

2010 Superbowl Distance Meet

Hosted by Somerset Hills YMCA

Saturday January 23, 2009

Sunday January 24, 2009

SATURDAY SCHEDULE

12/Under 500	Warm-up:	4:45 PM
Open 500 Freestyle	Start:	5:30 PM
10/Under Events	Warm-up:	5:00 PM
	Start:	5:45 PM

SUNDAY SCHEDULE

Open Events	Warm-up:	6:15 AM
	Start:	7:00 AM
11/12 Events	Warm-up	7:15 AM
	Start	8:00 AM
1000 & 1650 Events	Warm-up:	9:45 AM
	Start:	10:15 AM

The facility opens at 4:30 PM on Saturday and 6:00 AM on Sunday, NO EARLIER.

FACILITY: The Somerset Hills YMCA will be using 2 pools simultaneously; each is a six lane, 25 yard pool with a Colorado Timing System. Spectator areas include (i) bleachers on the deck in Pool #1 and (ii) the upper balcony bleacher seating in Pool #2.

MEET FORMAT: The Annual SHY Superbowl Distance Meet is a meet where swimmers have the opportunity to compete in distance events not usually available at other meets. The events will be swum as timed finals, and the 2009 USA Swimming Rules shall govern this meet. There will be no marshalling and no awards will be given at this meet.

Events will be seeded slowest to fastest according to times in yards. The 1000 and 1650 events will be seeded fastest to slowest. The host team may, at its option and depending on the extent of scratches, re-seed the 500, 1000 and 1650 events as well as the Open events. The Meet Director reserves the right to amend the session times, events, heat limitations, and extent of entries based upon the available time of the facility. Any amendments will be announced either (i) in advance via e-mail or (ii) via posting at the meet. Warm-up lane and timing assignments will be based upon entries and will be distributed to each team in advance of the meet.

MEET DIRECTOR: Martin Scheidl with SHY (mscheidl@verizon.net or 973-543-0282)

ELIGIBILITY: Age is to be determined by the swimmer's age as of December 1, 2009. There are no qualifying times for this meet.

ENTRY FEES: \$4.00 per individual event.

ENTRIES: Swimmers may enter a maximum of 3 events. Entries AND Team Rosters must be submitted via Team Manager files and emailed to mgbigini@hotmail.com no later than **6:00 PM on Saturday, January 16, 2010**. Teams will receive a confirmation email of their Finalized Entries by Monday, 1/18/10.

All entries must include the following information: swimmer's full last name, first name, middle initial, team affiliation, age, birth date (day/month/year) coach's name, entry coordinator and telephone number (if different from coach), desired event numbers, and corresponding seed times in **YARDS**.

Payment must be made by check, payable to the "SHY STPO" on or before the meet. Checks sent in advance of the meet should be mailed to: Somerset Hills YMCA Swim Team c/o Mary Bigini, 137 South Maple Ave. Basking Ridge, NJ 07920. NO deck entries will be accepted. **The TM Events File accompanies this Meet Announcement and is available at the SHY website, www.shyswimteam.org.**

CHECK IN AND SCRATCHES: Swimmers MUST check in with their coach by the start of the warmup session. All Coaches must turn in check-in sheets **20 minutes prior** to the start of each session. *Scratches should have names circled with the word "SCR" next to the name. Scratches from single events should have event number circled and the word "SCR". All other swimmers should have a line through their name signifying the swimmer will swim in all events entered.* Any swimmer who has not checked in will be scratched from their events for that session.

ADMISSIONS: Spectators will be charged \$5.00; children under 8 and meet participants will be admitted free. Psych Sheets for each session will be available at no charge (1 copy per family).

RESULTS: Results will be posted as they are finalized. All participating teams will receive a set of Final Results.

OFFICIALS: YMCA certified officials from participating teams are encouraged to officiate at the Superbowl Distance Meet. Please contact the Meet Director with the officials' names and the sessions when they will be available.

TIMERS: All swim teams are required to provide a minimum of two timers with watches for each lane to which they have been assigned. The Meet Director will notify each team of their timing and lane assignments. Swimmers in the 500, 1000 and 1650 events must provide their own two timers and persons to operate lap counters; failure to do so will result in disqualification.

REFRESHMENTS: A variety of food, snacks, and drinks will be available for sale during all sessions at Port City Java, located in the YMCA in the back of the building beyond the main entrance.

HOSPITALITY: A hospitality area will be maintained for coaches and officials.

CONDUCT: Proper conduct at all times will be enforced by coaches, parents, and meet directors. Any swimmer found in restricted areas will be banned from the remainder of the meet. The Meet Director, in his sole judgment, shall be the final arbiter as to conduct of individuals and teams.

DIRECTIONS: Somerset Hills YMCA, 140 Mt. Airy Road, Basking Ridge, NJ 07920

From the North: Take Route 287 south to Mt. Airy Road exit 26. Bear right on the exit ramp and proceed toward the traffic light and bear right at the fork before the light. The Somerset Hills YMCA is ¼ mile on the right. Ample parking exists on-site – kindly park at the far end so that regular Y members are not inconvenienced.

From the South: Take Route 287 north to second Mt. Airy Road exit, 26B (Bernardsville/Mt. Airy Rd). Proceed toward the traffic light and bear right at the fork before the light. The Somerset Hills YMCA is ¼ mile on the right. Ample parking exists on-site – kindly park at the far end so that regular Y members are not inconvenienced.

EVENTS:

Session: 1 Sat PM12&U and 13&O 500 Free

Event

- 1 Girls 12 & Under 500 Freestyle
- 2 Boys 12 & Under 500 Freestyle
- 3 Girls 13 & Over 500 Freestyle
- 4 Boys 13 & Over 500 Freestyle

Session: 2 Saturday Afternoon 10&U Session

Event

- 5 Girls 10 & Under 100 Freestyle
- 6 Boys 10 & Under 100 Freestyle
- 7 Girls 10 & Under 100 Breaststroke
- 8 Boys 10 & Under 100 Breaststroke
- 9 Girls 10 & Under 100 Backstroke
- 10 Boys 10 & Under 100 Backstroke
- 11 Girls 10 & Under 100 Butterfly
- 12 Boys 10 & Under 100 Butterfly
- 13 Girls 10 & Under 200 Freestyle
- 14 Boys 10 & Under 200 Freestyle
- 15 Girls 10 & Under 200 IM
- 16 Boys 10 & Under 200 IM

Session: 3 Sunday Early Morning Open Session

Event

- 17 Girls 200 Freestyle
- 18 Boys 200 Freestyle
- 19 Girls 200 Breaststroke
- 20 Boys 200 Breaststroke
- 21 Girls 200 Backstroke
- 22 Boys 200 Backstroke
- 23 Girls 200 Butterfly
- 24 Boys 200 Butterfly
- 25 Girls 13 & Over 400 IM
- 26 Boys 13 & Over 400 IM

Session: 4 Sunday 11-12 Session

Event

- 27 Girls 11-12 100 Freestyle
- 28 Boys 11-12 100 Freestyle
- 29 Girls 11-12 100 Breaststroke
- 30 Boys 11-12 100 Breaststroke
- 31 Girls 11-12 100 Backstroke
- 32 Boys 11-12 100 Backstroke
- 33 Girls 11-12 100 Butterfly
- 34 Boys 11-12 100 Butterfly
- 35 Girls 11-12 200 Freestyle
- 36 Boys 11-12 200 Freestyle
- 37 Girls 11-12 200 IM
- 38 Boys 11-12 200 IM

Session: 5 Open Mid-Day 1000 and 1650 Events

Event

- 39 Mixed 1000 Freestyle
- 40 Mixed 1650 Freestyle

1. All events but the 1000 and 1650 Freestyle will run SLOW to FAST. Those two events will be seeded FAST to SLOW.
2. Swimmers may enter up to three events.
3. Depending on the number of athletes participating, SHY reserves the right to invoke entry limits, revise the order of events, limit heats, and otherwise revise the meet to address the time constraints.