# 2017 BAC Blizzard

**hosted by**
Berkeley Aquatic Club

*Held under the sanction of USA Swimming.*

<table>
<thead>
<tr>
<th>Meet Sanction and Approval #</th>
<th>NY Swimming Sanction # - NJS010817SC</th>
</tr>
</thead>
<tbody>
<tr>
<td>It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date of Meet:</th>
<th>Sunday, January 8th, 2017</th>
</tr>
</thead>
</table>

| Location: | Berkeley Aquatic Center of Excellence  
629 Central Avenue  
New Providence, NJ 07974 |
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Facility Info:</td>
<td>The pool is Olympic-sized: 25 yards by 50 meters. The pool uses pedestal-style blocks with non-turbulent lane lines and an Omega Timing System. The depth of the pool at the starting end is 2 meters and at the turning end is 5 feet. There is one 3 lane by 25 yard auxiliary pool for warm-up and warm-down. The depth of the auxiliary pool ranges from 2 meters to 4 feet. There is bleacher seating on deck for up to 250 athletes. Additional bleacher seating is available above the pool deck for up to 300 spectators. Parking is available in the facility lot ONLY. Parking in the lots of any surrounding businesses is strictly prohibited.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Pool Certification Statement:</th>
<th>The competition course has been certified in accordance with 104.2.2C(4).</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Host Team Contact:</th>
<th>Elissa Ryan <a href="mailto:elisslav@yahoo.com">elisslav@yahoo.com</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Meet Director:</td>
<td>Becky Hammond 201-401-3617 <a href="mailto:bechammond@hotmail.com">bechammond@hotmail.com</a></td>
</tr>
<tr>
<td>Meet Referee:</td>
<td>Christopher Barry 908-612-3480 <a href="mailto:officials@berkeleyaquaticclub.com">officials@berkeleyaquaticclub.com</a></td>
</tr>
<tr>
<td>Administration Official:</td>
<td>Becky Hammond 201-401-3617 <a href="mailto:bechammond@hotmail.com">bechammond@hotmail.com</a></td>
</tr>
<tr>
<td>Safety Marshall:</td>
<td>Anitha Kamath 973-818-8193 <a href="mailto:anithapkamath@gmail.com">anithapkamath@gmail.com</a></td>
</tr>
<tr>
<td>Entry Coordinator:</td>
<td>Becky Hammond 201-401-3617 <a href="mailto:bacmeetentries@berkeleyaquaticclub.com">bacmeetentries@berkeleyaquaticclub.com</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Entries Open:</th>
<th>Immediately</th>
</tr>
</thead>
<tbody>
<tr>
<td>Entry Deadline:</td>
<td>Friday, December 23rd, 2016</td>
</tr>
<tr>
<td>Swimmers Age:</td>
<td>Swimmer ages for this meet are as of: Sunday, January 8th, 2017</td>
</tr>
</tbody>
</table>
| Entry Fees: (non-refundable) | Individual Events: $4.00  
Distance Events: $11.00 |
| Meet Course: | Short Course Yards (SCY) |

| Meet Format: | This Meet will be run in accordance with current USA Swimming Rules.  
This meet will be run as a timed-final Meet.  
This Meet has been divided into 3 Sessions: 8/Under; 9/10 and 11/12; 13/Over.  
This Meet will be deck seeded with coaches checking in/scratching all swimmers. With the potential exception of 50’s, swimmers will report directly to their lanes without marshalling.  
Should a swimmer ‘no show’ for an event, the decision to accommodate another opportunity for the missed swim shall be at the discretion of the Meet Referee. Best efforts will be made but there can be no guarantee. |

| Entry Limits: | Swimmers can swim four (4) events in a single session of the Meet. |
| Checks Payable To: | Blue Streak Aquatic |
| Email Entry Files To: | BACMeetEntries@BerkeleyAquaticClub.com |
| Mail Checks/Reports | Berkeley Aquatic Club – BAC Blizzard  
629 Central Avenue  
New Providence, NJ 07974 |
# 2017 BAC Blizzard
## Order of Events

### Session 1: 8/Under

**Warm-Up:** 10:00 AM  
**Meet Starts:** 10:45 AM

<table>
<thead>
<tr>
<th>Women’s Event Number</th>
<th>Event Description</th>
<th>Men’s Event Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>#1</td>
<td>25 Freestyle</td>
<td>#2</td>
</tr>
<tr>
<td>#3</td>
<td>25 Backstroke</td>
<td>#4</td>
</tr>
<tr>
<td>#5</td>
<td>50 Breaststroke</td>
<td>#6</td>
</tr>
<tr>
<td>#7</td>
<td>50 Butterfly</td>
<td>#8</td>
</tr>
<tr>
<td>#9</td>
<td>100 IM</td>
<td>#10</td>
</tr>
<tr>
<td>#11</td>
<td>50 Freestyle</td>
<td>#12</td>
</tr>
<tr>
<td>#13</td>
<td>50 Backstroke</td>
<td>#14</td>
</tr>
<tr>
<td>#15</td>
<td>25 Breaststroke</td>
<td>#16</td>
</tr>
<tr>
<td>#17</td>
<td>25 Butterfly</td>
<td>#18</td>
</tr>
</tbody>
</table>

### Session 2: 9/10 and 11/12

**Warm-Up:** 1:30 PM *(TO BE CONFIRMED ONCE ENTRIES RECEIVED)*  
**Meet Starts:** 2:15 PM *(TO BE CONFIRMED ONCE ENTRIES RECEIVED)*

<table>
<thead>
<tr>
<th>Women’s Event Number</th>
<th>Event Description</th>
<th>Men’s Event Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>#19</td>
<td>11-12 200 IM</td>
<td>#20</td>
</tr>
<tr>
<td>#21</td>
<td>9-10 200 IM</td>
<td>#22</td>
</tr>
<tr>
<td>#23</td>
<td>11-12 100 Freestyle</td>
<td>#24</td>
</tr>
<tr>
<td>#25</td>
<td>9-10 100 Freestyle</td>
<td>#26</td>
</tr>
<tr>
<td>#27</td>
<td>11-12 50 Butterfly</td>
<td>#28</td>
</tr>
<tr>
<td>#29</td>
<td>9-10 50 Butterfly</td>
<td>#30</td>
</tr>
<tr>
<td>#31</td>
<td>11-12 50 Backstroke</td>
<td>#32</td>
</tr>
<tr>
<td>#33</td>
<td>9-10 50 Backstroke</td>
<td>#34</td>
</tr>
<tr>
<td>#35</td>
<td>11-12 100 Butterfly</td>
<td>#36</td>
</tr>
<tr>
<td>#37</td>
<td>9-10 200 Freestyle</td>
<td>#38</td>
</tr>
<tr>
<td>#39</td>
<td>11-12 100 Breaststroke</td>
<td>#40</td>
</tr>
<tr>
<td>#41</td>
<td>9-10 100 Backstroke</td>
<td>#42</td>
</tr>
<tr>
<td>#43</td>
<td>11-12 200 Butterfly</td>
<td>#44</td>
</tr>
<tr>
<td>#45</td>
<td>9-10 100 Breaststroke</td>
<td>#46</td>
</tr>
<tr>
<td>#47</td>
<td>11-12 500 Freestyle</td>
<td>#48</td>
</tr>
<tr>
<td>#49</td>
<td>9-10 500 Freestyle</td>
<td>#50</td>
</tr>
</tbody>
</table>

### Session 3: 13/Over

**Warm-Up:** 5:00 PM *(TO BE CONFIRMED ONCE ENTRIES RECEIVED)*  
**Meet Starts:** 5:45 PM *(TO BE CONFIRMED ONCE ENTRIES RECEIVED)*

<table>
<thead>
<tr>
<th>Women’s Event Number</th>
<th>Event Description</th>
<th>Men’s Event Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>#51</td>
<td>1000 Freestyle</td>
<td>#52</td>
</tr>
<tr>
<td>#53</td>
<td>200 Freestyle</td>
<td>#54</td>
</tr>
<tr>
<td>#55</td>
<td>200 Backstroke</td>
<td>#56</td>
</tr>
<tr>
<td>#57</td>
<td>100 Breaststroke</td>
<td>#58</td>
</tr>
<tr>
<td>#59</td>
<td>200 Butterfly</td>
<td>#60</td>
</tr>
<tr>
<td>#61</td>
<td>100 Freestyle</td>
<td>#62</td>
</tr>
<tr>
<td>#63</td>
<td>400 IM</td>
<td>#64</td>
</tr>
</tbody>
</table>
Meet Schedule and Session Times
(TENTATIVE)

<table>
<thead>
<tr>
<th>Sunday, January 8th, 2017</th>
<th>Warm-Up</th>
<th>Start</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session 1  8/Under</td>
<td>10:00 AM</td>
<td>10:45 AM</td>
</tr>
<tr>
<td>Session 2  9/10 and 11/12</td>
<td>1:30 PM</td>
<td>2:15 PM</td>
</tr>
<tr>
<td>Session 3  13/Over</td>
<td>5:00 PM</td>
<td>5:45 PM</td>
</tr>
</tbody>
</table>

FINALIZED MEET SCHEDULE with starting times for all sessions will be determined after entries are received and a
time line created!

Meet Schedule and Event Information:
The building opening time is 9:30 AM.
The Meet has been divided into three separate sessions:
Session One: 8/Under
Session Two: 9/10 and 11/12
Session Three: 13/Over

Scoring:
This Meet will not be scored.

Awards:
Placement ribbons will be presented to the top 3 swimmers in each age group for each gender in each event/session. (Age groups for award purposes include: 8 & Under; 9-10, 11-12; 13-14; 15 & Over.)

Starts:
‘Fly-over’ or ‘Over-the-top’ starts will NOT be used.

Admissions and Programs:
Admission will be $5.00 per session.
Heat Sheets (and Results) will be available for free on both Meet Mobile and Live Results.

Concessions:
Water shall be available for sale throughout the Meet. It is possible that food trucks or other vending options may be available throughout the Meet.

Vendor:
The on-site Speedo Shop may be open during competition hours. (The Speedo Shop is located just off of the main lobby.)

Locker Rooms:
Parents are NOT permitted in the athlete locker rooms at any time.

Entry Information:
All entries will be accepted in the order received, regardless of LSC affiliation, as space allows. Each session may be limited to no more than 200 swimmers and/or 2 ½ hours.

Please make the subject of your email: BAC Blizzard

All entries must be electronic entries, importable into Meet Manager as an attached file to an email. The meet entry coordinator will respond to emails within 48 hours. If you do not receive an email response within 48 hours, assume that your email has not been received. It is the e-mailer’s responsibility to make sure that the entry coordinator receives the email. If you do not receive an email response, you must contact the entry coordinator by phone.

Accuracy of seed times is essential. Incomplete entries will not be accepted. Deck entries will not be accepted. No phone or faxed entries will be accepted.

New Jersey Swimming does not allow “NT” or “No Time” to be used as an entry time.

Entries must be submitted in yards times only but may be converted from meters.

If the meet does not fill by the entry deadline, the meet director may, at his/her discretion, accept entries beyond the stated deadline and/or waive any applicable standards.

Incomplete Entries will not be accepted.

Deck Entries will not be accepted.

An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each entry and must be submitted before the start of the meet. The host club reserves the right to scratch swimmers/teams that have not paid their entry fees and turned in their waiver forms by this time.
<table>
<thead>
<tr>
<th>Distance Events:</th>
<th>Swimmers in the 500 and 1000 Freestyle are responsible to provide their own counter if desired.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heat Limited Events:</td>
<td>The 500 and/or 1000 Freestyle may be limited to 1 heat per event. It may also become necessary to limit the heats of the 400 IM in a similar way. Refunds will be given back to swimmers that are below the heat limit number and do not swim. Such refunds will be available from the control room during the Meet. Swimmers or Coaches will sign for their refund. It is the responsibility of the swimmer/coach to collect their refund during the Meet. Once the Meet is over, no more refunds will be given.</td>
</tr>
</tbody>
</table>
| Swimmer Eligibility: | No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All swimmers must be included in a team’s official meet roster in the meet database to be eligible to participate in this swim meet in any event including relays. 

**Unattached Swimmers.**
All transfer swimmer(s) must swim unattached for 120 consecutive days from their last attached open competition. Swimmers must use a New Team Alpha Code UN or U as their team affiliation. All unattached swimmers must be listed on the team’s official waiver/verification form. 

**Time Standards that will be used.**
There are no time standards for this Meet. |
| Host Club Responsibilities: | The host club will provide 50% of the timers throughout the course of the meet. The host club will have stopwatches available for volunteers helping to time. The host club will e-mail all club entries back to the participating clubs. The host club will create a Warm-Up Schedule that will be fair and equitable to all teams. This Warm-Up Schedule will be e-mailed to all participating clubs and posted on the team website no later than 1 week before the meet. The host club will create Timing Assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs and posted on the team website no later than 1 week before the meet. |
| Participating Club Responsibilities: | Participating clubs must help with timing assignments. Visiting team timers must be capable of operating a stopwatch and either a button or be able to record times on a clipboard. Participating clubs should help with officiating whenever possible. Please notify the Meet Referee in advance if possible. Participating club parents/guests must stay in areas designated for spectators ONLY. This applies to both the pool deck area as well as the facility at large. Exceptions to this are those spectators/guests who are timing or working as officials who will be permitted on the pool deck. |
| Coaches Eligibility: | All coaches ‘on the deck’ must be registered with USA Swimming and be current coach members of USA Swimming. Coaches will be required to show coaching card with all current requirements met. Alternatively, a coach may show his/her certification on Deck Pass. Coaches must show coaching card before picking up any meet information or scratch sheets. Coaches must have coaching card visible at all times while on deck and when entering hospitality area. |
Meet Format Waiver: The host club has the right to change the format of the meet with the approval of the sanctioning chairman and either the age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include:

- To allow more swimmers the opportunity to swim.
- To conform to facility capacity limits or for facility safety concerns.
- To condense the meet into smaller time frame.

Some of the changes that can be made: 1) add a session, 2) heat limit distance events and, 3) condense sessions.

Warm-Up Procedures: The sanctioning, and/or age group, and/or senior chairman must approve all new warm-up schedules.

**Warm-Ups will be run under New Jersey Swimming Warm-up and Safety Guidelines:**

(https://www.teamunify.com/subtabgeneric.jsp?team=eznjslsc&stabid=69121)

**Warm-Up Schedule:**
There will be one 40 minute warm-up before each session. Each session will begin 5 minutes after the conclusion of the corresponding warm-up. For the first 30 minutes, teams will be assigned lanes for genera warm-ups. After 30 minutes, Lane 1 will become a Pace lane and lanes 2, 3 and 4 will become Sprint lanes. At the discretion of the Meet Referee, additional lanes may also become Sprint lanes. The remaining lanes will be general warm up available to all teams without Sprints or Pace. All general warm-up lanes will swim in a counter clockwise direction. All swimmers are entitled to a fair and comparable warm-up. All teams MUST get the same opportunities for general warm-up lanes, sprint lanes and pace lanes. The Auxiliary Pool will be closed during the entire meet, warm-up/warm-down before each session and during competition may take place in any of the open SC lanes.

**Entry/Exit Into and Out of the Pool:**
All swimmers must enter the pool from the starting end of the pool. All swimmers must enter feet first. Swimmers must exit the pool at the start/turn ends or as directed by the Meet Referee, Meet Director and/or Safety Marshals, not on the side of the pool.

New Jersey Swimming Officials and Uniformed and designated Meet Safety Marshals will monitor Warm-Ups.

**PLEASE NOTE:** Swimmers are prohibited from using any ‘gear’, ‘equipment’ or swimming aids during any warm-up or warm-down without formal approval from the Meet Referee in either the competition pool or the warm-up/warm-down pools.

Check-In: All check-in sheets are to be turned into the control room 30 minutes before the start of each session. Swimmers that are swimming are to have a line through their name.

Swimmers that are being scratched are to have their names circled with a “SCR” next to the circle.

Swimmers scratching a single event are to have a line through his/her name and the event number circled with “SCR” next to the circle.

Failure to follow these procedures may result in the swimmer(s) being scratched from the session.

Internet Website Posting and Results:
The meet announcement, Hy-Tek Event List (.HYV file), and final meet results will be posted on New Jersey Swimming website www.njswim.org.

The following will be posted on the Berkeley Aquatic Club Website www.berkeleyaquaticclub.com

**Before the meet, we will post:**

Meet Announcement
Downloadable Hy-Tek Events List (.HYV file)
Psych Sheets
Updated Meet Schedule
Warm-Up Schedule and Team Warm-Up Assignments
Team Timing Assignments
### During the meet, the following will be available:

Interim results will be available on Meet Mobile and Live Results with running Results posted on Deck (as available) after approved.

**After the meet, we will post (www.berkeleyaquaticclub.com):**
- Downloadable Results (.CL2 file), and
- Printable Results (.PDF file)

Results will also be available on the New Jersey Swimming Website (www.njswim.org) soon after the conclusion of the Meet.

| USA-S Racing Start Certification Statement: | Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. |
| Audio/Visual Recording Statement: | Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. In addition, volunteers and spectators cannot use any of the above on deck. |
| USA-S Deck Change Policy Statement: | Deck Changes are prohibited. |
| USA-S Drone Policy Statement: | Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. |
| Meet Requirement Statement: | In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements. |
| Directions: | Address: 629 Central Avenue New Providence, NJ 07974 |
| **Directions:** | **From 78 East**  
Take Exit 44 toward New Providence/County Highway 527. At the end of the exit ramp turn left onto County Road 527/Glenside Avenue. After ½ mile, turn Left onto Glenside Road. Glenside Road will become South Street/County Highway 647. Turn Left onto Central Avenue. Berkeley Aquatic will be 0.3 miles after this turn on the right-hand side of the road. |
| **From 78 West**  
Take Exit 43 and merge onto Diamond Hill Road/County Highway 655. In a little less than a mile, turn right onto Mountain Avenue/County Highway 622. Again, in a little less than a mile, turn left onto South Street/County Highway 647. In 0.8 miles, turn left onto Central Avenue. Berkeley Aquatic will be 0.3 miles after this turn on the right-hand side of the road. |
| **From Interstate 287**  
Take Exit 21 A (Route 78 East/New York City). Follow ‘From 78 West’ directions above. |
Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Berkeley Aquatic Club, Blue Streak Aquatic and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the 2017 BAC Blizzard Meet, are registered members of USA Swimming. All USA Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code __________________________

Signature of Coach and/or Parent/Guardian __________________________

Telephone __________________________ E-Mail Address __________________________

Name(s) of Coach(es): __________________________

Entry Fee Summary: ________________ number of Events x $4 = $ __________

________________ number of Distance Events x $11 = $ __________

Total = $ __________

Make checks payable to: Blue Streak Aquatic

Article 302.4 of the USA Swimming Rules and Regulations

False Registration: An LSC may impose a fine of up to $100 per event against a member coach or a member club’s representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

List all Unattached Swimmers:

Unattached Swimmer ____________________________, Unattached Swimmer ____________________________

Unattached Swimmer ____________________________, Unattached Swimmer ____________________________

Unattached Swimmer ____________________________, Unattached Swimmer ____________________________

Unattached Swimmer ____________________________, Unattached Swimmer ____________________________