

	<p style="text-align: center;"><b>NEW JERSEY SWIMMING</b>  <b>14 and Under SHORT COURSE JUNIOR OLYMPICS</b>  <b>Hosted by BERKELEY AQUATIC CLUB</b>            (Held under the sanction of USA Swimming.)</p>
Meet Sanction #:	<p><b><i>NJS031816SC</i></b>            In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>
Date(s) of Meet:	<p>Friday, March 18, 2016            Saturday, March 19, 2016            Sunday, March 20, 2016</p>
Location of Meet:	<p>The pool is located in the Sonny Werblin Recreation Center on the Busch Campus of Rutgers University in Piscataway, New Jersey.</p> <p>656 Bartholomew Road            Piscataway, NJ 08854-8003</p> <p>The Center's main number is 848-445-0462. <b>(This number is for emergencies only.)</b> All calls regarding this meet should be directed to the Meet Director.</p>
Meet Facility:	<p>The pool is Olympic-sized, divided into two 25 yard 8 lane pools. One half will be known as the "Main Pool" (nearest the large scoreboard) and the other as the "Dive Pool" (nearest the diving tower). Both event pools use pedestal-style starting blocks, with non-turbulent lane lines, and a Colorado Timing system. There are two auxiliary pools, known as "patio pools" (for warm-up and warm-down during competition only) and seating for 1,000 spectators, including 400 chair-backed seats. The remaining seating is bleacher style. The minimum water depth in the competition pools is 6 feet. The main or scoreboard pool is 6 feet deep at the starting end and 6'10" deep at the bulkhead. The dive pool ranges from 7 feet deep in lane 8 to 14 feet deep in lane 1.</p> <p>SWIMMERS will be allowed to sit ONLY in the first three rows of the bleachers and not at all in the chair backed seats. Seating in these first three rows is considered 'open' with no team having exclusive rights to particular sections of the bleachers. There is NOT enough room in the morning and afternoon sessions for swimmers to stay in the pool area all the time. The gymnasium on the ground floor of the Sonny Werblin Recreation Center will be available and must be used by the swimmers in both the morning and the afternoons. Swimmers should plan to be in the gym when they are not warming up/down or swimming. There will be a marshal stationed in the gym for safety purposes who will also make a best effort to maintain up-to-date postings of the events as they are swum. (NOTE: Meet personnel cannot be held responsible for swimmers who miss events.) Parents are allowed to bring chairs into the gym but not into the pool area. Parents are welcome to stay with their swimmers in the gym.</p> <p><b>Swimmers' bags will have to go into the gym in the morning and afternoon sessions.</b> No swim bags will be permitted in the pool area in the morning and afternoon.</p>

	<p>NOTE: The gym will not be used during the evening finals sessions. All belongings MUST be removed from the gym prior to the start of Evening Warm-Ups. Belongings left will be collected by Rutgers Staff and Meet Personnel and will be turned into the facility Lost and Found. Rutgers/Meet Host shall not be held responsible for lost or stolen items.</p> <p>Parents are not permitted on deck unless they are working at the meet at that time.</p>
Pool Certification Statement:	The competition pool has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
Meet Director:	Becky Hammond; <a href="mailto:bacmeetentries@berkeleyaquaticclub.com">bacmeetentries@berkeleyaquaticclub.com</a> (201) 401-3617
Meet Referee(s):	<p>Chris Barry; <a href="mailto:accebarry@verizon.net">accebarry@verizon.net</a>  Rob King; <a href="mailto:npping1@verizon.net">npping1@verizon.net</a></p> <p>BAC has applied to have this meet designated as a 'qualifying meet' under the National Officials Certification Program. Any official interested in being evaluated should contact Chris Barry at <a href="mailto:accebarry@verizon.net">accebarry@verizon.net</a> to apply for evaluation. Details on national certification can be found on the USA Swimming website. If the meet is certified, we will post the application on both <a href="http://www.njswim.org">www.njswim.org</a> and <a href="http://www.BerkeleyAquaticClub.com">www.BerkeleyAquaticClub.com</a>.</p>
Meet Safety Marshal:	Anitha Kamath; <a href="mailto:anithakam@gmail.com">anithakam@gmail.com</a>
Entry Coordinator/Administrative Official:	Becky Hammond; <a href="mailto:bacmeetentries@BerkeleyAquaticClub.com">bacmeetentries@BerkeleyAquaticClub.com</a> (201) 401-3617
Entry Information:	<p>The qualifying period for this Meet is January 1, 2015 through the entry deadline(s) for the Meet.</p> <ul style="list-style-type: none"> <li>• All entries must be Hy-Tek program entries as an attached file to an e-mail and must be accompanied by a PDF of proof of time by athlete with supporting documentation for custom times with the swimmer's name and time in question clearly highlighted, circled or otherwise indicated.</li> <li>• All qualifying times must have been achieved on or after January 1, 2015 but before the entry deadline.</li> <li>• Email entry files to <a href="mailto:bacmeetentries@bluestreakaquatic.com">bacmeetentries@bluestreakaquatic.com</a></li> <li>• The meet entry coordinator will respond to e-mail entries promptly as specified in the deadlines below. <b>If you do not receive an e-mail response within the stated time frames, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail.</b> If you do not receive an e-mail response, you must contact the entry coordinator by email or phone.</li> <li>• An Entry Summary <b>with a signed NJ Swimming waiver and a check</b> must follow each entry. They may be brought to the first session of the meet in which the team is competing but must be received by that time or the host team reserves the right to scratch teams which have not complied.</li> <li>• <i>Mail to:</i> Berkeley Aquatic Club – 2016 NJJO's</li> </ul>

629 Central Avenue  
New Providence, NJ 07974  
Make checks payable to: “Blue Streak Aquatic”

Entry Deadline:

**Summary of the Entry Deadlines:**

**Tuesday, March 8<sup>th</sup> by 11:59 PM:**

All entries, except amendments.  
These entries must include Proof of Times in a PDF by athlete.

‘Relay-Only’ swimmers must be submitted at this time unless they are submitted through an amendment entry.

**Thursday, March 10<sup>th</sup> by 11:59 PM:**

Entry Coordinator will respond, via e-mail, that entries have been received and accepted. If you do not receive an e-mail, you must contact the Entry Coordinator by 11:59 PM on March 10<sup>th</sup>. If your original e-mail did not go through and you can send the original e-mail proving that you sent it by the deadline, the Entry Coordinator will accept entries at this point.

**Monday, March 14<sup>th</sup> by 11:59 p.m.:**

All known Amendments and any must be submitted in a separate electronic using a TM file called “2016 Entries from Amendments NJJO”. Please include any Gold entries made at Senior Championships in this same file.

The “2016 NJJO Amendment Entries” MUST include proof of times for only the entries in this file in a PDF by athlete.

PLEASE NOTE: These Amendment Entries will incur a \$5 per entry surcharge on top of the regular entry fee. We will use the proof of time file to calculate how many of your entries were earned at the Senior Championship meet and will deduct \$5 for each of these entries.

**Tuesday, March 15<sup>th</sup> by 7 PM:**

Entry Coordinator will send, to each team, a copy of all entries submitted thus far, along with Team Rosters. This is each team’s FINAL CHANCE to check the entries and to make certain that all swimmers are entered (including ‘Relay-Only’ swimmers). Please ask swimmers to proof their own entries.

**Tuesday, March 15<sup>th</sup> – After a report of your combined entries has been**

	<p><b>sent to you by the Entry Coordinator:</b></p> <p>All further Amendments must be submitted by sending the Entry Coordinator a Hy-Tek file. This file should ONLY contain any additional Amendment entries.</p> <p>Proof of Times in a PDF by athlete of JUST THESE Amendment Entries is required at this time.</p> <p><b>Please Note:</b> It is expected that entries, at this time, <b>will be minimal and will consist ONLY of true mistakes by the Coach/Team or the Entry Coordinator.</b></p> <p><b>Wednesday, March 16<sup>th</sup> by 9 AM:</b></p> <p>ABSOLUTE deadline for accepting any amendments to entries.</p> <p>Entry Coordinator will respond that amendments (ONLY) have been received and accepted. IF your e-mail did not go through and you can send the original e-mail proving that you sent it by the deadline, the Entry Coordinator will accept it. You must contact the Entry Coordinator by <b>noon</b> on Wednesday. Mistakes on participating team's part such as sending the incorrect file will not be corrected by the Entry Coordinator after 9 AM. No changes will be made on deck during the meet.</p> <p><b>Wednesday, March 16<sup>th</sup> by 9 PM:</b></p> <p>Psych sheets will be posted on the Berkeley Aquatic website. ONLY errors found on the posted Psych Sheets that were caused by the entry coordinator after the combined entry files were sent will be corrected (example: entry coordinator mistyped entries from your email or inadvertently deleted an entry that was showing on the entries sent to you) Mistakes by participating teams will no longer be corrected. You must have proofed the entries sent to you and have found the mistakes at that time (examples of mistakes that will not be corrected: you forgot a swimmer, you sent the wrong files, you listed the wrong time, you didn't proof the entries sent to you, you missed the deadline etc.) Therefore, if a swimmer or relay is not listed on the psych sheets, the swimmer or relay will not swim.</p> <p>NOTE: It is not necessary to overnight or express mail checks that are sent in support of an e-mailed entry. Please note that if the participating team does not receive a response from the entry coordinator by any of the above deadlines, it is the responsibility of the participating team to contact the entry coordinator by phone.</p>
Relay Naming:	When adding relays during the amendment or addition process, you must make sure that each relay you have submitted throughout the process has a unique name. For example, if you originally submitted two relays in Event 41, they will be you're A and B relays. If you now submit an additional

	<p>Event 41 with your amendment entries, your Team Manager will call it the “A” relay. You must rename it to the “C” relay or this “new” relay will simply overwrite the previous “A” relay. If you only want to update the times of your “A” relay with amendments (which will cost an \$8 plus an additional \$5), then call your relay “A” and the times will be updated without adding a relay.</p>
Meet Format Waiver:	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chairman and either the age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include: to allow more swimmers to swim; to conform to facility capacity limits or for facility safety concerns; to condense the meet into smaller time frame.</p>
Internet Website Posting:	<p>The meet announcement, Hy-Tek Event List (.HYV file), and meet results will be posted on New Jersey Swimming website. (<a href="http://www.njswim.org">www.njswim.org</a>)</p> <p>Meet Website address: <a href="http://www.BerkeleyAquaticClub.com">www.BerkeleyAquaticClub.com</a> under hosted meets:</p> <p><b>Before the meet, we will post:</b></p> <p>Meet announcement  Downloadable Hy-Tek Events list (.HYV file)  Psych sheets  Updated meet schedule  Warm-up Schedule and Team Warm-up Assignments  Timing assignments</p> <p><b>After the meet, we will post:</b></p> <p>Downloadable Results (.CL2 file)  Printable results (.PDF file)</p> <p>The host team will make best efforts to post live results. Live (preliminary) results may be available via Meet Mobile. Live (amended) results may be available on the Berkeley Aquatic Club website (<a href="http://www.berkeleyaquaticclub.com">www.berkeleyaquaticclub.com</a>).</p> <p>Any changes to the meet format or schedule will also be posted on the Berkeley Aquatic Club website (<a href="http://www.berkeleyaquaticclub.com">www.berkeleyaquaticclub.com</a>)</p>
Meet Requirement Statement:	<p>In order to be eligible for the New Jersey Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts towards those participation requirements.</p>
Time Trials:	<p>Time Trials will be conducted in compliance with the New Jersey Swimming Time Trial Policy as specified in the New Jersey Swimming Policy Handbook. Time trials will be conducted only if time allows after evening finals.</p>
Coaches Eligibility:	<ul style="list-style-type: none"> <li>• All coaches ‘on the deck’ must be registered with USA Swimming and be Current coach members of USA Swimming.</li> <li>• Coaches will be required to show coaching card with all current</li> </ul>

	<p>requirements met. Alternatively, a coach may show his/her certification on Deck Pass.</p> <ul style="list-style-type: none"> <li>• Coaches must show coaching card before picking up any meet information or scratch sheets.</li> <li>• Coaches must have coaching card visible at all times while on deck and when entering hospitality area.</li> </ul>
Swimmer Eligibility	<p>Swimmers must be USA Swimming registered members of NJ Swimming in order to compete in this meet. All swimmers must be listed in the team's official entry file in order to participate in the meet <b>including relay-only</b> swimmers. Any transfer swimmer(s) must swim unattached for 120 consecutive days from their last open competition. Please enter these transfer swimmers as a separate team named: XXXUN where XXX are the first three letters of your team abbreviation. Entries for swimmers without valid current USA Swimming registrations will not be entered in the meet. NJ Swimming performs a registration check a few days after the official entry deadline and ineligible swimmers will be notified at that time.</p> <p>All swimmers must comply with the attached time standards. Times converted from LCM or SCM are allowed (See Entry Times).</p> <p><b>Age Groups Offered:</b></p> <p>10 and under, 11-12 and 13-14.</p> <p><b>Individual and relay limits:</b></p> <p>Swimmers may compete in a maximum of three (3) individual events per day and one (1) relay per day. Swimmers entered in more than three (3) individual events in a preliminary or timed final session who fail to scratch down to this number before the check-in/scratch deadline established for the session will only be eligible to swim in the first three (3) events in chronological, not event, order, for which the swimmer was entered in that session.</p> <p><b>Age at meet:</b></p> <p>Age group is determined by the swimmer's age on the first day of the meet.</p>
Age up Exception	<p>For a swimmer who ages up during the period between a previous New Jersey championship meet and the Junior Olympics AND was too fast to swim certain events at the previous championship for the younger age AND had achieved qualifying times in certain events for the younger age group for the Junior Olympics but that time does not qualify for those events in the older age group at the Junior Olympics, that swimmer will be permitted to enter those same events in the Junior Olympics in the older age group <b>using the older age group cut-off time</b> as the swimmer's entry time to allow for automatic seeding of the event.</p> <p>This applies to:</p> <p><u>12 and Under Silver/Bronze Meets – Regions A, E, and F Teams</u></p>

	Swimmers who turn 11 between February 28 and March 18, 2014, inclusive.  <u>12 and Under Silver/Bronze Meets – Regions B, C, and D Teams</u> Swimmers who turn 11 between February 21 and March 18, 2014, inclusive.
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
Audio Visual Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
USA Swimming Deck Change Policy Statement	Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited by USA Swimming.
Meet Format:	<p>This meet will be run in accordance with current USA Swimming Rules.</p> <ul style="list-style-type: none"> <li>• All 10/U &amp; 11/12 events will be swum as timed finals, slowest to fastest.</li> <li>• 13/14 events will be a trials and finals format with bonus, consolation, and championship finals (fastest 24 swimmers from preliminaries) held in the evening session. The 1000 &amp; 1650 freestyle events and all relays will be timed finals.</li> <li>• The 13/14 prelim events will be swum slowest to fastest. The 1000 and 1650 will be swum fastest to slowest: We will swim 2 heats of girls, one in each pool, and then 2 heats of boys, one in each pool. We will repeat until finished, possibly swimming a heat of girls in one pool and a heat of boys in the second pool or even combining boys and girls in a pool as necessary to run the meet most efficiently. All 1000 and 1650's will be swum in the morning for 13/14's and the afternoon for 11/12's.</li> <li>• The top 16 seeded relays after morning check-in in the 13/14 age group will be swum at night.</li> </ul> <p>The morning and afternoon sessions will be swum with an “odd/even” format with the odd heats of all events swum in the Scoreboard pool and the even events swum in the Dive pool except as explained above for the 1000 and 1650’s. No new event will start until the last heat of the prior event is completed. All evening Finals will be swum in the scoreboard pool.</p> <p>The meet will be deck seeded with coaches checking in/scratching all swimmers.</p>

**Meet Schedule:**

13-14 Prelims:	Warm-Up: 7:15 AM – 7:45 AM	Start: 7:50 AM
11-12 Events:	Warm-Up: TBD	Start: 35 Minutes after Warm up starts
10 & under	Warm-Up: TBD	Start: 35 Minutes after Warm up starts
13-14 Finals:	Warm-Up: TBD	Start: 50 Minutes after Warm up starts

Warm up and session start times will be announced once entries have been received.



<p>Warm-Up Procedures:</p>	<ul style="list-style-type: none"> <li>• The Warm-Up will be conducted in accordance with New Jersey Swimming Warm-Up Policies.</li> <li>• There will be one 30 minute warm up period.</li> <li>• Each club will be assigned a Warm-Up period and a lane or lanes. When two or more teams share a common lane for warm-ups, all teams must agree to a warm-up procedure. If clubs sharing a lane can't agree on a warm up procedure, that lane will be a general warm-up lane.</li> <li>• All swimmers are entitled to a fair and comparable warm-up. All teams <b>MUST</b> get the same opportunities for general warm-up lanes, sprint lanes and pace lanes.</li> <li>• The Warm-Up schedule will also be e-mailed to participating clubs and NJ Swimming (for posting) not less than 72 hours before the beginning of the Meet</li> <li>• If two Warm-Up periods are required due to the number of athletes in a session, swimmers will be restricted from gathering behind the blocks until the swimmers in the previous Warm-Up have exited the pool. The warm-up periods will each be 25 minutes in length and there will be a two-minute break between warm-up periods.</li> <li>• <b>PLEASE NOTE:</b> Swimmers are prohibited from using any “gear” or “equipment” or swimming aids during any warm-up or warm-down without formal approval from the Meet Referee in either the competition pools or the warm-up/warm-down pools.</li> </ul> <p><b>Entry Into Pool:</b></p> <ul style="list-style-type: none"> <li>• All swimmers must enter the pool from the starting end of the pool.</li> <li>• Swimmers may not exit on the bulkhead</li> <li>• All swimmers must enter feet first.</li> </ul> <p><b>Host Team Monitoring Warm-ups.</b></p> <ul style="list-style-type: none"> <li>• New Jersey Swimming officials will monitor warm-ups.</li> <li>• Uniformed and designated meet marshals will also monitor warm-ups.</li> <li>• All general warm-up lanes will swim in a counterclockwise direction.</li> </ul> <p>The secondary warm-up/warm-down pools will only be available for use during the actual Meet Session and will not be available during the scheduled warm-up period. As noted above, no “equipment” will be allowed in these pools.</p>
<p>Entry Times</p>	<p>All times must meet the NJ Swimming Short Course “Gold” standard Times and may be converted from Long Course times using the Hy-Tek Team Manager conversion protocol:  In team manager, got to set-up, then conversions. Make sure that:</p> <ul style="list-style-type: none"> <li>• The Yard to SC Meters is set to 1.11</li> <li>• Freestyle Turns = 0.8</li> <li>• Backstroke Turns = 0.6</li> <li>• Breaststroke Turns = 1</li> </ul>

	<ul style="list-style-type: none"> <li>• Butterfly Turns = 0.7</li> <li>• Individual Medley Turns = 0.8</li>   <li>• Freestyle: (500 y to 400 m; 1000 y to 800 m; 1650 y to 1500 m) = 1.006</li> </ul> <p>DO NOT SET THE STRAIGHT CONVERSION FACTOR TO ANY PERCENT FACTOR!</p> <p><b>NOTE: Proof of Times is required for all entries. It must be provided for the entries being submitted at that time. The Proof of Time for custom times must be clear with the appropriate swimmer and time circled, highlighted or otherwise indicated. Please do not submit multiple page results for the Entry Coordinator to sift through.</b></p>
Check-In:	<p>The entire meet will be deck seeded. All check-in sheets must be turned into the control room 5 minutes after the start of warm up. Swimmers who are swimming will have lines drawn through their names. Swimmers who are being scratched will have their names circled with “SCR” next to the circle. Swimmers scratching a single event will have a line through their names and the event number circled with “SCR” next to the circle. Any swimmer who has not checked in may be scratched from their events that day.</p> <p>The top sixteen 13/14 relays are swum with finals. Teams may opt to swim in the morning session even if they are seeded in the top 16 relays provided there are more than 16 relays after scratches. A RELAY CHECK-IN SHEET will be posted in the control room during the morning scratch time. The sheet will list each relay for the day and coaches can indicate that the relay will be scratched, that the relay will be swum but will only be swum during the morning session or that the team is willing to swim the relay morning or evening. If a team does not check in on the sheet within 60 minutes after the end of warm up or 60 minutes before the predicted start of relays that day, whichever is sooner, they may be scratched. If a team does not indicate that they only want to swim in the morning and the team is seeded to swim a relay at night whether by original seeding or by seeding after scratches, the team must swim at night or they will be disqualified. There will be no changes to this AM/PM decision later than 1 hour after the end of prelim warm-up of the day of the relay.</p>
Scratching from Finals:	<ul style="list-style-type: none"> <li>• The Scratch Rule for Championship Finals, as specified in the New Jersey Swimming Policy Handbook, will be followed for the Evening Championships.</li> <li>• In addition, failure to show on Sunday night will result in a \$50 fine. Please note that we will accept intents to scratch as specified in the policy.</li> </ul>
Distance Events:	<p>All of the 1000 and 1650 freestyles are timed final events. The 13/14 1000’s and 1650’s will be swum fastest to slowest, alternating heats by gender, at the end of the preliminary sessions. The 11-12 distance events will be swum slowest to fastest, also alternating heats by gender. Swimmers in the 1000 &amp;</p>

	1650 must provide their own counters and one timer. Berkeley Aquatic Club will provide a second timer (See Meet Format).
Relays:	<p>Procedures for scratching or for indicating that a relay will only be swum in the morning are given above under <i>Check In</i>.</p> <ul style="list-style-type: none"> <li>• Relay cards will be provided to each team.</li> <li>• The relay cards with correct names are due 60 minutes before the start of the relay event.</li> <li>• Relays swum in the evening must submit their cards 60 minutes prior to the start of the relay event in the evening.</li> <li>• The host club is responsible for verifying the correct names behind the blocks before the relays are swum. Changes can be made with the Head or Lane Timer until the first swimmer steps on the block to swim the relay. NO CHANGES will be made after that time.</li> <li>• Please note that in accordance with NJS Championship swimming policy, swimmers are not allowed to swim in a higher age group for relays; they must swim on a relay of the appropriate age group.</li> <li>• Relays may contain swimmers who are not swimming individual events. However, those swimmers must be 2016 USA registered swimmers and must be entered in the Team Manager file with the rest of the swimmers, just swimming no events.</li> <li>• Exhibition relays are not allowed.</li> </ul>
Scoring:	Scoring for the team title will be through 16 places as follows: (20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1) for individual events and for relay events (40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2).
Awards:	<ul style="list-style-type: none"> <li>• New Jersey Swimming Junior Olympic medals will be presented to the top 8 finishers in individual events and to the top 3 finishers in relay events.</li> <li>• Trophies will be presented to the three teams accumulating the combined highest scores.</li> <li>• Individual high point awards will be given to the top individual male and female performers in each age group.</li> </ul>
Entry Fees:	<p>In accordance with the New Jersey Swimming rules, a non-refundable entry fee of \$5.00 per individual timed final event except the 1650 and 1000, \$11 for each 1650 and 1000, \$6.00 per individual prelim/final event and \$8.00 per relay event must be sent or delivered to the meet host at the start of the first session at which the team swims.</p> <p>PLEASE NOTE: Amended entries will also incur a \$5 per entry or change surcharge in addition to the regular entry fee.</p> <p><i>Make checks payable to "Blue Streak Aquatic".</i></p> <p>The host club reserves the right to scratch any or all entries for swimmers/teams that have not submitted the required forms and entry fee by the start of the first session they attend.</p>
Admissions and Programs:	Admission will be \$8.00 per morning or afternoon session and \$5 for Finals. Programs will not be available but psych sheets, heat sheets and results will be available for free on both Meet Mobile and Live Results.
Entries:	In accordance with NJS policy, entries may be submitted by Email to <a href="mailto:bacmeetentries@berkeleyaquaticclub.com">bacmeetentries@berkeleyaquaticclub.com</a> .

	<p>All entries must be Hy-Tek program-compatible entries as an attached file to an email.  A single swimmer entering unattached may send entries written out in the body of an email.  The meet entry coordinator will respond to emails within 48 hours. If you do not receive an email response within 48 hours (or sooner, as specified in the entry deadlines above), assume that your email has not been received. It is the e-mailer's responsibility to make sure that the e-mail is received by the entry coordinator. If you do not receive an e-mail response, you must contact the entry coordinator by phone.</p> <p><b>Waiver releases and fees must be received in the Control Room no later than the first session of the meet where the team competes.</b></p> <p><b>Team entries will be considered accepted when the host club accepts the entries (via e-mail confirmation).</b></p> <p>Deck entries will not be accepted. No phone or faxed entries will be accepted. Since this is a championship meet, all entries which meet the time standards and are received by the stated deadlines, will be accepted. You will not be closed out of the meet because of oversubscription.</p> <p><b>NOTE:</b> Fed-Ex, Airborne and other carriers cannot deliver to P.O. boxes. If you mail your entry summary, waiver and check directly to our facility and not to our P.O. Box, we may not receive it in a timely manner. Please send mail only to our P.O. Box.</p> <p>Entry fees must be paid by the time of the meet. Please mail all checks and supporting documentation to:</p> <p style="text-align: center;"><b>Berkeley Aquatic Club – NJJO’s  629 Central Avenue  New Providence, NJ 07974</b></p>
Results	Results in PDF, HTML and a Hy-Tek file (including splits), suitable for downloading into Team Manager, will be posted the day after the Meet on the host website. During the meet, all attempts will be made to post results on Meet Mobile and Live Results.
Host Club Responsibilities:	<p>A hospitality room will be maintained for coaches and officials. It is located behind the control room on the pool deck.</p> <p>The Host club will provide all timers for evening Finals.</p> <p>The Host club will provide timing assignments and warm up assignments to each participating club by email and will post on the websites within 72 hours of the start of the meet.</p>
Participating Club Responsibilities:	Participating clubs are encouraged to provide as many currently certified officials as possible. Please note that this meet has applied to be a National

	<p>Official Qualifying Meet. Please contact the meet referee to volunteer.</p> <p>Participating clubs must provide timers at the request of Berkeley Aquatic Club.</p> <p>Swimmers in the 1000 and 1650 must provide their own counters, if desired, and one timer. Berkeley Aquatic Club will provide an additional timer.</p> <p>Participating club parents must stay off the pool deck unless they are timing or officiating at that time.</p> <p>All athletes, coaches, volunteers and spectators are expected to follow all posted facility guidelines as well as any instructions as communicated by Facility or Meet Management throughout the full duration of the Meet.</p> <p>Failure to comply with posted/communicated guidelines could result in removal from the facility for either the remainder of the Session or the remainder of the Meet.</p> <p>Seating for both swimmers/coaches and spectators is open and available on a first-come, first-serve basis. The saving of seats by spectators, swimmers or teams is STRICTLY prohibited. Event staff and facility personnel reserve the right to manage seating in accordance with these guidelines.</p> <p>For this meet, swimmers shall have available for seating the bottom three (3) rows of the bleachers as well as full use of the gymnasium on the ground floor of the Sonny Werblin Recreation Center. Spectators shall have available all other seating in the natatorium (including the remaining bleacher rows) as well as full use of the gymnasium. The use of outside chairs (other than those required for guests with disabilities) is strictly prohibited by facility management in ALL areas except in the gymnasium.</p> <p>PLEASE NOTE: Balls, Frisbees or other items intended to be thrown, kicked or hit are prohibited in the gymnasium.</p> <p>In the interest of Safety for all in attendance, sitting or standing on stairs or in aisles leading to exits in strictly prohibited by the Fire Marshall. Spectators found in these prohibited areas will be instructed to vacate the area.</p> <p>Spectators are asked to limit belongings brought into the natatorium to ONLY items that can fit under their individual seat. Spectators with additional belongings are offered seating in the gymnasium.</p> <p>No pets are allowed on the deck, in the stands or in the gymnasium.</p>
<p>Concessions:</p>	<p>Rutgers University will provide a varied menu of hot and cold refreshments throughout the competition. Concessions may open/close at Rutgers discretion throughout the meet.</p>
<p>Vendor:</p>	<p>The Metro Swim Shop will be located at the opposite end of the Concourse from the spectator entrance.</p> <p>Swimmers are not permitted to use the bathrooms in this area for changing into or out of swimsuits or clothing for the meet.</p>

## ***Directions to Sonny Werblin Recreation Center***

**Address:** 656 Bartholomew Rd, Piscataway, NJ

**Campus:** Busch Campus

### **Garden State Parkway Southbound**

Turn off at Exit 129 for the New Jersey Turnpike and head south. Turn off at Exit 9, bear right after the tollbooths and follow signs for Route 18 North - New Brunswick. Stay to the left to continue on Route 18 North. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

### **Garden State Parkway Northbound**

Turn off at Exit 105 and follow signs for Route 18 North. After approximately 24 miles, you will pass the entrance for the New Jersey Turnpike. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

### **Interstate 287**

Turn off at Exit 9 - Bound Brook/Highland Park. Proceed East on River Road toward Highland Park. Continue on River Road and you will pass under the overpass for Route 18. Make the next left onto Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

### **New Jersey Turnpike**

Turn off at Exit 9, bear right after the tollbooths and follow signs for Route 18 North - New Brunswick. Stay to the left to continue on Route 18 North. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

### **US Route 1**

Turn off at exit marked Route 18 North-New Brunswick. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

## **HOTELS:**

### **Embassy Suites**

121 Centennial Avenue  
Piscataway, NJ 08854  
(732) 980-0500

### **Radisson**

21 Kingsbridge Road  
Piscataway, NJ 08854  
(732) 980-0400

### **Hyatt Regency**

Two Albany Street  
New Brunswick, NJ  
(732) 873-1234

### **Hotel Somerset Bridgewater**

110 Davidson Avenue  
Somerset, NJ 08873  
(732) 560-0500

### **Holiday Inn – Somerset**

195 Davidson Avenue  
Somerset, NJ 08873  
(732) 356-1700

### **La Quinta**

60 Cottontail Lane  
Somerset, NJ 08873  
(732-560-9880

### **Doubletree**

200 Atrium Drive  
Somerset, NJ 08873  
(732) 469-2600

**Friday**

**13 -14 Preliminary Sessions**

Women's Event Number	Event	Men's Event Number
1	13-14 200 Free	2
3	13-14 100 Back	4
5	13-14 100 Fly	6
7	13-14 200 IM	8
9	13-14 800 Free Relay	10
11	13-14 1000 Free	12

**11-12 Timed Finals**

Women's Event Number	Event	Men's Event Number
13	11-12 200 Freestyle	14
15	11-12 400 IM	16
17	11-12 50 Breaststroke	18
19	100 Butterfly	20
21	100 Backstroke	22
23	200 Free Relay	24
25	500 Freestyle	26

**10 and under Timed Finals**

Women's Event Number	Event	Men's Event Number
27	10 & under 100 IM	28
29	10 & under 50 Backstroke	30
31	10 & under 100 Breaststroke	32
33	10 & under 500 Freestyle	34



**Saturday**

**13 -14 Preliminary Sessions**

Women's Event Number	Event	Men's Event Number
35	13-14 500 Free	36
37	13-14 200 Fly	38
39	13-14 50 Free	40
41	13-14 200 Breaststroke	42
43	13-14 400 IM	44
45	13-14 400 Free Relay	46

**11-12 Timed Finals**

Women's Event Number	Event	Men's Event Number
47	11-12 100 IM	48
49	11-12 200 Fly	50
51	11-12 50 Backstroke	52
53	11-12 100 Free	54
55	11-12 200 Breaststroke	56
57	11-12 1000 Free	58

**10 and under Timed Finals**

Women's Event Number	Event	Men's Event Number
59	10 & under 50 Free	60
61	10 & under 50 Breaststroke	62
63	10 & Under 100 Butterfly	64
65	10 & Under 200 Free	66
67	10 & under 200 Free Relay	68

**Sunday**

**13 -14 Preliminary Sessions**

Women's Event Number	Event	Men's Event Number
69	13-14 100 Breaststroke	70
71	13-14 200 Backstroke	72
73	13-14 100 Free	74
75	13-14 400 Medley Relay	76
77	13-14 1650 Free	78

**11-12 Timed Finals**

Women's Event Number	Event	Men's Event Number
79	11-12 200 IM	80
81	11-12 50 Free	82
83	11-12 200 Backstroke	84
85	11-12 100 Breaststroke	86
87	11-12 50 Fly	88
89	11-12 200 Medley Relay	90
91	11-12 1650 Free	92

Women's Event Number	Event	Men's Event Number
93	10 & under 200 IM	94
95	10 & under 50 Fly	96
97	10 & under 100 Freestyle	98
99	10 & under 100 Backstroke	100
101	10 & under 200 Medley Relay	102



NEW JERSEY SWIMMING

# 2016 New Jersey Short Course 14 and Under Junior Olympics

March 18-20, 2016

### Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Rutgers University, Berkeley Aquatic Club, Blues Streak Aquatic, and Metro Swim Shop and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

### Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the 2016 New Jersey Short Course 14 and under Junior Olympics meet, are registered members of USA Swimming. All USA Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code \_\_\_\_\_

Signature of Coach and/or Parent/Guardian \_\_\_\_\_

Telephone \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Name(s) of Coach(es): \_\_\_\_\_

Name/E-Mail/Phone Number of person to contact regarding this entry: \_\_\_\_\_

Entry Fee Summary:	_____ 13-14 Prelim/Final event entries @ \$6 =	\$_____
	_____ Timed final Distance event sentries @\$11=	\$_____
	_____ 10 & under and 11-12 Timed Final event entries @ \$5 =	\$_____
	_____ Relay entries @ \$8=	\$_____
	Total:	\$_____

Make checks payable to: **Blue Streak Aquatic**

### Article 302.4 of the USA Swimming Rules and Regulations

**False Registration:** An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

### List all Unattached Swimmers:

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_