

Deep Freeze Distance Meet February 12 & 13, 2011

Location: Summit Y, 67 Maple Street, Summit, NJ 07901

Pool: 25 yard, six lanes, non-turbulent lane guides, Colorado Timing System.

Eligibility: All events are open to Y swimmers age 11 and over. Age is determined as of December 1, 2010. This is a Y closed meet.

Entries: Entries must be received by Tuesday, February 1st, and there will be no deck entries. Please note that all sessions will be subject to time limitations and will be closed out when full. Do not send the entry directly to the Summit Y. Entries must be sent via Hy-Tek to david.stern@summityseals.org. One updated file per team with current times, corrections, and omissions will be accepted until February 7th.

Swimmers may enter 3 individual events per day. This meet closes out very quickly. In order to guarantee that your team is not closed out, please submit the Hy-Tek file of your entries ASAP with payment. Send payments, with a hard copy of your entries, to:

David Stern 28 Brantwood Drive Summit, NJ 07901

Entry Fees: \$4.00 per individual event; \$8 per relay. No entries will be processed without payment. Make checks payable to: "Summit Area Y" and send to David Stern at the above address.

Other Information: Positive check-in closes at the start of each warm-up session. Medals will be awarded for places 1-3 and ribbons 4-6. Relay Medals will be awarded for places 1-3.

The 1000 & 1650 will be seeded fastest to slowest. Depending upon scratches, the host team reserves the right to re-seed.

Admission: \$6.00 per person and will include a program. Children 12 and under will not be charged an admission fee.

Spectators: Space is available in the large observation area. When not swimming, the swimmers and their families are requested to sit in the gym. Please bring blankets and chairs for use in the gym. The only permitted people on deck are the swimmers, coaches, officials and timers.

Refreshments: Snacks and other food & beverages will be available.

Hospitality: A hospitality area will be provided for coaches and officials.

Vendor: Metro Swim Shop will provide on-site sales of equipment, swimwear, and apparel.

Timers: Each team participating will be responsible for providing a parent timer in one or more lanes, depending upon the number of swimmers entered. You will receive notification of your responsibilities from the Meet Director. Swimmers in the 1650, 1000, 500 free and the 400IM must provide their own timer <u>and</u> lap counter.

Officials: Y-certified officials will be required. Contact the Meet Referee, Shawn Feeney, at shawn.k.feeney@summityseals.org with availability.

Weather Emergency: In case of extreme weather conditions, visit our website at www.summityseals.org for any updates on meet status.

Any Questions??? Contact Meet Director David Stern at david.stern@summityseals.org.

Summit Y Deep Freeze Distance Meet February 13th and 14th 2010

Session: 1 Saturday Morning Distance

Warm up 7:15 AM for 1650
Warm up for Events 2-5 TBD in Buntin pool
Day of Meet: 1 1650 Meet start 8:00 AM

Girls Event 1 2 4	Mixed 11 & Over 1650 11-12 500 Freestyle 13 & Over 500 Freestyle	Boys Event 1 3 5
	Session: 2 Saturday Main	
	Day of Meet: 1 Start Time TBD	
6	200 Freestyle Relay	7
8	11-12 200 Butterfly	9
10	11-13 100 IM	11
12	14 & Over 200 IM	13
14	11-12 100 Backstroke	15
16	13 & Over 200 Backstroke	17
18	11-12 200 Freestyle	19
20	13 & Over 100 Freestyle	21
22	11-12 100 Breaststroke	23
24	13 & Over 200 Breaststroke	25
26	13 & Over 100 Butterfly	27
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Session: 3 Sunday Morning Distance

Warm up: 8:15 AM

Day of Meet: 2 Meet start 9:00 AM

Giris Event	В	oys Eve	ent
28	Mixed 11 & Over 1000 Free	28	
29	Mixed 11 & Over 400 IM	29	

Session: 4 Sunday Main

Day of Meet: 2 Start Time TBD

30	200 Medley Relay	31
32	13 & Over 200 Butterfly	33
34	11-12 200 Backstroke	35
36	13 & Over 100 Backstroke	37
38	11-12 100 Freestyle	39
40	13 & Over 200 Freestyle	41
42	11-12 200 Breaststroke	43
44	13 & Over 100 Breaststroke	45
46	11 & Over 50 Freestyle	47
48	11-12 100 Butterfly	49
50	11-13 200 IM	51