Boy 15-18 100 Back	1:05.05L

**Doody, Alexandria Marie (17) 080194ALEMDOOD**

# 17 Girl 15-18 100 Breast	1:20.78L
# 51 Girl 15-18 200 Free	2:16.18L
# 57 Girl 15-18 400 Medley	5:27.60L
# 81 Girl 15-18 400 Free	4:46.49L
# 87 Girl 15-18 200 Breast	2:55.87L

**EVANS, REBECCA LYNN (11) 052600REBLEVAN**

# 11 Girl 11-12 50 Breast	39.12L
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**Farrance, Lindsie E B (12) 081698LINEFARR**

# 5 Girl 11-12 100 Free	1:05.81L
# 77 Girl 11-12 50 Back	35.21L
# 123 Girl 11-12 50 Free	29.59L

**Ferris, Adele Joy (14) 051997ADEJFERR**

# 21 Girl 13-14 200 Fly	2:28.88L
# 49 Girl 13-14 200 Free	2:17.61L
# 55 Girl 13-14 400 Medley	5:20.16L
# 79 Girl 13-14 400 Free	4:39.83L
# 111 Girl 13-14 200 Medley	2:33.78L
# 117 Girl 13-14 1500 Free	18:16.32L

**Frustaci, Katherine Anne (13) 051098KATAFRUS**

# 15 Girl 13-14 100 Breast	1:22.65L
# 85 Girl 13-14 200 Breast	2:55.26L

**Frustaci, Vittoria Lynn (16) 081294VITLFRUS**

# 51 Girl 15-18 200 Free	2:16.17L
# 57 Girl 15-18 400 Medley	5:27.86L
# 113 Girl 15-18 200 Medley	2:35.82L
# 125 Girl 15-18 1500 Free	18:40.33L

**Gilbert, Trinity Lynn (10) 121100TRILGILB**

# 69 Girl 10 & Under 50 Fly	37.59L
# 101 Girl 10 & Under 50 Back	39.43L
# 133 Girl 10 & Under 200 Medley	3:08.69L

**Greenspan, Benjamin D (16) 122394BENDGREE**  
# 52 Boy 15-18 200 Free 2:07.61L

**Helak, Alyssa Nicole (11) 091499ALYNHELA**  
# 1 Girl 11-12 200 Back 2:35.58L  
# 39 Girl 11-12 100 Back 1:14.26L  
# 47 Girl 11-12 200 Free 2:21.90L  
# 77 Girl 11-12 50 Back 35.37L

**Koch, Joseph Arthur (13) 010298JOSAKOCH**  
# 4 Boy 13-14 800 Free 9:23.70L  
# 50 Boy 13-14 200 Free 2:10.60L  
# 80 Boy 13-14 400 Free 4:31.67L  
# 118 Boy 13-14 1500 Free 18:10.11L

**Lacey, Joshua David (14) 111496JOSDLACE**  
# 4 Boy 13-14 800 Free 9:08.09L  
# 22 Boy 13-14 200 Fly 2:23.45L  
# 50 Boy 13-14 200 Free 2:04.67L  
# 56 Boy 13-14 400 Medley 5:03.33L  
# 80 Boy 13-14 400 Free 4:18.81L  
# 118 Boy 13-14 1500 Free 17:30.35L

**MacSwan, Shelby Jo (11) 101099SHEJMACE**  
# 53 Girl 11-12 50 Fly 32.45L

**mariniello, Anthony john (12) 022499ANTJMARI**  
# 2 Boy 11-12 200 Back 2:38.39L  
# 40 Boy 11-12 100 Back 1:14.70L  
# 54 Boy 11-12 50 Fly 32.91L  
# 78 Boy 11-12 50 Back 34.92L

**Marsh, Megan Caroline (13) 102997MEGCMARS**  
# 3 Girl 13-14 800 Free 9:50.17L  
# 7 Girl 13-14 100 Free 1:03.60L  
# 15 Girl 13-14 100 Breast 1:18.68L  
# 85 Girl 13-14 200 Breast 2:51.45L  
# 111 Girl 13-14 200 Medley 2:33.05L  
# 119 Girl 13-14 50 Free 29.10L

**Matteson, Carter James (10) 032201CARJMATT**  
# 66 Boy 10 & Under 100 Back 1:25.34L

**Matteson, Sydney Ann (13) 032198SYDAMATT**  
# 15 Girl 13-14 100 Breast 1:21.90L  
# 85 Girl 13-14 200 Breast 2:54.27L  
# 111 Girl 13-14 200 Medley 2:36.56L

**McKinney, Mercedes Mecia (12) 110698MERMCKI**  
# 123 Girl 11-12 50 Free 30.09L

**Mosca, Katherine Ann (16) 051695KATAMOSC**  
# 125 Girl 15-18 1500 Free 18:59.21L

**Mosca, Sarah Elizabeth (16) 051695SAREMOSC**  
# 57 Girl 15-18 400 Medley 5:23.39L  
# 87 Girl 15-18 200 Breast 2:54.20L

# 113 Girl 15-18 200 Medley 2:34.12L

**O'Donnell, Matthew Thomas (14)**  
**070297MATTODON**

# 92 Boy 13-14 100 Fly 1:05.54L

# 112 Boy 13-14 200 Medley 2:26.65L

**Ransford, Casey Liam (12) 032599CASLRANS**

# 20 Boy 11-12 100 Fly 1:13.55L

**Ransford, Patrick James (14) 090896PATJRANS**

# 4 Boy 13-14 800 Free 8:47.80L

# 22 Boy 13-14 200 Fly 2:13.95L

# 50 Boy 13-14 200 Free 2:00.97L

# 56 Boy 13-14 400 Medley 4:47.46L

# 80 Boy 13-14 400 Free 4:14.11L

# 118 Boy 13-14 1500 Free 16:46.12L

**Rice, Jenna Catherine (15) 061096JENCRICE**

# 45 Girl 15-18 200 Back 2:34.84L

# 75 Girl 15-18 100 Back 1:12.02L

**Romano, Kristen Elena (11) 092499KRIEROMA**

# 11 Girl 11-12 50 Breast 37.55L

# 47 Girl 11-12 200 Free 2:19.60L

# 77 Girl 11-12 50 Back 34.45L

# 89 Girl 11-12 100 Breast 1:24.51L

# 115 Girl 11-12 200 Medley 2:37.29L

# 123 Girl 11-12 50 Free 29.11L

**Ruszaj, Marc D (16) 062295MARDRUSZ**

# 58 Boy 15-18 400 Medley 5:05.98L

# 126 Boy 15-18 1500 Free 17:37.39L

**Sagasta, Jacquie Marie (15) 091795JACMSAGA**

# 17 Girl 15-18 100 Breast 1:21.11L

# 57 Girl 15-18 400 Medley 5:28.39L

# 87 Girl 15-18 200 Breast 2:52.18L

**Sargent, Makayla Nikole (13) 061498MAKNSARG**

# 3 Girl 13-14 800 Free 9:47.78L

# 15 Girl 13-14 100 Breast 1:17.79L

# 55 Girl 13-14 400 Medley 5:21.98L

# 79 Girl 13-14 400 Free 4:43.50L

# 85 Girl 13-14 200 Breast 2:45.98L

# 111 Girl 13-14 200 Medley 2:30.42L

**Schultheis, catherine Victoria (14)**  
**040897CATVSCHU**

# 119 Girl 13-14 50 Free 29.04L

**Sebastian, Julianna Marie (13) 092597JULMSEBA**

# 7 Girl 13-14 100 Free 1:03.39L

# 21 Girl 13-14 200 Fly 2:24.42L

# 49 Girl 13-14 200 Free 2:17.47L

# 79 Girl 13-14 400 Free 4:46.23L

# 91 Girl 13-14 100 Fly 1:07.53L

# 119 Girl 13-14 50 Free 29.20L

**sharza, jared jallal (16) 010295JARJSHAR**

# 122 Boy 15-18 50 Free 26.61L

**Speidel, Cole William (16) 080195COLWSPEI**

# 10 Boy 15-18 100 Free 58.00L

# 52 Boy 15-18 200 Free 2:05.33L

# 82 Boy 15-18 400 Free 4:23.83L

**Spence, Chelsea Alana (10) 011101CHEASPEN**

# 33 Girl 10 &amp; Under 50 Breast 44.28L

# 65 Girl 10 &amp; Under 100 Back 1:22.60L

# 101 Girl 10 &amp; Under 50 Back 38.52L

**Spitzer, John Robert (18) 110392JOHRSPIT**

# 10 Boy 15-18 100 Free 58.07L

# 122 Boy 15-18 50 Free 25.40L

**Steve, Paul William (14) 051197PAUWSTEV**

# 8 Boy 13-14 100 Free 58.58L

# 22 Boy 13-14 200 Fly 2:27.42L

# 92 Boy 13-14 100 Fly 1:04.36L

**Suer, Samantha Marie (12) 052399SAMMSUER**

# 5 Girl 11-12 100 Free 1:01.94L

# 19 Girl 11-12 100 Fly 1:08.34L

# 39 Girl 11-12 100 Back 1:13.27L

# 53 Girl 11-12 50 Fly 30.18L

# 109 Girl 11-12 200 Fly 2:35.77L

# 123 Girl 11-12 50 Free 29.89L

**Tobey, Ashlee E (11) 093099ASHETOBE**

# 19 Girl 11-12 100 Fly 1:12.08L

# 47 Girl 11-12 200 Free 2:19.75L

# 83 Girl 11-12 400 Free 4:51.08L

# 109 Girl 11-12 200 Fly 2:44.12L

**Torell, Julia Morgan (10) 091900JULMTORE**

# 31 Girl 10 &amp; Under 100 Free 1:11.74L

# 35 Girl 10 &amp; Under 100 Fly 1:22.40L

# 65 Girl 10 &amp; Under 100 Back 1:22.11L

# 67 Girl 10 &amp; Under 200 Free 2:35.89L

# 69 Girl 10 &amp; Under 50 Fly 35.82L

# 101 Girl 10 &amp; Under 50 Back 38.28L

**Winnert, Rebecca Louise (14) 122196REBLWINN**

# 3 Girl 13-14 800 Free 9:36.90L

# 7 Girl 13-14 100 Free 1:02.54L

# 49 Girl 13-14 200 Free 2:13.71L

# 55 Girl 13-14 400 Medley 5:27.19L

# 79 Girl 13-14 400 Free 4:43.05L

# 117 Girl 13-14 1500 Free 18:20.18L

**Zagobelny, Mary Elizabeth (12) 062599MAREZAGR**

# 43 Girl 11-12 200 Breast 1:25.52L

# 89 Girl 11-12 100 Breast 3:00.12L

**Zelehowsky, Adam W (18) 080993ADAWZELE**

# 10 Boy 15-18 100 Free	54.64L
# 46 Boy 15-18 200 Back	2:16.61L
# 52 Boy 15-18 200 Free	1:59.02L
# 76 Boy 15-18 100 Back	1:05.48L
# 82 Boy 15-18 400 Free	4:16.84L
# 122 Boy 15-18 50 Free	25.55L

	<b>Female</b>	<b>Male</b>	<b>Total</b>
<b>Individual Events</b>	125	50	<b>175</b>
<b>Individual Athletes</b>	36	18	<b>54</b>
<b>Relay Events</b>			<b>0</b>
<b>Relay Teams</b>			<b>24</b>

I hereby certify that all individuals on this entry form are registered members of USA swimming and that they are eligible to compete in this meet.

Coach or Team Representative:

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(Print Full Name, Sign, & Date)