

# THANKSGIVING TRIALS

Hosted by Montclair YMCA  
11/28/09

Warm-Up 1:00 – Meet Start 1:45

**Purpose:** *The purpose of this meet is to provide a small, invitational style meet in an open format so athletes can compete in a low pressure, fun and healthy environment with a vast event choice..*

**Facility:** *The Montclair YMCA has a 6 - lane pool with non-turbulent lane lines and Colorado timing system. There will be no warm/up warm/down pool available.*

**Eligibility:** *Swimmers must meet the age requirements as of December 1, 2009. Swimmers can swim a maximum of four individual events per session. This is a closed competition.*

**Timers:** *Participating teams will be asked to provide 6 timers per team.*

**Officiating:** *We ask that each team supply 2 or more certified YMCA Officials*

**Entry Fees:** *There will be a \$4.00 per event entry fee for all events except events 18,19, 21 and 22 which will have a \$7.50 event fee*

**Format:** *All events will be run as timed finals. Time allowing, there will be a 15 Minute warm up, warm down before event 18*

**Entries:** *Meet entries must be e-mailed to Jon Siegel at [ipsiegelnj@aol.com](mailto:ipsiegelnj@aol.com) by Wednesday 11/25/08 no later then 11:00 PM*

*Meet management reserves the right to limit entries or change format. If overcrowding or length of meet becomes an issue teams will be asked to reduce the number of athletes attending.*

**Questions:** *Contact Jon Siegel at 973-978-7946 or [ipsiegelnj@aol.com](mailto:ipsiegelnj@aol.com)*

## ORDER OF EVENTS

Event #		Event		
1	Mixed	9 & O	200	IM
2	Mixed	9 & U	25	Free
3	Mixed	8 & O	50	Back
4	Mixed	9 & O	100	Breast
5	Mixed	9 & O	200	Fly
6	Mixed	9 & U	25	Fly
7	Mixed	8 & O	50	Free
8	Mixed	9 & O	100	Back
9	Mixed	12 & U	100	IM
10	Mixed	9 & O	200	Breast
11	Mixed	9 & U	25	Breast
12	Mixed	8 & O	50	Fly
13	Mixed	9 & O	100	Free
14	Mixed	9 & O	200	Back
15	Mixed	9 & U	25	Back
16	Mixed	8 & O	50	Breast
17	Mixed	9 & O	100	Fly
18	Mixed	9 & O	500	Free
19	Mixed	9 & O	400	IM
20	Mixed	9 & O	200	Free
21	Mixed	9-12	1000	Free
22	Mixed	9 & O	1650	Free

**Montclair YMCA** 25 Park Street, Montclair (973) 744-3400

Garden State Parkway north: Take Exit 148 (Montclair, Bloomfield Ave.) Bear left off the exit ramp across Bloomfield Ave., around the loop and turn right onto Bloomfield Ave. West. \*Go approx. 3 miles, pas the Claridge Theatre and at the next light turn right onto Park Street. The Y is on the right after the parking deck.

Garden State Parkway South: Take Exit 148. Stay in the center lane off the exit ramp. Turn right onto Bloomfield Ave. Follow directions above\*.  
OR take Route 287 Route 280 East to Exit 8B Prospect Ave. (Cedar Grove). At the light (by the gas station and Caldor) go straight to the light at Bloomfield Ave. (Exxon, Montclair Acura). Turn right onto Bloomfield Ave. Go about 2 miles, you will pass the police station, and at the next light make a left onto Park St. The Y is on the right after the parking deck.

\*\*\*\*\* In the event that the Fullerton Deck, just next to the Y is full, parking maps are below to help you navigate to Maple Place Lot. Also about a block past the YMCA on the same side of the street as the Y is Renaissance School – normally on weekends they have plenty of parking.



